

## Holiday Activities for Children and Young People - SNCBC

SNCBC propose to deliver a diverse range of activities for young people, resident in the Coalfields, in the two age ranges of 5-10 and 11-19 years old across the Summer and October half-term holiday periods. This will be a minimum of six sessions per ward for each age range in the summer and two sessions in the October school break. This will complement the sixteen sessions per ward that SNCBC have already secured funds to deliver to young people 11-19 years old. Additional area-wide activity for young people will be delivered from Herrington Country Park, encouraging young people from across the Coalfields to come together.

Activities will include a range of indoor and outdoor physical activities as part of the sessions. Activities will be determined by the children and young people accessing the sessions and may include football, rounders, rugby, play parachute, dodgeball, mini obstacle courses. The benefits of exercise will be promoted through physical fitness to raise confidence, increase self-esteem, improve energy, increase cognitive ability and in turn impact children and young people feeling good about themselves. Centre-based activities will include some access to IT and tablets combined with arts and crafts activities such as age appropriate drawing, beaded jewellery, Hama beads, canvas painting, music including access to digital music, musical instruments, and song writing. A range of indoor and outdoor stimulating games, puzzles and quizzes will be embedded into all delivery. At least one of the sessions will provide a visit to a local place of interest and mobile tablets and PCs will be used to research and identify the venue and costs for access. In week six of the summer holidays an area wide picnic/event in Herrington Country Park with team sports, making healthy wraps and fruit kebabs in the park, taking part in a treasure hunt etc will take place.

- **Copt Hill**

We have experience of working effectively within the Copt Hill Ward working in partnership with Gillas Lane Primary School and Houghton Racecourse Community Centre.

Sessions will be delivered from Kirklea Playing Field and we recognise the restrictions weather may have on delivery. SNCBC have purchased three marquee structures that can be provided to run sessions from and offer protection from wind and rain but are not heated. Sessions will compliment holiday provision already planned by organisations outside of our proposed partnership approach including SAFC and Foundation of Light, Hetton School, Kepier Academy and Keep Kids Active. We will liaise with local primary and secondary schools, sports clubs and uniformed groups to understand their holiday activities delivery proposals.

- **Hetton**

We have experience of working effectively within the Hetton Ward working in partnership with Easington Lane Community Access Point, Gateway NE, Moorsley Hut, Easington Lane Primary School, Hetton Primary, Hetton Lyons Primary and Moorsley and Easington Lane Big Local.

Sessions will be delivered from The Flatts Youth Centre, Easington Lane and will utilise green spaces within the area including the Flatts Playing Field and MUGA. Sessions will compliment holiday provision already planned by organisations outside of our proposed work including SAFC and Foundation of Light, Hetton School, Kepier Academy Moorsley and Easington Lane Big Local and Keep Kids Active. We will liaise with local primary and secondary schools, sports clubs and uniformed groups to understand their holiday activities delivery proposals. Our session plan includes a visit to Herrington Country Park and Penshaw Monument.

- **Houghton**

A partnership approach to delivery with YMCA Fencehouses has been developed following consultation with children and young people who accessed the 2015/16 summer holiday provision with a number of delivery agencies.

6 sessions of play activities for children aged 5 – 11 years will be delivered by YMCA Fencehouses and 6 sessions of youth activities will be delivered by SNCBC in the summer

holidays. Sessions have been designed following full consultation with children and young people engaged in our existing play and youth contracts and from feedback provided by young people participating in the 2015/16 holiday activities sessions (Coalfield Olympic Events).

We will deliver sessions from Front Street, Fencehouses YMCA and also utilising green spaces within the area including the Rhubarb Field and Dubmire Playing Field. Sessions will compliment holiday provision already planned by organisations outside of our proposed partnership approach including SAFC and Foundation of Light, Hetton School, Kepier Academy and Keep Kids Active. We will liaise with local primary and secondary schools, sports clubs and uniformed groups to understand their holiday activities delivery proposals.

- **Shiney Row**

Sessions will be delivered from Penshaw Community Centre and we will utilise green spaces within the area including Penshaw Playing Field and Claremont Drive Football Field and Shiney Row MUGA. Sessions will compliment holiday provision already planned by organisations outside of our proposed work including SAFC and Foundation of Light, Hetton School, Kepier Academy and Keep Kids Active. We will liaise with local primary and secondary schools, sports clubs and uniformed groups to understand their holiday activities delivery proposals

All sessions will be delivered to combat holiday hunger and will include a healthy snack or meal. Young people will discuss aspects of nutritional values. We have identified suitably equipped kitchen/cooking areas within the Coalfields locality ward for preparation of food and access the current resources and equipment will be made available without charge.

A leaflet promoting delivery of the programme will be distributed to all local schools prior to the school break up and leaflets will be placed in community venues. Sessions will also be promoted through Down Your Way in the local press and via social media sites such as our in-house facebook site and SCC promotional portals as well as those media avenues utilised by delivery partners. Some sessions will be filmed using Community IT equipment and a DVD will be made for local Elected Members. All SNCBC and partner promotional materials relevant to this project will include acknowledgement of Sunderland City Council support.