

Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust

Sunderland Children Looked After Report

January 2020 (Sept – Nov 19)



Caring | Discovering | Growing | **Together**

Sunderland Children Looked After Report September – November 2019

1. Activity

	Sept-19	Oct - 19	Nov - 19
Referrals	10	15	20
Referrals discharged unseen	1	5	6

Referrals discharged unseen

The following provides narrative in relation to reasons why the young people were not seen by the service.

September

1. The child referred was moved out of area following adoption

October

1. 3 young people were accessing counselling services via Washington Mind and did not feel they required CYPS at the time of appointment.
2. 1 young person had moved out of the area when contacted to offer an appointment
3. 1 young person no longer required the service when an appointment was offered.

November

1. 3 referrals received had no Mental Health Information provided in the referral, CYPS wrote to referrer and further information was received, 2 referrals have been re-reviewed and accepted into CYPS, 1 referral was not accepted due to no mental health concerns.
2. 1 young person was offered 3 appointments, refused to engage and DNA any appointments offered, agreed referral can be made again in the future should they wish to engage is services.
3. 1 young person was 18 - case transferred to Adult ADHD services
4. 1 young person moved out of area, transferred to local CAMHS services

2. Referral Urgency

All cases referred to CYPs either by phone, fax, and email or in written format are reviewed on a daily basis by members of the clinical team. The purpose of this initial review is in order to signpost any cases that have been inappropriately referred and to ensure any cases that require an urgent or priority response are highlighted and actioned immediately.

CYPS Intensive Community Treatment Service (ICTS) work extended hours and will respond to the young person via telephone to offer a telephone triage within 1 hour. Any young person requiring an emergency appointment will be offered an appointment within 4 hours of referral being received and for urgent referrals the young person will be offered an appointment within 24 hours.

	Sept-19	Oct - 19	Nov - 19
Urgent	2	2	1
Routine	8	13	19
Total	10	15	20

3. Waiting Times

Current Average Waiting Times to Treatment are detailed below. (Treatment is defined as second attended contact)

	Sept 19 (Weeks)	Oct 19 (Weeks)	Nov 19 (Weeks)
Wait to Treatment	25	23	20

The Trust is currently undertaking a range of initiatives to increase clinical capacity to support the reduction of waiting times within community services in addition to additional recurring funding secured from the CCG within the 2019/20 contracting round. The Trust has also received non-recurring funding from NHS England to support waiting list pressures and in particular Children who are Looked After.

Following discussions with Commissioners and CCAMHS services, it has been agreed that referrals will be accepted on a needs led basis. This means that a Child who is Looked After or a Child with Special Circumstances with mild to moderate mental health needs do not need to be seen by CYPS, but will be seen by CCAMHS.

Any Children who are Looked After or who have Special Circumstances with a Moderate to Complex need will continue to be referred and seen by CYPS.

Non recurring funding has been focussed to see Children and Young People with Special Circumstances and who are Looked After who are currently open to CYPS and we anticipate all young people currently waiting will be in treatment at the end of next quarter 4 (end March 2020).

A new Pathway has been developed specifically for Children who are Looked After taking account of the additional presenting complexities and needs.. This Pathway specifically focusses on work with Carers, which includes Consultation and Training to Foster Families in conjunction with Together for Children and continued dedicated scaffolding support to Residential Homes in Sunderland.

Quarterly meetings are arranged with Together for Children senior managers to develop more integrated working.

Training: Places have been secured to train more clinicians in specific therapies that will benefit Children Looked After accessing CYPS Services.

DBT – 4 places

EMDR – 2 places

4. Current Caseload

	Sept-19	Oct - 19	Nov- 19
Total Children Looked After	139	147	158
Total CYPS Caseload	2342	2326	2297
Total % Children Looked After	5.9%	6.3%	6.9%