

Neighbourhood Fund proposals

Application No. 1

Funding Source	Neighbourhood Fund
Name of Project	Phoenix/Spark Programme
Lead Organisation	Tyne & Wear Fire and Rescue Service

Total cost of Project	Total Match Funding	Total NF Application
£17,173	£9,328	£7,845

Project Description:

The Coalfields Phoenix Project will provide a programme of diversionary activities for 36 young people from targeted locations within the Coalfields area. It will be delivered in partnership by Northumbria Police, the Coalfields Area Committee and Tyne and Wear Fire and Rescue Service (TWFRS).

The Coalfields Phoenix Project will use TWFRS's reputation as a trusted and respected community partner to provide targeted activities for vulnerable children and young people who are considered by police, schools and local authority services to be at risk of offending, or disengaging from education and support.

The Phoenix Project's unique approach has a proven track record of supporting vulnerable children and young people in becoming more resilient to life's challenges and consequently achieve more positive outcomes. This helps to build stronger and safer communities, and means young people are less likely to need or instigate 'blue light services'. TWFRS's Phoenix Project uses evidence based educational activities combined with active fire-service training activities. The project is delivered by positive fire-service role-models on operational fire-stations using fire service equipment and facilities. Activities include: hose running, hydrant operation, fire appliance drills, search and rescue in the fire-house (blindfolded and with dummy breathing-apparatus), outdoor activity and an overnight residential (full Phoenix only).

Programmes will run during term time with schools marking participants as 'educated off site' in registers to avoid attendance issues. It is hoped that investing young people's time in the programme will result in more effective engagement and attendance in the future as they use the skills learned during their Phoenix experience.

The Coalfields Phoenix Project proposes to deliver one full Phoenix programme (11 Days over 9 months) around the Hetton area and two shorter Spark programmes (6-8 days over 3 months) in each of the Houghton and Shiney Row Areas. All young people selected for a Phoenix or Spark programme will be from the Coalfields area.

Each project strand has been allocated to an identified area of need by Northumbria Police and will be recruited to with the co-operation of local schools. The young people will be selected for the programme through discussions between local community policing teams, local authority services and schools. Although 11-13 is the target age group as identified by police, younger or older students may be referred if appropriate. TWFRS will use this information in liaison with each local school(s) to secure participation in the programme. Schools will be able to recommend additional young people who they may feel are at risk of disengaging from education up to the maximum number of course participants.

Regular monitoring and mentoring with participants will take place in-between the face-to-face sessions to ensure changes in attitude and behaviour are being evidenced. Young people will have to demonstrate improved behaviour to progress onto the next stage of their programme.

Recommendation: Approve: The project will meet the Delivery Plan priority of 'Support for Children and Young People'.

Application No. 2

Funding Source	Neighbourhood Fund
Name of Project	Holiday Activities for Children and Young People
Lead Organisation	TBC via a Call for Projects

Total cost of Project	Total Match Funding	Total NF Application
-	-	£42,378 (alignment of funding)

Project Description

The current programme of holiday activities for Children and Young People ends in June 2023. There are currently 11 organisations providing holiday activities during Easter, May, Summer, October and Christmas holidays. To date, over 80 sessions have been delivered across all wards. Over 400 children and young people have benefited from activities including fitness sessions, craft and cookery workshops, games and challenges, healthy lifestyle education and trips out. During the summer holidays over 300 meals and snacks were provided as part of the sessions. It is proposed that a call for projects is made to continue support for families, during holidays, for 2023/24.

Recommendation – Approve alignment of funding

The Neighbourhood and Community Board recommend alignment of £42,378 Neighbourhood Fund to deliver a 1 year holiday programme via a Call for Projects. The project applications will be assessed and consulted upon and presented to the June 2023 Area Committee for approval

Application No. 3

Funding Source	Neighbourhood Fund
Name of Project	CHAT (Coalfield Healthy and Active Teens) Junior Gym
Lead Organisation	Everyone Active

Total cost of Project	Total Match Funding	Total NF Application
£14,549	£182	£14,367

Project Description

To provide the opportunity for teenagers in the Coalfield area of the city to participate in a programme of junior gym and wellness sessions at Hetton and Houghton Sports Centres. Everyone Active will also put on a regular weekly bootcamp for 15-19 years, initially at Houghton Sports & Wellness Centre with the intention of moving it over to Hetton depending upon take up. The project will work in partnership with Community Opportunities and work alongside the 'This Girl Can' campaign to encourage girls to the bootcamp sessions.

Free membership will be provided for 12 young people per quarter. Referrals for full membership will be taken from our partners including the HALO project, Community Opportunities, local ASB officers and youth workers. The young people will be given 12 months free for use of our gym and swimming facilities. In the following quarter another 12 people will be given the opportunity and referred in and so on until all four quarters are complete.

Everyone Active will provide full support from the Everyone Active team throughout their journey with definitive times for junior sessions after school and during the weekend for extra help and support. In partnership with Community Opportunities, during the youth football session that takes place each Wednesday and Friday, we will offer an Everyone Active circuit session to encourage young people aged 15-19 years to come and give it a try. At the end of each session, information or an arranged taster session will be given out to allow young people the chance to see what is available to them and to help towards guiding them towards other activities and healthy living. Taster sessions will include session from local partners including Houghton Archers and Houghton Boxing (other partners to be confirmed).

Outputs and outcomes

Engaging 12 young people per quarter, 48 different young people over a year. The young people will be given a gym induction of the safe use of the equipment and will be free to come and use the gym and swim facilities at certain allocated times throughout the week. Everyone Active will engage with

hard to reach young people and offer them support and information on physical activity and healthy eating. This gives them the knowledge and tools to make healthy life choices such as cutting out smoking and alcohol and living a healthy lifestyle.

It's giving young people a safe environment and setting them a goal and achieving it with the ability to shape their own life and the world around them. It will help towards their self-belief and self-esteem that goals can be achieved with hard work and opportunity. It will give them a chance to use their self-discipline and self-management of their own time. All skills that will help towards employment. It will improve health and wellbeing amongst young people by taking part in exercise and getting support they need around them. Spending time at the centre will allow Everyone Active to build up a rapport with the young people and allow them to interact with people that have similar interests. Being part of the Leisure industry invites opportunity with Leisure apprenticeships and open learning available to them if they show interest and willing to develop their skills further.

Recommendation – Approve

The Neighbourhood and Community Board recommend approval of the project which will meet the Neighbourhood Investment Plan priorities 'support for children and young people' and 'improve health and wellbeing'