

Northumberland, Tyne and Wear
NHS Foundation Trust



Cumbria, Northumberland Tyne & Wear NHS Trust Sunderland Children Looked After Report

July 2020 (March – May 2020)



Caring | Discovering | Growing | **Together**

Sunderland Children Looked After Report

March – May 2020

1. Activity

	March	April	May
Referrals	0	4	2
Referrals discharged unseen	0	4	1

Referrals discharged unseen

The following provides narrative in relation to reasons why the young people were not seen by the service.

May

- 2 young people transferred to CAMHS – more appropriate service
- 1 young person was offered appointments refused to engage and DNA any appointments offered, agreed referral can be made again in the future should they wish to engage is services.
- 1 young person no longer required the service when appointment made.

April

- Young person transferred to CAMHS - more appropriate service

2. Referral Urgency

All cases referred to CYPs either by phone, fax, and email or in written format are reviewed on a daily basis by members of the clinical team. The purpose of this initial review is in order to signpost any cases that have been inappropriately referred and to ensure any cases that require an urgent or priority response are highlighted and actioned immediately.

CYPS Intensive Community Treatment Service (ICTS) work extended hours and will respond to the young person via telephone to offer a telephone triage within 1 hour. Any young person

requiring an emergency appointment will be offered an appointment within 4 hours of referral being received and for urgent referrals the young person will be offered an appointment within 24 hours.

	March	April	May
Urgent	0	1	1
Routine	0	3	1
Total	0	4	2

3. Waiting Times (All Referrals)

Current Waiting Times to Treatment are detailed below. (Treatment is defined as second attended contact)

	March (Weeks)	April (Weeks)	May (Weeks)
Wait to Treatment	22weeks	15 weeks	15 weeks

Referrals March - May 2020

Since end March 2020 when COVID restrictions were put in place, the service has seen a reduction in referrals although they are starting to increase again.

This reduction in referrals and ongoing service improvements has had an impact on waiting times in that waiting times have significantly reduced. This is reflected in the average week wait to treatment which has reduced to 15 weeks.

During COVID the service has continued to accept all referrals and complete assessments and interventions. New Ways of Working have been fully embraced by the Team to facilitate contact with young people and their families / carers such as online consultation and phone contact. Some face to face contact has taken place where necessary. Further plans are underway as part of our Next Phase Planning where we will see more children & young people and their families face to face, whilst ensuring it is safe to do so.

Children who are Looked After Pathway

A new Pathway has been developed specifically for Children who are Looked After taking account of the additional complexities and needs. This Pathway specifically focusses on work with Foster Carers, which includes Psychoeducational Group Interventions, Consultation and Training to Foster Families in conjunction with Together for Children and continued dedicated scaffolding support to Residential Homes in Sunderland.

Children who are Looked After are offered priority appointments within CYPS and following assessment will access treatment within 6 weeks. The Pathway is a multi disciplinary team consisting of nursing, psychology, child psychotherapy and psychiatry. The team have all completed specific formal training to deliver psychological therapies to meet the needs of the young people and their carers.

Currently there are no waits for Children who are Looked After in CYPS.

4. Current Caseload

	March	April	May
Total Children Looked After	78	95	100
Total CYPS Caseload	1475	1525	1595
Total % Children Looked After	5.3%	6.1%	6.2%