

Children, Education and Skills Scrutiny Committee

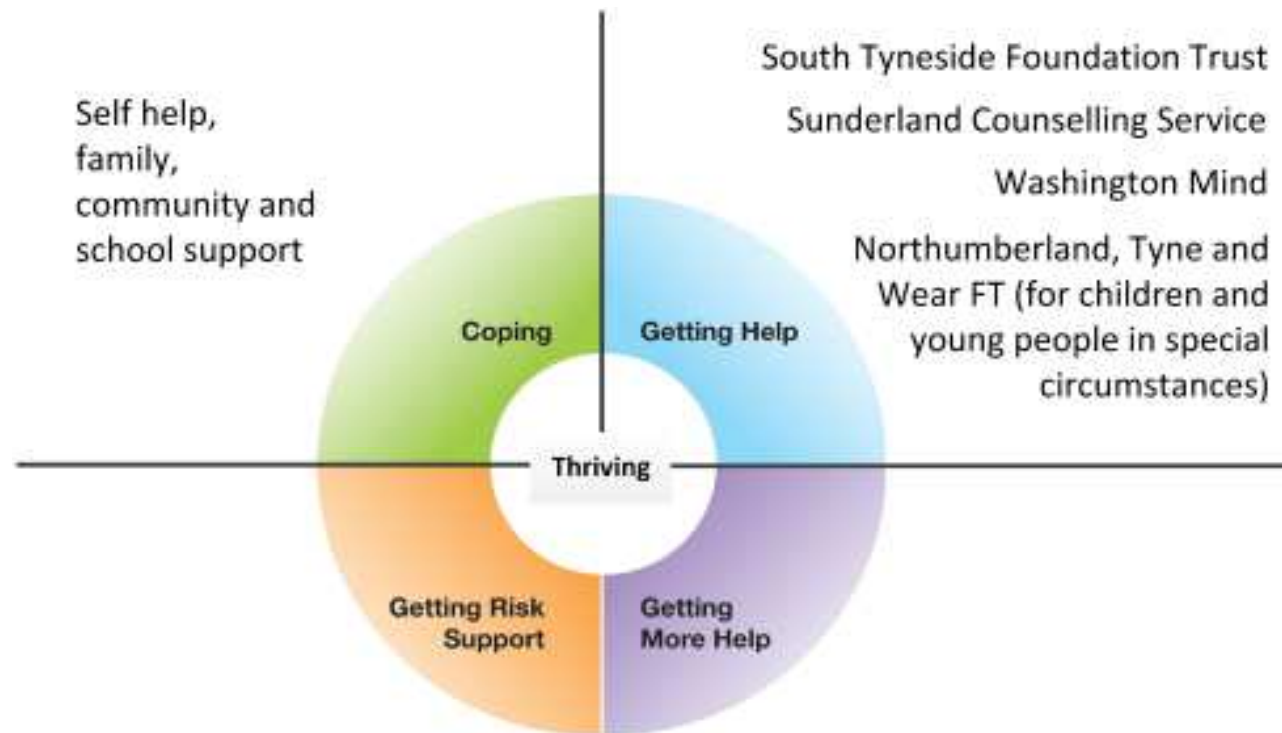
29th November 2018



Partner involvement



Current service provision



Northumberland, Tyne and Wear Foundation Trust
working with City Hospitals Sunderland



Access Rates for mental health services for children and young people – regional comparisons July 2018

	Jul-18	<div> <div>↑</div> = value is higher than previous month <div>→</div> = value is the same as previous month <div>↓</div> = value is lower than previous month </div>			
	Total number of CYP with a diagnosable mental health condition (prevalence)	Access Rate (Annual YTD Forecast)			
Area	2017-18	Apr-18	May-18	Jun-18	Jul-18
#N/A	-				
Cumbria and North East STP	17,657	22.0% ↓	20.9% ↑	21.8% ↑	23.9%
NHS Darlington CCG	2,201	61.3% ↑	63.0% ↑	64.2% ↓	63.4%
NHS Durham Dales, Easington and Sedgefield CCG	5,718	81.4% ↓	75.0% ↓	73.3% ↑	74.5%
NHS North Durham CCG	4,372	73.6% ↓	69.6% ↑	71.3% ↑	74.2%
NHS Hartlepool and Stockton-on-Tees CCG	6,281	86.0% ↓	82.7% ↓	77.1% ↓	75.6%
NHS Northumberland CCG	5,583	68.4% ↑	69.9% ↓	66.3% ↓	66.2%
NHS South Tees CCG	6,232	76.6% ↓	71.6% ↓	66.5% ↓	65.4%
NHS South Tyneside CCG	2,919	43.3% ↑	43.7% ↓	41.5% ↑	42.2%
NHS Sunderland CCG	5,629	42.9% ↑	44.2% ↓	42.6% ↑	42.8%
NHS North Cumbria CCG	5,351	28.4% ↓	27.7% ↓	27.1% ↓	27.2%
NHS Newcastle Gateshead CCG	9,711	61.8% ↑	66.8% ↑	66.3% ↑	65.2%
NHS North Tyneside CCG	3,844	50.1% ↑	58.0% ↑	58.6% ↑	60.1%

Warning: issues with data flowing into the national Mental Health Data Set



Northumberland, Tyne and Wear Foundation Trust



Referrals accepted from:

- **individuals**
- **professionals**



Referrals in 2017/18:

- **2411 individuals**



Waiting time in 2017/18:

- **19 weeks average**



Children's mental health services at the Emergency Department



Number of children and young people seen in ED in 2017/18:

- **362**



Average waiting time to be seen:

- **1 hour** (from the time a referral is received, not the total wait in the ED)



South Tyneside Foundation Trust (inc. Sunderland Counselling Services)



Referrals accepted from:

- **Professionals**



Referrals in 2017/18:

- **1121 individuals**



Waiting time in 2017/18:

- **13 weeks average**



Washington Mind



Referrals accepted from:

- **individuals**
- **professionals**



Referrals in 2017/18:

- **591 individuals**



Waiting time in 2017/18:

- **9.3 weeks average**



Waiting list figures

Organisation	Number of CYP on waiting list	Number of CYP on waiting list who have waited longer than 18 weeks
Northumberland, Tyne and Wear FT	729	303
South Tyneside FT	63	0
Washington Mind	105	8

Data correct as of 07/11/18



Tackling the issues as a whole system



Sunderland Children
and Young People's
Mental Health and
Wellbeing
Transformational
Plan 2015 - 2020



Underpinning principles

- Whole system approach
- Joint working between Sunderland Clinical Commissioning Group and Together for Children
- Co-production of improved services with children, young people and their families
- Implementing evidence based interventions
- Evaluation through outcome and satisfaction measures



Priorities across the city

- Mental health promotion and prevention
 - Prevention for child health
- Early identification and intervention
 - Trailblazer bid
- Northumberland Tyne and Wear service improvement

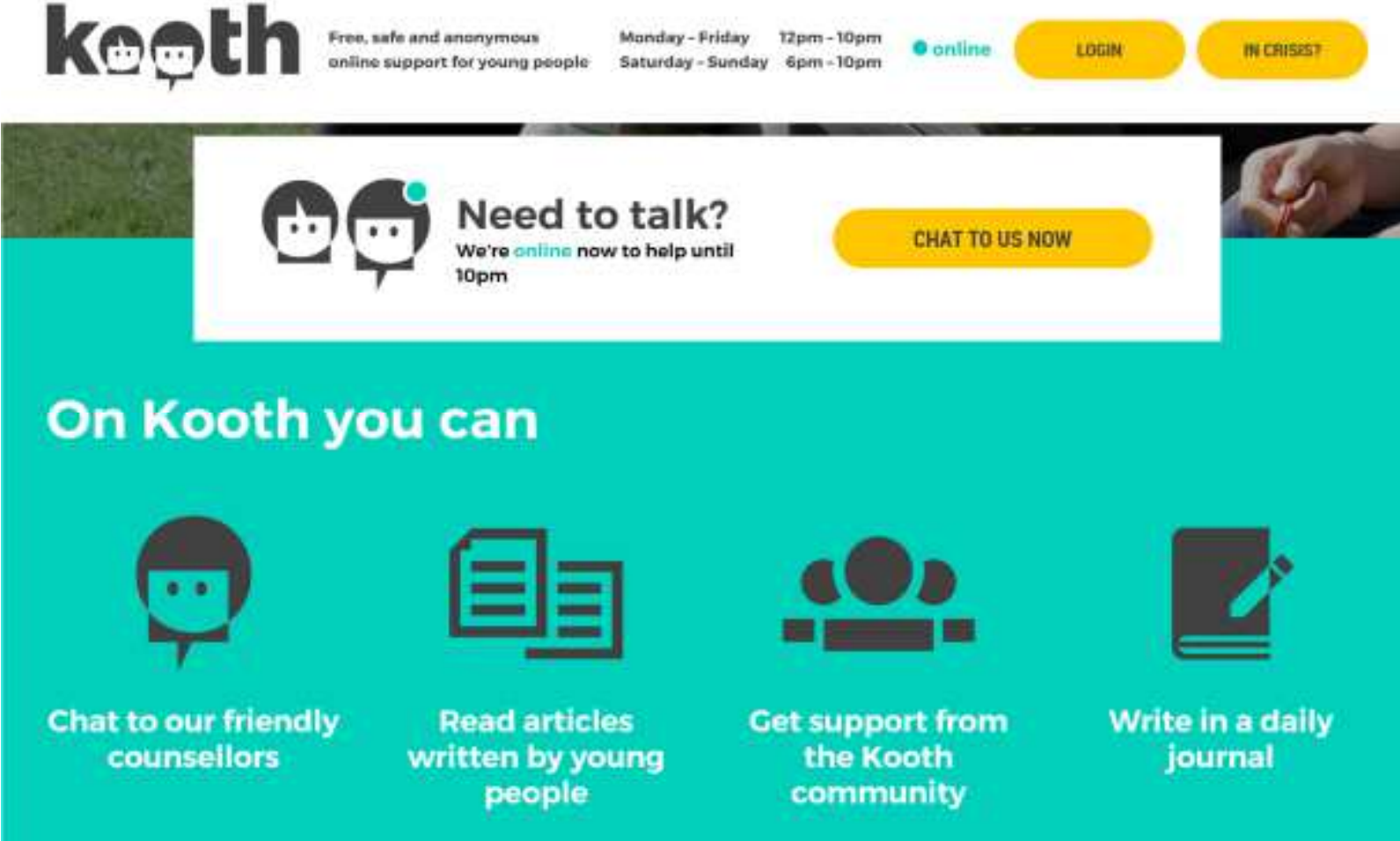


Continuous improvement

- Single point of access
- Psychological Wellbeing Practitioner role
- Review and reform NTW clinical pathways
 - include young people and their families/carers
- Address current high levels of Did Not Attends (DNAs) at NTW
- Analyse referrals to NTW
- Review administration processes and establish 'standard work'



Other opportunities



The screenshot shows the Kooth website homepage. At the top, the Kooth logo is on the left, followed by the text "Free, safe and anonymous online support for young people". To the right, there are two columns of text: "Monday - Friday 12pm - 10pm" and "Saturday - Sunday 6pm - 10pm". Further right, there is a green dot with the word "online" next to it, and two yellow buttons labeled "LOGIN" and "IN CRISIS?". Below this, there is a white banner with two cartoon avatars on the left, the text "Need to talk? We're online now to help until 10pm" in the center, and a yellow button labeled "CHAT TO US NOW" on the right. Below the banner, the text "On Kooth you can" is displayed. Underneath this, there are four icons in a row: a person with a speech bubble, a document with a list, a group of three people, and a notebook with a pencil. Below each icon is a description: "Chat to our friendly counsellors", "Read articles written by young people", "Get support from the Kooth community", and "Write in a daily journal".

kooth Free, safe and anonymous online support for young people

Monday - Friday 12pm - 10pm
Saturday - Sunday 6pm - 10pm

online LOGIN IN CRISIS?

Need to talk?
We're online now to help until 10pm

CHAT TO US NOW

On Kooth you can

- Chat to our friendly counsellors
- Read articles written by young people
- Get support from the Kooth community
- Write in a daily journal

Any questions?

