## 15<sup>th</sup> December 2016

# **REPORT OF THE CHAIR OF THE PEOPLE BOARD**

## People Board Progress Report

### 1 Purpose of Report

1.1 To provide an update of progress against the current year's (2016/17) People Board Work Plan.

## 2. Background

2.1 Earlier this year the Local Area Plan's priorities associated with People were referred to the West People Board to action on behalf of the Area Committee. The People Board continue to initiate action on those priorities and **Item 3 Annex 1** outlines progress to date.

#### 3 Area Governance Arrangements

- 3.1 The Area Committees are part of the Council's Executive Function and have two key roles:-
- a. Influencing decisions on services delivered at a local level; and
- b. Identification of key priorities for their areas, in the context of supporting the delivery of the Council's Corporate Outcomes Framework at a local level and ensures maximum impact, where necessary through utilising its own resources.
- 3.2 Area Place and People Boards were set up to support the Area Committee in identifying areas' of priority and ensure action taken in line with those priorities.
- 3.3 Each ward has one elected member representative, whose role it is to liaise with their ward colleagues in between meetings and feedback collective views into the Board meetings. Members will work alongside key officers in what will be practical action orientated groups. It should be noted that the Board is not a decision making body and the work / recommendations of the Board will be presented to the Area Committees for final endorsement. Elected member representation on the People Board for this Area Committee is as follows:-

Ward	People Board Membership	
Chair	Cllr Rebecca Atkinson	
Barnes	Cllr Michael Essl	
Pallion	Cllr Celia Gofton	
Sandhill	Cllr David Allan	
Silksworth	Cllr Pat Smith	
St. Anne's	Cllr Susan Watson	
St Chad's	Cllr Gillian Galbraith	

#### 4. Key Areas of Influence/Achievements up to 5 December 2016

4.1 Outlined below is a summary of the key areas of influence / achievements of the West People Board up to 5 December 2016.

#### Influence: South Tyneside and Sunderland NHS Partnership

City Hospitals Sunderland NHS Foundation Trust and NHS Sunderland Clinical Commissioning Group attended the People Board to present 'the path to excellence' which is the name given to the transformation programme for health and care in Sunderland and South Tyneside . This is the local health economy response to the overarching Sustainability and Transformation Plans (STP) which are being developed across a wide regional footprint. The plans set out how we will improve quality leading to better health and improving the financial picture.

To achieve this, a clinically-led service review programme is being undertaken to look at the best service configuration to improve quality and ensure services continue to be accessed across Sunderland and South Tyneside within existing resources. All clinical services will be reviewed over the next two years through a number of defined phases.

Phase 1 Underway	Phase 2 October 2016 - March 2017	Phase 3 April 17 - September 2017
Stroke	Pharmacy	Emergency Care
Trauma & Orthopaedics - including Ortho-geriatrics	Anaesthetics & Theatres	Critical Care
Obstetrics & Gynaecology	Cardiology	Acute Medicine
General Surgery – including endoscopy	Gastroenterology	Therapy Services
Paediatrics	Respiratory	Diagnostics
Increasing delivery of elective work at STFT	Diabetes	
	Care of the Elderly	]
	Specialist Rehabilitation	]

It is important that as many people as possible take the opportunity to understand the issues and get involved to ensure the best possible information is available to help make informed decisions. Over the coming months there are numerous ways to get involved and opportunities to give views

- Sign up to My NHS via www.pathtoexcellence.org.uk (the website contains all the information and documents, and will host links to surveys and registration for events once these become available)
- Telephone 01912172670
- In writing Path to Excellence South Tyneside and Sunderland, Care of: North of England Commissioning Support, Riverside House, Goldcrest Way, Newcastle upon Tyne, NE15 8NY.

Members of the People Board also asked that the lessons learnt to-date from the West Community Helpers be included within the research and consultation as well as the acknowledgement that our VCS networks need to have copies of relevant care pathways – such as Mental Health – to ensure that vulnerable residents, who visit our VCS facilities/Helpers are signposted and supported as much as possible, acknowledging the tremendous role that our community sector offers to the transformation of health and social care.

# Area Priority: Reducing mental health issues in young people

Following approval at October Area Committee to deliver the Mental Health for Young People Programme; West VCS working with young people, alongside the Community Helpers and the Healthy Lifestyle Co-ordinator have been trained by Washington MIND to become Mental Health Champions, to recognise signs and enable early intervention to be adopted for our young people across the West.

A workshop was then facilitated by Area Arrangements with the West Mental Health Champions to develop a full proposal which is relevant to the West; not duplicating activity and support already available and which has the potential to make a real

difference for young people. The delivery of projects must achieve partnership/collaborative working and lessons learnt must be shared.			
worklessness an	Area Priority: Support vulnerable communities to tackle poor health, worklessness and raise their aspirations		
Community Helpers	<ul> <li>The Community Helpers continue to deliver across the six wards within the West. They are all working incredibly hard to engage with communities and those most in need.</li> <li>The Community Helpers have shared case studies with their</li> </ul>		
	ward Councillors and attended the People Board in November to share important lessons learnt to-date.		
WIRES 2	The WIRES project has met with two Learning support team members from the Link School and spoke to three pupils about what we WIRES can offer. The project is confident they will be able to engage with the pupils in the New Year.		
	WIRES have been working with pupils from Farringdon Academy and Barbra Priestman School, with the pupils accessing Parker Trust on a Wednesday morning. They have been creating benches for their schools through 'up-cycling' and they have also contributed help with the up-cycled Christmas decorations for Parker Trust and the Pallion Traders, St Luke's Terrace. This has improved the pupils' skills, aspirations and also given them a chance to meet potential local employers.		
	WIRES have worked with MoreThan who delivered a "Great to Good Session" for a group of 16 to 18 West Area young people. The feedback was amazing and Morethan have since made contact to state that 20 vacancies would be available in January 2017, and they would welcome applications from all of the participants they met. 3 of the young people successfully went on to have interviews for the ACES Project and secured apprenticeships at Age UK, Washington MIND and FISCUS.		
	WIRES continue to develop strong relationships with Talent Match, who can offer support both pastoral and financially to a young person, which enhances employability qualifications gained by young people. The qualifications have included First Aid, Food Safety and Health and Safety which have been funded by external agencies. WIRES have referred or signposted throughout the project to Counselling Services, Training Providers, Welfare/Debt Advice and other Community Organisations.		
Area Priority: De business	velop and encourage partnerships between education and		
Enterprise in	A report was presented to the People Board in April regarding		
Schools	opportunities for young people to think about Enterprise whilst at		
	school.		
	Embedding enterprise into the curriculum is crucial if we are to offer an alternative route to economic activity and create new		
	businesses within the city, giving choice to those who would rather		
	work for themselves or who have a business venture idea.		
	The Chair of Area Committee and the West Area Co-ordinator met with the Head Teacher of Farringdon School, Howard Kemp, in his role as Chair of the Sunderland Head Teachers Forum and asked how we can further progress this priority.		

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	Howard agreed to consider options and further proposals will be	
	presented to a future People Board, early in 2017.	
West	To date the West Area Committee has supported E2	
	To-date the West Area Committee has supported 52	
Apprenticeship		
Programme	continues with local people supported, alongside local businesses	
	who benefit from the grant funded apprenticeship programme. The	
	programme will once again be promoted throughout 2017.	
West	9 new businesses have been supported to-date.	
Enterprise		
	The 9 new businesses established, have supported West people	
	who were previously unemployed. There has been a good spread	
	of new business starts across the West wards, so the targeting	
	element of the project has also been very effective. The new	
	business starts include an Eco-Fashion business, fund raising	
	consultant, a coffee house and building maintenance services.	
Area Priority: Cr	eate healthy lifestyles through targeted activities, events and	
communication		
Healthy	Healthy Lifestyles Co-ordinator's achievements to-date were	
Lifestyles	shared with the Area Committee in October. A detailed	
-	presentation was also delivered to the November People Board.	
	Dawn Thompson talked about the future direction for the Healthy	
	Lifestyles project, to now focus upon working with schools to	
	ensure the more vulnerable young people are given the opportunity	
	to not only increase their physical activity but to also improve their	
	overall mental health and feelings of wellbeing.	
	The main outcomes to be achieved through this third phase would	
	be:	
	- Mental health link in every school within the West	
	- Mental heal awareness and promotion for every child in year	
	3 & 4	
	<ul> <li>Poor mental health recognised and support established</li> </ul>	
	within West schools	
	- Every child has access to exit route/support and their	
	families are also aware of where they can access support	
	within their local community	
	- Trained leaders and staff within every West school	
	<ul> <li>Improved parental engagement in relation to Mental Health</li> </ul>	
	and support available within school and the wider	
	community	
	- Festival Annual Programme co-ordinated and delivered	
	throughout 2017	
	The People Board considered the proposal and asked for	
	assurances that the project would link directly with the West Young	
	People Mental Health programme, ensuring that all school children	
	and their families were made aware of the West VCS delivery and	
	the website <u>www.wellbeing.org</u> .	
	The People Board then made a recommendation for Area	
	Committee to utilise the underspend from the project-to-date, to	
	further extend the project up to and including December 2017, and	

	develop and implement an enhanced delivery programme, which links directly with the West Young People Mental Health Programme. Item 5 Annex 2.
West Event 2017	Following the presentation to the October Area Committee in relation to the magnificent success of the 2016 Road to Rio Event.
	The People and Place Boards in November discussed the potential to support another event during 2017. A three day event again to be held within Barnes Park with the first two days being school children only and the third day on the Saturday to be a family event.
	It is considered that the theme for the event would be Environment, Engineering & Science.
	Environment – clean and green; looking after neighbourhoods and loving Sunderland alongside eco-friendly activities to explain about the importance of recycling and looking after our environment for the future.
	Engineering & Science– the legacy for engineering & science in Sunderland and the future of engineering & science and how young people should be encouraged to work towards a potential career in both subjects.
	People and Place Boards agreed to make a recommendation to Area Committee to fund a West Event for 2017. See Item 5.
	Develop activities for young people to reduce holiday hunger, althy lifestyles and improve their local environment
Holiday Hunger	June Area Committee approved funding for a programme of Holiday Hunger activities across the School holidays from July 2016 through to May 2017.
	The programme which offers a healthy meal as a core part of the programme, is delivering activities which encourage young people to become environmentally aware; physically active and support their local community.
	Projects are monitored closely by the Area Arrangements Team and include specific funding conditions in relation to activities being delivered which support both west People and Place priorities.
	A detailed update on project delivery to-date was presented to the People Board in November, by some of the organisations who are directly delivering the programme. It was agreed that the need for this programme could not have been anticipated.
	Following the presentation the People Board made a recommendation for Area Committee to increase the funding for the Holiday Hunger programme, due to the additional sessions required to address the need within the West. Additional funding would enable extra equipment to be purchased (offering sustainability moving forward), to support delivery of additional activities in addition to Christmas hampers being produced for the

	most vulnerable families in each ward. Item 5 Annex 1.	
Area Priority: Work with the West Voluntary and Community Sector to ensure they are focused and enabled to strengthen their position and long-term delivery strategy		
External Funding	Area Arrangements Team continues to support the West VCS using GRANTfinder software and regularly research and share information, as and when funding opportunities arise. VCS organisations continue to apply for the opportunities and are keen to continue to receive alerts. Organisations have achieved some success with over £40,000 external funding received, as a result of the information shared. See Item 4c for full VCS report update.	
Supporting Communities to reduce energy costs	Project proposal presented to November People & Place Board to support the West VCS organisations to reduce their energy bills, to enable them to continue to become more sustainable for the future. Item 5 Annex 3.	

## 5. Recommendations

- 5.1 Note the content of the report.
- 5.2 Members are requested to consider the progress and performance update with regard to the West People Board Work Plan for 2016/2017. **Item 3 Annex 1.**
- 5.3 Agree to utilise the underspend from the Healthy Lifestyles project to date, to further extend the project up to and including December 2017. **Item 5 Annex 2**
- 5.4 Agree to increase the funding for the Holiday Hunger programme, due to the additional sessions required to address the need within the West. **Item 5 Annex 1**

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