

**Report to Corporate Parenting Board  
North East North Cumbria Integrated Care Board  
18<sup>th</sup> July 2022**

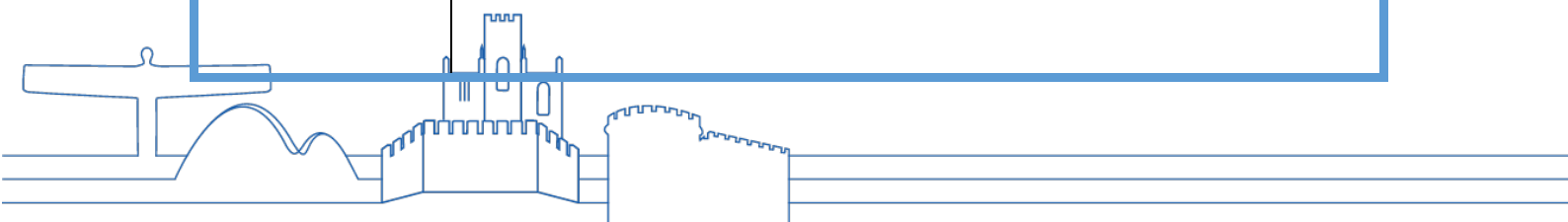
The purpose of this report is to:

- Demonstrate our duty to safeguard and promote the welfare of children in care
- To assure the corporate parenting board that health services to children in care are provided without undue delay or geographical prejudice
- To demonstrate the aim of the Cared for Health team is for sustained improvement in the health and wellbeing of children in care and care experienced young people.
- To assure the child's voice around health issues are included wherever possible
- Report on compliance to statutory targets

**Development  
of Health  
Group**

In the early stages of developing this with partners.

- The purpose of this group is for partners to work together to ensure that the health needs of our cared for young people are met.
- To work in partnership to progress health priorities for cared for children.
- To monitor and enable access to a range of health services that promote and support the emotional, physical and mental health of cared for children.
- Ensure that systems are in place to enable access to information about the health and wellbeing that Care for children.

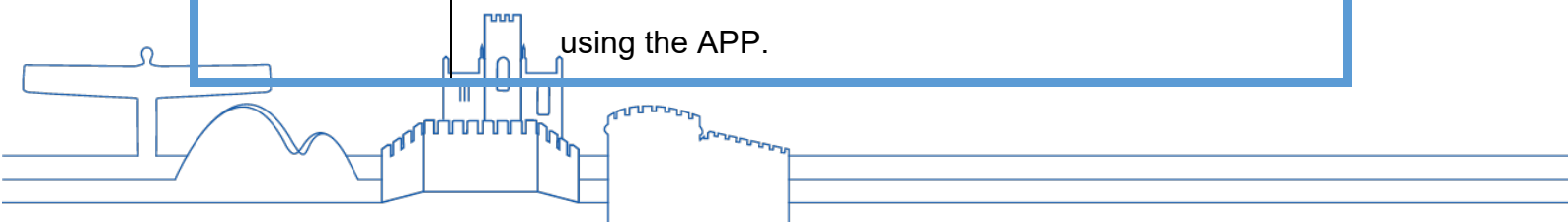


## Health Passport APP

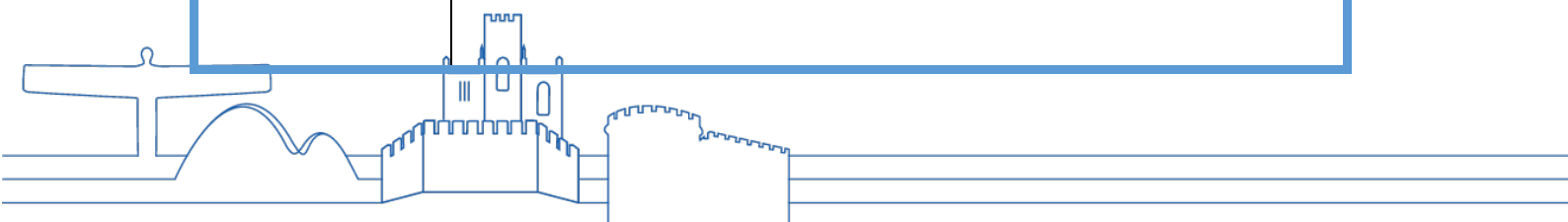
### What it is?

A regional fully tailored health passport would provide an up-to-date technological regional approach to benefit YP and improve access to information and health outcomes

- The application can be used by young people containing key contacts, appointments, and other pertinent health information.
- The young people will be able to download and install the application from the relevant application store (Android or Apple).
- The application is developed for both Android and Apple platforms and is published for download using the appropriate application store (Apple Store, Google Store).
- The application does not contain any data on install.
- Features include the ability to capture details of future appointments and a remind the user when and where appointments are. GPS is embedded to help assist locating appointment venues.
- The application design and functionality ensure that there are no responsibilities for the ICS to act as a data controller for any aspect of this solution
- The APP uses the NHS APP, which is a third party, NHS Approved personal health record platform that stores health information in one place.
- The client group can create an account on the NHS APP. It enables the user to actively manage health, fitness, and wellbeing. For example, the user can track lifestyle goals, book GP appointments, order repeat medication and view and download the medical record using the APP.

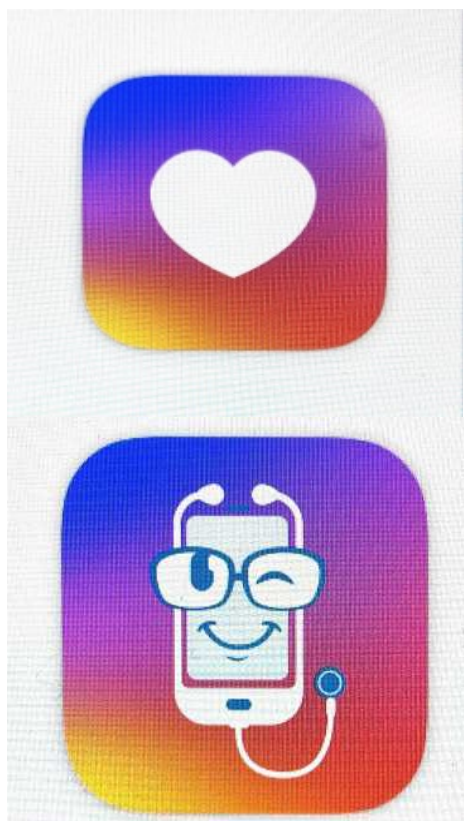


	<ul style="list-style-type: none"> <li>• <b>Additionally, to this the app provides relevant health promotion: mental health. Drinking and drugs, sexual health wellbeing, safety including travel safety, CSE and festival safety.</b></li> <li>• The App can be embedded into the statutory health assessment from 14 years to aid development of independence and transition preparation.</li> </ul>
Additional links we have asked to be embedded after consulting young people.	<ul style="list-style-type: none"> <li>• Healthy eating–easy recipes and link to 'eat well'</li> <li>• Independence – budgeting</li> <li>• Kooth</li> <li>• QWELL <a href="https://www.qwell.io/">https://www.qwell.io/</a></li> <li>• Mental health/suicide prevention Crisis services under mental health -Samaritans etc</li> <li>• alcohol and drugs, smoking cessation</li> <li>• Sexual health</li> <li>• Wellbeing</li> <li>• Exploitation/coercion</li> <li>• Travel safety</li> <li>• Black lives matter</li> <li>• Bullying</li> <li>• Domestic violence - healthy relationships</li> <li>• Covid 19</li> <li>• Housing – feeling safe</li> <li>• Benefit advice– CAB</li> <li>• LGBTQIA2S+- maybe some links to some national support networks.</li> <li>• Screening – cervical screening schedule 25+ 3 yearly testicular exam / breast exam / sunscreen awareness links</li> <li>• Domestic violence – healthy relationships</li> <li>• UASC a link to a national resource</li> <li>• Sleep hygiene</li> <li>• links for young parents -action for children</li> </ul>

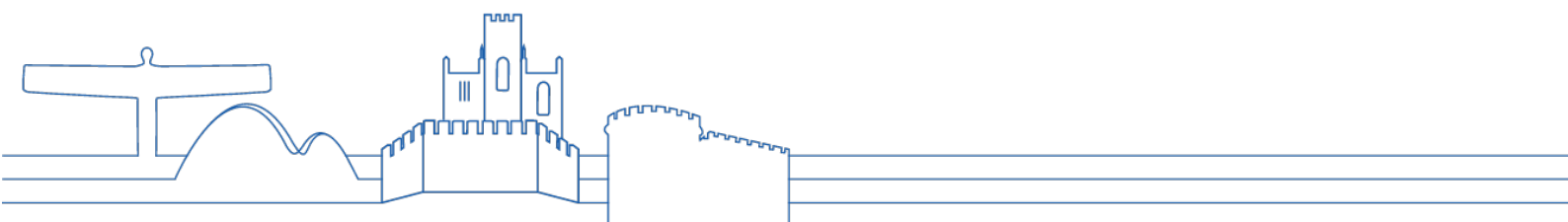


Next Steps:

Awaiting feedback for the icon



Then we will be asking for feedback from young people for the 1<sup>st</sup> 'draft' of the APP.



**Regional Task and Finish Group :  
Raising awareness of Care Experienced Young People and improving outcomes.**

- Social Prescriber Team Manager has now met with the Personal Advisors
- Use of champions for care leavers within primary care social prescribers
- Care experienced 7-minute learning for primary care—to raise profile of their needs/vulnerabilities
- PA's coming to speak to primary care within a training session/ safeguarding leads meeting
- Peer mentorship program -recommendation within NICE Guidance.
- Health Support through transition - Scoping regards to health needs. Physical and MH need of our local population.
- Development of a digital training tool – NHSE supporting with this.

No Appendix Data as Quarter 1 data not yet due – this will be presented at the next CPB meeting.

Jo Morgan

Designated Nurse Cared for Children

NENC ICB

