

PEOPLE BOARD

Area Priority	Outcomes/Actions	Suggested Actions/Projects	Progress/Updates
Emotional and Mental Wellbeing	Reduce stress caused by financial concerns	Invite ShARP to future meetings (at 6 month intervals) to update on the Advice on Prescription project, contracted Benefits Advice and other services	<p>ShARP now hold advice sessions in five of the 6 GP surgeries in the Coalfield area as part of the AOP project.</p> <p>The commissioned Benefit and Debt Advice service delivered by ShARP is actively supporting over 500 people a month and offering signposting and advice to many more. Changes in benefits and sanctioning issues are of most concern at present. More support with form filling, navigating the IT system and accessing Universal Job Match, has been identified as a need within the community.</p> <p>ShARP has recently re-launched its local Credit Union collection point.</p>
September 2016	Improve mental wellbeing and self respect in young people	Provide update on Wellbeing Challenge Events	<p>Wellbeing Challenge Events are now underway across all four wards.</p> <ul style="list-style-type: none"> • A group of Y9 pupils from Hetton School's Speech and Language provision will work with a group of older people to address Social Isolation and plan and deliver an outing to a local place of interest. • A group of pupils who want to create a green gym and nature garden at Bernard Gilpin school will work with Durham Wildlife Trust and seek older volunteers to help with their garden. • A group of young people are spending some time at SHARP, working with older user groups/the board to develop ideas around how SHARP might attract more young people

			<ul style="list-style-type: none"> Fencehouses Women's Group and a group of young people are working together to explore the five-a-day for wellbeing themes and develop a local community project.
		Invite youth providers to update Board on current issue based work	SNCBC youth sessions cover emotional wellbeing and social wellbeing issues including workshops to address a number of subjects such as risk taking behaviour, bullying, drugs, legal highs and alcohol, sexual health, contraception and relationships.
	Increase awareness about what services are available	Raise awareness of on-line facilities available such as Sunderland Community Directory and www.wellbeinginfo.org	The Live Life Well website www.livelifewell.org.uk provides information about services available to improve health and wellbeing.
	Reduce isolation and improve social participation in older and vulnerable adults	Consider findings of evaluation of current SIB funded projects	Following a Call for Projects, a number of projects are now live. A draft flyer advertising all projects is provided at Annex 2.
Physical Health and Wellbeing	Increase healthy eating (families)	Promote Change for Life programme.	The Change 4 Life (Eat Well, Move More, Live Longer) programme has a number of fun and interactive ways to promote a healthier lifestyle. www.nhs.uk/change4life
	Improve healthy weight in children and young people	Obtain up to date information about the LAF programme	The Lifestyle, Activity and Food programme (LAF) is a weight management programme for children and families which includes a variety of fun activities to encourage the whole family to get involved in healthier lifestyles. Colleagues from the LAF team attended November People Board and December VCS Network to update on services available. Children under five years can access support from the Senior Specialist Dietician at City Hospitals Sunderland.
November 2016	Improve physical wellbeing and	Invite Live Life Well (LLW) service to	Jan Young, LLW mentor for the

	increase physical activity	attend People Board to update on progress etc...	Coalfield area, attended the November People Board meeting to update members on services available. LLW attend VCS Network meetings and work with local community groups.
	Develop partnership working with CCG/Public Health on joint priorities	Identify priorities from Public Health and CCG. Consult with PH/CCG on any area projects or SIB allocations to ensure added value/non duplication	A meeting with CCG/Public Health identified various priorities for the Coalfield area. Colleagues will share information and intelligence with the Board.
			City Hospitals Sunderland NHS Foundation Trust and NHS Sunderland Clinical Commissioning Group attended the November People Board and the January VCS Network meetings to present 'the path to excellence', the name given to the transformation programme for health and care in Sunderland and South Tyneside.
Training and Learning Opportunities to Meet Skills Gaps/Needs	Increase opportunities for those who are, or at risk of becoming, NEET (Not in Education, Employment or Training)	Gain feedback from the Coalfield NEET Panel and identify what providers are delivering.	A summary of the purpose and objectives of the NEET panel was presented to the January 2017 People Board. A copy is attached at Annex 3
January 2017	Improve life skills and employability skills for young people	Continue CAN DO fund. Invite successful applicants to feedback results to People Board	Successful applicants of previous rounds will be invited to attend future People Boards in 2017 to give feedback on how the funding has benefited them. This will further develop skills in presentation techniques. 36 Squadron attended the January 2017 meeting. Further information is contained in the main People Board report.
Support/Enable Local Delivery of Services	Increase local partnership working	Expand the membership and attendance at VCS Network meetings	Sonia Newhouse (Step up project) will encourage new and existing groups to attend network meetings and sign up to receive updates. To date Sonia has supported over 20 local VCS organisations including Penshaw CA, Houghton Racecourse CA, Houghton Blind Centre, ELCAP, Friends of

February 2017			Cherry Tree Gardens, Hetton New Dawn and Gateway.
		Encourage collaborative working amongst local organisations	Opportunities to deliver SIB projects via a Call for Projects will continue to be promoted via the VCS Network. Successful applicants will be encouraged to work together
	Increase support and co-ordination of volunteers	Provide information about local groups and organisations to the SIB funded Voluntary and Community Support project.	The SIB funded Voluntary and Community Support project has now been branded 'Step up' and will proactively support local organisations and volunteers. Since the project commenced 24 volunteers have been supported. 21 have received training and 11 of these volunteers have expressed an interest in being part of a 'Coalfield Volunteer Bank' for one off events and activities. A number of local organisations have been supported and new volunteers are being recruited for some of those organisations supported.
	Support development of a community engagement strategy		This will be progressed once discussions at a strategic level have determined the scope of community engagement.