

Cumbria, Northumberland Tyne & Wear NHS Trust Sunderland Cared For Children Report

May 2022 (January 2022 – March 2022)



Sunderland Cared for Children Report. January 2022 – March 2022

1. Activity

| | Jan | Feb | Mar |
|-----------------------------|-----|-----|-----|
| Referrals | 12 | 10 | 11 |
| Referrals discharged unseen | 4 | 1 | 2 |

Referrals discharged unseen

The following provides narrative in relation to reasons why the young people were not seen by the service.

January

Young person referred at 17.5 yrs specifically requesting an assessment for autism, signposted for the adult team to undertake this work.

Young person was referred with limited information, attempts to gain further details around care planning were unsuccessful. It was agreed that, once in receipt of details, an appointment could be offered, but no contact could be established at this time. Referral was accepted in March.

Referral into ICTS for crisis response.

Referral reviewed and signposted for Educational Psychologist review in the first instance as requiring strategies to manage behaviours within school environment.

February

Young person referred with limited information, attempts to gain further details around care planning were unsuccessful. Agreed that once in receipt of details, an appointment could be offered, but no contact could be established.

March

Young person referred with limited information, attempts to gain further details around care planning were not successful. Agreed that once in receipt of details, an appointment could be offered, but no contact could be established at this time.

Referral was declined as young person was in a temporary foster placement. It was considered more appropriate that a referral for therapy should be undertaken once the young person is in a more settled environment.

2. Referral Urgency

All cases referred to CYPS are either by phone or email or in written format and are reviewed on a daily basis by senior members of the clinical team. The purpose of this initial review is to signpost any cases that have been inappropriately referred and to ensure any cases that require an emergency or urgent response are highlighted and actioned immediately.

A triage appointment is offered within 7 weeks and can be prioritized if needed. On-line resources can be provided.

CYPS Intensive Community Treatment Service (ICTS) offer a 24/7 service 365 days per year. ICTS will respond to a referral within 1 hour by telephone triage.

Any young person requiring an emergency appointment will be offered an appointment within 4 hours of the referral being received, and for urgent referrals the young person will be offered an appointment within 24 hours.

| | Jan | Feb | Mar |
|-----------|-----|-----|-----|
| Emergency | 0 | 0 | 0 |
| Urgent | 1 | 1 | 2 |
| Total | 1 | 1 | 2 |

3. Waiting Times (All Referrals)

Current Waiting Times to Treatment are detailed below. (Treatment is defined as second attended contact)

| | Jan (Weeks) | Feb (Weeks) | Mar (Weeks) |
|-------------------|----------------|----------------|----------------|
| Wait to Treatment | 7 | 7 | 7 |

Referrals

Referrals in to CYPS have significantly increased.

During COVID, the service has continued to accept all referrals and complete assessments and offer evidence based interventions by the most appropriate clinician. Young people and their

families / carers are offered either face to face appointments/online consultations/phone contact. Young people can be seen within a school environment if this is their preference.

The service has extended its clinical hours up to 8.00 in the evening and 9-5 each Saturday.

Cared For Children Pathway

This Pathway specifically focuses on 2 areas, direct work therapeutic work with the young people and non-direct work with Foster Carers, which includes Psychoeducational Group Interventions, Consultation and Training to Foster Families in conjunction with Together for Children and continued dedicated scaffolding support to Residential Homes in Sunderland at 1 session per week.

Young People are offered priority appointments within CYPS and, following assessment, will access treatment within 8 weeks. The Pathway is a multi-disciplinary team consisting of nursing, psychology, child psychotherapy and psychiatry.

The team have all completed specific formal training to deliver psychological therapies to meet the needs of the young people and their carers.

Currently, there are no waits for Cared For Children within CYPS.

4. Current Caseload

| | Jan | Feb | Mar |
|----------------------------|------|------|------|
| Total Cared For Children | 86 | 83 | 78 |
| Total CYPS Caseload | 1622 | 1570 | 1543 |
| Total % Cared For Children | 5.3% | 5.3% | 5.1% |