

NORTH SUNDERLAND AREA COMMITTEE

AGENDA

Meeting to be held on Wednesday, 18th December, 2019 at 5:30pm

VENUE – Marley Park Community Fire Station, Old Mill Road, Sunderland, SR5 5BS

Membership

Cllrs D. Wilson (Chairman), S. Foster (Vice Chairman - Place), R. Davison (Vice Chairman - People), M. Butler, K. Chequer, J. Doyle, B. Francis, G. Howe, J. Jackson, K. Jenkins, S. Leadbitter, D. MacKnight, J. McKeith, A. Samuels and P. Stewart.

Part I		PAGE
1.	 (a) Chairman's Welcome (b) Apologies for Absence (c) Declarations of Interest (d) Minutes of the last meeting held on 25th September, 2019 	1
Items for	Discussion:-	
2.	Resident Engagement and Neighbourhood Investment Plans	5
	(copy attached)	
3.	Place Board Progress Report	9
	(copy attached)	
4.	People Board Progress Report	14
	(copy attached)	
Contact:	Joanne Stewart, Principal Governance Services Officer Email: <u>Joanne.stewart@sunderland.gov.uk</u> Vivienne Metcalfe, Area Community Development Lead Email: Vivienne.metcalfe@sunderland.gov.uk	Tel: 561 1059 Tel: 561 4577

Information contained in this agenda can be made available in other languages and formats on request.

5.*	Financial Statement and proposals for further allocation of resources	23
	(copy attached)	
Items fo	or Information Only:-	
6.	Partner Agency Reports	
	 Report of the North Area Voluntary and Community Sector Network (copy attached) Northumbria Police Update (verbal report) Tyne and Wear Fire and Rescue Services Update (verbal report) 	68 - -
7.	For Information Only and Not Discussion Current Planning Applications (copy attached)	69

ELAINE WAUGHHead of Law and Governance

10th December, 2019

^{*} Denotes an item relating to an executive function

At a meeting of the NORTH SUNDERLAND AREA COMMITTEE held in COMMITTEE ROOM 2, CIVIC CENTRE, SUNDERLAND on WEDNESDAY, 25th SEPTEMBER, 2019 at 5.30p.m.

Present:-

Councillor D. Wilson in the Chair.

Councillors Butler, Davison, Doyle, Foster, Francis, Howe, Jenkins, Leadbitter, D. MacKnight, McKeith and Stewart

Also in Attendance:-

Ms. Vivienne Metcalfe	-	Area Community Development Lead (North), Sunderland City Council
Ms. Allison Patterson	-	Area Co-ordinator (North), Sunderland City Council
Ms. Joanne Stewart	-	Principal Governance Services Officer, Sunderland City Council

Chairman's Welcome

The Chairman welcomed everyone and opened the meeting, inviting introductions from those in attendance and advising of the right to record proceedings.

Apologies for Absence

Apologies for absence were submitted to the meeting on behalf of Councillors Chequer and Samuels, and from Richy Duggan and Ruth Oxley.

Declarations of Interest

There were no declarations of interest made.

Minutes of the last meeting held on 20th June and 14th August, 2019

1. RESOLVED that the minutes of the last ordinary meeting of the Committee held on 20th June, 2019 and the extraordinary meeting of the Committee held on 14th August, 2019 be confirmed and signed as a correct record.

Area Arrangements Update

The Assistant Director of Community Resilience submitted a report (copy circulated) to present to Members an update on the outcomes of a recent workshop where the Portfolio Holder and Deputy Portfolio Holder for Communities and Culture, Area Committee Chairmen and People and Place Board Chairmen discussed opportunities to strengthen the Council's Area Arrangements.

(for copy report – see original minutes)

Ms. Allison Patterson, North Sunderland Area Co-ordinator presented the report advising of the outcome of the discussions from the July, 2019 workshop which were agreed for action.

Ms. Metcalfe advised the Committee that the Facebook page for the area was receiving a good number of 'hits' and commented that she had found that the most popular posts were those promoting activities for young people, those advertising local job vacancies and videos of the local north area.

Members discussed meeting venues being in the local communities to encourage the public to attend and put forward suggestions for future meetings. The Committee were asked to provide details of any further venues in the North Sunderland area to the Principal Governance Services Officer who would make the necessary checks and confirm availability, etc. in due course.

Members had discussions around the use of volunteers and who would hold their information on file as they had previously been advised that as Councillors they could not, and Ms. Patterson advised that they were looking to develop a platform where local opportunities would be shared for members of the public to register their interest in activities and projects. A pilot would be undertaken which would be monitored before being rolled out across the city and further detail could be provided at that time.

Members having fully considered the report, it was:-

2. RESOLVED that the report be received and noted.

Neighbourhood Engagement and Investment

The Assistant Director of Community Resilience submitted a report (copy circulated) which provided for Members an update on Neighbourhood Engagement and the various mechanisms to be adopted which ensure that residents continue to be at the heart of service delivery, enabling communities and neighbourhoods to become actively involved in the delivery of the City

Plan and developing Neighbourhood Investment Plans, to ensure long-term community resilience.

(for copy report – see original minutes)

Ms. Allison Patterson presented the report advising that the report shared updates on the development to date relating to the following topics:-

- Resident engagement and involvement strategy;
- Neighbourhood Investment Plans; and
- Crowdfund Sunderland.

Ms. Patterson drew Members attention to the flow chart within the report which set out how it was proposed to deliver plans, achieve outcomes and track activity. The timeframe would see a draft strategy being developed early in 2020 with the launch of the Neighbourhood Investment Plans on March, 2020.

Members had discussions around the Crowdfund Sunderland platform; including more information about Spacehive and how it was envisioned that the scheme would work within local communities.

Councillor Francis commented that he was a great believer in crowd funding but asked for further information around Spacehive; and requested that the information be provided to him within the next two weeks.

Members having fully considered the report, it was:-

3. RESOLVED that:-

- i) the report be received and noted; and
- ii) refer the three topics as set out to the North Sunderland Area Committee People and Place Boards for further discussions on how Members would wish to support and monitor delivery.

Financial Statement and Proposals for Further Allocation of Resources

The Assistant Director of Community Resilience submitted a report (copy circulated) which requested Members to give consideration to a financial statement as an update position in relation to the allocation of Strategic Initiatives Budget (to be now known as Neighbourhood Fund) and Community Chest and presented proposals for further funding requests.

(for copy report – see original minutes)

Ms. Vivienne Metcalfe, Area Community Development Lead, presented the report drawing attention to the recommendations detailed within the report.

The Committee had conversations around the improvements that had been made at Southwick Green and ward Councillors asked that their thanks be conveyed to all staff involved in the project. Discussions followed in how to continue to make improvements in the area and it was decided that discussions around enforcements, signage, etc could be held at the next meeting of the North Sunderland Area Place Board.

Members discussed the funding which had been allocated to the CCTV project and enquired how it would be decided how the locations for camera positioning would be chosen? The Committee were informed that discussions would be held at the Place Board to agree where they were placed and when they were moved but the recommendation was that when first decided upon they should remain in one position for a period of three to four months.

Having fully discussed the applications and Members having had any questions answered, it was:-

4. RESOLVED that:-

- (i) the financial statements as set out in paragraphs 2.1 and 3.1 of the report be received and noted;
- (ii) approval be given to the allocation of £13,348 Neighbourhood Funding from the 2019/20 budget towards the Southwick Illumination Project as set out in the report;
- (iii) approval be given to the allocation of £20,000 Neighbourhood Funding from the 2019/20 budget towards the Self-Supporting Community Associations as set out in the report;
- (iv) approval be given to the Youth Activities Project Brief and to the allocation of £20,000 Neighbourhood Funding to add to the previously aligned Public Health Funding as set out in the report;
- (v) approval be given to the alignment of £28,208 of Neighbourhood Funding from the 2019/20 budget to deliver the Southwick Green Regeneration Plan as detailed in the report;
- (vi) approval be given to the alignment of £40,000 of Neighbourhood Funding from the 2019/20 budget to deliver the Vehicle Activation Signage (VAS) project as detailed in the report; and
- (vii) the eleven approvals for Community Chest supported from the 2019/2020 budget as set out in Annex 2 to the report be noted.

The Chairman thanked everyone for their attendance and closed the meeting.

(Signed) D. WILSON, Chairman.

18th December 2019

REPORT OF THE ASSISTANT DIRECTOR OF COMMUNITY RESILIENCE

Resident Engagement and Neighbourhood Investment Plans

1. Purpose of Report

1.1 The purpose of this report is to present to Elected Members an update on Resident Engagement 'Let's Talk Sunderland' and how the engagement is informing the development of the emerging Neighbourhood Investment Plans. The report also explains how the priorities within the Neighbourhood Investment Plans will be presented for approval by the Area Committee in March 2020.

2 Background

- 2.1 Following the previous update report presented to September Area Committee, the Resident Engagement Strategy was adopted by the Council and Let's Talk Sunderland was launched city-wide, demonstrating the Council's commitment to listen and respond accordingly to residents' views and aspirations. Let's Talk Sunderland resident engagement strategy will shape all future resident engagement activities.
- The first task for Let's Talk Sunderland has been to engage with residents, of all ages, across the city, to inform the content of the five Neighbourhood Investment Plans. The Council wishes all residents to be part of the city's plans and to share their views and ideas as well as work with the council to develop solutions and deliver projects.
- 2.3 The five Neighbourhood Investment Plans will be informed by resident views and written to ensure delivery of the City Plan (Vibrant, Healthy, Dynamic) at a local level. The Neighbourhood Investment Plans are Article 10 plans, as explained in para 4 of this report.
- 2.4 This report shares updates on the action and progress to-date relating to the following topics:
 - Resident Engagement Let's Talk Sunderland
 - Neighbourhood Investment Plans Part 2 Article 10 Plans
 - Area Committee priorities 2020 onwards

3. Resident Engagement – Let's Talk Sunderland

- Following the September Area Committee, Let's Talk Sunderland was launched. Following the launch, we have reached far and wide across the city, utilising every communication mechanism possible. The Voluntary and Community Sector and partners have been incredibly supportive.
- 3.2 The following is a snapshot of the activities delivered to engage with residents:
 - www.sunderland.gov.uk/letstalk website
 - Conversation sheets circulated to all community buildings, shopping centres, doctor surgeries, employers and employees, Gentoo offices etc.
 - Working with schools, Together for Children, University of Sunderland and Sunderland College

- SAFC support during home games large screens and match-day programme
- Gentoo via residents groups and networks
- Large-screen at St Mary's Car Park
- All Voluntary and Community Sector providers including local charities
- Local Councillors engaging with residents and communities
- Area Conversations held during November and December
- Social media various platforms and via multiple partnerships
- Sunderland Echo
- Local events including Christmas switch-on activities
- Sunderland Business Network
- Sunderland Business Improvement District
- Chamber of Commerce
- Customer Service Network including Customer Service Centres
- GP Practices, Sunderland CCG and All Together Better
- Police and Fire community engagement
- Local traders
- Transport providers including Station Taxis
- Everyone Active Leisure Centres
- 3.3 By the end of December we will have engaged with some 50% of Sunderland residents of all ages. The resident feedback continues to be received and results are being analysed to support development of the five area Neighbourhood Investment Plans.

4. Neighbourhood Investment Plans

- 4.1 The five Neighbourhood Investment Plans (North, Coalfield, East, West, Washington) will be Article 10 plans. The Council's constitution clearly states that Area Committees will lead the development of local area plans (now known as Neighbourhood Investment Plans) which includes all main priorities for improvement of the area, for approval by the Cabinet. The Area Committee will also lead and enable effective implementation of the plans and will consult, engage and involve local people and organisations as well as partner agencies in development and delivery of Plans.
- 4.2 The Neighbourhood Investment Plans will directly align with the Area Committee priorities moving forward, they will be long-term plans, aligned to the themes and timeframe of the City Plan, which will also include focused, 3-5-year delivery blocks, focusing on capital improvements as well as service/neighbourhood solutions. Residents, elected members and partners will be able to easily track progress via the Sunderland Council Neighbourhood Investment Plan activity tracker. This tracking facility will enable everyone to be aware of the action taken and developments within their local neighbourhood as well as ensure we maximise social value from procurement and contract opportunities. Appendix 1 illustrates the reporting mechanism and links to the City Plan.
- 4.3 To ensure the five area Neighbourhood Investment Plans are ready for approval by Cabinet in March 2020, it will be important to share the emerging plan themes and priorities as well as feedback generally from the resident engagement with elected members, residents and stakeholders / partners. It is therefore important that various communication mechanisms are adopted.
- 4.4 The February People and Place Boards will be presented with the Neighbourhood Investment Plan themes and engagement feedback and be given the opportunity to review the plans prior to full approval at March 2020 Area Committee. Wider stakeholders will also be updated in February. Further area conversations will also be arranged to feed back to residents at an area level. This re-engagement

communication process will ensure full buy-in, city-wide, for the five plans, which in turn will support delivery moving forward as well as resident and partner ownership for the local priorities.

5. Area Committee priorities from 2020 onwards

- As highlighted within section 4 of this report, it will be the responsibility of the Area Committees to lead the delivery of the final Part 2 Article 10 Neighbourhood Investment Plans and therefore ensure the area priorities moving forward support delivery of the Plans.
- 5.2 The Neighbourhood Investment Plans will be themed (Healthy, Vibrant, Dynamic) and will allow for flexibility as priorities alter/vary within communities, often due to unforeseen circumstances as well as to maintain delivery momentum for example, where opportunities arise to support partner projects or Crowdfund projects which support priorities or where opportunities arise to apply for external funding/grow community wealth to support delivery or where new issues arise within a community as a priority identified by ward members.
- 5.3 The Area Committees during their February People and Place Boards will discuss and agree priorities, to make recommendation to March 2020 Area Committee, to ensure direct alignment of Area Committee priorities to the Neighbourhood Investment Plans as the plans will be formed following significant resident consultation and engagement in relation to what residents wish to see within their local neighbourhood.
- 5.4 Members are reminded that opportunities to align both revenue and capital funding to deliver priorities are in place as well as opportunities to enhance and supplement this through supporting aligned crowdfunded projects.

6. Summary

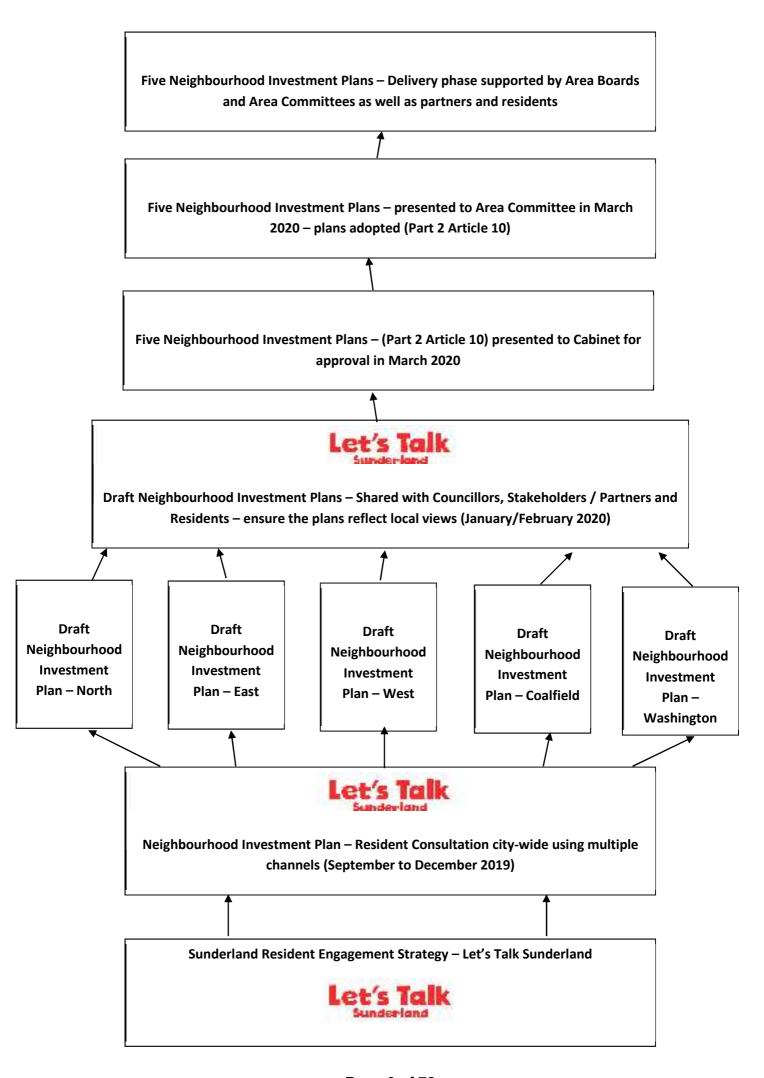
6.1 Sunderland has a real opportunity to transform its Neighbourhoods, working alongside communities and partners to regenerate and create more resilient communities. Area Committees will be at the heart of this transformation journey.

7. Recommendations

- 7.1 Note the content of the report.
- 7.2 Refer to Area People/Place Board for further discussions on how members would wish to support and monitor delivery of their area Neighbourhood Investment Plan.

Contact Officer: Helen Peverley, Area Co-ordinator

Tel: 0191 5617532, Helen.peverley@sunderland.gov.uk



18th December 2019

REPORT OF THE CHAIR OF THE PLACE BOARD

Place Board Progress Report

1 Purpose of Report

1.1 To provide an update of progress against the current year's (2019/20) Place Board Work Plan.

2. Background

2.1 Earlier this year the priorities associated with Place were referred to the North Place Board to action on behalf of the Area Committee. The Place Board has started to initiate action on those priorities and **Annex 1** outlines progress to date.

3. Area Governance Arrangements

- 3.1 The Area Committees are part of the Council's Executive Function and have two key roles:
 - a. Influencing decisions on services delivered at a local level; and
 - b. Identification of key priorities for their areas, in the context of supporting the delivery of the Council's Corporate Outcomes Framework at a local level and ensures maximum impact where necessary through utilising its own resources.
- 3.2 Area Place and People Boards were set up to support the Area Committee in identifying areas of priority and ensure action in line with those priorities.
- 3.3 Each ward has one elected member representative, whose role it is to liaise with their ward colleagues in between meetings and feedback collective views into the Board meetings. It should be noted that the Board is not a decision making body and the work/recommendations of the Board will be presented to the Area Committees for final endorsement. Elected member representation on the Place Board for this Area Committee is as follows:-

Ward	Place Board Membership
Chair	Cllr. S. Foster
Castle	Cllr D. MacKnight
Redhill	Cllr R. Davison
Southwick	Cllr A. Samuels
Fulwell	Cllr G. Howe
St. Peter's	Cllr. J. McKeith

4. Key Areas of Influence/Achievements up to 6th December 2019

4.1 Outlined below is a summary of the key areas of influence / achievements of the North Place Board up to **6**th **December 2019**

Action Taken	Outcome		
Local priority: Environment & Green Space			
	 July Place Board members received an update on progress in considering the development of proposals for a North Area Enforcement and CCTV Project. Members August Area Committee agreed the approval of Neighbourhood Fund of £110,000 for the North Area Enforcement and CCTV Project including the delegation 		

	 of the development and delivery of this project to North Area Place Board. November Place Board members received an update on the progress of the North Area Enforcement and CCTV project and the timeline of the appointment of the Enforcement Officer and the opportunity for members to influence key areas to be targeted. November Place Board members discussed CCTV locations and the responsive decision making process for deployment. It was agreed that ward members will identify one area within their ward where they require the Enforcement Officer to commence targeted intervention. September Area Committee agreed the alignment of £28,208 for a phased approach for Southwick Village Green Improvements subject to a full application to be presented to December Area Committee. Detailed in Item 5 Annex 1 September Area Committee agreed the alignment of £40,000 for the development of a Vehicle Activation Signage (VAS) project subject to a full application to be presented to future Area Committee
Local priority: Heritage	
	 September Area Committee agreed £13,348 Neighbourhood Fund for the Southwick Illuminations Project
Influencing role	
Place Management	 November Board received the local services performance update
Highways Maintenance Programme	 October 2019 Members received a request from Highways to highlight areas for consideration for inclusion in 2020 – 2021 programme November Place Board members received a report of the agreed process to consider recommendations for the North Highways programme for 2020 – 2021 a prioritised list of streets to be presented to January 2020 Place Board in order for the Board to make recommendations to be presented March 2020 Area Committee

5. Recommendations

5.1 Members are requested to consider the progress and performance update with regards to the North Place Board Work Plan for 2019/2020 as detailed in **Annex 1**

Contact Officer: Vivienne Metcalfe, Area Community Development Lead (North).

Tel: 0191 561 4577

Email: vivienne.metcalfe@sunderland.gov.uk

Item 3 Annex 1

North Sunderland Area Committee Work Plan 2019 – 2020

Place

Actions 2019/20			Due for Completion/ Implementation	
1	Environment and Green space	Progress Update		
1.1	Local Services:- a. Area Committee approved North Sunderland's Local Services Area Delivery Plan for 2019/2020. b. Place Board to oversee the development and delivery of the 2019/20 Local Services Area Delivery Plan. c. Receive updates on ward based enforcement actions	November Board received the local services performance update which included an update on delivering in line with the agreed schedule, an update of ward based enforcement actions, details of enforcement/dog control orders in the North and an update of key contacts for the North area.	a. 21.03.18 b. 2019/20 c. 2019/20	
1.2	Continue to identify priorities for Highways Maintenance Programme: a. Discuss initial options b. Final recommendations agreed	 October 2019 Members received a request from Highways to highlight areas for consideration for inclusion in 2020 – 2021 programme. November Place Board members received a report of the agreed process to consider recommendations for the North Highways programme for 2020 – 2021 a prioritised list of streets to be presented to January 2020 Place Board in order for the Board to make recommendations to be presented March 2020 Area Committee. 	a. November 2019 b. March 2020	
1.3	Maintain links to Seafront Developments. Receive updates on the further developments at Roker and Seaburn to consider possibilities for North Area Committee to influence/enhance and continue to receive updates on Traffic measures and Enforcement	Updates to be provided as and when available to future Boards.	On-going	
1.4	4 x 4g mini dome system and masts installed and operational (£30k SIB previously approved on 13.11.17). Continue to oversee the deployment of those cameras in the North area	November Place Board members discussed CCTV locations and the responsive decision making process for deployment.	2019/20	
1.5	IDefigo CCTV Pilot Project (£5K SIB approved on 15.11.18) - Once pilot complete options for solutions to the local issues to combat environmental crime and other anti-social behaviour throughout the North of the city to be considered.	 Idefigo Project complete. July Place Board members received an update on progress in considering the development of proposals for a North Area Enforcement and CCTV 	July 2019	

1.6	Targeted activity to resolve neighbourhood issues in Southwick	 Project. August Area Committee agreed the approval of Neighbourhood Fund of £110,000 for the North Area Enforcement and CCTV Project including the delegation of the development and delivery of this project to North Area Place Board. November Place Board members received an update on the progress of the North Area Enforcement and CCTV project, the timeline of the appointment of the Enforcement Officer and how members will influence key areas to be targeted. Partners including several Council services, local councillors Gentoo, Northumbria Police, TWFR carried out targeted work in 12 streets within Southwick Ward from 28th May to 31st August Work included education, prevention and enforcement and community engagement. There was nearly a 50% overall increase in reporting through the pilot period compared to the same period last year. Community engagement identified that residents felt that overall the appearance of the area had improved. It was recognised that further work around youth provision and work within schools needs to continue. 	2019/20
1.7	Mobile Speed Signs	September Area Committee agreed the alignment of £40,000 for the development of a Vehicle Activation Signage (VAS) project subject to a full application to be presented to future Area Committee	2019/20
1.8	Continue to receive updates on the river animation project	 Updates to be provided as and when available to future Boards. 	2019/20
2	Heritage		
2.1	Southwick Community Christmas Project 2019	 September Area Committee agreed £13,348 Neighbourhood Fund for the Southwick Illuminations Project. Additional lights were installed November 2019 and the Switch on Event was held on Friday 29th of November arranged and 	2019/20

		led by Southwick Neighbourhood Youth Project with Jimmy Montgomery and Kevin Ball performing the Switch On.	
2.2	Members continue to be involved and receive feedback from the Hylton Castle Steering Group during the restoration project of Hylton Castle (£40,000 SIB approved 05.10.16 to support development of café etc.)	Updates to be provided as and when available to future Boards.	2019/20
2.3	Support the development and delivery of the Thompson Park Regeneration Plan	 Southwick Raising Aspirations Project Neighbourhood Funding has supported the Friends of Thompson Park with the development of a Regeneration Plan and the Friends have carried out two consultation events on the 14th and 28th of November with results to be discussed at the Friends meeting in January 2020 	2019/20
2.4	Deliver and receive updates on the North Area Augmented Reality Project - Magical History Tour (£15k of SIB approved on 21.01.19)	 Testing across the North was held in October 2019 for the Augmented Reality App and Indigo are currently developing the App further with a view to launching in the New Year. 	2019/20
2.5	Develop and deliver Southwick Green Regeneration Plan	 September Area Committee agreed the alignment of £28,208 for a phased approach for Southwick Village Green Improvements subject to a full application to be presented to December Area Committee. Detailed in Item 5 Annex 1 	2019/20

18th December 2019

REPORT OF THE CHAIR OF THE PEOPLE BOARD

People Board Progress Report

1 Purpose of Report

1.1 To provide an update of progress against the current year's (2019/20) People Board Work Plan.

2. Background

2.1 Earlier this year the priorities associated with People were referred to the North People Board to action on behalf of the Area Committee. The People Board has started to initiate action on those priorities and **Annex 1** outlines progress to date.

3. Area Governance Arrangements

- 3.1 The Area Committees are part of the Council's Executive Function and have two key roles:
 - a. Influencing decisions on services delivered at a local level; and
 - b. Identification of key priorities for their areas, in the context of supporting the delivery of the Council's Corporate Outcomes Framework at a local level and ensures maximum impact where necessary through utilising its own resources.
- 3.2 Area Place and People Boards were set up to support the Area Committee in identifying areas of priority and ensure action in line with those priorities.
- 3.3 Each ward has one elected member representative, whose role it is to liaise with their ward colleagues in between meetings and feedback collective views into the Board meetings. It should be noted that the Board is not a decision making body and the work /recommendations of the Board will be presented to the Area Committees for final endorsement. Elected member representation on the People Board for this Area Committee is as follows:-

Ward	People Board Membership
Chair	Cllr R. Davison
Castle	Cllr. S. Foster
Redhill	Cllr P. Stewart
Southwick	Cllr M. Butler
Fulwell	Cllr B. Francis
St. Peter's	Cllr S. Leadbitter

4. Key Areas of Influence/Achievements up to 6th December 2019

4.1 Outlined below is a summary of the key areas of influence / achievements of the North People Board up to 6th December 2019

Action Taken	Outcome		
Local priority: Health and Well Being			
	 June Area Committee accepted £25,000 funding from Public Health and approved £25,000 Neighbourhood Fund match in order to fund health projects within the community. November People Board considered proposals to deliver an Air Quality Monitoring Project in the North within the Public Health Funding available, full details included in Item 5 		

Annex 1. November People Board considered a Call for Projects Brief to deliver a Defibrillator Project within the Public Health Funding available, full details included in Item 5 Annex 2. June Area Committee accepted £40,000 funding from Sunderland CCG and agreed to delegate the responsibility to oversee the development of a call for projects via small grants process. September People Board agreed a Call for Projects for the North Healthy Action in the Community Project. November People Board considered the applications received to deliver the North Healthy Action in the Community Project with recommendations included in **Item** 5 Annex 4. Local priority: Activities for Young People A full programme of activities were delivered over Summer Holidays 2019 with projects overachieving the predicted numbers/attendances. November People Board considered the applications received to deliver the Activities for Young People Project with recommendations included in Item 5 Annex 3. Local priority: Job Prospects and Skills 'Skilled Up' – Hylton Castle Project. Due to delays to the opening of Hylton Castle and the project lead's inability to deliver the project until the Castle is open December Area Committee are to be requested to place this project on hold until the Hylton Castle Trust are in a position to move the project forward. Details included in Item 5 Section 2.6. **Local priority: VCS Capacity Building** September Area Committee agreed funding of £5,000 to each of the Self Supporting CAs in the North. **Local priority: Raising Aspirations and Making Positive Changes** • June Area Committee agreed £50,000 Neighbourhood Funding for the delivery a further 2 year project for the Redhill, Fulwell, Southwick and St. Peters Raising Aspirations Projects. November People Board considered an application to deliver the Castle Raising Aspirations Project with a recommendation to be considered at December Area Committee details included in Item 5 Annex 1. **Local priority: Communications** November People Board considered a draft newsletter provided by Sunderland City Council Communications Service, members agreed to recommend to December Area Committee the development of a Call for Projects to the North VCS Network for the delivery of a leaflet/newsletter project in the North. Details are included in Item 5 Section 2.7. Influencing Role Community Led Cllr Davison continues to represent North Area Committee on Local the CLLD Local Action Group. Development North Area Committee has approved SIB for 3 projects as (CLLD) match to CLLD applications (see Job Prospects and Skills section above).

5. Recommendations

5.1 Members are requested to consider the progress and performance update with regards to the North People Board Work Plan for 2019/2020 as detailed in **Annex 1**

Contact Officer: Vivienne Metcalfe, Area Community Development Lead (North). Tel: 0191

561 4577

Email: vivienne.metcalfe@sunderland.gov.uk

Item 4 Annex 1

North Sunderland Area Committee Work Plan 2019 – 2020

People

Actio	ons 2019/20		Due for Completion/ Implementation
1	Health and Wellbeing		
1.1	Members to be kept up to date with progress on the Parklife Football Hub at Downhill Sports Complex and discuss the potential for upgrades to the Downhill Wheeled Sports Park	Future People Board to discuss the potential of further upgrades after completion of the Parklife Football Hub.	2019/20
1.2	Develop proposals for the allocation of up to £25k funding from Public Health (requiring an equivalent match from SIB) to allocate on joint priorities in the North	 June Area Committee accepted £25,000 funding from Public Health and approved £25,000 Neighbourhood Fund match in order to fund health projects within the community July People Board received a presentation from Public Health on priorities for the area September People Board agreed a Call for Projects Brief for Activities for Young People which included an element of the Public Health and Neighbourhood Fund match November People Board considered proposals to deliver an Air Quality Monitoring Project in the North within the Public Health Funding available, full details included in Item 5 Annex 1 November People Board considered a Call for Projects Brief to deliver a Defibrillator Project within the Public Health Funding available, full details included in Item 5 Annex 2 	2019/20
1.3	Develop proposals for the allocation of £40k of CCG funding to be allocated on joint priorities in the North	 June Area Committee accepted £40,000 funding from Sunderland CCG and agreed to delegate the responsibility to oversee the development of a call 	2019/20

Actio	ons 2019/20		Due for Completion/ Implementation
		 for projects via small grants process July People Board received a presentation from CCG on priorities for the area. September People Board agreed a Call for Projects for the North Healthy Action in the Community Project. November People Board considered the applications received to deliver the North Healthy Action in the Community Project with recommendations included in Item 5 Annex 4. 	
2	Activities for Young People		
2.1	Deliver the Summer Fun School Holidays 2019 Project (£35,000 SIB approved on 21.3.19)	 A full programme of activities were delivered over Summer Holidays 2019 with projects overachieving the predicted numbers/attendances: 445 Attendances at provision in Southwick 649 Attendances at Beach Camp 59 Attendances at 6 sessions delivered at Monkwearmouth Academy 788 Attendances at provision at Dame Dorothy Community Hub 365 Attendances at provision in Redhill 349 Attendances at provision in Castle 220 Individuals attended Party in the Park at Hylton Castle 165 Individuals attended end of provision Beach Party. 	
2.2	Installation of Redhill Play Area (£40k SIB approved Oct 2015 to match to S106 and Community Chest)	Installation of Redhill Play Area commenced October 2019.	2019/20
2.3	Deliver and receive updates on the Safetyworks! Sunderland project (£5k SIB approved on 21.3.19)	The following schools and voluntary projects have engaged with the Safetyworks! Project – Fulwell Juniors, Northern Saints, Southwick Primary, St.	2019/20

Actio	ons 2019/20		Due for Completion/ Implementation
		Benet's Primary, St. John Bosco Primary, Town End Academy, Castletown Primary, Dame Dorothy Primary, Redby Academy, Southwick Neighbourhood Youth Project, Castleview Enterprise Academy.	
2.4	Deliver and receive updates on the Phoenix Project (£12k SIB approved on 21.3.19)	To date a programme has been delivered with attendees from the Beacon of Light.	2019/20
2.5	Develop proposals for the allocation of £20k for Youth Activities in the North	November People Board considered the applications received to deliver the Activities for Young People Project with recommendations included in Item 5 Annex 3	2019/20
2.6	Receive updates on the Pupil Places Planning and School Building Programme in the North	Updates to be provided as and when available to future Boards.	2019/20
3	Job Prospects and Skills		
3.1	Deliver and receive updates on the Wellbeing Works Project – (£17,415k SIB approved 7.06.18 and CLLD match of £29,025 secured)	The project continues to deliver support and training to deliver growth in self-confidence, social interaction and peer support to individuals with health and wellbeing issues in order to progress to further training, volunteering or into employment.	2019/20
3.2	Deliver and receive update on North REACT Project (£96,705 SIB approved on 7.06.18 and CLLD match of £195,457k secured)	Focus for North React has been the establishment and development of the Hylton Castle Commuity Opportunities Centre on the Hylton Castle Shopping Precinct with residents able to drop in to register for Employability Support.	September 2022
3.3	Deliver and receive updates on the Skilled Up – Hylton Castle Project (£24,864k SIB approved on 7.06.18 and CLLD match of £32,053 secured).	Due to significant delays to the opening of Hylton Castle and the project lead inability to deliver the project until Castle opening December Area Committee are to be requested to place this project on hold until the Hylton Castle Trust are in a position to move the project forward. Details included in Item 5 Section 2.6	2019/20

Actio	ons 2019/20		Due for Completion/ Implementation
4	 VCS Capacity Building - Continue to support the development and engagement with VCS organisations through the North Area VCS Network, to include:- Identify local solutions to local problems for referral to boards. Support and signposting on funding opportunities and the completion and development of funding applications. Support and sign posting for volunteer development. Continue to support organisations who deliver services and activities that benefit the community. 		
4.1	Continue to work with CAs to develop capacity as a community hub including:- a. Dame Dorothy Community Hub (Phase 2 funding of £20,000 SIB approved 21.03.19) b. Fulwell Community Library (a further £11,800 approved for Heating System on 21.03.19) c. St Bede's Community Venue – Venue Refurbishment Project (£25,000 SIB approved 05.03.18) d. Redby C.A., Thompson Park C.A., Castletown C.A., and Redhouse C.A.(Consider approval of £5,000 to each of the 4 Self Supporting CAs in the North)	 Dame Dorothy Community Hub now open and delivering services and activities to the local community. Fulwell Community library heating system installed with match funding from Gentoo. St. Bede's Community Venue refurbished and now open and delivering services and activities to the local community. September Area Committee agreed funding of £5,000 to each of the Self Supporting CAs in the North 	2019/20

Cross Cutting Priorities – People and Place

Actio	ons 2018/19		Due for Completion/ Implementation
1	Raising Aspirations and Making Positive Changes – Projects which will "Encourage and raise the aspirations of local people by providing them with support, activities and resources to make positive changes in their local area bring about behaviour change and reduce demand for services"		
1.1	Friends of Thompson Park & Southwick Partnership – Raising Aspirations and Making Positive Changes (a further £50,000 SIB aligned on 21.03.19)	 June Area Committee agreed £50,000 Neighbourhood Funding for the delivery of a further 2 year project 	2019/20
1.2	St. Peter's Youth and Community Partnership - Raising Aspirations and Making Positive Changes Project (a further £50,000 SIB aligned on 21.03.19)	 June Area Committee agreed £50,000 Neighbourhood Funding for the delivery of a further 2 year project 	2019/20
1.3	Raising Aspirations and Making Positive Changes in the Castle Ward (a further £50,000 SIB to be considered at a future board)	November People Board considered an application to deliver the Castle Raising Aspirations Project with a recommendation to be considered at December Area Committee details included in Item 5 Annex 1	2019/20
1.4	Raising Aspirations and Making Positive Changes in the Redhill (a further £50,000 SIB aligned on 21.03.19).	 June Area Committee agreed £50,000 Neighbourhood Funding for the delivery of a further 2 year project 	2019/20
1.5	Raising Aspirations and Making Positive Changes in the Fulwell Ward (a further £50,000 SIB aligned on 21.03.19).	 June Area Committee agreed £50,000 Neighbourhood Funding for the delivery of a further 2 year project 	2019/20
2.	Communication - Consider methods of sharing information in relation to the Area Committee, Place and People Boards and the North VCS Network		

2.1	Continue to provide content for the Vibe Magazine (£5k SIB approved 15.11.18)	• Content has been provided for two editions of the Vibe to date 2019/20	
2.2	Consider methods of communication to promote key messages from the North Area Committee, Place and People Boards and North VCS Network	November People Board considered a draft newsletter provided by Sunderland City Council Communications Service, members agreed to recommend to December Area Committee the development of a Call for Projects to the North VCS Network for the delivery of a leaflet/newsletter project in the North. Details of which are included in Item 5 Section 2.7	

NORTH SUNDERLAND AREA COMMITTEE

18th December 2019

EXECUTIVE SUMMARY SHEET - PART I

Title of Report:

Financial Statement and proposals for further allocation of resources

Author(s):

Assistant Director of Community Resilience

Purpose of Report:

Area Committee has delegated budgets to allocate to specific strategic priorities identified in the Local Area Plan, with the overall aim to benefit the wider community and to attract other funding into the area. The report provides a financial statement as an updated position on progress in relation to allocating Neighbourhood Fund (formerly Strategic Initiatives Budget), and Community Chest and presents proposals for further funding requests.

Description of Decision:

Committee are requested to:-

- (a) Note the financial statements set out in **Sections 2.1** and **3.1**.
- (b) Consider the approval of Neighbourhood Fund of £50,000 for the Castle Raising Aspiration Project Phase 2 as set out in **Section 2.2** and **Annex 1**.
- (c) Consider the approval of Neighbourhood Fund of £28,977 for the Southwick Village Green project this includes an additional £769 to add to the £28,208. aligned at September Area Committee as set out in Section 2.2. and Annex 1
- (d) Consider the approval of the North Air Quality Monitoring Application of £10,000 from the previously agreed Public Health and Neighbourhood Fund Project as set out in Section 2.2 Annex 1.
- (e) Consider the approval of the Defibrillator Project Brief and £10,000 from the previously agreed Public Health and Neighbourhood Fund Project as set out in Section 2.3 Annex 2.
- (f) Consider the approval of Neighbourhood Fund of £40,000 for the application submitted by Southwick Neighbourhood Youth Project Partnership for the delivery of the Youth Activities Project as set out in Section 2.4 and Annex 3.
- (g) Reject the applications submitted for the delivery of the Youth Activities Project from Everyone Active Aquatic Centre, Salvation Army and Sunderland Young Peoples Bike Project as set out in **Section 2.4 and Annex 3.**
- (h) Consider the approval of Neighbourhood Fund of £34,531.30 for the applications submitted for the delivery of the North Healthy Action in the Community Project as set out in Section 2.5 and Annex 4.
- (i) Reject the applications submitted for the delivery of the North Healthy Action in the Community Project from Impact NE, B Active B Fit, Everyone Active, Groundwork NE and Salvation Army as set out in **Section 2.5 Annex 4.**
- (j) Consider the approval of placing on hold the 'Skilled Up' Hylton Castle Project as set out in **Section 2.6.**
- (k) Approve the previously aligned £30,000 to deliver a Communication Project on behalf of Area Committee and delegate the responsibility to oversee the development of ideas and all Call for Projects to the North People Board as set out in Section 2.7
- (I) Consider the alignment of £35,000 of Neighbourhood Fund for the development of a School Holiday Activity Programme 2020 as set out in Section 2.8
- (m) Note the 14 Community Chest approvals supported from 2019/2020 Community Chest as set out in **Annex 5**.

Is the decision consistent with the Budget/Policy Framework?

Yes

Suggested reason(s) for Decision:

The Area Committee has an allocation of £392,495 for 2019/2020 from the

Neighbourhood Fund (Formerly Strategic Initiatives Budget) to promote action on key		
priorities identified in the relevant Local Area Plan and to attract other funding into the		
area. Area Committee has an additional allo	ocation of £20,000 to support Youth	
Activities in the area, £25,000 Public Health	Funds and £40,000 CCG Funds.	
Alternative options to be considered and	recommended to be rejected:	
The circumstances are such that there are r	o realistic alternatives that could be	
considered.		
Is this a "Key Decision" as defined in the	Relevant Scrutiny Committees:	
Constitution? No	·	
Is it included in the Forward Plan?		

18th December 2019

REPORT OF THE ASSISTANT DIRECTOR OF COMMUNITY RESLIENCE

Financial Statement and proposals for further allocation of resources

1. Purpose of Report

Area Committee has delegated budgets to allocate to specific strategic priorities identified in the Local Area Plan, with the overall aim to benefit the wider community and to attract other funding into the area. The report provides a financial statement as an update position on progress in relation to allocating Neighbourhood Fund (Formerly Strategic Initiatives Budget), and Community Chest funding in addition to presenting proposals for further funding requests.

2 Neighbourhood Fund (Formerly SIB)

2.1 The table below shows the financial position of Neighbourhood Fund for 2019/2020:

	Committee Date	Aligned	Approved	Balance		
	Total Neighbourhood Fund available for 2019/2020 is £392,495 plus a further £20,000 for Youth Activities, £40,000 CCG & £25,000 Public Health					
,	, ,	,		£392,495		
Castletown Scout Group	20.06.19	-	£5,632	£386,863		
Area Committee Communication Project	20.06.19	£30,000	-	£356,863		
Match funding to the £25,000 North Area Committee's Public Health Funding. To fund health projects in the community	20.06.19	£25,000	-	£331,863		
St Bede's Community Project additional funding	15.07.19 (Via Delegated Decision)	-	£5,662	£326,201		
North Area Enforcement and CCTV Project	14.08.19	-	£110,000	£216,201		
Returned Funding: Marley Park Lighting	(29.02.16)	-	(£20,000)	£236,201		
Returned Funding: Marley Park Play Area Swing	(29.02.16)	-	(£790)	£236,991		
Returned funding: School Holiday Activities Summer 17	(04.06.17)	-	(£432)	£237,423		

Returned Funding:				
Energy Audits for				
Community Facilities	(13.07.17)	1	(£3,263)	£240,686
Returned Funding:				
Summer Holiday				
Provision 2018	(07.06.18)	-	(£1,371)	£242,057
Southwick Illuminations	25.09.19	ı	£13,348	£228,709
North Self-Supporting				
Community Associations	25.09.19	-	£20,000	£208,709
Southwick Green				
Regeneration Plan	25.09.19	£28,208	-	£160,501
Vehicle Activated Signs				
(VAS) Project	25.09.19	£40,000	-	£120,501
Balance				£140,501

2.2 There are 3 applications to the Neighbourhood Fund presented to Area Committee for consideration detailed at **Item 5 Annex 1**

• Castle Raising Aspirations Phase 2 £50,000

• Southwick Village Green Project Phase 1 £28,977 (£28,209 previously

aligned - additional £769

required)

• North Air Quality Monitoring Project £10,000 (previously aligned)

- 2.3 In order to deliver to the previously agreed Public Health and Neighbourhood Fund Match Project North People Board have developed a Call for Projects Brief to deliver a Community Public Access Defibrillator Project with £10,000 budget, Area Committee are requested to agree the Brief as set out in **Annex 2**
- 2.4 September Area Committee agreed the Call for Projects and Neighbourhood Fund Match for the Activities for Young People Project with a total budget of £40,000. Four applications detailed in **Annex 3** were received and formally appraised and considered by the November People Board with the following recommended by the Board for approval:

a) Southwick Neighbourhood Youth Project – Partnership £40,000

The following are recommended by the Board for rejection:

a) Everyone Active Aquatic Centre £16,050
b) Salvation Army £5,000
c) Sunderland Young Peoples Bike Project £4,991.25

June Area Committee accepted a grant of £40,000 from the Sunderland CCG and agreed to delegate the responsibility to oversee the development of a call for projects to the North People Board. September People Board agreed the Call for Projects which was circulated to the North Voluntary and Community Sector Network to deliver the North Healthy Action in the Community Project. Thirteen applications detailed in **Annex** 4 were received and formally appraised and considered by the November People Board with the following recommended by the Board for approval:

a) All About You CIC	£4,950
b) Grace House NE	£4,115
c) Sunderland Community Action Group	£5,000
d) SNCBC – Fulwell Mill	£4,680
e) Sunderland Home Grown CIC	£4,996.80
f) SNCBC – Hylton Castle	£4,962.50
g) St. Bede's Community Venue	£4,467

Page 26 of 72

h) Southwick Neighbourhood Youth Project	£1,360
The following are recommended by the Board for rejection:	
a) Impact NE	£4,990
b) B Active N B Fit	£4,900
c) Everyone Active	£4,657
d) Groundwork NE	£4,424

£3,000

- 2.6 Due to significant delays to the opening of Hylton Castle and the project lead inability to deliver the project until Castle opening December Area Committee are requested to place the Skilled Up Hylton Castle Neighbourhood Fund & CLLD Match project on hold until the Hylton Castle Trust are in a position to move the project forward.
- June Area Committee agreed to align £30,000 in order for a communication project to be developed to promote key messages from the North Area Committee. November People Board considered newsletter proposals and recommend that Area Committee approve the previously aligned £30,000 and delegate the responsibility for the development of Calls for Projects to the North People Board. Projects developed in response to those calls to be presented to a future Area Committee for decision.
- 2.8 The People Board Workplan for 2019 2020 includes the priority Activities for Young People. In order to continue to support a school holiday activity programme 2020 Area Committee are requested to align £35,000 subject to a full application to be presented to a future Area Committee.
- 2.10 The total additional budget requested for allocation for the above projects is £85,769 if approved the balance of Neighbourhood Fund remaining would be £54,732.

3. Community Chest

e) Salvation Army

3.1 The table below details the Community Chest Ward starting balances for 2019/2020. **Item 5 Annex 5** shows the approvals supported between September to November 2019.

Ward	Start Balance for 2019/2020	Project approvals since April 2019	Grant Returned	Balance
Castle	£10,000	£6,346	£160.68	£3,814.68
Fulwell	£10,000	£5,820	£0	£4,180
Redhill	£10,000	£295	£0	£9,705
Southwick	£10,000	£6,823.40	£0	£3,176.60
St Peter's	£10,000	£6,315	£0	£3,685
Total	£50,000	£25,599.40	£160.68	£24,561.28

4. Recommendations

North Area Committee is requested to:-

- 4.1 Note the financial statements set out in **Sections 2.1** and **3.1**.
- 4.2 Consider the approval of Neighbourhood Fund of £50,000 for the Castle Raising Aspiration Project Phase 2 as set out in **Section 2.2** and **Annex 1**.

- 4.3 Consider the approval of Neighbourhood Fund of £28,977 for the Southwick Village Green project this includes an additional £769 to add to the £28,208 aligned at September Area Committee as set out in Section 2.2. and Annex 1.
- 4.4 Consider the approval of the North Air Quality Monitoring Application of £10,000 from the previous agreed Public Health and Neighbourhood Fund Project as set out in Section 2.2 Annex 1.
- 4.5 Consider the approval of the Defibrillator Project Brief and £10,000 from the previously agreed Public Health and Neighbourhood Fund Project as set out in Section 2.3 Annex 2.
- 4.6 Consider the approval of Neighbourhood Fund of £40,000 for the application submitted by Southwick Neighbourhood Youth Project Partnership for the delivery of the Youth Activities Project as set out in **Section 2.4 and Annex 3.**
- 4.7 Reject the applications submitted for the delivery of the Youth Activities Project from Everyone Active Aquatic Centre, Salvation Army and Sunderland Young Peoples Bike Project as set out in **Section 2.4 and Annex 3.**
- 4.8 Consider the approval of Neighbourhood Fund of £34,531.30 for the applications submitted for the delivery of the North Healthy Action in the Community Project as set out in Section 2.5 and Annex 4.
- 4.9 Reject the applications submitted for the delivery of the North Healthy Action in the Community Project from Impact NE, B Active B Fit, Everyone Active, Groundwork NE and Salvation Army as set out in **Section 2.5 Annex 4.**
- 4.10 Consider the approval of placing on hold the 'Skilled Up' Hylton Castle Project as set out in **Section 2.6.**
- 4.11 Approve the previously aligned £30,000 to deliver a Communication Project on behalf of Area Committee and delegate the responsibility to oversee the development of ideas and all Call for Projects to the North People Board as set out in Section 2.7.
- 4.12 Consider the alignment of Neighbourhood Fund of £35,000 for the development of a School Holiday Activity Programme 2020 as set out in Section 2.8.
- 4.13 Note the 14 Community Chest approvals supported from 2019/2020 Community Chest as set out in **Annex 5**.

Contact Officer: Vivienne Metcalfe, Sunderland North Area Community Development Lead 561 4577, <u>vivienne.metcalfe@sunderland.gov.uk</u>

NEIGHBOURHOOD FUND ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

Application No. 1

Funding Source	Neighbourhood Fund
Name of Project	Castle Raising Aspirations Phase 2
Lead Organisation	Sunderland North Community Business Centre

Total cost of Project	Total Match Funding	Total NF Application
£74,722.80	£24,722.80 (CLLD)	£50,000
Project Duration	Start Date	End Date
2 Years	March 2020	February 2022

The Project

The Phase 2 Castle Ward Raising Aspirations Project will continue the work of the phase one project which has successfully engaged organisations across the ward to work together into a 'hub' approach. It was originally proposed that the 'Hylton Castle Project' would be the hub for bringing organisations together however due to delays in capital works and the project commencement date being delayed, an outreach model of delivery has been adopted, mainly focusing on delivery in partner premises. Phase 1 has established robust partnerships with a number of local organisations, developing a joint approach to providing services of benefit for the local community and promoting the services they each offer. This includes delivering services with Bexhill, Castletown, Hylton Castle, Town End Fam and St. John Bosco School, Castletown CA, Hylton Castle Trust, Castle in the Community, Hylton Castle Project, Friends of Hylton Castle, Hylton Castle Mission, SNCBC, Gentoo, Place Management, Hylton Castle Working Men's Club and St Bedes Church and TEFRA

The Phase 2 Project will continue to work with all these partners and enable services to be delivered from organisations based at Castletown CA, St Bedes Church, local primary schools at Hylton Castle, Bexhill, Town End Farm, Castletown and Castleview schools and SNCBCs premises at Winchester House. The Hylton Castle Project should be complete later this year and as planned in Phase 1, will form the main hub of activity for Phase 2 of the Project. In order to develop this proposal, and ensure it responds to the needs of the local community, we have consulted with Councillors, partners and local residents accessing the current RA provision, young people in wider SNCBC and summer activities and through the ward Youth Forum, that has been initiated through the Phase 1 RA project, including a recent trip to Parliament. This is supported through comments provided on social media on the RA and SNCBC facebook accounts. We are currently engaging the local community into the recently restored 'Castle' and this is engaging a new cohort of local residents whose views will be gathered through a short questionnaire over the next six months to the end of the Phase 1 RA Project.

The main areas for action raised by the community continue to be to provide a safe and clean place to live and that engaging young people, encouraging positive behaviour and diversion from what is perceived as anti-social behaviour, is key to achieving this as is ensuring neighbourhoods are 'cared for' by carrying out environmental works and addressing fly-tipping and encouraging positive neighbourhood relationships.

The RA Project has developed joint working partnership with Hylton Castle Trust and are supporting the development of the 'Castle Offer' to ensure the heritage asset and project is embedded in the community. The Castle forms a natural 'local hub' providing access to green spaces and the play park and provides numerous opportunities for the whole community to engage in learning, volunteering and gaining new skills and this approach was the basis for a recent successful application to the Community Led Local Development fund. The project start has been delayed to reflect the later than anticipated opening of the Castle, but will be key to Phase 2 delivery.

The initial proposed phase 2 service delivery is founded on the principal of partnership working and is predicted to be:

- a weekly term-time toddler group at Castletown CA, encouraging new members and researching the opportunity for the group to progress to be independent.
- weekly ward based social isolation activity club held at St Bedes Church, The Castle, Mission or Castletown CA and expanding to link with such as Balmoral Court, Dodds Court and Castledene view care homes.
- weekly activity sessions for young people (play and youth) based at Winchester House, Castle building and grounds or other suitable venues such as a potential new young people's activity base.
- weekly targeted session with young people which may be specific activity to address ASB, alcohol and drug use or providing targeted project activity such as a music sessions, youth forum debates, sports activities or combine sessions to enable such as a residential for young people. The project has initiated work with young people in and around Hylton Dene through the Summer Activities 2019 and it is proposed to continue this detached and issue-based work to engage new young people in the Phase 2 project.
- developing a children and young people's facility in the Castle grounds and Dene
- carrying out local litter picks, carrying out environmental improvements at the Hylton
 Castle Dene and Castletown beck areas and responding to specific hot spot issues
 reported by residents and local partners, and developing the work on the previously
 documented Dene management plan provided to the Hylton Castle Project.
 Developing projects to plant flower beds and planters at Hylton Castle and other local
 organisations.
- Developing a diverse volunteering project to support the delivery of a range of social action projects which may for example support the capacity of a local organisation, engage residents in the heritage offer at Hylton Castle. We will encourage older young people to act as peers for younger children, the older community etc to overcome some negative perceptions of young people.
- Encouraging corporate volunteering with interest already secured from Sainsburys, Grundfos, Nissan and EE.
- partnering with ward events.
- support local groups to secure funding and explore effective charging policies to improve sustainability.
- working with visitors attracted to the ward to promote services available in the ward and encourage repeat visits to the area.
- developing the RA steering group further.
- information sharing and partnership working through improved use of social media and encouraging young people and local residents to support with sharing good news stories and administering the site.
- proactively marketing activities through our partners such as to young people through our joint working with local schools.

Recommendation - Approve - The People Board recommend approval of this project which delivers to the Raising Aspirations and Making Positive Changes Priority

Application No. 2

Funding Source	Neighbourhood Fund	
Name of Project	Southwick Green Environmental Improvements	
-	Phase 1	
Lead Organisation	Sunderland City Council	

Total cost of Project	Total Match Funding	Total NF Application
£28,977	£0	£28,977
Project Duration	Start Date	End Date
6 months	January 2020	June 2020

The Project

A range of environmental improvements are proposed to Southwick Green. These are proposed to address health and safety issues and ease ongoing long-term maintenance pressures. The improvements will result in a tidier, civic public space appropriate for current demands. The improvements are based around the existing site layout and site uses and in particular the listed war memorial and Thompson memorial. Proposals seek to be appropriate to the sensitive nature of the site and its cultural and historical importance.

The improvements aim to address the pressures on the space from adjacent land uses and seek to address issues regarding inconsiderate vehicle parking and access in the longer term. The proposals have been developed with existing uses in mind and will be delivered in 2 phases.

For phase 1 the proposals include removal of shrub planting, repainting of railings and Thompson memorial, removal of some railings, new gravel surfacing, bulb and wildflower planting, replacement of dead and struggling trees, installation of additional planters, laying of new lawn, installation of new memorial benches and the installation of a new mast.

Shrub planting is proposed to be removed as it has become overgrown and is a litter trap. Around the war memorial the planting will be replaced with new self-binding gravel surfacing. This will provide a potential area for new memorials (subject to statutory approvals) and will be easier to maintain. Adjacent to the existing café building shrub planting will be replaced with bark mulch surfacing, seasonal bulb planting and some herbaceous perennials. The bark mulch will provide a neat finish to this area and will be easier to maintain. Seasonal bulbs will be located within the mulch area to provide visual interest throughout the year.

Along the southern edge of the lawn, next to the existing railing, wildflowers are proposed. These are proposed to provide seasonal interest throughout the year whilst also improving the biodiversity of the site. Cut once a year, the wildflowers will provide ongoing interest every year. Around the centrally located Thompson memorial shrub planting will be replaced with new lawn. To improve connectivity through the space and to give the space more flexibility existing railings which sever the space are to be removed.

The listed memorial is to be shot blasted and fully repainted. This will help to restore the memorial and will remove layers of paint applied over the years. To carry out this sensitive work, specialist contractors will need to be appointed. Work will require listed buildings consent.

Railings are to be repainted and paving is to be cleaned. Planters are to be carefully located to inhibit inconsiderate car parking and dead trees are to be replaced. Around the war memorial 2 new memorial benches are to be installed. As part of the improvements a new mast is to be

installed in the western part of the site with tamper resistant features. This will require planning permission.

Due to the broad range of work required in a prominent urban location it will be necessary to ensure that all work is fully coordinated. Appropriate site management will be required to ensure that public access through the space and to the public toilets, post box and war memorial is provided during the works. This will require a competent contractor, authorised to work in the public highway, to manage the works and oversee the contract.

It is expected that the local community will be involved in the delivery of some aspects of the improvements and the long-term maintenance of the public space.

If successful with this funding application it is envisaged that final design proposals will be issued for tender at the start of 2020

Recommendation - Approve - This project delivers to the Heritage priority.

Application No. 3

Funding Source	Neighbourhood Fund	
Name of Project	Air Quality Monitoring Project	
Lead Organisation	Sunderland City Council	

Total cost of Project	Total Match Funding	Total NF Application
£10,000	£0	£10,000
Project Duration	Start Date	End Date
8 Months	January 2020	August 2020

The Project

It is proposed that specialist independent air quality consultants are procured to undertake a programme of air quality monitoring over a three-month period at a number of locations throughout North Sunderland during Summer 2020.

Specifically, monitoring will take place at total of 12 sites throughout the North Sunderland area; 4 located in either Town End Farm or Downhill; 4 within Castletown/Hylton Castle, and; at 4 additional sites located away from A19 and nearby industrial uses to provide a comparison of air quality levels. The far eastern boundary of North Sunderland (or alternative comparative area such as South Hylton) should be considered for this purpose and agreed with the Air Quality Consultants.

Continuous passive monitoring of nitrogen dioxide (typically associated with road and industrial uses), sulphur dioxide (typically industrial in nature) and Volatile Organic Compounds (associated with the use/spraying of paint and solvents) will be undertaken at each site for the duration of the monitoring programme. Passive monitoring tubes are small and unobtrusive such that deployment can take place without intrusion.

Tubes will be installed and collected by the specialist consultants every 5 weeks, and will be analysed and compared against relevant air quality objectives. It should be noted that there is no air quality objective or VOCs however the consultants will use appropriate accepted environmental criteria to compare the results.

In addition to the three-month passive monitoring survey, it is recommended that additional attended monitoring of both VOCs and possible odours be completed. Due to the requirement of four site visits to initially deploy and subsequently change the diffusion tubes three site visits can be completed, one at each of the areas where passive monitoring is being completed.

During each of the three days automatic VOC monitoring (using a pro portable handheld photoionization detector (PID)) and qualitative odour testing using an olfactometry test will be completed at a number of additional locations within each area to increase the number of overall monitoring sites, ensuring that the spatial resolution of the survey is increased.

Following the completion of all aspects of the monitoring survey, once all diffusion tube results have been received, a Technical Report will be completed. The Technical Report will include the methodology of the survey, the assessment of all results, and comparison, where applicable, with relevant standards and/or environmental limit values.

The anticipated cost for this service is likely to be in the region of £10,000 and will therefore be subject to the Council's procurement process.

Note in respect of Monitoring Locations

It is recommended that four locations within each of the three areas are initially proposed by Councillors and agreed with the consultant. Following the agreement of the three-month monitoring sites further locations are to be recommended by Councillors and discussed with the consultants in terms of the attended monitoring to be completed.

Recommendation – Approve – The People Board recommend approval of the project which delivers to the Health and Wellbeing Priority

North Sunderland Area Committee - Defibrillator Project Project Brief

CALL FOR PROJECTS

North Area Committee would like to invite North based Voluntary and Community Sector (VCS) groups to submit an application to deliver the North Defibrillator Project.

North Area Committee wishes to see proposals which address the Area Committee's priority of Health and Well Being as well as Public Health priorities. Applications will be considered from VCS groups who have a Management Committee, constitution and bank account with dual signatories. VCS groups must adhere to accounting requirements in accordance with the Companies Act.

Introduction and Background

In recognition of the Sunderland Adult Lifestyles Survey, Sunderland Public Health Service have allocated funding to the Area Committee to enable the Committee to fund Health Projects within the community. In June 2019 Area Committee agreed to accept the allocation and also agreed to align Neighbourhood Fund resource as match.

July 2019 People Board received a presentation from Public Health in order to inform the decision making on allocation of funding to the community this presentation detailed the Health Wellbeing Board Priorities:

- Alcohol Harm
- Smoke Free Sunderland
- Healthy Economy
- Best Start in Life
- Adolescence 11 19
- Mental Health and Wellbeing
- Healthy Weight

September 2019 and November 2019 People Board considered proposals for a project to deliver Public Access Defibrillators (PADS) across all five wards within the North.

Project Outcomes

North Area Committee is seeking applications which will:

 Install on local community buildings across the wards of Castle, Redhill, Fulwell, St. Peter's and Southwick Public Access Defibrillators (PADs) a portable electronic device that can automatically detect and diagnose potentially life threatening cardiac arrhythmias - in which the heart is active, but in a life-threatening, dysfunctional pattern - and apply electrical stimulation

- which stops the arrhythmia, allowing the heart to re-establish an effective rhythm. AEDs are not designed to shock asystole as this will not have a positive clinical outcome.
- Evidence liaison with support mechanisms already in place such as The Community Heartbeat Trust www.communityheartbeat.org.uk who have extensive information and support available on community public access defibrillators and how to access funding in order to support installation
- Evidence liaison with Cardio Proof in order to identify the potential of match funding to this project- www.cardioproof.com
- Evidence knowledge of location of existing PADs
- Once installed those who have led on the installation will be required to register location on the following site in order to ensure an up to date mapping is in place http://www.heartsafe.org.uk/AED-Locations
- In addition Apps are available via App Store where information can be added and local community can access these. Examples include:
 - St. Johns Ambulance Save a Life App
 - Defiblocator App
 - Staying Alive App

Budget:

The total budget available for this Call for Projects is £10,000. This is the total amount available therefore we would expect applications to be for no more than £1,000 and would welcome applications that have identified potential match. In addition it is hoped that this project will provide 2 PADs per ward.

Assessment

Each project application will be assessed against set criteria. The results of that assessment and NF consultation will be presented to the next available People Board with recommendations to be made to the March Area Committee

Timescale

Deadline for applications for Call for Projects	xxxxxx
Assessment by	xxxxxx
Award of grant	19.03.2020

Next steps

Please contact Vivienne Metcalfe at <u>vivienne.metcalfe@sunderland.gov.uk</u> or on 0191 561 4577 to request an application pack.

The deadline date to return the completed application with any necessary supporting documents is **xxxxx**

Queries

If you have any questions regarding the application process or you require any advice on the development of the project please do not hesitate to contact Vivienne Metcalfe on 0191 561 4577 or on vivienne.metcalfe@sunderland.gov.uk

Recommendation – The People Board recommend approval of the Call for Projects which delivers to the Health and Wellbeing Priority.

NEIGHBOURHOOD FUND

ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

Application No. 1

Funding Source	Neighbourhood Fund	
Name of Project	Activities for Young People, Sunderland North	
Lead Organisation	Southwick Neighbourhood Youth Project	

Total cost of Project	Total Match Funding	Total NF Application
£46,500	£6,500	£40,000
Project Duration	Start Date	End Date
One Year	January 2020	December 2020

The Project

The outlined project is designed to develop and deliver a programme of activities for young people across the whole of north Sunderland.

Five organisations will work together – Sunderland Community Action Group, North East Sports, I Am Sports, Sunderland North Community Business Centre and Southwick Neighbourhood Youth Project; who will coordinate and lead on the project.

This way of joined up working will ensure that we do not duplicate any of the work and it will allow us to meet all of the needs and issues that the young people in our communities present - we will be able to address these collectively using our combined strengths, expertise and resources where they are best served.

The five named organisations each have bases within the wards where activities will be delivered from. They also each have a successful track record of delivery and a history of working with young people with positive outcomes and impact. They are well known amongst the population of young people and trusted as places where they will be safe.

Providing safe spaces for young people, and youth work sessions where issues can be explored can have a positive impact on mental health and emotional well being.

A report, commissioned by the House of Commons, and published earlier this year, recognises that the current mental health services for young people are failing, with only 3 in 10 receiving NHS funded treatment. The report also states that 1 in 8 young people have a mental health disorder. Shocking statistics like these are unfortunately what we come across in our work, and they are becoming more common place. We understand that we have a vital role to play in helping young people and we have a variety of strategies that we would like to utilise more across the next 12 months in order that we have a greater impact and positive difference in the lives of young people;

We would like to have activities that improve the diet of young people – having a healthy and balanced diet can have a positive impact on our emotional well being. We will work with young people to plan healthy eating programmes, these will be focused around education and cooking; and using local stores and low cost ingredients to compile recipes that are healthy, manageable, in budget and able to be took home. The young people we work with enjoy these types of activities, and cooking a meal together, sitting around a table is a good opportunity to build up relationships and create memories and friendships.

Part of our delivery will focus around music too, working alongside Sunderland Music hub to bring young people together once a week, working to create individual and group pieces. Music has been found to have a positive effect on emotional health and gives young people a creative outlet. It is another diversionary activity that we will be able to provide and it will allow us to meet the identified interests of young people.

The project will also work to improve the self esteem of young people; those with a high self esteem are known to be less likely to suffer mental health issues or have a negative image of themselves. Our activities and programmes work to show the young people that they are valued, that they matter and that there is a service – and adults that care about them and their well being. We will engage the young people in learning around social media, stereotypes and expectations and body image. We will work to show them what healthy relationships look like, within family, peer groups and intimate – helping them to realise that surrounding themselves with people who are positive about them will assist in positive mental health.

We want to create a culture where young people can share what is on their mind – talk about what bothers them, their fears and anxieties about life. By having this culture in our organisation young people will share more and we will be able to offer early interventions. We already have access to a great number of young people and we will be able to offer interventions to those who need it. This will reduce the number of people we have to refer to external services. In Sunderland, there is currently a 20 week waiting time for a young person to see a counsellor; we would hope that our service could help to reduce that, and we will, of course, share best practice with other organisations in the city, especially what works well and helps to make a difference to mental health and well being.

We would also promote exercise using a range of fun activities designed to improve the fitness of young people, exercise is also important when maintaining good emotional health and well being, also helping to improve self esteem, and reduce depression. The young people will have the opportunity to build their confidence and try out activities that are often denied to them due to the usual cost. Our programme will also look to the future and we will work with Everyone active to introduce the young people to the services that are on their doorstep, we will talk to the young people, find out what their interests are and encourage them into a more active and healthier lifestyle.

Many of the youth work sessions we deliver will also be focussed around identified issues, determined via statistical data from public health but verified by young people through the conversations we have with them. We have a wide variety of skills and training to allow us to effectively support young people with these issues, including Mental Health First Aid, Youth work, sports coaching, sexual health, substance misuse, first aid, safeguarding, health champions, suicide prevention, teaching, smoking cessation, gambling awareness, etc.

A piece of work will be carried out in St Peter's where Youth workers will also work alongside and support young people to develop a range of informal educational booklets and posters which will highlight and address current issues: Sexual health, Teenage pregnancy, Smoking, and Drug & alcohol misuse; and offer signposting and referral pathways for young people.

Once complete these booklets and posters will be made available to local schools, Youth groups and other community venues across the north area of Sunderland which will extend their reach and impact.

Within all of the youth work sessions we will encourage young people to be natural leaders and nurture their involvement to become peer educators or to take on a more active role perhaps as part of a youth council.

The work will be coordinated and we will have delivery on each weeknight, this will mean if the young people want to visit five different projects they can do so without missing out on one, it also

means we can work together and share resources to bring young people along to the different aspects of the project – or signpost to services such as C Card or smoking cessation.

A timetable of delivery is set out below:

DAY	ORGANISATION	VENUE
Monday	SCAG	Dame Dorothy Hub - 2 hour session - inc C Card access
Tuesday	SNCBC	Winchester House - 2 hour session - inc C Card access, smoking cessation
Wednesday	Fulwell	Fulwell Library - 2 hour session
Thursday	Redhouse	St Cuthberts - 2 hour session
Friday	SNYP	SNYP - 2 hour session - inc C Card access

The above timetable would complement other youth activities that are offered and run alongside a wider programme. We would also continue to provide separate and more comprehensive activities during school holiday periods.

The main focus of the partnership aspect will be for the five named organisations to work together and coordinate a programme of activities for young people, we will meet regularly to share best practice, resources and discuss emerging themes and how to best address them. We are confident that our collective approach will avoid duplication and offer a wider mobility to our young people.

Our history and willingness to work with others for the benefit of young people means we have built up strong networks across the city and can call on specialist services when needed. We will continue to work with Sunderland C Card to offer delivery outlets in our communities so young people can access the service when they need to. We will also take advantage of their free training to upskill staff members and better equip ourselves to help drive down teenage unwanted pregnancy in the area.

We can refer into B 2 B for young mums, and North East Young Dads and Lads for the young dads we may come across – these two specialist organisations can work with young parents on a range of issues and offer support.

We can have YDAP visit the youth sessions and deliver workshops and presentations to the young people around drug and alcohol misuse, and we can also refer into YDAP for any young people who may need one-to-one support and interventions for addiction.

We have good relationships with other organisations in the area such as Sunderland Carers Centre, Sunderland Mind, Headlight, Sunderland counselling service and Sunderland Safeguarding Children's Board.

We have set aside an amount for leaflets which will be printed and then given to the five partners for dissemination in their communities. We also recognise the great number of people who engage with our services via social media, collectively we have over 9000 members/followers and this has potential to reach thousands more via facebook ads which cost less than £5 a time, so we propose 10 of these over the course of the project to ensure as many young people as possible know about what is on offer. Both the leaflets and ads will clearly display acknowledgement of Sunderland City Council North Area Committee

Recommendation - Approve - The People Board considered the results of the formal appraisal and recommend approval of the application which delivers to the Activities for Young People and Health and Wellbeing Priorities

Funding Source	Neighbourhood Fund	
Name of Project	Youth People Project Sunderland Aquatic Centre	
Lead Organisation	Everyone Active Sunderland Aquatic Centre	

Total cost of Project	Total Match Funding	Total NF Application
£19,950	£3,900	£16,050
Project Duration	Start Date	End Date
One Year	January 2020	December 2020

The Project

The project that we will outline below will be run by ourselves but we want to make clear that we believe this can be a large project which can include all VCS Network members. We want to make it a strong collective focus in terms of finding the correct participants to take part in this project, what a great thing for current youth providers in the area to be able to signpost the young people they engage with to!

We believe that through our innovative project which we will outline below we will meet the area priorities including:

- Addressing Mental Health Issues
- Building Emotional Resilience
- Peer Support and Mentoring
- o Providing a Safe and Supported Environment for young people to meet

We also believe that by giving something structured, exciting and new to do, particularly on a Friday evening we will be able to address the joint public health/area committee priority of reducing alcohol related hospital admissions in those under the age of 18 through our diversionary activities.

We would like to run 10 x 5 week projects for 10 young adults aged 14-18 per project, so 100 14-18 year olds will be a beneficiary of the project in total. Following on from the initial 5 weeks each participant will receive a free 6 month Everyone Active membership to sustain their activity. We envisage this being 2 projects per ward, so 20 participants from each ward in total. We will run no more than two five week programmes at a time and the next two will directly follow on from this and so on.

The first 5 weeks will be an opportunity for the participants to access one instructor led small group training class and one free swim per week for five weeks. It is during this initial period where we envisage that peer groups will be formed, making the draw of coming to the sessions stronger.

Following on from this initial 5 week period is when they will receive their free 6 month Everyone Active membership. At this point they will also be able to nominate a friend outside of the project to receive a free 14 day gym pass to accompany them along, it is through this method we believe we can attract more than the stipulated targeted outputs.

We believe through this project we have provided a creative and innovative programme of activities which is outside of, as well as anyone else's, our core offer.

The outcomes are achievable and the activities have been based around consultation with young people and discussions with community groups who provide for young people in the area. It was noted that a leisure centre was seen as a positive and safe environment for young people, although not always accessible so this will help to break down the barriers. It is hoped that through word of mouth to their peer groups we will see even higher outputs with this age group in the future.

We see this as a clear gap that we are looking to fill in terms of a sustained physical activity project for a now very image conscious teenage generation. We will look to work with schools, vcs groups and speak with groups who already hang out around our centre using us for our free wifi and heat.

We will use our links between Sunderland Aquatic Centre and the local vcs network groups and local Primary Schools to ensure our marketing reaches the targeted groups. We will also look to work with the local NHS to help us identify our targeted participants. Due to the nature of this project we envisage it being extremely popular with residents.

We will utilise a mix of posters, flyers and social media to target this particular age group and their parents.

Funding Source	Neighbourhood Fund	
Name of Project	Southwick Kids Alive	
Lead Organisation	The Salvation Army	

Total cost of Project	Total Match Funding	Total NF Application
£8,000	£3,000	£5,000
Project Duration	Start Date	End Date
Unknown	January 2020	Not Known

The Project

As a local Community organisation, working in what has often been deemed as "hard to reach" families, our aim is to build a project that includes not only the young people, but families, encouraging parents/children to come together.

We do this in a variety of ways, using both onsite activities, but also give the families the opportunities to explore different areas and cultures.

Our Kids Victory Programme, is a cooking programme that builds on the skills used during War times, using modern day ingredients, to make a healthy family meal, with the tools as set out within war time rationing.

Alongside this healthy cooking, time is taken to look a budgeting, teaching not only the youngsters - using the funds they have to buy sweets etc, or for parents family budgets and by sitting and working through this, how they can save money with just a few changes. How by saving just a few coins a week, this mounts up over the weeks until you can purchase something really special.

This gives the families and young people a sense of achievement, of cooking a meal from scratch, seeing the end result and taking it home to enjoy with the rest of the family.

Alongside the cooking, it's good for families to spend time outside of their normal habitats, to see that there is life beyond Southwick. To go on days trips to various places within the region, opportunities to experience/explore and complete new challenges and to meet/make new friends.

Again these experiences helps build their self esteem, helps with their mental health wellbeing and gives them an opportunity to have fun alongside learning about the different areas within our region.

Finally it is always good to bring Communities together, building on partnerships and links, we do this through the avenue of Community Events, again offering opportunities to see what's on offer within the City - sharing information, information on health issues for both adults/children, experiences of different cultures etc.

Throughout all these activities, we have the children/families at the heart of everything we do, we aim to ask them what they would like to experience and we try to do our best to fulfil their wishes.

Funding Source	Neighbourhood Fund	
Name of Project	Activities for Young People	
Lead Organisation	Sunderland Young People's Bike Project	

Total cost of Project	Total Match Funding	Total NF Application
£5,481.25	£490	£4,991.25
Project Duration	Start Date	End Date
11 Months	February 2020	December 2020

The Project

We will work in partnership with SNYP, SNCBC, Salvation Army and all primary and secondary schools throughout the North area to engage young people of all ages in a recreational sporting activity, develop community cohesion and promote health and fitness and improve mental health and well-being. We will provide 4 cycle rides services/activities per ward not only to underprivileged and marginalised groups but all young people and children whose lives will greatly improve by having accessible and sustainable cycling experiences and out of centre visits

The sessions will provide young people of all abilities develop or increase cycling activities, whether it's to learn a new skill, cycle with family, commute, save money or get fit. Consultation will take place to identify the type of cycling activities young people want to participate in whether it be gentle coastal bike rides or more taxing rides on Mountain Bike tracks in designated areas often over rough terrain throughout the local area and beyond, to develop endurance, core strength and balance, bike handling skills, and self-reliance. We will promote outdoor activities at local attractions i.e. Hamsterley Forest and Chopwell Woods delivering a range of activities such as den building, orienteering, play and activity trails and treasurer hunts. These out of centre activities will encourage young people to try new experiences, develop and sustain an interest in a sporting leisure activity to develop their health and fitness and improve mental health and wellbeing, create a sporting discipline for life and develop an interest in the local environment and experience visiting different areas away from the estates.

In addition to the bike rides we will provide one drop-in session a week for young people to learn how to maintain and repair their own bike, check tyre pressures and test brakes and provide resources to do so.

We will work with younger children and their families to encourage social interaction and safe cycling using new and existing locally recognised routes, making young people road worthy and confident. The park café will provide nutritional well balance ingredients for young people to prepare and make their own packed lunch, they will be encouraged to experiment with new foods and explore different tastes and learn where foods come from. The programme will tackle food poverty, help alleviate the pressure on families during holiday periods to provide additional food and recreational activities. Participation will improve young people's nutrition and wellbeing, reduce financial and emotional strain on families and address obesity and poor mental health.

Sunderland Young People's Bike Project have delivered a range of holiday and Play Ranger provision in Thompson Park, supported by the City of Sunderland. We successfully provided a diverse programme of activities for young people to participate in sports and environment projects helping them take ownership and pride in the park. We will use lessons learn from this programme to develop additional activities to continue to engage those who participated in this programme. We will display and promote literature and contacts details regarding existing provision in the ward and resources and services available.

All SYPBP instructors are all qualified Mountain Bike Leaders and have years of experience working in youth work, they have the knowledge and experience of working closely with young people, acting as a confidant and role model. The have all completed Safeguarding Training and know the signs and symptoms for which to look out for, when working with troubled young people. They are aware of the protocol to follow and the level of reassurance appropriate to give. They are aware of the range of services available to provide specialised support and information.

NEIGHBOURHOOD FUND

ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

Application No. 1

Funding Source	Neighbourhood Fund	
Name of Project	Redhill Man Club	
Lead Organisation	All About You North East CIC	

Total cost of Project	Total Match Funding	Total NF Application
£7,990	£3,040	£4,950
Project Duration	Start Date	End Date
One Year	January 2020	January 2020

The Project

Redhill Man Club

We look to launch a club for men which will addresses mental health issues and the increasing incidence of male suicide. The Office for National Statistics latest data on suicide in the UK shows that the highest incidence of suicide is in the North East and seen a large increase over 2017. Nick Stripe, head of health analysis and life events at the ONS, said: "We saw a significant increase in the rate of deaths registered as suicide last year"

The main age groups this affects is middle aged men and just recently there has been incidence of suicide in our area. Males aged 45 to 49 years had the highest age-specific suicide rate (27.1 deaths per 100,000 males) but rates among the under 25s have generally increased in recent years as well.

The report from the ONS said while it has been known for years suicide is a gender and inequality issue there is still no plan across the Government to reach those in need. This has to stop and we need to take action.

The proposed group would meet once per week for 2 hours and the funding would allow us to run this club for an initial 12 month program. Groups will revolve around a non judgemental, open minded approach encouraging males of all ages to speak out amongst friends and residents in their own community. Sessions will be informal and open to all and will offer a chance to chill out and relax in a safe place but also with the option of an engaging physical activity such as football/walking football, archery, fencing etc.

We will be working in partnership with the Downhill Hub and we will also be utilising their centre for the physical aspect of the group. We will also utilise the facilities at Downhill Hub for everything from jumpers for goal posts to plans for the group to run a sports day event as a fundraiser fr mental health charities. This aspect was considered important during discussions with residents about this group, they were very clear in their desire to give back.

Physical activity and exercise have long shown a positive affect towards mental health and evidence has shown that physical activity can benefit those suffering from PTSD and trauma, depression, anxiety, stress and ADHD. Physical activity also gives benefits to sharper memory and thinking, higher self esteem, better sleep, more energy and stronger resilience.

We also would include day trips out for attendees of the club including a day trip to a shooting range and the others to be decided by themselves. This helps build confidence, camaraderie, team building and a chance to have a break from the norm. Further to this we have enquired to Sunderland AFC as they offer free tickets to groups such as this.

We will engage similar groups in the city such as Veterans In Crisis and Sunderland Music Hub to bring music therapy activities back to the North as this has also been shown to have positive affects on mental health also.

These plans and sessions are build around feedback and evidence and falls in line with guidance from Public Health England in their State of the North East document where they stated "A more integrated approach to population health, tackling the determinants of poor physical and mental health, is required". These healing tools will make up the main structure of the group and it's sessions.

We will be working closely with Downhill Hub as a partner organisation and the Hub have expressed a desire, if successful, to see these groups running at their other new centres in Sunderland in Ford and Washington.

We will also work with IMPACT North East and their S.W.A.G.E.R group to ensure no duplication and also access to specialist staff who will attend these new sessions also

Recommendation - The People Board considered the results of the formal appraisal and recommend approval of the application which delivers to the Health and Wellbeing Priority with the following condition:

• The project engages with Northumbria Police and Tyne & Wear Fire and Rescue to ensure they can promote the project to potential beneficiaries.

Funding Source	Neighbourhood Fund	
Name of Project		
Lead Organisation	Grace House NE	

Total cost of Project	Total Match Funding	Total NF Application
£5,805	£1,690	£4,115
Project Duration	Start Date	End Date
One Year	January 2020	January 2021

The Project

The project will provide a programme of activities for young people with SEND (age range 13 to 21) that will improve mental health and wellbeing, addressing issues at the earliest stage (particularly with mental health) reducing social isolation and loneliness. The programme will consist of weekly 2-hour sessions during the year of the project and will include mindfulness, health and nutrition, art and music therapies and some physical activities. The sessions will be outside of school hours or during school holiday periods. Grace House participated in the City-wide consultation for CYP with SEND, we are using the data from that as the basis to develop this project along with discussions from the Interagency Strategic Group. The project will be delivered at Grace House, those involved in the consultation stated that they do not feel comfortable in mainstream settings, preferring community venues. The session will include some free time to socialise and to have healthy snacks or light meals together. The CYP stated that their anxiety often makes them feel socially isolated and reticent to go out. Where it is found that participants have depression or other long-term mental health conditions, they can be referred to One Place Your Space project at Grace House for counselling or other support service offers. The project will support 15 to 20 CYP with SEND from the North area of the City and will achieve the following outcomes:

- Improve the emotional resilience of 15 to 20 CYP with SEND through participation in this project
- Reduce social isolation by bringing CYP together in an informal setting where they will have the
 opportunity to socialise, have peer support and form friendships.
- Reduce inequalities for CYP with disabilities through access to a programme that will be free of charge (costs of activities have been cited as a barrier)
- Improve overall health and wellbeing through delivery of bespoke activities that address health and nutrition, physical exercise as well as build confidence and self esteem
- Physical activities will promote positive behaviour changes as an early form of prevention (obesity and associated long term health conditions can be an issue with CYP with SEND)

Southwick ward has some indicators of severe deprivation: 87% with poor health indicators compared to 19.8% in England, 29.8% children living in poverty compared to 14% in England, 46.3% have no car compared to 25.8% in England. These are some of the indicators we need to improve upon. (OCSI – Community Insight May 2019). We will measure the outcomes through informal feedback such as comments and discussions from project participants, as well as more formal feedback.. We use the Warwick -Edinburgh Wellbeing Scale at beginning and end of interventions to measure mental health and wellbeing. We use the YP-Core form and where communication is difficult, we use the sad/smiley face evaluation tool. We encourage and support participants to write their case studies and personal histories, we also use photographs and video clips (with permissions) We work in partnership with City of Sunderland College, Portland and Sunningdale Academies, and Barbara Priestman who all refer CYP with disabilities to Grace House and will support delivery of this project. We work with Sunderland Carers who provide sibling support for the One Place Your Space Project and Springboard who refer CYP with disabilities to the Volunteer Plus project and the CRT project #Skills at Grace House. We work with the WEA to deliver activities and courses for families during school holiday periods. Keep Active have delivered courses specifically designed for CYP with disabilities such as health and nutrition and will support delivery of this project. We work in partnership with HOPS on the Wellbeing Works project to support people into volunteering and employment. We work with Friends of Thompson Park and Home-Grown CIC to promote opportunities for CYP with disabilities and with People First. Grace House specialises in support services for CYP with disabilities, across age range 0 to 25 years of age.

Recommendation - The People Board considered the results of the formal appraisal and recommend approval of the application which delivers to the Health and Wellbeing Priority.

Funding Source	Neighbourhood Fund	
Name of Project	On Your Bike	
Lead Organisation	Sunderland Community Action Group (SCAG)	

Total cost of Project	Total Match Funding	Total NF Application
£8,200	£5,000	£3,200
Project Duration	Start Date	End Date
One Year	January 2020	December 2020

The Project

The "On Your Bike" scheme will offer older people the opportunity to ride a bike for free supported by our qualified staff team. If a client isn't confident about riding a bike, that's not a problem as we can arrange a cycle plan, training programme & Support to make this happen. If a client hasn't been on a bike in a very long time or may have never ridden a bike before we can help and support clients to achieve it. We have a wide range of cycles to suit all abilities, our cycles are fully maintained to a high standard and are designed to offer a pleasant cycling experience. For those who need added support we can provide a fully qualified "Bike Buddy" to ride along with them. This can be done on a single setter cycle or on a two-setter tandem cycle. Our bike buddy will support the client while cycling, building a one-to-one supportive relationship, while encouraging the client to improve their overall confidence, fitness, health & wellbeing. We can also provide fixed training cycles housed at the Cycle Hub. Fixed cycles are a great way to learn to ride a bike building confidence before the client advances to a moving cycle outdoors.

Cycling is:

- Low impact it causes less strain and injuries than most other forms of exercise.
- A good muscle workout cycling uses all major muscle groups as you pedal.
- Easy unlike some other sports, cycling does not require high levels of physical skill. Most people know how to ride a bike and, once you learn, you don't forget.
- Good for strength and stamina cycling increases stamina, strength and aerobic fitness.
- As intense as you want cycling can be done at very low intensity to begin with, if recovering from
 injury or illness, but can be built up to a demanding physical workout.
- A fun way to get fit the adventure and buzz you get from coasting down hills and being outdoors
 means you are more likely to continue to cycle regularly, compared to other physical activities that
 keep you indoors or require special times or places.
- Time-efficient as a mode of transport, cycling replaces sedentary (sitting) time spent driving motor vehicles or using trains or buses with healthy exercise

Our scheme will:

- Promote independence, improve health and encourage an active lifestyle.
- Improve fitness which will improve health & wellbeing
- Prevent or delay more expensive forms of intervention
- Promote positive mental health
- Reduce social isolation and help build confidence and self-esteem
- Signpost people to other organisations for information and services

This program will offer one free cycling session per week x 50 weeks per year for older people who may have a range of health needs. Sessions will be delivered from our St Peters Cycle & Sports Hub in St Peters ward. We will Utilise the River Wear sculpture trail and surrounding area, offer an amazing opportunity for cyclists to get out and about and enjoy the open air in fantastic surroundings. Clients can contact us direct or be referred via a partner organisation.

SCAG already have a strong working relationship with its "Raising aspirations" partners across the north. Our partners include "SNCBC, Northeast Sports, SNYP and I AM SPORTS". We have also delivered a

range of services and support to other likeminded organisations across St Peters ward, including Forget me knot CIC, Roker URC, St Andrews Church, Friends of Roker Park, CEED, Enon church, Social Chef and Media Savvy. We have also built up a strong working relationship with Dame Dorothy school which resulted in a new Youth & Community Hub opening in St Peters ward in the Summer of 2019. We would also welcome the opportunity to support and promote a range of CCG Health Priorities across the North, including referrals from other partner organisations linked to the North Healthy Action in the community scheme.

Recommendation - The People Board considered the results of the formal appraisal and recommend approval of the application which delivers to the Health and Wellbeing Priority.

Funding Source	Neighbourhood Fund	
Name of Project	Volunteering at the Mill	
Lead Organisation	Sunderland North Community Business Centre	

Total cost of Project	Total Match Funding	Total NF Application
£6,480	£1,800	£4,680
Project Duration	Start Date	End Date
One Year	January 2020	December 2020

The Project

SNCBC propose to engage local residents to encourage them into activities taking place at Fulwell Windmill with the hope that they will progress into volunteering at the site. We anticipate engaging 30 people of which 12 will progress to formally register as volunteers. The project directly contributes to the CCG priorities of social isolation, loneliness and improving health through companionship and increasing physical activity. The target group are likely, but not exclusively, to fall into categories such as the elderly, retired and those who are unemployed and/or suffered health issues.

The project will enable participants to attend a weekly support session at the Mill to explore such as gardening, planting, drawing, reading and simply socialising by discussing the heritage and sharing memories of the area. We hope participating in those activities will then enable them to explore more structured volunteering options such as tour guiding, promoting the site to local schools and businesses, supporting events and family activities as well as supporting the maintenance of the Mill structure.

The project will be promoted to local health services and GPs with the aim of encouraging 'social subscribing' as part of its engagement model. Also the project has been designed to be delivered over a number of weeks to have a lasting impact on the people who attend and allowing time to build confidence and progression at a rate appropriate to each individual. We will encourage existing participants to buddy new members and extend their social circles and we will also work with our existing volunteer base to develop their skills, and in turn confidence to be able buddy other residents to attend the 'Volunteering at the Mill' project. As participants progress within the project they will be made aware of wider services for their benefit and supported to engage with such as the Health Champions, smoking cessation support, weight management and healthy eating support at our onsite tearooms and engaging with Everyone Active activities.

This application seeks to cover the costs of sessional support worker time to engage participants, deliver weekly sessions, train buddies, deliver specialist sessions and develop appropriate volunteering opportunities primarily at the Mill site but also within the wider North Locality.

Fulwell Mill and tearooms have recently been renovated following a partnership approach between Sunderland City Council, local residents and SNCBC. This proposal builds on those working agreements and also compliments, and does not duplicate, the work of the Southwick Raising Aspiration Project, led by SNYP with whom we have discussed this application. The project seeks to forge further partnership working with local residents and improve access for such as local schools, families and regional and national visitors.

Recommendation - The People Board considered the results of the formal appraisal and recommend approval of the application which delivers to the Health and Wellbeing Priority with the following condition:

• Consideration is given to address any transport challenges for those who wish to participate in the project.

Funding Source	Neighbourhood Fund	
Name of Project	All Grown Together	
Lead Organisation	Sunderland Home Grown CIC	

Total cost of Project	Total Match Funding	Total NF Application
£5,996.80	£1,000	£4,996.80
Project Duration	Start Date	End Date
Six Months	January 2020	June 2020

The Project

The purpose of Sunderland Home Grown CIC is to change the lives of people with disabilities and barriers, living in Sunderland so they can lead a more active life, develop their skills and confidence, and become a greater part of the community.

We are wanting to provide 3 days' support over a 26 week period for 30 individuals. Over the past 3 years we have successfully developed our site and activities to include amenity horticulture, production horticulture, training and delivering certificated training. SHG works in partnership with Friends of Thompson Park, Friends of Fulwell, local councillors especially Southwick ward, NHS and many other groups in the Sunderland area.

This project will address an identified gap in services by engaging with individuals whose circumstances are being adversely affected by issues such as the welfare reform, health issues, unemployment, poverty and lack of opportunity. We currently have funding to support 66 individuals from the most deprived areas of Sunderland through the CLLD funding, but we have identified a need for similar support for those with identical issues but post code falls outside the funding areas. We have had many vulnerable adults from Fulwell and Roker areas that cannot access CLLD support. Also SHG will continue to offer support to those leaving the CLLD programme that are wanting to continue to work in the local community.

We will provide a bespoke programme to meet the need of 30 individuals, focusing on their prime reason to partake in the programme. This could be for a number of reasons from entering the jobs market to help improve one's health and well-being removing social isolation and improve confidence through the use of horticulture. The project will be 26 weeks' availability offering a role on roll off access so no one will be put off waiting for a start date. We would be looking to sign post individuals to access other facilities from this programme. We also provide; information, support, advice, guidance, and a learning hub. Onsite we deliver a number of services including mentoring, advocacy, health and wellbeing training, personal development programmes, volunteering, and work-placements.

Our impact on the local community offers an improvement in both physical and mental health and wellbeing. Offering horticulture base work to meet the individual's ability health and skills, removing social isolation, meeting new people, having a sense of belonging, light exercise and improving Sunderland's environment and green spaces. We have an inclusive ethos with all work that we undertake and strive to promote accessibility to everyone in the community irrespective of gender, race, age or ethnicity Horticulture has proven to be a fantastic tool to improve anxiety, depression and increase self-worth and confidence. The project will reduce social isolation and give individuals a reason to get out of bed and become part of a team. From results working with an individual on the project can improve the lives of a whole family. All participants agree an action plan and progress and outcomes are documented throughout the participation of the individual.

Sunderland Home Grown works with:

- NHS Mental Health Services, Monkwearmouth Hospital, Project Choice- offering Social and therapeutic horticulture
- Sunderland City Council -CLLD project, working in Thompson Park and wards in Sunderland
- Friends of Thompson Park, Friends of Fulwell helping improve the local community

- Sunderland College, Vocational Pathways, Job Centre Plus, Northern Rights Working with individual to help with employability skills
- Local Communities- people using the park access our facility and others that follow us on social media partake in workshops and volunteering

Recommendation - The People Board considered the results of the formal appraisal and recommend approval of the application which delivers to the Health and Wellbeing Priority.

Funding Source	Neighbourhood Fund
Name of Project	The Castle Outdoors
Lead Organisation	Sunderland North Community Business Centre in
	partnership with Hylton Castle Trust

Total cost of Project	Total Match Funding	Total NF Application
£5,762.50	£800	£4,962.50
Project Duration	Start Date	End Date
Ten Months	January 2020	October 2020

The Project:

Sunderland North Community Business Centre (SNCBC) have developed a project in partnership with Hylton Castle Trust (HCT) to develop a walking route in and around the grounds of the Castle and Dene area. The project will be led by a suitably qualified staff and proposes to engage with 80 walkers over a ten month period to participate in up to 20 walks, and to encourage some of those walkers to engage as volunteers to become buddies, to other residents to participate in walks. but also potentially to train as walking leaders. This project will directly address the CCG priorities of social isolation, loneliness and improving health through companionship and increasing physical activity. The target group are likely, but not exclusively, to fall into categories such as the elderly, retired, those who are unemployed and/or suffered health issues as well as attracting wider resident participation

The project will identify, and risk assess, a safe walking route around the Castle and grounds with 'trails; of different lengths and complexity to maximise participation from all sectors of the community regardless of their health status and barriers. We will explore with participants the opportunity to develop walks to link with other local green spaces, the coastal area and heritage assets such as Fulwell Mill and the Pier and may link with the magical animation tour that is currently being developed by the North Area Committee. Routes will be mapped as part of the project so they can be sustained beyond the life of the project by volunteers and self-guided walking.

The project will also promote healthy eating by delivering family 'picnics at the Castle' which will be delivered within the grounds, with a range of nature quizzes, sports games, pond fishing and other activities being available to engage local residents in the outdoors and improve companionship. We predict we will engage 80 adults and 100 children across the events and costs have been included for food and activities within this budget,

The project is based on a partnership approach for delivery between SNCBC and HCT and the Castle raising aspirations project which works closely with Castletown CA, Hylton Castle, TEF and Bexhill Primary schools, Castletown and Castleview schools and will promote this project through those channels. We are also linking with Everyone Active to ensure our work does not duplicate anything that is already taking place in the area but also so that they can raise awareness of the service as well as our project potentially referring onto further physical activities available through everyone active.

Recommendation - The People Board considered the results of the formal appraisal and recommend approval of the application which delivers to the Health and Wellbeing Priority.

Funding Source	Neighbourhood Fund	
Name of Project	Fit & Fun & St. Bede's	
Lead Organisation	St. Bede's Community Venue	

Total cost of Project	Total Match Funding	Total NF Application
£4,467	£0	£4,467
Project Duration	Start Date	End Date
Three Months	January 2020	March 2020

The Project:

St. Bede's Community Centre Project has recently been successful with funding from Sunderland City Council North Area Committee to support the refurbishment of the former St. Bede's Church into a Community Centre Project available for all members of the local community to access and enjoy. The newly launched project will be delivering a wide variety of activities and services including:

- Children's Dancing
- Social Group
- Keep Fit
- Toddlers
- Karate
- Luncheon Club
- Cheerleading
- Little Lambs
- Jam Club

In order to widen our offer and ensure the local community have access to a venue which addresses health and wellbeing our project aims to target the Early Prevention priority of the CCG and provide access to safe green space at our venue. Public Health Key Statistics for the Castle Ward identify excess weight in the ward is higher than the Sunderland average. Our current services and activities include exercise and healthy eating luncheon clubs and we wish to expand this by developing green space at the venue in order to provide a safe environment for games and outdoor sporting activities and in addition the delivery of community events for all to attend.

It is aimed that these outdoor activities will target children and young people with outdoor games, activities including sports days, nature trails, herb and bulb planting projects which will complement healthy eating projects within the Centre. In addition we believe that by using the outside space for regular community events all members of the community will be reached as our venue is located in an area with regular footfall to local shops, care homes and schools which will promote our centre and the services and activities on offer. These events will bring the community together addressing social isolation and loneliness by providing a wide variety of fun community events which also promote the activities on offer within the building which those that are socially isolated would benefit from attending. Members of our groups will be attending the events to showcase their groups and encouraging other members of the community to attend by offering befriending/mentoring opportunities to support those that are not confident of attending.

In order to utilise and expand the green we currently have available we wish to extend the fence, we have all the necessary permissions in place and the St. Bede's Community Centre CIO have lease ownership of the land.

St. Bede's Community Venue works very closely with Town End Farm Residents Association, North Wearside Parish and local ward councillors which ensures that we reach as many of our local community and residents as possible. We also engage with the local intermediate care home Farmborough Court in order to ensure they are aware of the services and activities we have on offer.

Recommendation - The People Board considered the results of the formal appraisal and recommend approval of the application which delivers to the Health and Wellbeing Priority

Funding Source	Neighbourhood Fund	
Name of Project	Positive Steps	
Lead Organisation	Southwick Neighbourhood Youth Project	

Total cost of Project	Total Match Funding	Total NF Application
£1,360	Volunteer – In Kind	£1,360
Project Duration	Start Date	End Date
One Year	January 2020	December 2020

The Project:

We have been working with young people in Southwick for a long time, keeping our focus on improving their wellbeing and health. Over the past 18 months we have introduced a walking activity into our holiday provision at the request of young people who enjoy it.

We would like to utilise a small grant to build upon this work and create a monthly walking club for the young people where we would carry out a variety of walks both locally and further afield to places the young people choose. Some of our walking activities have included walks to Washington, the beach, riverside, Jarrow, high force, Penshaw, Muker and Keld, and parts of the Pennine Way. We are walking part of Hadrian's Wall during October half term after a request from young people.

The walks would take place on a Sunday, once a month as the young people do not want to take time away from their current attendance at the youth project and have identified this day as one they have free. We would use a grant to ensure every young participant has a healthy packed lunch and to cover transport/fuel costs for the walks further afield. We hope to build up the fitness and walking abilities of the young people and culminate the project with a challenge where they could do a sponsorship and be recognised for their achievement.

The project will address local issues around mental and physical health; during the walk we have time for conversations and discussions around other youth issues such as smoking, alcohol, sexual health, drug use etc, and we can offer early and brief interventions in these areas as well as having the knowledge to signpost to other services if needed.

We currently work with a range of identified partners and are part of networks, all with the aim of ensuring young people have access to opportunities and best practice. We would share the project details with members of the VCS network and in turn promote activities to the young people we work with if they are beneficial to their general health and well being. welcome any local group to join us on our local walks and see the positive things that young people are involved in. Elected members would also be welcome to come along.

Recommendation - The People Board considered the results of the formal appraisal and recommend approval of the application which delivers to the Health and Wellbeing Priority.

Funding Source	Neighbourhood Fund	
Name of Project		
Lead Organisation	Impact North East CIC	

Total cost of Project	Total Match Funding	Total NF Application
£6,072	£1,082	£4,990
Project Duration	Start Date	End Date
One Year	January 2020	December 2020

The Project:

We want to provide our unique bespoke 360 family support and wellbeing services to children and families in the coalfields area. Our family services support parents to increase cohesion and parent skills, through 1-1 support, psycho-emotional-educational courses (Attachment matters, communication skills and child behaviour classes), and family fun events using fitness approaches. Alongside the Government approved Friends resilience program which will increase wellbeing and resilience in children and young people and adults but also reduce isolation and improve social participation. The program is based on a Cognitive Behavioural perspective and looks at ways to change negative thinking in fun and innovative ways. The interventions used are self-help programmes and are an early intervention initiative. However, alongside the programme we want to educate families on healthy eating and exercise too, so its addressing the mind, body approach.

Outcomes

Evidence suggests that when families are happier and more cohesive there is reduced level of negative conflict, which leads to less substance misuse and negative coping strategies. By using our model we have proven in our work that we are effective in parental and family interventions, which improves the overall outcome of families and increases positive mental health in families and children. Working with parents to reduce the impact of their past experiences and decrease stresses factors leads to a healthier population. Increasing positive mental health and decreasing health inequalities. The FRIENDS Resilience program itself can help reduce anxieties, give participants self-help strategies to cope with stressful and challenging situations, reduce isolation and improve participants' social skills and participation, improve ability to focus, increase self-confidence and self-esteem and also enable them to develop relaxation strategies and emotional regulation. All of which increase mental wellbeing. Outcomes are measured using outcome tools for children and families recommended through the Anna Freud.

IMPACT/BENEFIT OF PROJECT

The benefits of our 360 approach addresses families holistically, this is because each year over £47 billion is spent is spent supporting individuals whose destress which has been effected by or caused through lack of family cohesion or lack of understanding and the ability to communicate. This project not only gives participants the skills to be able to help themselves but also provides generational learning that participants can pass on. For example, when children do a Friends resilience program parents have to engage also and have an e-book to help practice strategies or interventions learnt, which the parents themselves can do also. Another impact is that it can get people who are socially isolated out in their local communities and helps build social skills and positive support networks. This is because the program is suitable for those with autism, disabilities, mental health issues etc. it would just need adapting to the specific client group attending. It will also give males the opportunity to participate from an early age to reduce impact of mental health issues, self-harm and suicide in later life.

How will we demonstrate the outcomes

During the time of the project we will be collating data using various forms of empirical data collection. These include both qualitative and quantitative information. Data collected with include; Strength's and Difficulties questionnaires, Core 10 forms, Wellbeing Stars, Scaling questionnaires, feedback forms and testimonials. What exactly used will depend on the intervention and age of the

participant. The outcomes will then be provided to yourselves and also posted on social media and our website. As with all the work we do we will be working in partnership with local VCSE organisations and services, as well as schools and other wellbeing services. This will include accepting referrals from them and also us signposting and referring participants to them if needed. For example, we have working relationships with various schools in the locality, Veterans in crisis, we are building a partnership with raising aspirations, and we have a mens group running in partnership with the council and the fire station. And we have clients who travel to Hendon, so it would be good to have workers out in the locality.

We will also be using venues in the North area where other projects are running so the participants can get more information on what's on offer locally. This could include schools, youth clubs or VCSE premises. We have an open access service and partners can refer in without waiting lists and fitting a criteria.

Funding Source	Neighbourhood Fund	
Name of Project	Social Activity Navigator	
Lead Organisation	B Active N B Fit CIC	

Total cost of Project	Total Match Funding	Total NF Application
£4,900	£0	£4,900
Project Duration	Start Date	End Date
11 Months	February 2020	January 2021

The Project:

The Project Social Activity Navigator will deliver seven 20 week programs across the north area in sheltered accommodations, care homes, community settings, River life church and Sunderland Home Grown CIC based in Thompson Park. Our social activity navigator will develop a relationship with individuals and groups that will help reduce social isolation and increase social cohesion by providing therapeutic exercise using an holistic approach, engaging with those most vulnerable.

We will tackle long term conditions which are a major factor in loneliness and isolation, low mood and depression. We will also focus on poor health and wellbeing following a stroke and those who are physically challenged due to weight struggles. Older people feel starved of companionship and our project will use tailored programs of activity using music movement and dance, from the seat to feet, confidence, balance, strength, social integration, and Sit N B Fit. Activities group exercises social chats and reminiscing music equipment to stimulate movement

We look to engage with 70 individuals, and this will increase confidence social wellbeing and social engagement, improve physical activity increase mood and reduce loneliness.

Working in the community at a grass root level using a soft approach has a greater outcome of engagement.

We will use personal progress plans and evaluations to capture data. Participants will feel:

- More involved
- Less lonely
- More physically active
- Increased stamina
- Increased strength
- Increased balance
- Increased confidence
- Reduced feelings of isolation
- Made new friends

We will engage with:

- Sunderland home grown cic Thompson park
- Riverlife church redhouse
- Hylton view care home southwick
- Dodd court town end farm
- Heighcliff care home witherwack
- Housing 21 downhill
- Albany house
- The towers monkwearmouth

We will work in partnership with Sunderland home grown CIC, Gentoo, four seasons care homes ,SNIP GPs Social workers building on the great work theses organisation do being mindful of not displacement

Funding Source	Neighbourhood Fund	
Name of Project	Health Project at Sunderland Aquatic Centre	
Lead Organisation	Everyone Active Sunderland Aquatic Centre	

Total cost of Project	Total Match Funding	Total NF Application
£5,256.76	£599.76	£4,657
Project Duration	Start Date	End Date
One Year	January 2020	January 2021

The Project:

For this project we will run 4 x 12 week adult and child learn to swim schemes for 12 adults and 12 children per scheme so 48 adults and 48 children in total accessing a 12 week scheme each. The children will be aged 4-36 months. Alongside this the adult and child will have the chance to swim for free in any public swimming session for a period of 12 weeks at Everyone Active sites.

The first 2 groups will take place January – March 2020 with the second two groups taking place November 2020 – January 2021.

We believe this will help to meet the priority aims of the CCG in the following categories:

- Early prevention
- Social prescribing
- Social isolation and loneliness
- Mental health (including young people)
- Obesity
- Physical activity

The session, as well as the free swimming, will provide new parents at risk of social isolation and mental health issues with a great way to keep fit and socialise in a safe and fun environment for both mother/father and the child. With the emphasis placed on teaching the child to swim this will be a less direct way of encouraging the adult to exercise and become more physically active. The learn to swim session will be for 12 adults and 12 children so will be a great way to socialise and meet like-minded people. We will hold two sessions each week per participant group. We will also invite parent/child to our meeting room after each session for a free tea/coffee and water/juice for the children.

Learning to swim is a key life skill for any child. Swimming lessons teach them independence, allows them to get active while enjoying themselves, gives them the ability to get themselves out of potentially life-threatening situations and enables them to fully enjoy trips to the seaside and beach holidays. Especially important when you live in the North Area of Sunderland next to beautiful coastline.

These classes are aimed at giving the child their first experience of the water, along with the parent's guidance. That introduction is provided through songs, games and support and it aims to promote water confidence, alongside offering a social environment for both parents and children. When the child reaches 19 months, they are encouraged to start independent water movement, leading to swimming on their own and, eventually, leading to the stage one pre-school class.

We will take the bookings through our booking system which is fully secure and can record attendances and feedback relevant information to the Committee. We would also be interested in offering stop smoking advice through a partner organisation and would be happy for vcs partners to come into the tea/coffee session afterwards to speak to the participants about what they have to offer.

We will use our links between Sunderland Aquatic Centre and the local vcs network groups and local Primary Schools to ensure our marketing reaches the targeted groups. We will also look to work with the local NHS to help us identify our targeted participants. Due to the nature of this project we envisage it being extremely popular with residents.

Funding Source	Neighbourhood Fund	
Name of Project	North Youth Social Action (NYSA)	
Lead Organisation	Groundwork North East & Cumbria	

Total cost of Project	Total Match Funding	Total NF Application
£6,924	£2,500	£4,424
Project Duration	Start Date	End Date
Six Months	January 2020	June 2020

The Project:

Geografiasatic hare a proven track record of ancied action, having delivered National Citizen Services with 1,750 young people for more than three years. This has led to young people gaining confidence, now offer and friends, and extending their personal development. This programme puts the young people in the driving seed as they denie up with the ideas that method to their price then deliver podel action that will believe a change.

Working with gaving particle is identify the spaces and superior of the environment that matter to them this project will superior from to deliver excited subon in a fun and engaging may. We will consult with proving passive trained.

- president voluntearing to challens exclusives exclusive to the contraction of approximation of the challenge of
- accepted projector translations that return of square against translating photograph in unit time.
 STRINGS
- वीक्षीको वार्तिकारः वार्तिक उपलब्धनीकृतः
- singuistica for all administration promoderation used to have justicely described in
- invalidad in the backgroup and extilidate in processive belonging the encountrying process of the state of the backgroup.
- fundad não estra apreia militata ar implicat practicas captura apresen has distributados films distributados discopracions comitiva

litte vilk vanik vality genergi geologie gjedeng firmou is monoch agind endamiet kedydrag to charaktep wed besek worksiten. Endres it de well:

- provide ecope for young people to be areafore and bring feest bleas to how spaces can be developed and used
- after a platform to replicate best practice using the state and experience of the young people
- Soulid Brain combinerary to allow directly engages in socialists in free histories.

The openionidae and benefits that we self appears through providing spool metals include:

- Transporting the vehillbeing of years; prouds by isologic form out outdoors and the something practical and constructive
- giving young people the chance to extend their networks by mixing with people of different ages and backgrounds
- demonstrating that young people have an equal place in society and changing adults' perceptions of them
- developing work/life skills and ideas about future careers.

As well as providing benefits for young propie, our project tilbus apportunities to test new regreet weeking and support increation in the assistance by:

- Exerciseing the excise retaction countries of source persons to transform the lawner and expected of the explorational and metallinesses.
- कः वर्तेन्तुनिक्तुं अध्यानीकः अन्तर्व केल-सर्वान्त्रीयतुं विधानीक्ष्यीतीत्रीयम् व्यावस्थानीतुः स्व विधानीत्रीय वर्त्वाद्वाराम् विधानीतिकत्री
- kaliforg absent Inder adds, dage band sequenderdone ades men smelling appenderding to present winder derived assenting places protein ing. Philippid Clinical Revolution and derived incoming September 2004 and religious.

The project of transits has following:

- 12 weekly eastions of 1.5 hours with young people associated with partner organisations
 and varues, anguging young people with social action ground their own environment be it a
 school, village, common space or park. Sessions will be indeed and outdoor based, and will
 be led by the young people in consultation with them.
- The aim is to work with 6 partner organisations across the 6 months of the fund as a pilot for future work in North Sunderland

Bigundryck fisika busik ik hlarif fundadanis odi Youks Employment enti Stalla isem fastinistasi Substitution Visusasia Hollas in Towk Enti Fasti for tipes visits, and an initi sentiato juli: Jean kodalvar migogrintini and primale tie gripat tierkelpraposa usata into deliden genopa

Community Project Managers from Groundwork will work with partner organisations in the North Sunderland region and we have an agreement that through this funding we will work in partnership with Sunderland Career. We will work in partnership to encour young organ, sen 5-25. Young the partnership of the Sunderland Career. We will not in partnership to encour young organ, sen 5-25. Young the partnership of the partnership to be to

We have well-established links with the project team at Hylton Castle and with the Castleview Academy Geography Ambassadors, who are keen to work with us on more projects and have exceeded at the control of the control of the control of the castle of the control of the castle of

The high is blackly spid basis of energiaphs in spiraging is properly expensificated, specifically by the next interest spid basis or French until Constituting Leasting project in Statistic Datin Primary Exhibit, and finite seasons in Trinky Anademy, Town Find Farm Anademy and Dame Downly Frimary Schools. We ake to regard more with both extending and test granery and secondary schools by ough this project.

We also have links with A Space 2 Grow, a community garden on the site of St Peter's Church, Monkwearmouth, and aim to be able to engage with University students in a project complementing system work at this site.

Coverestical will unseem and searing assessmine with seminary isosphise that them proved a series of the seminary of the semin

Vertural de, dest i Liek, lost de Mottepaster et sura, Stantaniera Contra, Tepaspere Piede Coltinations Carata, 1980: Titula Britisalek, Everyona Adhab Euremo Parcha, Fistos Carata, Publica Carata, Sannacida Library Stiffe, Scotlaniek Colorocalis, Sactos, Stiffenos Classicanismistra

Funding Source	Neighbourhood Fund	
Name of Project	Victory Gardening Project	
Lead Organisation	Salvation Army	

Total cost of Project	Total Match Funding	Total NF Application
£5,000	£2,000	£3,000
Project Duration	Start Date	End Date
Unknown	January 2020	

The Project:

The Victory Gardening Project aims to work with individuals and families within the local community and beyond, seeing up a Community Garden, to be used by and for the local Community.

The project aim is to also bring families/individuals together so they are not isolated within their own homes, build their self-esteem and also to help them with their health and wellbeing on a variety of ways.

The programme will consist of them growing vegetables and possibly some fruits, utilising what they grow as part of an ongoing cooking programme, which encourages families/individuals to cook a health meal from scratch, taking that meal home to share with their families etc. Alongside this they are also taught budgeting skills.

This is using skills and experiences taken from war times, using basic ingredients, vegetables grown within the garden to produce a meal.

The Victory Garden (Dig for Victory) is where we give the individuals the tools, seeds and information to learn how to do this for themselves. Then, when money is tight, they know where they can get freshly grown produce and food to eat.

Our aim is to work in partnership with other local organisations and also get local food stores involved to promote and share what the project has to offer.

COMMUNITY CHEST 2019/2020 NORTH SUNDERLAND AREA - PROJECTS APPROVED - September to November 2019

Ward	Project	Ward Allocation 2019/2020	Project Approvals	Previous Approvals	Grants Returned (since April 2019)	Balance Remaining
Castle	St Bede's Community Centre – Contribution towards improvements to the land at the centre, including cutting back of unsightly growth and sowing of new seeds		£2,987			
	Castletown Community Association – Traffic Management costs for the Remembrance Parade on 10 th November in Castletown and to provide 100 British Legion Crosses for local community		£524			
	Total	£10,000	£3,511	£2,835	£160.68	£3,814.68
Fulwell	Cuthbertson Court (Housing 21) – Towards a Christmas meal for residents of Cuthbertson Court in December	,	£500	,		,
	Friends of Fulwell - Towards a lunch time Christmas Party for 250 Fulwell pensioners including lunch, entertainment and raffle all free for attendees		£750			
	Fulwell Community Association – Towards replacing the existing old signage with a new vibrant one		£370			
	Total	£10,000	£1,620	£4,200	£0	£4,180
Redhill	Redhouse Community Centre – Transport costs to take members of the group for a Christmas meal	210,000	£75.00	~7,200	20	۸٦,١٥٥
		£10,000	£75.00	£220	£0	£9,705

families in Southwick. Family groups will work together to make decorations for both Halloween					
trained Salvation Army - To deliver community events and activities at Halloween and Christmas for		£1,290			
together to make decorations for both Halloween and Christmas with crafts including a safety message for the darker nights and also bonfire night and decorations made for Christmas		£1,200			
Southwick Primary School - The project will deliver the annual Southwick Community Lantern Festival on Thursday 24 th of October. The event is open to all and involves local police officers, Salvation Army, Gentoo, local church groups, youth work providers, sports clubs and a veteran's					
group		£974			
Tyne & Wear Fire and Rescue Service - Funding to support 13 local young people from Southwick to take part in a football tournament on 4 th November with vulnerable young people at risk of committing crimes on bonfire night. The event will be delivered at the Beacon of Light as part of the Community Kicks Project. Teams include TWFR, Police, NEAS, Cadets, Kicks Community Kids from Sunderland Middlesbrough and Newcastle, Young Asian Voices		£454.40			
Total	£10,000	£5,143.40	£1,680	£0	£3,176.60

St Peter's	Sunderland Community Action Group - To deliver a 5 day programme of activities for young					
	people during October Half Term Holidays at the					
	Dame Dorothy Youth & Community Hub, including					
	creative play indoor and out and a range of street					
	games activities, creating and planting areas for					
	future vegetable crops, planting fruit trees, and					
	building insect/bird/wild life habitats, the provision					
	will include breakfast snacks and lunch		£675			
	Chillingham House - To provide the residents of					
	the Chillingham House Housing with a Christmas		_			
	Meal		£550			
	Redby Community Association - To renew various kitchen items along with renewing the					
	children's seating area		£928			
	Total	£10,000	£2,153	£4,162	£0	£3,685
Totals		£50,000	£12,502.40	£13,097	£160.68	£24,561.28

18th December 2019

REPORT OF NORTH AREA VOLUNTARY AND COMMUNITY SECTOR NETWORK

1. Purpose of the Report

1.1 The report provides an update with regard to the North Area Voluntary and Community Sector Network

2. Background

- 2.1 To develop the capacity and influence of the Voluntary and Community Sector (VCS) across the City, Area Networks have been established and delegates represent each Area Network at Area Committee taking forward issues on behalf of the whole VCS in the area, reporting on area priority delivery by the VCS, and reporting back, providing a two-way flow of communication.
- 2.2 North Area Network delegates will present a report to each Area Committee meeting informing Members of activity, progress, issues and concerns of the sector.

3. North Voluntary and Community Sector Network (VCSN) Progress Report

- VCS Network will continue to work on developing and supporting the VCS re collaboration, communications, intelligence and mapping.
- VCS Reps are to give both oral and written updates to the Area Committee, as requested.
- The North VCSN has met three times since the last Area Committee in June 2019.
- The Network has received presentations and information in 2019/20 which have included:
 - Details of Activities and Events in the North
 - Details of NEPO Funding Opportunities
 - Details of Grantfinder Funding Opportunities
 - o Sunderland Green & Open Spaces Forum
 - North Area Neighbourhood Fund Opportunities Youth Activities and Health Projects
 - Workshop session on Priorities, Gaps & Brexit planning let by the VCS network representatives
 - Resident Engagement and neighbourhood Investment Plans
 - Crowdfund Sunderland
 - Let'sTalk Sunderland

4. Recommendations

- 4.1 Members are requested
 - To note the contents of the report and consider the opportunities and issues raised by the North VCSN
 - To consider the request to refer the issue around access to school fields to the People Board

Contact: Ruth Oxley, Area Network Representative.

Email: ruth@snyp.co.uk - Tel No: 0191 5491179 Graham Wharton, Area Network Representative

Email: graham.wharton@salvationarmy.org.uk - Tel No: 0191 5618270

Richy Duggan, Area network Representative

Email: sunderlandcommunityactiongroup@hotmail.com - Tel No: 0191 5561047

Current Planning Applications(North)

Between 01/11/2019 and 30/11/2019

Reference	Address	Proposal	Date Valid	Target Date for Decision
19/01507/ADV	The LicenseeThe ShipwrightsFerryboat LaneSunderlandSR5 3HW	Advertisement consent for 1no non illuminated fascia sign, 2no non illuminated amenity boards, installation of 12no flood lights on front & side elevations, 1no non illuminated disclaimer sign, 2no hoarding signs, installation of 4no wall lights on front elevation and 1no car parking sign.	12/11/2019	07/01/2020
19/01953/LBC	The LicenseeThe ShipwrightsFerryboat LaneSunderlandSR5 3HW	Listed building consent for 1no non illuminated fascia sign, 2no non illuminated amenity boards, installation of 12no flood lights on front & side elevations, 1no non illuminated disclaimer sign, 2no hoarding signs, installation of 4no wall lights on front elevation and 1no car parking sign.	14/11/2019	09/01/2020
19/01834/FUL	Land At Castletown Way/Riverside RoadSunderland	Development of 14no. residential units	14/11/2019	13/02/2020
19/01890/VA4	Land North Of Seaburn CampSeaburnSunderland	Variation of condition 2 (plans) and 14 (drainage strategy) of planning permission 18/00609/FU4 to vary drainage strategy.	05/11/2019	04/02/2020

02 December 2019 Page 1 of 4

Reference	Address	Proposal	Date Valid	Target Date for Decision	
19/01750/LR4	Land At Lowry RoadSunderland	Reserved Matters application pursuant to 16/02056/HY4 for the erection of 85 homes.	06/11/2019	05/02/2020	
19/01933/FUL	5 Moray StreetSunderlandSR6 9RS	Erection of a single storey rear extension	13/11/2019	08/01/2020	
19/01942/SUB	14 Bransdale AvenueSunderlandSR6 8AG	Erection of single storey extension to front, side and rear (RESUBMISSION).	13/11/2019	08/01/2020	
19/01964/FUL	4 Laindon AvenueFulwellSunderlandSR6 8HU	Erection of front porch. (Part retrospective)	19/11/2019	14/01/2020	
19/01980/FUL	2 Herbert TerraceSunderlandSR5 1RL	Erection of single storey rear extension.	20/11/2019	15/01/2020	
19/02007/ADV	Land North Of Seaburn Camp SeaburnSunderland	Erection of 9 no. flagpoles, 1 no. tri-board sign, 5 no. monolith boards.	26/11/2019	21/01/2020	
19/01931/FUL	6 Spa Well DriveSunderlandSR5 5TS	Erection of single storey side extension.	18/11/2019	13/01/2020	

02 December 2019 Page 2 of 4

Reference	Address	Proposal	Date Valid	Target Date for Decision	
19/01919/FUL	5 Westcliffe RoadSunderlandSR6 9NW	Erection of single storey rear and side extension	12/11/2019	07/01/2020	
19/01940/ADV	Victor Street And Dame Dorothy TowersMonkwearmouthSunderla nd	Erection of 1no free standing non illuminated sign.	25/11/2019	20/01/2020	
19/01958/ADV	Junction Of Church Street North/Whickham StreetSunderland	Erection of 1no. non-illuminated free standing sign	25/11/2019	20/01/2020	
19/01901/ADV	Land AtZetland SquareSunderland	Erection of 1no. non illuminated free standing sign	25/11/2019	20/01/2020	
19/02022/FUL	Land Adjacent St Benets CausewayWhitburn StreetSunderland	Erection of boundary fence and gates	27/11/2019	22/01/2020	
19/01654/FUL	16 Newburn AvenueSunderlandSR5 1LB	Erection of two storey rear extension and new bay window to first floor level at front.	01/11/2019	27/12/2019	
19/01816/FUL	83 Newbold AvenueSunderlandSR5 1LL	Erection of single storey side and rear extension.	06/11/2019	01/01/2020	

02 December 2019 Page 3 of 4

Reference	Address	Proposal	Date Valid	Target Date for Decision	
19/01928/FUL	Land Opp 105 And 107Newcastle RoadSunderland	Installation of a replacement 20m high monopole with associated cabinets to facilitate 5G coverage	11/11/2019	06/01/2020	
19/01998/CLP	6 Viewforth TerraceFulwellSunderlandSR5 1PZ	Certficate of Lawfulness for the proposed erection of a single storey rear offshoot.	21/11/2019	16/01/2020	
19/01941/ADV	Devonshire And Eglinton TowersDevonshire StreetSunderland	Erection of 1no free standing non illuminated sign.	25/11/2019	20/01/2020	
19/01946/FUL	3 Shotley AvenueSunderlandSR5 1PS	Erection of single storey extension and decking to rear.	25/11/2019	20/01/2020	

02 December 2019 Page 4 of 4