## APPENDIX B

## **CAF PEN PICTURE**

**CAF Author: School** 

The case originally came to the West Panel in April 2011 asking for support for 13 year old X. The concerns listed were complex emotional needs which included bullying and also family conflict. Mum had contacted 'Impact' directly and some work had taken place. However mum felt that this was not enough to deal with her daughter's emotional needs, hence the referral to the CAF Panel for support.

The outcome of the panel was a single agency referral to CAMHs.

X would not engage with CAMHs.

The case was referred back to the CAF panel in July 2011. Her emotional needs were no better. There was also a referral from the Police after an incident of X making a phone call to her mother in a state of distress threatening to throw herself off the bridge. She was found at the bridge in a state of distress and returned home.

The panel felt that due to the complex needs a TAF was needed but the panel acknowledged that at this stage X did not want to engage with services. The panel decided that a single agency referral to the Family Parenting team would be appropriate. This would be a way of getting in to the family home, engaging and supporting X's mother and the hope was that X would then start to engage.

The Family and Parenting officer visited the family and gathered a lot more in-depth information about the family circumstances than was previously known. For example, there were financial concerns, there was a younger sibling in the family home who had Downs Syndrome and needed a lot of support as well as X's elder sibling recently leaving the family home for University. X's parents had also recently separated.

The Family and Parenting officer was able to engage with both X and her mother, explaining in depth about the benefits of a TAF, and finally gained agreement in the process from mother and most importantly X.

The Family and Parenting officer referred the case back to panel in September 2011 and the Panel decided that the family was now ready for the TAF to be put in place. It was agreed that the Family and parenting officer would Chair the TAF and that the other agencies initially to be involved would be education, Impact, Young Carers and CAHMS.