Coalfield Area Committee: Work Plan 2015 -16 Item 3 Annex 1

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	Area Priority	Outcomes/Actions	Suggested Actions/Projects	Progress/Udates
1	Physical Health and Wellbeing Jan 2016	Increase healthy eating (families)	Promote a healthy eating campaign. Highlight calories etc In take away food Utilise the Health Champion programme to promote healthy life choices	A new Health Champion network has been set up to support people who are trained health champions. Washington Mind will facilitate the Network and will work with the Live Life Well service and VCS Network to engage with current and potential Health Champions to offer support and guidance within the community.
			Promote and raise awareness of the Lifestyle, Activity and Food programme (LAF). LAF is a weight management programme for children and families which includes a variety of fun activities to encourage the whole family to get involved in healthier lifestyles.	Sunderland's LAF programme consists of healthy lifestyle sessions aimed at encouraging and supporting families to eat well, move more and live longer. The LAF referral programme is for families with children aged five to 15 years who have been identified as overweight; live in Sunderland and registered with a Sunderland GP. There are programmes for children aged five to ten years and their families and separate programmes for teenagers (11 to 15 years).
		Improve physical wellbeing and increase physical activity	Work with the Live Life Well (LLW) service and Active Sunderland to promote services available and support local people to access information	The Live Life Well service attends VCS Network meetings and has links with local groups across the area.
			Identify joint priorities and invite CCG and Public Health colleagues to attend People Board and other relevant groups when appropriate	Colleagues from CCG and Public Health attended January and February 2016 people board meetings to discuss health issues and priorities for the Coalfield area. Further disscussions took place during March and April 2016 to determine health related priorities for 2016/17

Emotional and	Reduce stress caused by financial	Work with VCS organisations to help	The Coalfield Voluntary and Community Sector (VCS)
Mental Wellbeing	concerns	prepare and support residents for changes	Network discussed this issue and their concerns about
		ahead e.g. Universal Credit etc	the impact on individuals and families. A series of
Feb 2016			workshops and support sessions have been delivered
			by ShARP who are providing ongoing support for
			people affected by the changes. Colleagues from ShARP and Sunderland City Council welfare team
			attended the March meeting of the Voluntary and
			Community Sector (VCS) Network to give a
			presentation on benefits and what support is available
			via various services.
		Work with health providers to promote	
		financial advice and guidance available	Local GP Practices and community health initiatives wil
			promote the services available in the area. ShARP and
			Gentoo are amongst those who can provide advice and
			guidance to local residents. Information sharing will be encouraged through the VCS Network and Voluntary
			and Community Action Sunderland (VCAS).
			and community reason canadiana (verse).
			A new Comic Relief funded project has commenced
			and will officially launch in all GP practices in the
			Coalfield area in April 2016. Advice on Prescription
			(AoP) practitioners will be located in GP surgeries for 2
			x half days per week to give patients experiencing
			financial stress information and support. ShARP is the
			lead on the project and has recruited two members of staff to deliver the service. A presentation on the new
			service was given to the People Board at the April
			meeting.

Improve mental wellbeing and self	Gather data and local intelligence regarding	Members are keen to ensure that young people are
respect in young people	key issues to discuss at February People	consulted, and have input, on mental health services.
	Board meeting. Gather information	Colleagues from Public Health attended the February
	regarding services available.	People Board meeting to update members on the key
		mental health issues for young people. Sunderland
		CCG provided an overview of emotional mental health
		and wellbeing services they commission including Child
		and Adolescent Mental Health Servic (CAMHS) and
		Children and Young Peoples Service (CYPS).
		Members requested a special People Board meeting
		with the CCG to discuss in more detail the services
		available. This took place on 11 April 2016. A scrutiny
		review on CAMHS is also underway with results
		expected in March/April 2016. The People Board will
		discuss the issue in more detail at the July 2016
		meeting and feed back to the next Area Committee.
Increase awareness amongst		Information sharing via Area Committee members and
service providers about what is	Develop Community Directory and	VCS Network members takes place on an ongoing
available (promotion,	Community Connectors	basis. The Community Directory is available on
communication, referral)	, , , , , , , , , , , , , , , , , , , ,	Sunderland City Council website and key organisations
	Support VCS organisations to help	and individuals are encouraged to share information
	residents access community IT provision	regarding the range of support and services available.
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Reduce isolation and improve social	Consider findings of Tackling Loneliness	The February 2016 meeting of the People Board
participation in older and vulnerable	and Social Isolation Scrutiny policy review	received an update on SIB funded projects and
adults	when developing future initiatives.	discussed the importance of this Area Committee
	Continue to monitor and co-ordinate SIB	priority. The Board requested an evaluation was carried
	funded projects including Social Navigator	out on a selection of the current projects in order to
	project. Promote services available via	gather qualitative data to guide their future discussions
	VCS Network and local organisations.	and recommendations. The Board recommends that
	voc Holmon and local organisations.	this remains a priority for 2016/17 and that a sum of
		£20,000 from this year's budget be aligned to the
		priority. Once the evaluation is complete the Board wil
		discuss how the funding is to be allocated.
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3	Training and Learning Opportunities to Meet Skills Gaps/Needs	Increase opportunities for those who are, or at risk of becoming, NEET. Influence development of training to meet the needs of employers via Education and Skills strategy	Support the development of the 'Working Rite' programme in the Coalfield area	The Working Rite programme has been withdrawn due to changes in funding allocations.
	Nov 2015	Improve life skills and employability skills for young people	Extend CAN DO fund	The CAN DO fund will continue throughout this financial year. The latest round of funding awarded three grants: Fencehouses Youth Football £500 to set up a new football club for young people. Kit, sports equipment and greenkeeping equipment will be purchased. Pallet Force Fencehouses YMCA £309 Cost of tools, equipment and materials to enable young people to upcycle donated pallets into useable items e.g. seats, shelving etc 36 Squadron ATC 36 Squadron ATC £300 Educational visits to Woodhorn Museum, Royal Armouries, Eden Camp and National Railway Museum plus swimming sessions to gain life saving certificates
			Develop further initiatives	A new 'Craft Academy' being developed by Fencehouses YMCA will be delivered at Harvester House, a new venture for the organisation. March Area Committee approved £19,000 SIB towards the project. A project co-ordinator has been appointed and will begin to develop the project over the coming months.
4	Support/Enable Local Delivery of Services Sept 2015	venues	of local venues available for use	Local venues are used and promoted for meetings and events. The emerging issue is that some locality focused services do not have funding for room hire to deliver outreach sessions across the whole area. This will be further explored via the VCS Network and the new 'Increasing Capacity' project.
		Increase local partnership working	Promote the Community Directory	

Increase support for existing and new groups to deliver services	Provide support to local groups via Area Community Officer, Area Networks, VCAS and other relevant organisations. Promote commissioning and procurement opportunities to local organisations	The new 'Increasing Capacity' project will provide support to local groups. The recruitment process is complete and the successful applicant has begun to meet with local groups and has attended the VCS Network. Procurement opportunities from Sunderland, and other North East Councils, are promoted to members of the Voluntary and Community Sector (VCS) Network on a weekly basis.
Increase support and co-ordination	Consider available support and develop	Area Community Development Leads have access to GrantFinder, a useful resource giving up to date information on current funding opportunities. Relevant information will be shared with local organisations.
of volunteers	options for a local Coalfield project	Following a Call for Projects to deliver a community and volunteer support project, the People Board made a recommendation to Area Committee in December, which was approved. The project 'Increasing Capacity in Coalfield' will specifically focus on proactive support to retain and develop small organisations and coordinate and develop volunteers.
	Support the development of volunteering programmes including Health Champions and Community Connectors	The project is now operational and will ensure all volunteering programmes delivered in the Coalfield area are developed and work in partnership.