

Area Priority	Outcomes/Actions	Progress/Updates
Emotional and Mental Wellbeing	Reduce stress caused by financial concerns	<p>ShARP now hold advice sessions in five of the 6 GP surgeries in the Coalfield area as part of the Advice On Prescription project.</p> <p>The commissioned Benefit and Debt Advice service delivered by ShARP is actively supporting over 500 people a month and offering signposting and advice to many more. Changes in benefits and sanctioning issues are of most concern at present. More support with form filling, navigating the IT system and accessing Universal Job Match, has been identified as a need within the community.</p> <p>SIB funded Advice Volunteer project has recruited and trained 12 volunteers who have supported 246 people with advice and help regarding finance issues and supported some of them to access IT facilities locally.</p> <p>ShARP has recently re-launched its local Credit Union collection point.</p>
	Improve mental wellbeing and self respect in young people	<p>The SIB Wellbeing Challenge project delivered a number of sessions focusing on mental health and wellbeing. A total of 38 young people took part and 15 volunteers supported the activities including:</p> <ul style="list-style-type: none"> • A group of 10 pupils from Hetton School's Speech and Language provision. The group worked with 12 older people to address Social Isolation and plan and deliver an outing to the National Glass Centre. • Pupils from Bernard Gilpin school are working with Durham Wildlife Trust and adult volunteers to develop the school's community garden. • Fencehouses Women's Group and a group of young people from the YMCA worked together to explore the five-a-day for wellbeing themes. The work concluded with a family fun day on 19 April, planned and delivered by the group to 90 local people.
	Reduce isolation and improve social participation in older and vulnerable adults	<p>A series of 12 SIB funded projects are now underway to tackle social isolation and provide opportunities for over 300 people to take part in activities and clubs to make new friends, engage in social provision and improve mental wellbeing.</p> <p>The SIB funded Social Activity Navigator project delivers tailored activities and exercise packages based on individual's needs, in their own home and in the community. 1-2-1 support, by telephone, or in person is available to support those with long term conditions to improve independence and wellbeing. A total of 180 people have been supported by telephone and 121 in person. Of those supported 81 have been directed to other activities and social events and</p>

		<p>186 have reported feeling less lonely or isolated.</p> <p>11 local organisations were awarded SIB funding to hold events for over 700 people to celebrate the Queen's 90th Birthday.</p> <p>57 shopping bus services, door to door transport to 27 lunch and day clubs, and 34 social outings were delivered by the SIB funded Community Transport project, benefiting a total of 594 residents who are older, vulnerable or socially isolated.</p> <p>52 residents with limited mobility took part in 4 SIB funded environment and heritage sessions providing opportunities to get outdoors and meet new people.</p>
Physical Health and Wellbeing	Increase healthy eating (families)	The Change 4 Life (Eat Well, Move More, Live Longer) programme has a number of fun and interactive ways to promote a healthier lifestyle. Change 4 Life colleagues have attended People Board meetings and local events within the community to support healthy eating. www.nhs.uk/change4life
	Improve healthy weight in children and young people	During the Summer of 2016 4 Coalfield Olympic events took place attracting a total of 331 local residents. Families and young people were encouraged to join in games and races and were given information about healthy eating.
Training and Learning Opportunities to Meet Skills Gaps/Needs	Increase opportunities for those who are, or at risk of becoming, NEET (Not in Education, Employment or Training)	The SIB Craft Academy project based at Harvester House, Fencehouses has delivered an employment course to 10 local people and supported 15 people into volunteering opportunities. Following feedback from participants, future courses will include finance and debt advice and advice about self employment.
	Improve life skills and employability skills for young people	<p>5 groups of young people have developed their skills and confidence by completing their own applications for funding and presenting their ideas to the Area People Board. The SIB funded CAN DO fund is designed improve life skills and help prepare young people to make a positive contribution in their community. Groups are invited to attend future People Boards to give feedback on how the funding has benefited them. This will further develop skills in presentation techniques.</p> <p>The SIB funded Youth Social Action project recruits and supports young people (11-19) to volunteer in their local area. Suitable placements are found for the young people which increases their skills and confidence and provides a valuable service within the community.</p>

Support/Enable Local Delivery of Services	Increase local partnership working, expand membership and attendance at VCS Network meetings and encourage collaborative working amongst local organisations	<p>New and existing groups are encouraged to attend network meetings and sign up to receive updates. All offers of SIB funding include a recommendation that organisations agree to receive information and attend meetings whenever possible. Over 100 local organisations are signed up to receive information and average attendance at Network meetings has increased to 35.</p> <p>The SIB funded Step up project has supported 23 local VCS organisations this year by providing governance support, recruitment and training of volunteers and giving advice and guidance on fundraising and grant applications.</p> <p>Opportunities to deliver SIB projects via a Call for Projects continue to be promoted via the VCS Network. Partnership applications are encouraged and successful projects are encouraged to work together. This year a total of 33 projects have been approved following Call for Projects using this process.</p>
	Increase support and co-ordination of volunteers	<p>The SIB funded Step up project is proactively supporting local organisations and volunteers. A total of 30 volunteers have been supported, of which 24 have received training. 4 have secured employment and 20 have been placed with local organisations. 11 of these volunteers have expressed an interest in being part of a 'Coalfield Volunteer Bank' for one off events and activities. A Volunteer Celebration event will take place in August 2017.</p> <p>As part of the SIB funded Youth Social Action project 9 young volunteers (aged between 11 and 19) have been placed in 5 different organisations across the Coalfield area.</p> <p>SIB funding has allowed the ShARP Volunteer co-ordinator to provide additional support to volunteers to take on a wider range of roles including reception duties, IT mentoring, advice work, admin and working in the community shop.</p> <p>SIB funding provided to ELCAP to employ a part time Centre Co-ordinator has enabled the centre to expand and develop, providing a wider range of services and opportunities to local people. 25 volunteers have been given support and training to increase their skills and attract new users to the centre. During this year 7 new groups have joined the centre and room bookings have increased.</p>