

# Children & Young People's Plan 2007-09

## Priority 5: Feel good about themselves

**Lead officer** Health Improvement Children's Lead, Sunderland Teaching Primary Care Trust (STPCT)

**By 2009 we will:**

	<b>Actions</b>	<b>Lead officer</b>	<b>Implementation plan</b>
<b>Promote mental health and emotional well-being across children and young people settings</b>	Provide information on mental health and mental health services through all identified children and young people's and health information points	Health Improvement Children's Lead	NSF: Standards 1, 4, 9  CAMHS Strategy
	Establish benchmarks for monitoring emotional health and measuring impact of services	Health Improvement Children's Lead	NSF Standard 9  CAMHS Strategy
	Ensure schools provide emotionally healthy environments with 75% reaching Healthy Schools status	Health Improvement Children's Lead	NSF Standards 1, 9  CAMHS Strategy
	Increase the number of professionals trained to support the mental health needs of children and young people	Health Improvement Children's Lead	NSF Standard 9  CAMHS Strategy
<b>Improve access to specialist CAMHS</b>	Plan for extension to locality based provision of integrated services	Health Improvement Children's Lead	NSF Standard 3, 9  CAMHS Strategy
<b>Monitor impact of service delivery</b>	Establish benchmarks for monitoring emotional health outcomes and impact of services and set baseline for March 2008	Health Improvement Children's Lead	NSF Standard 9  CAMHS Strategy
<b>Improve support to parents</b>	Extend the range of social and cultural opportunities currently available to young parents	Young Parents Manager	MPC and AEW Service Plan

	Extend the range of community CAMH support available to young and vulnerable parents through Early Years provision	Health Improvement Children's Lead	NSF Standards 2, 3, 9, 11 CAMHS Strategy
	Deliver effective parenting programmes across the city and set baseline for March 2008	Health Improvement Children's Lead	NSF Standard 2 CAMHS Strategy  Parenting Strategy

### Measurable outcomes

		<b>Baseline at Mar 07</b>	<b>Target Mar 08</b>	<b>Target Mar 09</b>
<b>Promote mental health and emotional wellbeing across children and young people's settings</b>	Percentage of schools achieving Healthy Schools status	2%	45%	75% (Dec 09)
<b>Improve access to specialist CAMHS</b>	Percentage of child and adolescent mental health service new cases with length of wait under 13 weeks (1030HC).	76%	85%	100%
	Percentage of CAMHS new cases with length of wait between 13 and 26 weeks (1030HC)	19%	5%	0%
	Percentage of CAMHS new cases with length of wait over 26 weeks	5%	0%	0%
<b>Monitor impact of service delivery</b>	Percentage of mental health inpatients aged under 18 on adult wards	0%	0%	0%
	Percentage of mental health inpatients aged 16 and 17 on adult wards	100%	>100%	>100%