## Item 3 Annex 1

## North Area Committee Work Plan 2018 – 2019

# People

Actio	ons 2017/18		Due for Completion/ Implementation
1	Health and Wellbeing	Progress Update	
1.1	Members to be kept up to date on the possibility of a football hub in the North	<ul> <li>July Board received an update on the work round the creation of a football hub at Downhill Sports Complex. It is anticipated that 4 – 6 partners' clubs will be involved at the Hub and the Russell Foster League is the main partner, 3g and grass pitches will be available.</li> </ul>	2018/19
1.2	Mental Health Provision in the North - understand what provision is currently delivered in the North, activities or events delivered through local VCS organisations that help resolve potential Mental Health issues and consider if there is anything further that could be delivered.	<ul> <li>September Board received an update on the services and activities delivered by the North Voluntary and Community Sector organisations in relation to Mental Health and Autism Support.</li> <li>Initial findings identified numerous services and activities available however there is a need to promote the provision in addition gaps identified with support to families and community cohesion.</li> <li>Members were provided with the information in order to share and signpost local communities.</li> <li>Members to consider the potential for a future funding call to address the gaps identified.</li> <li>North Area VCS Network includes information share from organisations with the following of note which address this priority:         <ul> <li>Washington Mind deliver a wide range of services and activities including Health Champions, Walking for Health, Wellbeing Info App is free to download and use to find out about services and activities - <a href="https://wellbeinginfo.org/">https://wellbeinginfo.org/</a></li> <li>Washington Mind, starting from 7th March 2019 at The Life House, Grasmere Terrace, Columbia, Washington are delivering the Underground Neighbourhood Project — Bringing Young People Together. A relaxed safe place for self-expression through creative outlets to help improve mental health and wellbeing</li> </ul> </li> </ul>	2018/19

1.3	Dementia Friendly Areas- look at what is already happening in the area to make it Dementia Friendly and consider any possibility for Area Committee to support/add value to this.	<ul> <li>To be considered at a future board.</li> <li>North Area VCS Network includes information share from organisations with the following of note which address this priority:         <ul> <li>The Carers Centre deliver pop up events regarding their Dementia Advice Service with a recent one held 29<sup>th</sup> January at Beacon of Light</li> </ul> </li> </ul>	2018/19
1.4	Childhood Obesity – look at what is already being delivered to support the reduction in childhood obesity and consider any possibility for Area Committee to support/add value to this.	<ul> <li>September Board considered a report on the City provision to support the reduction in childhood obesity.</li> <li>Members agreed to retain a watching brief on how the provision is delivered and receive City performance updates, receive an update on the policy in relation to hot food takeaways once approved by Cabinet and Council, encourage primary schools within their roles as governors to sign up to the Change4Life programme, enrol in the Daily Mile, continue to fund local small scale initiatives through SIB or Community Chest such as activities during school holidays that include a health meal and/or advice on how to make healthy meals.</li> </ul>	2018/19
1.5	Childhood Oral Health - look at what is already being delivered to improve oral health in children and consider any possibility for Area Committee to support/add value to this.	<ul> <li>September Board considered a report on the City provision to improve oral health in children</li> <li>Members agreed to retain a watching brief on how the provision is delivered and receive City performance updates</li> </ul>	2018/19
1.6	Autism Support – look at what is already being delivered in the area to support people with autism and consider any possibility for Area Committee to support/add value to this e.g. training for all North Area Committee Members to have a greater understanding.	<ul> <li>Included within Section 1.2</li> <li>A community chest application from Include in Autism who deliver services and activities from the Downhill Centre was considered and agreed at March Area Committee</li> <li>Redhill Ward Councillors have supported a community chest application from Willowfields Primary to develop a sensory room within the School to support those with Autism</li> <li>Castle Ward Councillors have supported a community chest application from Hylton Castle Primary to provide play equipment identified to support activities for young children with autism</li> </ul>	2018/19
2	Activities for Young People (linked to Health and Wellbeing)	Progress Update	Due for Completion/ Implementation
2.1	Develop a 2018 Programme of Summer	7 <sup>th</sup> June, 2018 Area Committee approved funding for the delivery of a School	2018/19

Holiday activities through the Raising Aspirations Project Leads developing and delivering programmes across the area, including Beach Camp and Ward based activities which also address holiday hunger (Area Committee to be asked to consider approving £35,000 - £28,020 from the Youth Activities funding available to Area Committee in this year and the balance of £6,980 from SIB)

Holiday Programme by the following partners

- NE Sport
- Southwick Neighbourhood Youth Project (SNYP)
- Sunderland North Community Business Centre (SNCBC)
- IAM Sports
- Sunderland Community Action Group (SCAG)

### **Monitoring & Evaluation:**

### **Beach Camp – NE Sport:**

- The numbers attending were fantastic. The booking worked well we had **870 places** and the lot were fully booked, every single day was booked full before we even started the summer. In previous years we had a lot cancel on the day but this year we really got on top of it and any places that were cancelled were quickly taken back up. Although we had 30 spaces a day often we would have between 32-34 a day, this is where siblings would come along wanting to join in. We did have to employ additional sessional staff on occasions to deal with the sheer numbers and always had someone on standby for a phone call.
- The Partnership work with SNCBC and SNYP, absolutely fantastic, lovely to see people mixing from different parts of the City, everything went really well with lots of cross partner promotion.
- The feedback, as always absolutely fantastic, people really love beach camp and if we were to even advertise now we probably would be able to fill places for next year.
- We met some fantastic young people who took a lead in the sessions, as young volunteers these young people were fantastic and we continue to work with them today.
- Litter picks were really successful and the beaches have never looked so good, young people really took ownership of the environment.
- The weather was amazing and this got the young people outdoors the good weather enabled us to put on a variety of activities everyday including sport in the park, rockpooling, walks and art.
- The promotion of Sunderland City Council North Area Committee, banner on the pod and a pinned post on Facebook stating funded by. Also the sharing of information across pages worked well. We are always reminding

- people where the funding comes from and display a photo on our website.
- The football sessions based at Monkwearmouth were boosted on the back of the success of the camps at summer and numbers swelled.
- The party went really well with SNCBC some great feedback from that as well.

### **Southwick Ward - SNYP:**

- This year the children and young people of Southwick had access to free
  activities and a meal each weekday during the school summer holidays at
  SNYP. We attracted a core group of young people to each session based
  on their interests. Having a wide variety of activities meant that all the
  young people could participate in activities they enjoyed with their friends.
- The holiday hunger was addressed each weekday and the young people had lunch as well as fruit they could snack on as and when they wanted, there was never any waste and we worked with The Flower Mill where they young people harvested vegetables that they used during their lunch meals at SNYP or took home with them at the end of the week.
- We were also lucky to have a volunteer with us from Eden Southwick, the young people enjoyed having an extra staff member around especially as he is experienced in, and enjoys, sports activities.
- Once again we made use of green spaces that are free cutting down on admission costs we would have incurred usually – Thompson Park and the beach were used each week, showing the young people that they can make use of the natural resources in their communities to have fun and enjoy a variety of activities.
- The sessions with the social chef were popular and the young people look forward to them. They enjoyed planning their own meal ideas and being creative with food.
- The sessions at The Flower Mill were new we had young people who were interested in gardening the staff at The Flower Mill were very accommodating and the young people had the opportunity to try new experiences including bee keeping, planting and building scarecrows we hope to continue this work/partnership during future school holidays.
- In total there were **248** attendances over the period of the provision, averaging just over 15 young people per session.

#### Castle Ward - SNCBC:

- Sunderland North Community Business Centre were awarded the funding for Castle Raising Aspirations Summer 2018. A community audit was carried out, and it was identified that both junior and senior provision would be carred out from a number of venues in the Castle Ward, Sunderland North. Venues identified included Castletown Community Centre, Billy Hardy Centre, Hylton Castle Primary School, Hylton Castle Park and Winchester House. This allowed the delivery to take place across the Castle ward and ensured that the area was well covered with sessions within walking distance for all children, young people and their families.
- It was agreed at the initial meetings with Raising Aspirations partners that SNCBC would set up Sunderland North Raising Aspirations Youth & Play Face Book pages for all partners to post details of activities and sessions and this was established prior to the holidays. Daily updates were posted on Sunderland North Raising Aspirations Youth & Play Face Book pages over the duration of the school summer holidays and also prior to sessions commencing. Sessions were also promoted through local schools and community venues.
- Castletown Community Centre Play 16 individual children attended
  Castletown Community Centre with 13 of them attending four or more
  sessions. Children had access to a variety of play activities including
  games console, arts and crafts, tablets, messy play, DVD, outdoor play,
  cooking activities and board games. The most popular activities over the
  sessions were playing football, cooking, playing in the garden and slime.
- Beach School Play 24 individual children have attended Beach School sessions which took place in partnership with North East Sport with 9 of them attending four or more sessions. Places were limited due to mini bus places however all places were allocated each week. Children were collected at 9.30am from Hylton Castle Primary School using the SNCBC mini bus and were taken to Roker where they joined in with the activities and children attending the NE Sports Beach School sessions. Two staff from SNCBC supported the children within the sessions. Children were returned to the primary school at 3.30pm. All Children brought a packed lunch to the sessions. This provided the children with an opportunity to interact with other children and make new friends and try new activities in a

- safe environment and away from a traditional play session. Children had access to a variety of outdoor activities including arts and crafts, pond dipping, beach games, den building, rock pooling etc. The most popular activities during the sessions were playing football, pond dipping and playing in the sand.
- Forest School/Town End Farm Play Sessions took place every Friday from 12noon – 2pm. Sessions were scheduled to take place at Hylton Castle Primary School for the first 4 weeks and then to transfer to Winchester House for the final 2 weeks however, due to weather/ground conditions sessions were transferred twice to Winchester House in the 4 week period for health and safety reasons therefore, 2 sessions delivered at the school and 4 at Winchester House. 31 individual children attended Forest School with 19 of them attending four or more sessions. Within the Forest School sessions children enjoyed being mini-explorers and undertaking treasure/bug hunts. They enjoyed learning about nature and eating outdoors. Their favourite game was playing hide and seek and they found some great hiding spots! Within the sessions at Winchester House. children had access to a variety of play activities including games console, arts and crafts, tablets, messy play, DVD, outdoor play, cooking activities and board games. The most popular activities over the sessions were playing pool/table tennis, cooking and making slime. Packed lunches for the children were provided at all sessions.
- Town End Farm Youth Club Youth 48 individual young people aged between 11 and 19 years attended Town End Farm Youth Club Summer 2018 sessions, with 24 of them attending four or more sessions. Young people had access to a range of activities including games console, arts and crafts, tablets, TV/DVD, outdoor sport, cooking activities and board games. The most popular activities over the sessions were cooking, kwik cricket and games consoles.
- Billy Hardy Centre Youth 25 individual young people aged between 11 and 19 years have attended Billy Hardy Centre Youth Summer 2018 sessions, with 16 of them attending four or more sessions. Young people had access to a range of sports activities including kwik cricket, football, rounder's etc. The most popular activity over the sessions were kwik cricket. Some sessions were quiet, so staff went to Hylton Castle Park and engaged with young people in that facility to ensure value for money.
- Party In The Park Hylton Castle took place on Friday 24<sup>th</sup> August 2018

between 5pm and 8pm. The session was promoted on Sunderland North Community Business Centre – Youth and Play, Castle Raising Aspirations and Sunderland North Raising Aspirations Youth & Play Face Book pages and through the Raising Aspirations and SNCBC Youth and Play sessions in the Castle Ward. A total of **184** children and young people attended the event. A range of activities were available on the day including Sunderland Climbing Wall, arts and crafts, jewellery making, football, sports activities etc. All children and young people were issued with a voucher which entitled them to £4 to spend at the food and drink outlet provided by O'Briens Catering and Funfairs. The English Civil War Society made a visit to promote the Battle For Sunderland.

### Redhill Ward - IAM Sports:

- Activities carried out included a range of physical activities such as football, dodgeball, kick dodge etc. and traditional games such as tig, corners, bulldog amongst many others. We also showed movies when the children were eating their hot snacks and fruit and had a PlayStation 4 and games such as pool and darts, where one of our young sports leaders taught children darts as he plays for a team.
- The activities took place at Red House Academy, Red House Community Centre, Red House playing fields, green space used wherever possible. We also used Southwick Primary school and playing fields for 3 sessions due to closure of venue in Red House, we discussed this beforehand with SNYP to make sure there was no clash or duplication in activities and people came from Redhill for these sessions.
- The holiday hunger and providing food for children attending our activities proved to be very popular with both children and parents/guardians. We received greatly positive feedback on this aspect, a lot of parents pointing out that it was very helpful knowing their children not only received something hot to eat, but also fruit and physical activity, and it helped them keep their costs lower, especially over the holiday period and with money already tight. It took some of the strain off them having to cover the extra costs for meals and activities.
- The beach visits were very popular in our ward. As we have found and reported previously, a lot of children in our ward have never even been to the beach. From this, we approached Willowfields Primary, a school which

has struggled and is in an area of high deprivation, and offer out to their children and parents the weekly trips to the beach. We had great response from this and our mini bus, provided in partnership from SMCT, was full each week.

• In total there were **482** attendances over the period of the provision, averaging just over 20 young people per session

### St. Peters Ward - SCAG:

- Working in collaboration with Dame Dorothy School: making initial contact and engaging with families to advertise the provision was a success.
   Continued use of Facebook via Dame Dorothy, S.C.A.G's own page plus Sunderland North raising aspirations youth and play also boosted attendance and advertised funding from Sunderland City Council.
- Packed lunches and additional snacks enabled young people to eat together creating greater community cohesion.
- The facilities on offer enabled the program to deliver a range of activities that met the needs of the young people (even with building work taking place) the site was a great venue that allowed the staff team to be flexible when it came to the delivery of the program.
- We underestimated the need within the ward for this provision and therefore were oversubscribed. Several families from other areas from within the North also requested information and expressed interest in their children attending.
- Due to the recent increase in serious crime within the local area many
  parents/carers have refused to allow their children to play with their peers
  outside unsupervised. The provision that S.C.A.G provided in the holidays
  enabled children to gain access to free play in a safe and nurturing
  environment. Parents were very keen to access this provision as their
  children were not able to mix with other children unless in supervised or
  organised paid for activities which were costly, most of the parents couldn't
  afford.
- Parents were astonished that. S.C.A.G we were able to provide the delivery for free. Parents said that this factor had helped their financial situation, providing a buffer which enabled them to afford everyday items which they thought that their children would have to go without or must borrow from

- family members to provide for their children in the holidays.
- Free provision enabled parents to have respite or provided a safe environment where they knew their children would be safe when they went to work.
- Many single parent families said that they had been worried since last summer how they were going to manage the care of their children in the summer holidays as they had no family or extended support network that would be able to look after their children when they were at work. They discussed how some of their friends had paid for similar provision and said that they would not have been able to afford this however as they had no alternative, it would have put them in financial hardship and caused great worry as Christmas wasn't far away and they were very concerned how they were going to pay for both.
- Young people would often come into the session without eating breakfast, the children felt comfortable with the team to let them know they were hungry and that we would provide free snacks and lunch. Parents were also appreciative of this service as it supported them financially but also encouraged young people to try new foods.
- Children loved the range of activities especially slime making, print making and kite flying. We aimed to deliver a program that was hands on encouraging young people to explore and can experience new and exciting challenges. We offered young people the opportunity of free play which supported community cohesion and enabled young people to develop personal and social skills in a safe and nurturing environment.
- Parents had been concerned that over the holidays their children would not have the chance to mix with their peers. Our provision provided the opportunity. Happy children, happy families.
- In total there were **616** attendances over the period of the provision, averaging just over 21 young people per session

## Fulwell Ward IAM Sports:

 The project was based at Fulwell Methodist Church and activities carried out included a range of physical activities such as football, dodgeball, kick dodge etc. and traditional games such as tig, corners, bulldog, farmer, farmer amongst others. We also showed movies when the children were eating their hot snacks and fruit and we created some of our own sports

		<ul> <li>such as nerf ball and alphaball.</li> <li>The holiday hunger and providing food for children attending our activities proved to be very popular with both children and parents/guardians. We received greatly positive feedback on this aspect, a lot of parents pointing out that it was very helpful knowing their children not only received something hot to eat, but also fruit and physical activity, and it helped them keep their costs lower, especially over the holiday period and with money already tight. It took some of the strain off them having to cover the extra costs for meals and activities.</li> <li>In total there were 286 attendances over the period of the provision, averaging just over 20 young people per session.</li> <li>December People Board received a presentation from the Voluntary &amp; Community Sector partners who delivered the School Holiday Programme 2018. Members agreed for the development of proposals for 2019 Summer Holiday Programme for SIB funding to be considered at the January People Board</li> </ul>	
		<ul> <li>January People Board considered the proposals for Summer Holiday Programme 2019 and recommended a full application to be considered at March Area Committee.</li> <li>March Area Committee agreed SIB funding for the delivery of the Summer Holiday Programme 2019 of £35,000</li> </ul>	
2.2	Relocation of Redhill Play Area (£40k SIB approved Oct 2015 to match to S106 and Community Chest).	<ul> <li>October 2015 SIB approved to deliver the Redhill Play Area Project to match Redhill Community Chest funding and S106 funding</li> <li>July 2018 People Board considered the Play Area Project Proposals and in April 2018 members agreed the proposals via delegated decision</li> <li>As outlined in the Sunderland's Play and Urban Games (PUG) Position Statement and Delivery Plan 2016/2017 a public consultation has been undertaken with regard to proposals and initial sketch designs for a play area to be located adjacent to Rotherfield Road. The consultation was open in the period 13 July 2018 - 31 August 2018. The following were contacted for their views: IAM Sports; Sunderland North Community Business Centre; Redhouse Community Centre; St Cuthbert's Church; Pickersgill House Care Home; and Residents of properties which directly overlook the proposed site:</li> <li>All but one of the responders welcomed or did not object to the site being</li> </ul>	2018/19

fr O (£	Fall Ships Race 2018. Young People rom the North supported to take up the opportunity to be a Sail Trainee. £22,500 SIB approved 05.06.217 to support up to 15 young people).	included on 2. An age limit 3. Inclusion of 4. One resider • Recommendat 1. That some s 2. Display of s area: 3. To review p the play are 4. Investigate s	ssed concern the viour.  I Suggestions waste receptage site. should be set to a privacy bound to was complete it was and was ignage advising a boundary the possibility of anti-social behavious consider propurement processival amount that a small percent.	cles, including do o exclude teena dary e.g. trees, fely opposed to the ste receptacles at on age limits for anting with a view of installing CCT viour.  The sto commence was set at £66, so f which £60, to is being claime age of nominate	experience a lar og waste bins, s gers and young encing or emba e proposals.  are included on s r the defined pa w to including fu / cameras with a  June 2019 – app 000 across the 0 000 is being clai d not being equa d sail trainees d	ge amount of hould be adults. nkment site; rts of the play arther trees on a view to clication City and the med. The al to the spend isengaging with	2018/19
		sail trainee num				:	
		AREA	Sail trainee - output target	Sail Trainee – input actual	Spend target £	Spend actual £	
		NORTH	15	13	22,500	19,500	
		WEST	6	10	9,000	9,000	
		EAST	10	10	15,000	15,000	

COALFIELD	8	7	12,000	10,500
WASHINGTON	5	4	7,500	6,000

- The SIB contribution to the Sunderland Sail Training Bursary programme
  presented the fantastic and unique opportunity for 44 young people from across
  the city to get involved in the Sunderland Sail Trainee Programme. The
  programme adopted a two-pronged approach in relation to the sail trainee
  experience and the intrinsic benefits on them.
- Initially the sail trainees enjoyed a six month programme of sail training, personal development and cultural experiences. Throughout the programme they visited cultural venues and learnt about their city, they completed workshops that were aimed at increasing their communication skills and confidence and participated in water based activities to prepare them for their voyages in July 2018. The intention of the programme was to create a group of young city ambassadors that could speak with confidence about their city and the Sunderland 'offer' to their peer groups and consequently to their fellow sail trainees on their tall ships and in Esbjerg. The programme was also intended to give the sail trainees the opportunity to socialise together and get to know each other, they also developed a relationship with the Tall Ships Project Team via face to face communications presenting opportunities to discuss any questions that they had. In addition they were part of 'Team Sunderland' taking part in the Sunderland Crew Parade and Prize Giving Ceremony and the Crew Party. This was a unique opportunity to take part in the celebrations in their home city, in usual circumstances a sail trainee experience would normally only involve participation in crew activities in the host port that they have sailed into, which in this case would be Esbjerg. The result is that Sunderland sail trainees have experienced double the fun!
- Subsequently the sail trainees joined their tall ships on Friday 13<sup>th</sup> July and embarked on sail training voyages from Sunderland to Esbjerg in The Tall Ships Races 2018, taking part in the spectacular Parade of Sail as they departed from their home city. The sail trainees will quickly have become valued crewmates on-board their ships, actively working as a team to sail the ship and to undertake any tasks that they were presented with including cooking in the galley, daily watch duties, cleaning the decks, navigating and steering their ships, climbing the mast, ship maintenance and welcoming

visitors to their ships in Esbjerg.

- Sail training is proven academically to develop key life skills, increase selfesteem and confidence and improve a young person's ability to take responsibility, develop team working and leadership skills and to assist them in gaining an understanding of other cultures and backgrounds and these are the outcomes that the Strategic Initiatives Budget contribution has had on the 44 sail trainees.
- Message received from a sail trainee on arrival in Denmark "Morning all arrived in Denmark at 2:30 local time we are 2 hours ahead of you guys and the weather is amazing lovely and sunny, the North Sea was a lot smoother than we all expected but was overall an incredible experience, I brought the boat into Denmark like physically drove it through the channel of Esbjerg and it was surreallIIIII, was only sick once which is brill and just about to head the shower now and freshen up a bit then heading to do some shopping and exploring, this is one of the best things I've ever done like it's amazing and the people we are with are so canny"
- The funding supported the Sunderland Sail Trainee Bursary Programme to provide the opportunity to undertake a sail training experience on a tall ship to as many young people as possible, from all areas in Sunderland, that may not have otherwise had the opportunity due to personal circumstance. As a result a group of young people have visited cultural venues and learnt about their city, completed workshops that were aimed at increasing their communication skills and confidence and participated in water based activities to prepare them for their voyages.
- On their voyages they have developed key life skills, increased their selfesteem, confidence and ability to take responsibility, developed their team working and leadership skills and gained an understanding of other cultures and backgrounds
- The process of sail trainee recruitment and retention worked well with only a small number of sail trainees disengaging from the programme. The programme content worked well at successfully achieving the programme objectives and the Strategic Initiatives Budget contribution was prudently spent to ensure the funds achieved maximum positive impact.
- The SIB contribution was referenced in press releases over a seven month period, gaining publicity in regional publications and online. Social media posts distributed by Sunderland Council and The Tall Ships Races Sunderland 2018 highlighted the generous support of the Area Committees on a number of

		occasions. A launch event for the Sunderland Sail Trainee Programme was held at Sunderland Yacht Club on Saturday 20 <sup>th</sup> January 2018 with attendees including Sunderland Councillors representing their Area Committee – all Area Committees were represented.  • Representatives from each Area Committee were invited to an event to meet up with the sail trainees to hear all about their experiences. The event took place on the evening of Wednesday 26 <sup>th</sup> September 2018 between 6pm and 8pm and the support of the Area Committees featured in associated publicity.	
2.4	Tall Ships Race 2018. VCS organisations from the North area supported to take up the opportunity of being involved in the Tall Ships Cultural Programme. (£13,457.82 SIB approved on 05.03.18 to support 14 projects).	<ul> <li>5<sup>th</sup> March 2018 Area Committee approved funding for the delivery of a cultural programme of activities linked to Tall Ships.</li> <li>Monitoring &amp; Evaluation Summaries:</li> <li>CEED – Wave to Waste: The schools programme element of Wave to Waste was delivered over June and July 2018. It engaged 3 classes from Dame Dorothy Primary School and consisted of two elements – visits to Roker beach and classroom based sessions led by CEED</li> <li>Sunderland Empire – Sail to the Stage: Project activities took place between June and July as projected, prior to the Tall Ships festival engaging 150 participants*, plus teachers from Fulwell Juniors, Southwick, and Monkwearmouth Academy. All participants took part in a Tall Ships "Crew" teambuilding workshop as well as a tour of Sunderland Empire Theatre, delivered in kind with activities.</li> <li>Sunderland Community Action Group – Small Ship Building at Roker Park: S.C.A.G delivered 4 sessions in June and July. Over this period, we engaged with 30 families (38 children) 19 young people (unaccompanied) and 11 independent adults. S.C.A.G had to adapt the sessions plans previously submitted as we were unable to collect large amounts of plastic and rubbish as many other organisations and members of the public had successfully cleaned the beach. We did collect smaller amounts of plastic and bottles from other sources including play provisions from within the St Peters ward. Children and adults created boats from a mixture of recycled found materials from the beach and materials that we supplied. Many of the boats that were constructed were taken home by children as they wanted to see if it would sail in their paddling pool at home or even in the bath. Parents were keen for his to happen. Several children sailed their boats in sea pools and then proudly carried them home.</li> <li>Fulwell Community Library – Tall Ships: Project started in May engaging</li> </ul>	2017/18

with 8 local schools to whom we delivered posters advertising a competition. Entries were received and judged in the library. Prizes were awarded to 2 schools consisting of vouchers and led to an estimated involvement of 240 children directly plus another 200 at presentations at the reception. Many children brought their parents to the library afterwards to see their work. The books bought were put on display in the library and well used before being added to the selves as a permanent memento of the Tall Ships in addition banners and bunting was placed outside the library and within Sea Road to celebrate the Tall Ships.

- Sunderland Volunteer Life Brigade Project: The project started with events from 28<sup>th</sup> April until the last day of the tall ships project 14<sup>th</sup> July 2018. All events were sold out with some fantastic comments and feedback provided by the people that attended. The project accessed people of all ages and abilities from across the city and introduced people to the Brigade and its history as well as offering the opportunities to learn new skills. It was an extremely popular and successful project for both the members of the public that attended and visited the historic watch house and the team members of the Brigade that ran the workshops and family days.
- 21<sup>st</sup> St. Andrews Cub Packs Sails on the Wear: The project commenced in April with a visit to Sunderland Maritime Heritage where the cubs learned about Sunderland's shipbuilding history and maritime heritage. Maritime heritage kindly donated a copper plaque placed on the HMS Venerable to 21<sup>st</sup> St. Andrews Cub Packs and they are immensely proud to receive this accolade. 20 cubs took part in the Art Workshops in May & June where they also learned about the coastal environment and current issues in addition to new create skills and made their sails for the welcome parade. 23 cubs took part in the Welcome Parade on the 11<sup>th</sup> of July carrying their sails whilst engaging in the carnival the sails were exhibited afterwards at Tall Ships event Sumer Streets Festival at Seaburn Recreation Park on Saturday 14<sup>th</sup> of July.
- Friends of Fulwell Ship Ahoy: Sea Road and Fulwell was decorated with flags and bunting designed and made by local children to help celebrate the tall ships arrival. A flag pole was installed on Fulwell Green and a flag raising ceremony carried out in June by the Deputy Mayor Councillor David Snowdon and Graeme Hall of the Armed Forces Network.
- **EON Arts The Small Ships**: The workshops were attended by 65 people in the three venues St. Cuthbert's Church Hylton Red House, St Bede's

Church Town End Farm and SNYP at Southwick. The participants ranged in age from 9 – 92 years of age and included young vulnerable people, older residents of a local care home, parishioners and members of local community groups. In addition a free session was ran at Town End Farm to enable extra work to be completed. All the sessions were very well received and group leaders said that participants had learned new skills and enjoyed the work. The Town End Farm Community group are also keen to pursue further partnerships with Eon Arts CIC to help them host community theatre and additional workshops.

- Sunderland Carers Centre: The project commenced June 2018 working in partnership with Adventure Sunderland and Sunderland Yacht Club. 10 Carers of all different ages living in Sunderland North attended a session at the Marina they learned about Sunderland shipping history before venturing out onto the marina in Bell Boats. For many this was their first experience of this activity, they learned how to work as a team with young and older carers working together.
- Roker URC Family Fun Day Event: This one day event targeted family
  groups in the local community. Families from the neighbourhood including
  local asylum and refugee community came together to experience fun and
  educational activities, enjoying each other's company and helping to break
  down racial and cultural barriers.
- Hylton Redhouse Nursery Silk, Sails & Songs of the Sea: Young people
  participated in artist workshops and musical workshops which resulted in
  banners made to celebrate the tall ships and a lyric booklet produced and a
  song for the young children to perform.
- Southwick & Monkwearmouth Community Transport Tall Ships Visits: Six groups of disadvantaged and socially isolated people visited the Tall Ships event between 11<sup>th</sup> and 15<sup>th</sup> July with transport provided by SMCT. A total of 70 individuals who would have found it difficult to access such an activity were able to be part of this fantastic event, as a result several of these people have been encouraged to take part in similar trips this will reduce the change of isolation and benefit them physically and mentally.
- Forget me Knot Wellbeing CIC Tall ships MakEM Activities Group –
  Delivered several workshops including design of large cardboard ship,
  implementation and building of the ship and decoration, arts and crafts
  sessions, shared stories of local ship building heritage and a song was
  composed. The groups that were involved were Dance Class for over 50s,

2.5	Activities for Young People (£20,000 SIB approved on 05.03.18 for 5 projects to be deliver through the Raising Aspiration's Partnerships.)	Dementia Coffee Morning, attendees of monthly tea parties, FODI group. Through the medium of art bonds and new friendships were developed and participants came along to the Roker URC Family Fun Day to see the large ship in addition the ship was used in the school holiday activities and the children helped to add more art work and learn about their local heritage.  • All About You North East CIC – Community Fun Day – Application withdrawn and funding returned to Area Committee.  5 <sup>th</sup> March, 2018 Area Committee approved funding for the delivery of Ward Based Youth Activities by the following partners  • NE Sport  • Southwick Neighbourhood Youth Project (SNYP)  • Sunderland North Community Business Centre (SNCBC)  • IAM Sports  • Sunderland Community Action Group (SCAG)  Monitoring & Evaluation:  NE Sport – Let's Do This Project:  • We successfully ran a beach camp in May Half term, these again were very well attended. The weather was not great but we still managed to have a fantastic time. Activities included, sand castle building, sports and games, shelter building and plodging. We also took part in some beach cleans.  • Table Tennis, sessions for two hours each at the Fulwell Community Library delivered on a weekly basis, these were very relaxed and just as a drop in. The sessions proved popular with young people and it was a good way of providing them with a safe environment and away off the streets. This session is now a youth session and we are also holding regular consultation	2018/19

# SNYP – Providing Opportunities and Activities for Young People in Southwick:

- The project began in March 2018 and has allowed us to work with 116 individual young people where we've given access to positive opportunities and activities. The young people we have worked with were involved in planning the activities and outings so we knew their interests and needs were catered for. We encouraged the young people to access a diverse range of activities, both local and further afield. The local, city based activates show the young people what they can access on their own doorstep – gives them confidence to hopefully try the activities again in the future and recognise the wonderful opportunities in Sunderland. The outings that were further afield were also beneficial because the young people got to try new things not available locally such as gorge walking and theme parks. We have worked in partnership with other projects in the area to deliver the work and this is something we hope to continue because our partners have unique skills and it gives the young people access to positive role models and adults who want to help make a difference in their lives. The young people get so much from the activities, the gorge walking trip we did was with the lads group at SNYP, as part of a summer residential they planned. It allowed the lads to try something new, face fears and share experiences together
- Having the opportunity to have the social chef in SNYP helps us to educate the young people about cooking and healthy eating; it also lets us address the issue of holiday hunger that is present in some areas of our community. The young people like working with the social chef as he involves them at each stage of the activity – they help to plan menus, prepare, cook and serve food as a group – for many of the young people it is the only time away from school that they'll sit around a table and share a group meal. The process is rewarding because the young people leave with new knowledge, skills and confidence.
- Some of the young people at SNYP engaged in the opportunity to write a story about Southwick, this activity was delivered with a local writer who has the skills and ability to demonstrate to the young people their hidden talents and creativity. The stories were written over a few sessions and we got them printed into booklets for the young people, we have a few copies at SNYP but are hoping to put the books onto amazon and showcase the wonderful work they have done. The stories were read aloud at the Summer Streets festival

so that the connection with Southwick was still evident.

### IAM Sports – Youth Café Project:

- The Youth Café will launch on Friday, November 9<sup>th</sup> and run each week during term time from 6-8pm at St Cuthberts Church in Red House. We were awarded the funding in April for this project, since then we have carried out further consultation with young people and liaised with the venue. There have also been improvement works carried out at the venue, which has caused delays, and our project was quieter over the 6 weeks summer holiday, due to other provision and SIB funded activities.
- Since September we have put final preparations in place and are hugely excited for the launch. We have based the café on feedback from young people, whose main concerns were somewhere safe and warm they could go, with WiFi capability. We are also offering food and refreshments, we will offer games consoles and movies, sporting activities, and also be able to hear and address any issues which the young people have. We are keeping the local Police involved so they can signpost people towards the café, or point out any potential young people who may only wish to cause problems, although we are hopeful this will be a minimal issue, but one we must prepare for. We have a very close working relationship with St Cuthberts church, and have a wide scope for changes and improvements going forward. We are very positive and hopeful that the café will prove to be a successful and tackle some of the main issues faced by young people within our ward, with benefits also reaching to the wider community.

### Sunderland Community Action Group - Fit & Fed in St. Peters:

• The Summer fun fit & fed program was delivered via members of the St Peters Partnership. The delivery partners were Sunderland Community Action Group, Social Chef & Forget Me Knot CIC. The program was delivered in two venues (Dame Dorothy Primary School & Roker URC) over three sessions a week. The program was delivered over the summer holidays (6 weeks in total). The provision helped support children, parents & carers from low-income families who may have been under greater stress because of the added costs incurred over the holiday period and the lack of free provision available in the area. SCAG and FMK provided a range of multi-sport activities, Art's and Craft's and themed in-house activities. These activities included wake up – shake up (Aerobic dance warm up and stretchers)

		Football, urban Golf, Netball, Cycling, Quick Cricket, Puppetry, Kite building & Flying, Den Building, Dinosaur building, Gardening and Superheroes day. The activities were designed to encourage young people to get mentally and physically active. Workers encouraged young people to socialise with their peers, Staff members and volunteers. This helped to build relationships, confidence and self-esteem. The program also provided a range of bespoke culinary activities delivered by Social chef. The cookery activities included budgeting, safe food preparation, and serving a range of nutritious food to young people and families attending the activities. We had a fantastic response with 120 children taking part in activities over the summer holidays. 18 sessions were delivered over the course of the summer holidays with 438 meals delivered. We also gave 13 volunteers the opportunity to gain valuable experience working alongside qualified members of staff who were delivering a range of Youth & Play provision. We had really positive feedback from parents who commented on how welcoming and friendly the staff team were and how they were made to feel fully included in all aspects of the program.  Sunderland North Community Business Centre  The Castle Holiday Hunger Raising Aspirations Project has delivered the following sessions:  6 Youth Sessions at Winchester House over the school summer holiday period which engaged 163 young people  Christmas Activities – Ice Skating at Billingham Ice Form which engaged 28 young people  February Half Term Centre provision included centre based provision, ice skating and a visit to the Theatre with 14 young people seeing War Horse and for 8 of those young people it was the first time they had been to the theatre.	
3	Job Prospects and Skills	Progress Update	Due for Completion/ Implementation
3.1	CLLD Match Funding: a. 4 project applications to be considered at June Area Committee to support the delivery	<ul> <li>7<sup>th</sup> June, 2018 Area Committee approved SIB match funding for the following Community Led Local Development (CLLD) projects subject to successfully securing CLLD Funding</li> <li>Wellbeing Works – Grace House &amp; HOPs – successfully secured CLLD</li> </ul>	2018/19

	of North Area Priorities and Community Led Local Development (CLLD) Priorities in the area. (£153,985 of SIB previously aligned as match funding for CLLD Projects). b. Explore the potential of apprenticeships with CLLD and Place Management.	<ul> <li>funding</li> <li>REACT Project – Sunderland North Community Business Centre – successfully secured CLLD funding</li> <li>Skilled Up – Hylton Castle – progressed first stage of CLLD funding currently developing application for second stage.</li> <li>All projects attended a CLLD Project networking &amp; Information Event on the 14<sup>th</sup> of February with all acknowledging North Area Committee support within their promotional material and whilst presenting to the other projects present.</li> <li>Wellbeing Works – Grace house &amp; HOPs held the official launch of Wellbeing Works on Friday March 8<sup>th</sup></li> </ul>	
4	<ul> <li>VCS Capacity Building - Continue to support the development and engagement with VCS organisations through the North Area VCS Network, to include:-         <ul> <li>Identify local solutions to local problems for referral to boards.</li> </ul> </li> <li>Support and signposting on funding opportunities and the completion and development of funding applications.</li> <li>Support and sign posting for volunteer development.</li> <li>Continue to support organisations who deliver services and activities that benefit the community.</li> </ul>	Progress Update	Due for Completion/ Implementation
4.1	Continue to work with CAs to develop capacity as a community hub including:- a. Dame Dorothy Community Hub (£25,000 SIB approved 13.11.17) b. Fulwell Community Library (£24,446 SIB approved 13.11.17) c. Redhouse Community Centre to support refurbishment of Kitchen and develop outside space	Dame Dorothy Community Hub - We had delays in the works being started due to insufficient funds, after numerous planning meetings involving the architect and builders a scheme of works was put together. We have since had to create a phase 1, phase 2 and phase 3 with phase 1 being achieved using the SIB funding. We worked with the planning department to ensure compliance with regulations. Planning and building consent obtained, major works started, new disabled toilet space has been	2018/19

- (£17,150 SIB aligned 5.3.18 full application to be considered at June Area Committee)
- d. Southwick Community Centre to support refurbishment (£25,000 SIB aligned on 5.3.18 full application to be considered at June Area Committee)
- e. St Bede's Community Venue Venue Refurbishment Project (£25,000 SIB approved 05.03.18)
- f. St Cuthbert's Community Hall Group – Garden Project (£7,850 SIB approved 05.03.18).
- g. Redby C.A., Thompson Park
  C.A., Castletown C.A., and
  Redhouse C.A.(Consider
  approval of £5,000 to each of
  the 4 Self Supporting CAs in the
  North)

- created with walls also being removed to create the open spaces, levelling garage floor to be DDA compliant, drainage complete, first fix electrics in place. Further building work on hold whilst awaiting notification of further funding applications.
- Fulwell Community Library Project to install disabled toilets and a new vestibule is now complete
- Redhouse Community Centre 7<sup>th</sup> June agreed the SIB application and the project is now complete with kitchen refurbishment and gents' toilet refurbishments complete apart from some small redecoration of areas. The refurbishment of the two kitchens and gents toilet has made a great improvement to the community centre and very much appreciated by the members.
- **Southwick Community Centre** 7<sup>th</sup> June agreed the SIB application and the project is now complete with kitchen refurbishment, toilet refurbishment, electrical upgrades, installation of new doors and flooring renewal complete. This has led to more members of the community approaching the committee to use the centre.
- St. Bede's Community Venue The project has a two month extension period to enable the full transfer of lease to the community group before commencing this project. December 2018 a meeting was held with the members of the Area Committee, St. Bedes Community Venue representatives and the Diocesan Solicitor who provided an update on the lease transfer and the legal work carried out to date, further updates to be provided. St. Bede's Community Group signed the lease terms in May 2019.
- St. Cuthberts Community Hall Work has commenced and updates will be provided. Hard landscaping is now complete with bed and planting to be installed as the weather improves.
- November Area Committee approved SIB funding to Fulwell Community library for a new heating system.
- December People Board considered an expression of interest for SIB funding for redevelopment of the Dame Dorothy Hub on behalf of the St. Peter's Youth & Community Partnership, the Board recommended the development of a full application to be presented to the March Area Committee. March Area Committee agreed £20,000 funding for phase 2 of the Dame Dorothy Community Hub Redevelopment.
- December's People Board received a presentation from the lead

		organisations for the five ward based Raising Aspirations Projects. Members welcomed the presentation and commended the projects on the excellent work to date. The board recommended that the Area Community Development Lead continues to work with the projects to evaluate activity to date and identify priorities and opportunities for future activity with a view to developing proposals for future years. As four of the five projects have a completion date of June 2019, and one a completion date of September 2019 March Area Committee agreed the alignment of £200,000 (£50,000 per ward to cover four wards initially) with a view to 4 applications being presented to the June Area Committee. The funding and application for the 5th area to be considered from the 2019-2020 budget	
4.2	Consider feedback from Priority setting discussion with North VCS network and consider where Area Committee can support/add value.	<ul> <li>The North VCS Network continues to meet on a regular basis and receives presentations and information in order ensure effective partnership working.</li> <li>The Area Network representatives continue to support groups and advise of the opportunity to share project delivery, raise issues and concerns of the Sector.</li> </ul>	
4.3	Universal Credit and requirement to have at least basic digital skills and access to ICT. Consider what ICT kit and support is already available in the North and consider any possibility for Area Committee to support/add value to this.	<ul> <li>Future Boards to discuss the potential of a project to support ICT hubs within VCS organisation which support North residents to access ICT for Universal Credit.</li> </ul>	

# **Cross Cutting Priorities – People and Place**

1	Raising Aspirations and Making Positive Changes – Projects which will "Encourage and raise the aspirations of local people by providing them with support, activities and resources to make positive changes in their local area bring about behaviour change and reduce demand for services"	Progress Update	Due for Completion/ Implementation
1.1	Friends of Thompson Park & Southwick Partnership – Raising Aspirations and	Monitoring and Evaluation Update:	2017/2019

Making Positive Changes (£50,000 SIB approved 05.06.17) Crafty cuppa - Sunderland Carer's Centre Crafty Cuppa continues to be a very popular programme here at Sunderland Carers Centre. Crafty Cuppa is an informal 6-week course where by candidates can gain skills in a variety of art and craft activities. This also enables them to gain access to peer support. information, advice, and guidance, in addition to building upon or learning new skills. One of the aims of the group is that new friendship groups are made and new skills are recognised and developed. The sessions continue to be facilitated by 2 of the original carer attendees who now feel confident enough to facilitate Crafty Cuppa within a volunteering role. We have provided transport for those who would otherwise find it very difficult to attend the Proiect. SYPBP - Thompson Park Café Sessions delivered include Dr Bike sessions. The Dr Bike sessions are popular with the community and an array of bikes were brought to our mechanic in which he gave the bicycles a safety check and then completed any minor adjustments that may have been required to make the cycle safer. We also held a family event in which members of the community were invited to take part in a local cycle ride, taking in views of the Sunderland Riverside and coastline. There was also an adult only bike ride from Stanhope to Sunderland, one to Kielder and a family Hamsterley Forest outing. Quarter 3 has seen the delivery of 3 sessions including Dr. Bike Sessions, Park Cycling activities and cycle training to a young man who has not cycled for a few years. Quarter 4 delivery included a family cycling day at Hamsterley forest which encouraged parents and young members of the community to get back on their bikes. Sunderland home grown at The Flower Mill The Bee keeping group has had the regulars return with 4 -6 people each week and some new people dropping in and out. We planning to work with pupils from Barbra Priestman School before the end of term. The observation hive has been purchased and the bees are back to full strength. Following from some issues in the park and garden centre, where damage was made to property and items stolen, the Friends of Thompson Park requested the alignment of SIB money for improved security which included new CCTV and improved fencing. Both works have now been carried out and we are hopeful that they will prove to be an effective deterrent. During the summer holidays we worked with the young

people from Southwick Neighbourhood Youth Project. We introduced the young people to beekeeping, gardening, growing and planting food, garden

- design and scare crow building. We have also continued to provide a learning environment for young adults with learning disabilities. They enjoy their time at the garden and have worked to create a space that will be enjoyed by the whole community.
- **SNYP** Drop-in Youth Sessions These sessions are still well attended, the young people coming in to access the many activities we provide as well as the intervention and support on offer at SNYP. We have provided an environment where young people have been able to build positive relationships with one another, enjoy spending time with their peers and taking part in fun activities such as Fortnite, pool tournaments and cooking. The young people have enjoyed a variety of activities including arts and crafts, cooking, computer and board games. The young people also came along to Flamingoland where they were able to spend time with their friends and have some fun. The issue based work we've covered as part of the dropin youth work has included employment issues, exams and results, smoking cessation and sexual health. The drop in sessions continue on a Tuesday and Thursday evening, well attended with a majority of young women involved who have been introduced to more focused single gender work. Some of the older girls enjoyed a trip to York along with other youth projects to celebrate International Women's Day and other members of the drop in took part in a sponsored Glow in the Dark walk for comic relief. The group also secured community chest funding for a new pool table in the youth club from the Southwick Ward Councillors.
- Junior youth sessions The junior youth work sessions at SNYP are always lots of fun. The young people make their own programmes and are supported by the staff to take ownership of the project and work together to create a warm and welcoming environment. During the last quarter there have been cooking and craft activities, holiday fun in Thompson and Saltwell Park. The juniors took part in sessions linked to the tall ships event too they have tried wood burning with artist Ian Potts and they are working with local author Alan Parkinson to create their own stories to link to the event. The junior work at SNYP attracts young people from Southwick Primary, Grange Park Primary, Willow Fields and English Martyrs. The young people plan their own programmes with support from staff. During Q2 they also enjoyed visiting the Tall ships, writing stories for the Summer Streets festival and taking part in summer holiday outings to Broomhouse Farm, Penshaw Monument, River walk and Flamingo Land. The junior group went along to the Wonderlooper

- event to celebrate the opening of the new bridge too. The group are busy planning for October half term holidays. Part of the project provides an opportunity for young people aged 8 – 11 to come together and meet every Friday at SNYP, this groups introduces juniors to youth work and the impact/difference it can make to them. During the last guarter the juniors have taken part in a diverse programme of activities, Christmas cooking sessions with Social Chef, visited Eden Southwick for movie nights, been to Frightwater Valley at Halloween and enjoyed walks to the Acoustic Mirror and Washington Wetlands Centre. During the October half term they had a Creating Calm session with the baby guru where they were given techniques and methods to use during times of stress, anxiety or work. Within Quarter 4 delivery the juniors have continued to plan their own programmes which have included activities such as painting canvases, making a banner, cooking, team building games, walks to the beach, park and riverside. The young people were also involved in an art project to coincide with the Da Vinci exhibition, they used local history stories and a variety of mediums to create portraits that were exhibited in Mackie's Corner. In February half term they took part in the carnival and also enjoyed a trip to Life Centre in Newcastle.
- Youth Social Action. The SNYP Youth Council have been busy they enjoyed a visit to Bristol where they stayed on a hostel boat and got to meet many city officials and projects who all helped to teach them about more environmentally ways of life and how they can help Sunderland become Greener – the youth council are working on a presentation to feed back to the Sunderland North Area committee. During the half term break the group organised a trip to Saltwell Park for the junior club at SNYP, they completed a risk assessment for the trip – did a reconnaissance so they knew what activities would be suitable and compiled a shopping list so they could take a well-balanced picnic for all of the juniors to share. The youth council have delivered leaflets for Sunderland Carers Centre fun day and are going to be delivering a range of activities at the Summer Streets Festival for teens to enjoy. There has been positive social action carried out over the past few months. In July the youth council organised and delivered activities at the Summer Streets festival – their activities were aimed at other young people to make them feel part of the day. The young people made tie dye t-shirts, bracelets and small musical instruments. One of the members was interviewed by Spark FM and spoke positively about the opportunities that social action has provided her. The young people also attended the recent

conference to ensure they represented youth from Southwick and gave them a voice in this area. The group has welcomed new members and are planning their social action for the rest of the year which includes litter picks, organising activities in school holidays, working with children and young people at the Southwick Lantern Festival and being part of the Southwick Illuminations again. Some young people have attended a forum at Virgin Money in Newcastle to talk about meaningful social action and how to get others involved. The young people organised lantern workshops so that young people from the community could take part in the annual lantern parade, they also organised and carried out a litter pick on Southwick Green which included tidving up the shrubs and planters around the war memorial. A member of the youth council compered the Southwick Illumination Switch on Event with others helping out on the stalls and distribution of selection boxes. Young people meet regularly at SNYP they held a carnival in February half term, volunteered at the event and were in charge of snacks making popcorn and candy floss and cooking hotdogs. In addition they have carried out consultation with young people to identify what issues matter to other young people in Southwick and they will be using this information to report to the trustees of SNYP in order to inform delivery in the future.

- SNYP have been working in partnership with NE sports to ensure delivery of
  grassroots football sessions in Thompson Park. The sessions at Thompsons
  park got off to a great start in May half term and we had quite a few attending,
  13 a session, lots of young people also came down to Monkwearmouth
  Academy to try out for some of NE Sport teams. Sessions were delivered in
  Thompson Park during October half term.
- Crafty Guys & Dolls Art Group Salvation Army The Crafty Guys & Dolls are a group of adults aged between 29 and 65 with various physical and learning disabilities, who live in supported living homes. They attend the creative arts group every Friday in Austin House with a support worker. The aim of the work is to engage participants in creative arts, raising aspiration, self-esteem and confidence. It also enables them to become active within the local community, eliminating isolation. Mixed media within the art work is used, often using recyclable materials. The art work can be quite challenging to the participants but with support and guidance they produce some fabulous pieces of art work that they feel proud of and have a real sense of achievement. Art projects have included 2D and 3D wooden heart projects, use of drift wood and fabric to make boats linked to the tall ships, mosaic and

1.2	St. Peter's Youth and Community Partnership - Raising Aspirations and Making Positive Changes Project (£50,000 SIB approved 05.06.17)	glass art, wood hobbit houses, wooden bird houses and water colour painting. Participants have fed back on how they look forward to attending the group each week, how they feel less isolated, more confident and enjoy being creative and seeing their artwork in their own rooms and gardens.  Consultation has been held with the group on how to develop skills further and improve the sessions, the group have now created themed activities and each month they choose a theme relating to the month. January – Feel Good and Pamper - after the over indulgence at Christmas the groups learnt how to make homemade diffusers, bath salts, slimming world chocolates, bath bombs and face masks. February – The Love Month - the group made sweets, cookies, sock flowers, heart cookies, and stained glass. March – Spring – the group decorated flower pots and planted bulbs and herbs, made pom pom flowers, and designed flower trees, painted wooden Easter bunnies, decorated eggs and made Easter bonnets. Members of the group have shared that their mental health has improved and they look forward to attending the craft group and also the other groups within Austin House. In total 85 individual people have attended the groups with a core group of 18 attending on a Friday and 15 attending on a Tuesday.  Monitoring and Evaluation Update:  SNCBC Tesco Play Sessions  • David Robinson (Social Chef) has attended sessions to encourage the children to take part in healthy eating and cooking activities and SNCBC staff have delivered healthy cooking sessions.  • The children have access to healthy snacks and drinks within the sessions and have taken part in consultation regarding activities in the summer holidays and have attended the cinema as part of this discussion. They have also visited Roker Park to undertake a multi sports session with staff  • Sessions continue to attract good attendance and continue to be run from Tesco Community Room, Roker Retail Park. Approximately 10 of the children are under child protection or have emotional/learning diffi	2017/2019
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- Room with the total number of individuals engaged in the project at 81. Sessions continue to attract good attendance
- Young people took part in a personal safety workshop using the NSPCC
  Pants Campaign materials, the young people are aware of personal safety
  and have requested to undertaken some form of self-defence training
  which will be arranged for a future session.
- 12 sessions have taken place January March at Tesco Community room with 87 inividuals engaged, activities have included arts and crafts, cooking, board games, computer games, bingo and a visit to the Tesco Café as a treat for taking part in anti bullying and healthy eating workshops.

### **SNCBC St Peters Detached Sessions**

- The young people have taken part in a number of issue based information workshops including sexual health, anti bulling, training and education drugs and alcohol, relationships, healthy lifestyles and are working with staff to devise their own summer program of activities to include a visit to the MAC Centre and Snowtubing at Silksworth Sports Complex.
- Sessions have had good attendance. Staff have worked with young people at a range of venues across the St Peter's ward including Roker Beach, Roker Pods, Roker Park and alongside the River Wear (Glass Centre).
- 13 Detached youth work sessions have been delivered October to
  December with 227 young people engaged, staff have continued to work
  with young people at a range of venues across the St. Peters ward dealing
  with issue based work and consulting with the young people on what they
  would like to do, the young people are keen to arrange some cycling
  activities for February half term.
- 12 detached youth work sessions have taken place January to March with 247 individuals engaged in the project from a variety of areas including Roker Beach, Roker Pods, Roker Par, Riverside, Glass Centre, metro station and subways. With issues discussed including knife crime, ASB, drugs and alcohol and smoking.

### **SCAG Play session**

Young people took part in a range of activities over the course of June:
 Healthy eating on a budget, Children had the opportunity to try new foods,

- experiment with different textures and flavour combinations. Art activities included: tissue collage landscapes, print making, drawing and designing. Children had the opportunity to try new art techniques and express their own ideas and thoughts.
- The trips to the River & Beach have encouraged young people to engage with their local environment. We encouraged young people to think about the issues surrounding plastics and the impact it has on the local environment and wildlife. We discussed how positive actions can make a difference. Young people worked in small groups to make art work and sculptures from found objects on the beach.
- Children have increased self-confidence, increased personal development and strengthened community cohesion- supporting each other while taking part in activities. Developing team work. Young people have become more aware of local and national environmental issues. All activities are delivered in a fun stress free way. This gives young people the opportunity to learn at their own pace while having fun.
- October to December activities have seen young people take part in a range of arts and crafts activities including creating bird seed balls to hang on the trees in the school grounds to help feed the birds in the winter months, hand puppets, ceramics, air dry clay sculpting, water colour painting, oil pastel and chalk pastels activities. Young people learned how to express themselves with this range of new media creating winter landscapes, gunfire scratch cards and sculpting family units (raft) of penguins. Young people continue to develop new creative skills transferring skills from one discipline to another. Young people are increasing their confidence to creative more personalised art work. Young people continue to access free healthy snacks as part of the programme. In addition to the one session per week delivered SCAG have delivered on full day of healthy eating sessions to every year group at Dame Dorothy Primary School. This programme informed young people of the importance of a healthy balanced food intake daily introduced them to vitamins and minerals contained in food and how these help to support and maintain basic bodily functions. Children took part in creating and eating a healthy wrap, how to improve taste, boost energy and concentration. Several young people who attended the sessions had a range of learning and medical needs whey were supported by parents and Dame Dorothy staff. Children are keen to continue the food element of the programme and are

- keen to share their experiences of cooking within their family homes.
- January to March the project has delivered a wide range of provision including: consultation with parents and young people, carts and crafts, sports, free play, healthy eating and structured games. All provision has supported community cohesion, personal and social development and helped strengthen personal and emotional resilience, young people have had the opportunity to engage in new creative skill development including portrait painting, textile construction, dream catchers, paper crafts, celebration cards and clay tiles. Holiday provision was delivered which include lunch. In addition the project has consulted with young people at Dame Dorothy school to develop the garden at the Dame Dorothy Community Hub the young people have included insect hotels and bird feeding and planting areas to grow their own to cook in the kitchen and also the opportunity for chill out area including hammocks and wig wams, the school and the project lead will work together to action these ideas.

### **SCAG Detached**

- Detached sessions have picked up due to the good weather. The detached team targeted a number of area's across St Peter's ward and focused more time on Roker Park and the beach area as young people were spending more time in those area's due to the good weather. We have been working with young people & older members from the URC church developing their garden space. Staff have been supporting young people with cutting back shrubs, small trees and cutting back weeds & grass. The young people have built a number of raised beds planters and will be working across the summer months to help finish it off before the winter weather sets in.
- Following the major issues in and around the Roker avenue area, our staff team have been working with young people to try to calm fears and answer any questions they might have. Tensions are running high in the area regarding fear of sexual crime, racism and a major lack of understanding regarding community cohesion. We are seeing more young people being pro far-right in that area, young people are receiving information (most of it false) via Facebook and other social media which is stirring up hatred in the community. We have held discussions with our local beat regarding how best we can support the team over the coming weeks/months in that area. Following on from young people's comments we are looking at developing & delivering a number of Youth initiatives, We will be targeting young

- people in that area, focusing on reducing the fear of sexual crime, building community cohesion while reducing the threat of racism.
- Detached sessions went well due to the fantastic weather we had over the summer months. The detached team were still targeting a number of areas across St Peter's ward and were focusing more of their time around the Tesco's shopping parade, Roker Park and the beach area as young people were spending more time in those areas. Numbers of young people hanging around Tesco's have increased over the summer months. The Detached team picked the young people by minibus and took them down to the beach and delivered a number of football/sports sessions with them over the holidays. By taking away from the Tesco's shopping area helped reduce the strain on our local community police officers regarding ASB callouts.
- Over the summer we have also seen more young people coming into the area via the metro and were hanging around the stadium metro station. A lot of those young people were from other parts of Sunderland and South Tyneside. Some of the group have BMX bikes and are riding them around the metro car park and also under Tesco's car park. We have made contact with this group and are monitoring their movements over the next few months.
- We attended the summer fun beach party event on the 10<sup>th</sup> of August with a group of 14 young people. The event was well attended and our group had a fantastic time participating in a range of activities on offer.
- October to December the project has continued to contact young people
  across the ward and is working with a new group who are hanging around
  the stadium metro station. The young people have been offered the
  opportunity access football at St. Peters Cycle and Sports hub and these
  sessions went really well and the group also brought their bikes which gave
  staff the opportunity to discuss bike safety and maintenance. The staff
  team also worked with young people who were hanging around Roker park
  whilst the illuminations were ongoing, this group then accessed a fishing
  trip along the river and are discussing the potential of a camping trip in the
  future.
- Staff are looking at delivering a number of community cohesion/racism
  workshops in the near future, staff members are currently attending local
  authority training which will allo the delivery of racism, multiculturalism
  facilitator workshops with young people and older members of the public.

		<ul> <li>Once the facilitator training is complete SCAG will be able to deliver this training to other community groups across St. Peters and Sunderland North.</li> <li>A mixed group of young people are beach combing at Roker and will be using the drift wood to build some garden structures at the new Dame Dorothy Youth &amp; Community Hub.</li> <li>Staff have worked with a group of young men who were hanging around the stadium metro station, this group took part in a cycle ride to Marsden Grotto and are hoping to enter into the Sunderland Bike Bike Ride.</li> <li>The project has also worked with a group of young people who were hanging around Roker Retail Park and they have taken part in activities which include small sided football, cycling, multi sports, fishing and basketball.</li> <li>A group who have been gathering near Roker Park and the beach have been spoken to and a range of issues discussed with includes mental health, stress, future activities, college and training. This group are keen to develop a music group/workshop in the ward and the project has contacting the Bunker and Pop Recs about bringing the group to them to discuss music and get an understanding of the music business.</li> <li>A young environmental group is developing and they have collected a range of drift wood from Roker beach, this will be used to build some garden structures at the Dame Dorothy Hub.</li> </ul>	
1.3	Raising Aspirations and Making Positive Changes in the Castle Ward (£50,000 SIB approved 05.06.17)	<ul> <li>Hylton Castle Working Men's Club Coffee Afternoon has been established Volunteers are assisting this group and approximately six people are attending. The group have secured an Aspire Grant from Gentoo and are also to have a meeting with Sit n B Fit to deliver sessions to members. Flyers have been delivered door to door to promote the sessions. Sessions have developed into residents sharing memories, experiences and life in general which addresses social isolation, the group attended a site tour of Hylton Castle which for some was the first time they had been in the Castle. The group are looking at arranging guest speakers and are discussing places of interest in the North to visit including the Glass Centre and Roker Beach. The project has supported the club with delivery of charitable events and fundraising.</li> <li>The project has supported Castletown Community Centre to set up a Toddler</li> </ul>	2017/2019

Group which started on Tuesday 10<sup>th</sup> July. The session is being promoted across local schools and nurseries. Over 26 individuals attended the group and have engaged in a mix of activities including messy play, healthy eating and fun educational play. The group have considered governance and organisation for future sustainability however are struggling to develop group leaders, the project is looking at the feasibility to link this group to the school to ensure sustainability. Toddler Groups sessions recommenced on 5<sup>th</sup> of March with numbers at 7 and publicity shared to increase membership.

- The project has coordinated local groups to develop a partnership to deliver a
  family funday, Hylton Castle Primary school are now working with Hylton
  Castle Working Men's Club to hold the event in the club. The event will
  include family activities, tombola stalls, games and crafts etc. Raising
  Aspirations will be supplying resources for the event to go ahead and will have
  a free prize draw to recruit volunteers to the project.
- The project has supported St Bede's and TEFRA and has acted as a mediator to tackle some of the issues and has negotiated a group approach to decision making they have now developed a shared community vision and have begun to work together and sharing resources and have developed a shared letter head. The project is currently engaging with around 12 individuals supporting them to understand governance roles and responsibilities, we have delivered first stage governance training and will develop a more robust needs based training model in the coming weeks. The project continues to provide information, advice and guidance regarding events and the delivery of these.
- St Bede's Community Venue has also been supported to apply for a Community Chest award for new Coffee afternoon for over 50's. We have applied for £830 to establish this new group. Raising Aspirations have also supported the forthcoming funday providing resources including tables chairs and fencing, which otherwise could not be sourced. Numbers have been slow however promotion of the group is continuing.
- The project has been working in partnership with Hylton Castle Project to develop work to benefit the Castle ward, currently we have completed Litter Picks at Hylton Castle Dene, supported with the Royal Wedding Event. Future joint working will include remedial work around the Ponds in the Dene and Reservoir. Teddy Bears Picnic in Hylton Castle Park which will take place in the coming quarter.
- **Hylton Castle Mission** Are currently interested in Raising Aspirations supporting them with a funding application to Wearmouth Community

- Development Trust Legacy funding for additional resources.
- Raising Aspirations has arranged English Civil War Society Workshops with local schools in the ward to promote the Battle Re-enactment event in the ward, 3 Workshops were held in Hylton Castle Primary School and 1 workshop in Town End Farm Academy. Children and teachers were both very enthusiastic and got involved in the workshops. All children were very keen to attend the Battle Re-enactment in August.
- Hylton Castle Dene Ponds the project is working with a fishing group who are interested in clearing the pond areas and setting up an organised "Fishing Club". SNCBC Clean and Green Project have advised on equipment needed to undertake remedial clearance work. The pathways, seating areas and ponds are extremely overgrown with nettles, weeds and rubbish, joined up working between Raising Aspirations and Hylton Castle Project has resulted in the Castle Project purchasing equipment and staff from both projects have attended training on using the equipment and they will train volunteers on safe use of equipment and from September working on clearance. A group of pupils from Castleview Academy ae working with the Castle project to do some clearance around the Dipping Pond in the Dene. Litter picks and nettle clearances are being carried out with volunteers. 2 public meetings have been held to recruit volunteers to support.
- Raising Aspirations have developed a new youth session in Town End Farm Youth Club which is a music session, young people are given the opportunity to look at all areas of music including recording, developing soundtracks and playing music. There are currently 15 members regularly attending the weekly session.
- A number of *littler pick events* have occurred linking with the residents and local schools. Pupils, parents and staff of Town End Farm Primary school have carried out litter picks on a fortnightly basis. The project has contacted Castletown Primary and Hylton Castle Primary to arrange similar projects.
- A Castle Ward Raising Aspirations Facebook page has been developed along with a 'what's on in Castle Ward' information leaflet that is being regularly updated and distributed around the ward.
- Raising Aspirations is now registered as a mobile distributor of **food bank vouchers** and is arranging referrals across key organisations within the ward.
- The project has successfully secured **CLLD funding** to match this project and continue into the future.
- The project has engaged with Groundworks on the #I Will project. The project

- has ensured Groundworks have linked with town End Farm Primary and Hylton Castle Primary for them to be involved with the #I Will Project.
- The project has supported tours of Hylton Castle for the local community in December. The project coordinated further tours in March with 80 people invited to attend.
- The Project continues to promote the youth and play sessions delivered at SNCBC
- Castleview Academy Swimming Project The project is working with local residents on the potential to set up a community swimming group to access Castleview Academy Swimming Pool on a block booking basis.
- The project has established links with **Gentoo** to discuss litter issues at Cricklewood Road and the Burn area in Hylton Castle. Discussions are underway on a joint project with Gentoo to address these issues
- The project has regular meetings with the Business Manager of Hylton Castle
  Primary to ensure partnership working and the school support with free use of
  the school grounds for the delivery of school holiday activities. In addition the
  school are working on a Bling the Bins proposal supported by this project and
  engaging with Sunderland City Council
- The project has linked with **Northumbria Police** regarding the youth ASB at Hylton Castle shops. Public meetings are to be established with the Police to discuss the issues.
- January to March litter picks have seen 2 with Town End Primary supported by children and 7 adults supported the children, one at Hylton Castle Primary with 30 children and local business supplying refreshments. In addition a Clean the Dene Project was delivered linking with Hylton Castle and Town End Farm Youth Project. The Dene entrance and layby at Castletown Road was improved and encroaching vegetation and overhanging branches extensively cut back and 12 bags of waste collected.
- **Great British Spring Clean Week** the project is working in partnership with the Hylton Castle project and supported the event held on the 23<sup>rd</sup> of March and 18 bags of rubbish collected.
- The project has been working with **Castleview Sports Centre** to secure a realistic price for pitch hire to commence a dedicated football session for young people aged 11-19 years on a Friday evening. This is planned to commence from April.
- The project has linked with Veterans in Crisis and shared information on the

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		<ul> <li>provision and support available in the area and opportunities to volunteer.</li> <li>An additional member of staff has been appointed from the CLLD match to this</li> </ul>	
		project which will increase the delivery going forward.	
1.4	Raising Aspirations and Making Positive Changes in the Redhill (£50,000 SIB approved 05.06.17).	Monitoring & Evaluation Update:  In Quarter 3 (October – December) the project has been carrying out feedback at groups and activities in the ward and within the area, to identify levels of awareness of the project, what people understand of the project, if they feel they have noticed change within the ward, what they feel is working, what they would like to see change or anything different. The feedback so far has been overwhelmingly positive, one of the main points that was raised with the difference in community spirit in the area, people are indicating that there is a lot more togetherness and people helping each other in the area.  • Former Red House Methodist Church is to reopen and the project will work with the church over the summer to make sure activities are in place ready to begin in September.  • Free Community Event Through our partnership work with Sunderland North Family Zone we became aware of funding which provides a free afternoon of entertainment to local residents within the city. The day consists of 45 minutes from a singer/entertainer, a game of bingo with guaranteed winners, further entertainment and a free buffet. We have begun consultation with local groups and residents to gauge interest, which has so far been very high.  • Youth Football Sessions These youth sessions continue, although there has been some gaps in availability and with venue issues due to the outsourcing of the venue booking system. This has caused several issues, not just for ourselves, but other users. The sessions are still well attended, and the mix of children is good with some from Red House, Downhill and Witherwack mixing well. Feedback from youths has been positive, and they are bringing friends along so we are reaching more people.  • Youth Café Thanks to funding from the Area Committee we have been given the go ahead for our Youth Café idea, which we intend to have as a hub for youths in the area, a safe place they can meet, hang out and take part in several activities. We have purchased a projector, screen,	2017/2019

- supported by funding from the Lottery Awards for all funding. The café runs on a Friday evening at St. Cuthberts Church in Redhouse, is aimed at 10-15 year olds and is designed around young people feedback. There are sports, games, wifi, chill out areas, movies, PS4 and snacks and refreshments. The club has been a big success with 20 30 attendees each week, the project ensures the young people lead and it can adapt and change based on their needs.
- **Greggs Collections** Through our partnership with Sunderland North Family Zone we continue to collect surplus food from two Gregg's locations in the city, food which would otherwise be out in the bin. Some of the food is sorted into packages and it is then delivered to socially isolated people within the area. most of whom we have been establishing relationships with since our Christmas drop ins. The remainder of the food is taken to community groups within the ward and given to the people who attend there. We hope to add one more collection in the future so as to reach more people and help reduce food waste. At the moment we have only been able to collect items which do not need refrigeration, but we have applied to Greggs so that we will be able to do this and collect and disperse more food to local residents and help reduce waste. Through the work with St. Cuthberts Church food is also taken to Holy Trinity Church on a Tuesday where there is a group who offer free meals for those who need it. The project is also in discussions with the Forage Community Project to complement each others projects to ensure help as many people as possible.
- Willowfields Sessions Having completed a year running several different projects with Year 3 and 4 both within the school and at Marley Park Community Fire station we met with the Head to discuss how we can continue to work with the school and help pupils there. We will begin working with all years groups in 4 week blocks per term, each term will include a healthy eating session at the fire station, a litter pick within the local community, an enterprise day where it is intended that children will assist in running of a new Community Shop based within Willowfields Primary, and also a treat week where children will be taken to the fire station for a movie. We have also discussed other ways we can work together within the school such as PE sessions or after school work. We completed our sessions with Willowfields Primary School in July for the summer. However, thanks to funding from Sunderland North Area Committee, we sent out letters to all parents offering a free beach visit once a week for children in the school over the summer holidays. These places were

- quickly filled and we worked with SMCT who provided a mini bus for our staff to take these children to the beach. We had very positive feedback from parents and children, who took part in beach games and activities and received free food and refreshments whilst there. For the new term we will again be working with a new class each term to offer sessions including practical healthy eating sessions teaching children about the importance of nutrition and a healthy diet, enterprise days where they learn to identify good and bad foods and think about budgets and pricing, environment days when we will carry out litter picks in the local area, and community cinemas days where children are rewarded with a movie and healthy snacks. Our relationships with Willowfields Primary and Marley Park Fire Station continue to be very positive and we are very happy to be able to offer the children there something different. Work continued with Willowfields with a new block of activities developed working with classes and year groups over the year. Also in discussions into the viability of out of school provision. The project in Quarter 4 has continued to work with Willowfields to deliver activity blocks at Marley Park Fire Station including fire station visits and fire safety talks.
- Community Café We were recently successful with an Awards For All application which will see us be able to expand on the Youth Café concept to offer a Community Café for residents. The café would be open to all residents within the community, we are also looking to engage the socially isolated to bring them towards the café. We have included upskilling courses for staff and the intention is that once funding has ended after the initial 12 months, the café will be self-sustainable. We will offer a range of inclusive activities such as New Age Kurling, to offer something different. The café will initially be open one afternoon per week, but there is potential to open more depending on how well attended it becomes. The café will be based within St Cuthberts Church. and we will be working closely with them to identify the socially isolated. The Community Café launched in November at an event based around the 100 year anniversary of the end of World War 1 in St. Cuthberts Church. The event was a huge success over 40 attending, including a group from the care home next door. Money was raised for charity and the event was covered in the Sunderland Echo. Since then the café has continued with 15-20 attending on a regular basis including the group from the care home.
- Red House Community Centre We have worked closely with the committee at Red House Community Centre helping towards the much needed installation of new kitchens thanks to funding from Sunderland City Council.

We worked with different companies to gather a range of quotes and designs, which were then presented to the committee for review. Suggestions and ideas were taken and final designs approved with work on the refurbishment to begin in July and be finished before the end of August. The project is aiming to raise funds for the next states of refurbishment including new disabled toilets and decoration of the interior of the Centre.

- 16-18 Year Old Traineeships In July we met with a former Sunderland player who now operates Back 2 Basics Coaching in the city, based in East Herrington. We met to discuss if there were ways our projects could complement each other. We had a great chat and agreed to meet after the summer, as we would both be very busy over that period with SIB activities and other provision. In September we met again, and this company are working with Everyone Active to offer free Traineeships to 16-18 year olds looking to get into sports and coaching and we are all very keen to make people in our ward aware of the activities. We are working with Back 2 Basics, Marley Park Fire Station and the Princes Trust to find children in the area who may be interested in this program.
- Tall ships One of our young people applied for and received funding to take his place on board a Tall Ship during the Tall Ships Event. Joe sailed on the Maybe. We talked to Joe since he returned for his feedback, he said that it was the trip of a lifetime and he loved every minute. He wanted to express his gratitude to those who provided the funding for giving him the chance to change his life. He has said since returning he has gained a lot of confidence, has made a lot of new friends and it has made him want to inspire people even more who feel like they may never get that chance that he has, and show that anything is possible.
- Community shop Our community shop has continued to be popular will local residents. We have continued to increase the amount of stock in the shop due to support and amount of people attending. We are now looking at ways we can potentially add other community shops in the ward. The project now works directly with FareShare in order to ensure that all funds raised from the shop can go directly back into the project and can take on more deliveries and wider range of items ensuring a greater diversity.
- Messy Play The current Messy Play sessions ended before the summer holidays, parental feedback was very positive, especially on the amount of activities involved and the addition of Spanish. Unfortunately, our current session leader is unable to continue with the sessions, but we are looking to

- meet some people locally who may be able to take over the session. We are also looking at the possibility of supporting Red House Methodist Church, as during meeting with them they were very keen to host a messy play session. Future plans include as part of the community hub project looking to update Messy Play into a Play Café, a session not just for children but also for parents, grandparents and carers.
- After school clubs Our After School Clubs finished in July for the summer. the clubs were met with difficult conditions this year with the clubs due to the sudden closure of Red House Methodist Church where the clubs were based. The clubs moved to Red House Community Centre and St Cuthberts Church, but numbers have dropped off quite a bit. Having talked to parents the main reasons for this are that the new venues are further away from schools and the rise of Fortnite, something which is a big concern for parents. Several ideas have been formed to find ways to reinvigorate the clubs, such as purchase of new equipment and trial of school collection service, which we would work with a local mini bus company to collect children to bring to camp. Parents have reacted very positively to this. In line with this, a Community Chest application has been sent to help with this, and we're very hopeful of a successful outcome. This would guarantee the clubs run for another year, with sustainability elements built in. The project was successful in a community chest application and the after school clubs have a free hot snack for children attending, extra promotion has increased attendance, feedback from children parents is great, old faces are back and plenty of new, talking to schools regarding school collection.
- Recovery college One of our dedicated volunteers who works with the
  project has recently attended Recovery College at Fulwell Community Centre.
  There she took part in completed a course where she graduated with a
  ceremony at the end. This new found confidence has allowed her to re-apply to
  do further courses at the centre, where she also helps run a coffee morning
  now, and she is planning to help run more sessions and activities within Redhill
  such as the Knit and Natter and Community Café. We are very proud of her
  achievements.
- Christmas Food Parcels This year the project teamed up with people from
  the area and collected as many essentials as possible such as non-perishable
  food, toiletries, etc to make into packages and deliver to people in the area
  who may be affected by poverty, disability, social isolation and other issues.
  The packages went out up to and on Christmas Eve, who people identified

		<ul> <li>hursery Visits to Care Homes – The project is planning on working with Northern Saints and their nursery class to bring children to Blossom Hill Care Home, there the children will interact with the residents for story time and other activities.</li> <li>Environmental Teams – Currently working with Willowfields primary and have litterpicks as part of the programme with the school Looking at other schools within the ward however no response so far, working towards developing an environmental team to meet once per month to clean up problem areas in the ward. The project is working with a group of residents in Downhill in order to set up a regular litter picking team in the area.</li> <li>CLLD – The project is working towards a CLLD application, and other funders for match funding.</li> <li>The project is part of the successful partnership application securing SIB funding to deliver school holiday activities 2019.</li> <li>Forage Community Project – the project has supported a new community interest company to engage with the BIC to develop a business plan and policies in order to deliver a project which provides care packages.</li> <li>Aldi Neighbourly Project the project successfully applied to Aldi's Neighbourly project which allows them to collect surplus stock on a Monday and Friday, this will help the community shop and will increase support to those in need, struggling with poverty the elderly, care homes and social isolated. This project as well as providing surplus stock also helps towards fundraising, sourcing volunteers and promotion.</li> </ul>	
1.5	Raising Aspirations and Making Positive Changes in the Fulwell Ward (£36,445 SIB approved 05.06.17).	<ul> <li>Monitoring &amp; Evaluation Update:</li> <li>Our project has picked up so much momentum some of the highlights include:</li> <li>Huge litter picks with over 100 people taking part 88 pupils helped by parent volunteers.</li> <li>Art projects local school children designing art for the celebration of the tall ships.</li> <li>The beginning of Table Tennis sessions for both the young and old at Fulwell Library.</li> <li>The continuation of regular community meetings and constant consultation with local people.</li> <li>A planting project on the Seafront in partnership with Sunderland City</li> </ul>	2017/2019

council and Northumbria Police and 12 local volunteers.

- Four days at the beach which led to another beach clean with the youngsters.
- Sponsorship from local businesses to help with our activities.
- A planting project for Sea Road helped by local businesses.
- The installation of a flag pole at Fulwell Library and a ceremony to unveil the flag pole which was attended by Sunderland City Councillors and has instilled a real sense of pride in the community.
- Entrepreneur business for young people, letting young people to take a lead in running a small café.
- A walk to Hartlepool from Fulwell.
- The support for local children to take a geographical survey of Fulwell, this is important for young people to learn about their own surroundings.
- A grant of £750 from the James Knott Foundation to help support us.
- The big family camp out at Seaburn Recreation Ground was enormously successful and the feedback we received was incredible. Over 18 tents pitched with 120 campers of all ages and 250 people attending on the day to see and participate in the entertainment: Acts included, Fulwell Library Choir, Jessie Dale, Circurama, and Bojangles. Jessie Dale is appearing on the Kids the voice on ITV and it is fantastic that events like this can give young people the platform to develop their talents.
- The project has visited funders in Newcastle to discuss our project and particular around young people they had been impressed with our project and wanted to learn more about what we do, so we took Cameron one of our young volunteers and they were delighted with his work and asked to visit us again.
- Whilst on the beach delivering Beach Camp we held several litter picks with young people. Young people really enjoy doing this. This culminated in a huge litter pick with Siemans with over 50 volunteers taking part in a clean sweep right along the beaches of Sunderland, the beaches really haven't looked so clean.
- Friends of Fulwell helped organise a vigil and a collection after a tragedy within our community.
- The feedback we receive from the community is amazing and we have their 100% support, we receive donations from the public and local businesses, what is difficult is keeping up with people's expectations. Never the less we

- will continue to do our best to make a positive change to our community and people's lives.
- We entered Northumbria in Bloom in February and in September we had a visit from one of the judges we took her around Fulwell and she was highly impressed with the work in the area in partnership with Fulwell Community Library, we attended the ceremony and won an award we are absolutely delighted!
- Quarter 3 includes the following update:

### **Environment**

- 800 bulbs planted in and around Seaburn Dene Primary School with the help of volunteers and two classes of young budding volunteers.
- Over 7000 bulbs planted along the Sea Front and around Seaburn recreation ground with the help of local residents and Fulwell Junior School. We also planted 500 around the village green in Fulwell with the help of St Benets pupils.
- 200 bulbs planted around Monkwearmouth school with the help of students from the school
- Planters cleaned and replenished along Sea Road and the seafront
- Another huge clean up with Monkwearmouth Students along cut throat dene and in the school grounds, three van loads of litter removed.
- Beach clean on the beach 29<sup>th</sup> December with over 20 bags of litter picked from the beach. The development of a potential project to help the natural habitat in Cut Throat Dene. This is being led by a local volunteer and we are looking at the possibility of looking at external funding to help pull something together.

### Young people

• Running alongside the lets make this happen SIB project the young people activities have been able to grow and grow. The young people have taken full control and it is them who are deciding and making decisions. The sessions with the young people on Wednesdays have really produced some amazing results including a Halloween Party, Christmas Party and a full application to Virgin money all developed and planned by the young people. We have a fantastic group of people and helped by volunteers we have been able to drive this forward.

### **Community events**

We have had some great community events over the past quarter supported by local councillors and the local library we have been able to support:

- Armistice day, Fulwell ran its very own Armistice day and this was a great success with approx. 200-300 in attendance the event was very well received from the public. The textile group and local residents produced a fantastic poppy display and it looked absolutely amazing, making a big difference to the community.
- Christmas Tree switch on, Cllr Beck managed to get Josh Maja to switch on the lights this year. This led to a large number of people in attendance. We helped to promote the event and were also on hand at night to help run the event. The event was so successful.
- Halloween Party and Christmas party designed and delivered by young people.
- Halloween Movie night we ran our first movie night Hocus Pocus this was a fantastic night with approx. 25 people attending mostly families with young children. The movie night was quite a challenge to organise including applying for a film licence and hiring equipment.
- Christmas Day, went to deliver some gifts to the homeless this is something we are looking to do next year but on a bigger scale.
- As part of the Armistice celebrations St Benet's school children wrote letters people in the forces which was very nice. We also ran some table tennis sessions with young children and adults this was lovely to see. Social isolation is a big problem but thanks to Fulwell library and their volunteers they really are making an impact. We help promote the events and offer support for these events.

January to March delivery has included:

- Plans commenced for a second big family camp out for July 5th which
  required a full event planning application. As well as this we put forward a
  series of events in the diary including litter picks, merchant navy day, family
  picnic and family treasure hunt. This required the young people to get
  involved and they have been the drivers of this.
- In January the Young People Group received a giant food parcel from the One Stop as a gift however the young people donated this to the Salvation

		<ul> <li>The Project attended a community a street party organised by local residents and shows the strength of Fulwell community.</li> <li>FOF Social Media presence continues to grow and the project is working out how to create a steering group that comes under FOF where groups could collaborate their resources, this is now work in progress.</li> <li>The young peoples group continues to grow they really want to take part in the community, sadly for everyone at the end of the quarter the young people got the news that a funding bid that they had been working on for over ten months was rejected by the Virgin Money Foundation, it was devastating news for us all as the project had been developed for such a long time. The young people have contacted Virgin Money who have provided extensive feedback and have offered to do a funding workshop with the young people. Unfortunately they advised the application was excellent the funding was oversubscribed.</li> <li>The project is developing a heritage and environmental project for Cut Throat Dene with plans including tree felling, scrub clearance, wood craft sessions, hedge planting, path repair and installation, wildflower meadow creation and reintroduction of water voles. It is hoped that this project will secure external funding once developed.</li> <li>As part of the SIB School Holiday funding a gardening project was established and sheds and equipment purchased to create a family gardening project. This has started and the young people carried out planting in March and now that the light nights are upon us this is only going to grow.</li> <li>In addition the project has secured an allotment from where to work with the families from Fulwell.</li> </ul>	
2.	Communication - Consider methods of sharing information in relation to the Area Committee, Place and People Boards and the North VCS Network	Progress Update	Date for Completion/ Implementation
2.1	Development of a North leaflet/newsletter – potential Call For Projects to deliver this.	Members across the City agreed to procure a spread in Vibe Magazine to be published four times a year. This will include community information for at least one activity or event happening in each area and/or news about where and how the Area Committees have supported groups, people, organisations or activities in the area.	2018/2019