



Cumbria, Northumberland Tyne & Wear NHS Trust  
Sunderland Children Cared for Report

March 2023 (November 2022 – January 2023)

# Sunderland Children Cared for Report. November 2022 – January 2023

## 1. Activity

	November	December	January
Referrals	6	10	4
Referrals discharged unseen	1	5	1

### Referrals discharged unseen

The following provides narrative in relation to reasons why the young people were not seen by the service.

#### November

Young person was declined for assessment due to information gathered from their social worker that they will soon be moving placement, which would result in an unreliable assessment.

#### December

Young person was declined due to being the subject of open Care proceedings, it was felt it would not be an appropriate time for them to be referred to CYPS.

Young person is currently awaiting adoption and is aware of this, along with undergoing therapy within their school. It was determined it would not be beneficial to receive support from another mental health service.

Young person was referred to CYPS services twice throughout December. One referral was discharged due to being referred to EIP services. The other referral remains open.

Young person was referred to CYPS services a total of four (4) times throughout December to various pathways (ICTS, PLT). Of these four referrals, two (2) were discharged, and referrals made to CYPS services. Young person has a history of struggling to engage with services, and during recent appointments continues to struggle to engage with staff. Two referrals remain open.

#### January

Young person was referred into the service however declined further engagement.

## 2. Referral Urgency

All young people referred to CYPS are either by phone and email or in written format are reviewed on a daily basis by a Clinical Lead. The purpose of this initial review is in order to signpost any cases that have been inappropriately referred and to ensure any cases that require an emergency or urgent response are highlighted and actioned immediately. Senior members of the Cared for Children Pathway triage any appropriate referrals weekly.

CYPS Intensive Community Treatment Service (ICTS) offer a 24/7 service 365 days per year. ICTS will respond to the young person via telephone to offer a telephone triage within 1 hour.

Any young person requiring an emergency appointment will be offered an appointment within 4 hours of referral being received and for urgent referrals the young person will be offered an appointment within 24 hours

	November	December	January
Emergency	0	0	0
Urgent	1	4	2
Total	1	4	2

### **3. Waiting Times (All Referrals)**

Current Waiting Times to Treatment are detailed below. (Treatment is defined as second attended contact)

	November (Weeks)	December (Weeks)	January (Weeks)
Wait to Treatment	12	11	12

#### **Referrals**

During COVID the service has continued to accept all referrals and complete assessments and interventions. New Ways of Working have been fully embraced by the Team to facilitate contact with young people and their families / carers such as online consultation and phone contact. Young people can be seen in their school environment if this is their preference.

#### **Children who are Cared for Pathway**

This Pathway has recently been reviewed, it specifically undertakes direct therapeutic work with children and young people, along with Foster Carers where appropriate.

Consultation is provided in conjunction with Together for Children, and CYPS continue to scaffold and support to Residential Homes.

Young People are offered priority appointments within CYPS and following assessment will access treatment usually within 10 weeks. The Pathway is a multi disciplinary team consisting of nursing, Social Workers, Psychologists, Child Psychotherapists and are able to access Psychiatry if required.

The team have all completed specific formal training to deliver psychological therapies to meet the needs of the young people and their carers.

#### **4. Current Caseload**

	November	December	January
Total Children Cared For	84	83	77
Total CYPS Caseload	1510	1483	1473
Total % Children Cared For	5.6%	5.6%	5.2%

#### **5. Examples of Good Practice**

One of our consultant clinical psychologists, Liz Christie, works jointly with TfC and CNTW. Liz has delivered training around delivering Trauma Informed Care to new members of staff in all TfC Children's Homes. This training has also been offered to the new Next Steps Social Worker, the new TfC Edge of Care Team, and the person who is in the new post that is for Young Women who are at risk of or being exploited.

Liz has also been utilising her time to deliver training around Trauma Informed Support to Supported Accommodation provisions and provides ongoing consultation to those staff who are embedding a trauma informed approach within their practice.

Liz has also been working on a Model of Care, and with the Manager of Revelstoke Road has developed and published research around the effectiveness. This model is now being set up in other Children's Homes.