

CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE

AGENDA

Meeting to be held in City Hall, (Committee Room 1) on Thursday 2nd February 2023 at 5.30 p.m.

Membership

Cllrs Burrell, Crosby, Dunn, P.W.L. Gibson, Guy, S. Johnston, Mason-Gage (Chairman), McKeith (Vice-Chairman), Samuels, P. Smith, Thornton, and Tye

Co-opted Members – Mrs. A. Blakey

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	Part A – Cabinet Referrals and Responses	
	No Items	
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E. WAUGH,
Assistant Director of Law and Governance,
Civic Centre,
SUNDERLAND.

25th January 2023

At a meeting of the CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE held in COMMITTEE ROOM 1, CITY HALL on THURSDAY 5th JANUARY 2023 at 5.30 p.m.

Present:-

Councillor Mason-Gage in the Chair

Councillors Burrell, Dunn, Guy, S. Johnston, McKeith, P. Smith and Thornton.

Also in attendance:-

Ms Karen Davison, Director of Early Help, Together for Children

Mr Jim Diamond, Scrutiny Officer, Law and Governance, Corporate Services Directorate.

Ms Linda Mason, Service Manager, Together for Children

Mr. David Noon, Principal Governance Services Officer, Law and Governance, Corporate Services Directorate.

Ms Gillian Robinson, Scrutiny and Members' Support Co-ordinator

Apologies for Absence

Apologies for absence were submitted to the meeting on behalf of Cllrs Crosby, Gibson, Samuels and Tye and Mrs A. Blakey.

Minutes of the last meeting of the Children, Education and Skills Scrutiny Committee held on 1st December 2022

1. RESOLVED that the minutes of the last meeting of the Committee held on 1st December 2022 be confirmed as a correct record.

Declarations of Interest (including Whipping Declarations)

There were no declarations of interest made.

Early Help Directorate Annual Report 2021/22

Ms Karen Davison (Director of Early Help TfC) presented a report of the Director of Children's Services (copy circulated) in respect of the above matter which provided the Committee with a detailed commentary on the Early Help Directorate Annual Report for 2021/22 and an update on the current position with regard to Family Hubs.

(for copy report – see original minutes)

The Committee was informed that

- There had been a return to the pre-pandemic level of families being supported by an Early Help Plan together with a further 8% decrease in the numbers of children stepping up to statutory services from an open Early Help Plan
- With regard to Troubled Families claims, 2020/21 represented a second year of 100% claims.
- 75% of families supported through Family Group Conferencing stepped down to the universal services and required no further support and a further 8% required a lower level of support.
- With regard to NEET and Unknown data, the three-month average in 2021/22 was 5.4%, equal to the regional average.
- 2,618 notifications were tracked in respect of Children Missing Education, and all children were located safely.
- 248 young people were supported with Relationships, Sex and Health Education.
- 2,137 young people were supported via Participation and Engagement.
- 13 schools achieved the Healthy Schools Award.
- 1,573 Mind of My Own and Express statements had been received.
- 9,418 children attended a Holiday Activity and Food session.
- 2,564 young people were supported by the Prevention Bus.
- Arising from the Bumps to Babies young parents' project, one young mum had progressed to university and four had gained employment.
- the Youth Drug and Alcohol project (YDAP) recorded a positive outcomes rate of 92%
- Of the young people engaged as part of the Wear Kids (Anti-Social Behaviour) programme, 80% remained out of the youth justice system.
- With regard to the Youth Offending Service, the number of First Time Entrants decreased for the 7th consecutive year, offending by cared for children decreased again to 2.2% and 221 victims of youth offending were supported.

The Chair thanked Ms Davison for her presentation, and invited questions and comments from the Committee.

In response to enquiries from Councillor Smith, Ms Davison advised that the Bumps to Babies project operated out of the old Ryhope Health Centre building. With regard to issues of funding she confirmed that there was a budget in place for 2023/24. A lot of services like Bumps to Babies were reliant on grant funding and whilst it could not be guaranteed, Ms Davison remained reasonably confident the funding would continue moving forward, particularly given the Government's recognition of the importance of supporting preventative programmes. Councillor Smith was also pleased to note the continuing operation of the Phoenix Project.

With regard to the location of the Bumps to Babies project, Councillor Guy queried whether there were any issues regarding accessibility, particularly for residents in the Coalfield area. Ms Davison replied that in addition to looking for a suitable building, factors such as public transport routes and journey costs had been evaluated and in this regard the Ryhope location had scored highly in terms of its accessibility from other areas of the city. In response to a further enquiry from Councillor Guy on how the issue of the 'unknowns' was managed, Ms Davison advised that this was undertaken by doing more of 'what works best', i.e. by putting boots on the ground. Telephone calls and text messages were often ignored.

In response to an enquiry from Councillor Thornton, Ms Davison explained how the case loads of individual Early Help Workers were allocated and managed and the multiagency approach of building a whole team around a family. In response to a

further question from Councillor Thornton, Ms Davison explained that not all of the interventions outlined on page 20 of the agenda were delivered by the Early Help worker. The Early Help Workers were trained in respect of a generic range of social work skills however specialist interventions would be delivered by a specialist in that particular area of expertise who would be invited in to join the team around the family. With regard to parenting support for the parents of teenagers TfC were looking to deliver a Triple P style service as part of its future plans. It would provide a Sunderland focused approach to addressing fractured relationships between teens and their parents. To this end TfC was working in partnership with the University of Sunderland to train three cohorts of staff to masters level in the delivery of these interventions.

In response to an enquiry from Council Burrell, Ms Davison advised that the surge in referrals to YDAP showed no sign of reversing, it was an area of growth which was very concerning.

The Committee having congratulated Ms Davison on a successful Annual Report and the plans in respect of the family hubs it was :-

2. RESOLVED that the report be received and noted.

Inspection of Youth Offending Services in Sunderland – Feedback from HM Inspectorate of Probation

Ms Linda Mason, (Service Manager, TfC) ,presented a report of the Director of Children's Services (copy circulated) in respect of the above matter providing the Committee with feedback on the recent inspection of the Youth Offending Service following the publication of the HM Inspectorate of Probation's findings on 13 December 2022. The Service received an overall rating of 'Good' with a score of 26 out of a possible 36. All four aspects regarding Out of Court Disposals were rated as 'Outstanding', two of the four aspects in respect of Organisational Delivery were also rated as 'Outstanding' with the remaining two rated as 'Good'. All four aspects in relation to Court Disposals were rated as requiring improvement.

(for copy report – see original minutes)

The Chair thanked Ms Mason for her presentation, and invited questions and comments from the Committee.

With regard to the time being taken to appoint a second Probation Officer, Councillor Smith asked if there was a specific reason for this? In reply, Ms Mason advised that the main issue centred on the nation shortage of Probation Officers. There was currently a person operating in the post, but they were not a Probation Officer. With regard to the areas requiring improvement, Councillor Smith asked if Ms Mason had seen the Inspector's comments coming. Ms Mason confirmed that the service was aware it had areas which required improvement and the Inspector had recognised that the organisation was a very self-reflective one and acknowledged that not a great deal of work was required to achieve an improvement in the areas where it was required. An improvement plan had been prepared in response to the recommendations detailed in the inspection report.

In response to an enquiry from Councillor Thornton, Ms Mason explained the difference between Court Disposals and Out of Court Disposals. Much would depend on the gravity of the offence with some offences not being eligible for Out of Court Disposal. Any referral orders would count as a court order.

Councillor Thornton stated that one of her concerns was that young people were more difficult to engage with once they were going through the court process. In response to a further enquiry from Councillor Thornton, Ms Mason confirmed that the Service did employ a victims officer and that the views of victims were always passed onto the YOS case officer.

Councillor Thornton highlighted some of the Inspector's less positive comments eg 'Direct intervention work was inconsistent' and 'Victim work was not consistent, was not always directed at the original offence and, in some cases, did not give the child a proper understanding of the impact of their behaviour', and sought reassurance that this would be addressed and evidenced. Ms Mason replied that the Service had agreed with the Inspector regarding the areas requiring improvement particularly in the need to maintain a consistency of approach. Actions to address the recommendations had been written into the improvement plan. In response to further enquiries from Councillor Thornton, Ms Mason advised that the Service was required to be victim led and could not force victims to engage with it. With regard to work to bring about effective transitions, the duty lay not with the Probation Service but with the Prison Service.

In conclusion and in response to enquiries from Councillor Dunn, Ms Davison advised that with regard to future plans to address the recommendations arising from Domain 2, this would be the focus for the YOS Board for the next 12 months and that the Service was subject to inspection every 4 years.

There being no further questions for Ms Mason, the Chairman thanked her for her attendance and it was:-

3. RESOLVED that the report and presentation be received and noted

Annual Work Programme 2022/23

The Scrutiny and Members' Support Coordinator submitted a report (copy circulated) which briefed members on the developed of the Committee's work programme for the municipal year 2022/23 and appended a copy of the programme for Members' consideration.

(for copy report – see original minutes)

Mr Diamond, Scrutiny Officer presented the report and briefed the Committee on the current position regarding those items already scheduled on the work programme and those waiting to be programmed in on a suitable date.

It was anticipated that the next meeting would include items on Child Obesity, TfC Performance and the Prevention Bus.

5. RESOLVED that the report be received and noted.

Notice of Key Decisions

The Scrutiny and Members' Support Co-ordinator submitted a report (copy circulated) which provided Members with an opportunity to consider those items on the Executive's Notice of Key Decisions for the 28 day period from the 21st December, 2022.

(for copy report – see original minutes)

The Committee was advised that if Members had any issues to raise or required further detail on any of the items included in the notice, that were within the purview of the Committee, they should contact Mr Diamond, Scrutiny Officer for initial assistance.

In response to an enquiry from Councillor McKeith regarding item 221212/765 (To endorse the North East Bus Service Improvement Plan Enhanced Partnership and Scheme), Mr Diamond advised that he would investigate however it was likely that the issue fell outside the purview of the Committee.

6. RESOLVED that the Notice of Key Decisions be received and noted.

There being no further items of business, the Chair closed the meeting having thanked members and officers for their attendance and contributions.

(Signed) K. MASON-GAGE,
Chairman.

Item 4

CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE 2 FEBRUARY 2023

WEAR HERE 4 YOU – PREVENTION BUS

Report of the Director of Children Services

1 Purpose of the Report

- 1.1 The purpose of this report is to summarise the content of the report to be delivered at the Education and Skills Scrutiny on 2nd February 2023.

2 Current Position

- 2.1 The Mobile Prevention Bus is known as WEAR HERE 4 YOU in Sunderland. It offers a recognisable point of information, support and contact for our children and young people in the city.
- 2.2 The Wear Here 4 You Bus is a partnership bus offers support to children and young people in Sunderland. Staff from Together for Children, Growing Healthy, Northumbria Police, Youth Consortium and other partners will engage with children and young people on issues that matter to them, offer light refreshments and give advice, support and signposting to other agencies.
- 2.3 The Wear here 4 You Bus annual report will report on the delivery of the pilot year from the period of 1^{6th} October 2021 – 30th September 2022.
- 2.4 The Wear here 4 You bus annual report will highlight the overall outputs and outcomes delivered in the first year.

3 Recommendations

- 3.1 Members are asked to note the content of the report.

REPORT AUTHOR:	Jane Wheeler, Early Help Service Manager, Prevention, and Innovation Service
SUBJECT:	Wear Here 4 You Prevention Bus Annual Report 2021–2022
PURPOSE:	To report on the development and delivery of the Wear Here 4 You Prevention Bus in the period of 1st October 2021 to 30th September 2022.

EXECUTIVE SUMMARY

The Wear Here 4 You Prevention Bus annual report is comprehensive. This Executive Summary attempts to lay out briefly the highlights of the first year.

Both the pandemic and the current cost of living crisis are highlighting and exacerbating existing issues and inequalities for children, young people and their families. The likely long-term effects on family resilience are not yet known. The Wear Here 4 You Mobile Bus was launched in response to feedback from children, young people, families and partners to enable preventative services to have more of a community presence and to support our partnership vision to help families at the earliest opportunity to reduce the need for more costly statutory services.

In the period of 1st October 2021 – 30th September 2022 the Wear Here 4 You Prevention Bus achieved the following:

- Engaged with over 6,000 children and young people
- Delivered in 19 wards of Sunderland in the first year
- Supported 34 sessions in 15 Sunderland schools and colleges
- Supported the Healthy City Plan
- Raised awareness of preventative support services
- Signed families up to access our Family Centre provision.
- Reacted to need and delivered sessions in targeted areas of the city.
- Delivered brief interventions with young people such as work around healthy relationships, emotional well-being, healthy lifestyle choices, friendships and anti-social behaviour and offending.
- Delivered services to our children, young people and families where they wanted to access them
- Received fantastic feedback from children, young people, families and partners.

The overall impact of prevention is difficult to describe accurately. It is very hard to prove that something did not happen. However, feedback from children, young people and families clearly illustrates that the presence of the bus and the signposting and interventions it offers have had a positive impact on their circumstances. Even the briefest of contacts can make a big difference to families.

The model is still under development and we are learning and improving our offer all the time. This report describes our journey (quite literally!) so far.

1.BACKGROUND

In Summer 2021, as part of the DfE funded Holiday Activity and Food (HAF) Programme, Together for Children launched a Mobile HAF Bus to support the ward areas of the city that had no funded HAF provision. The mobile provision was a huge success engaging with over 1,500 children and young people over the period of 16 sessions.

The mobile bus offered children, young people and their families information, guidance and support as part of the signposting element of the DfE funded programme.

- Families reported that they found out about support services that they didn't know about
- Referrals were made into EH services
- Parent/Carers registered for their local Family Centres
- Families were signed up to the Healthy Start Programme
- Advice and guidance were given to children and young people around Careers, Healthy Relationships, Sex, Health and Well-Being, Nutrition and Activity.
- Children and young people joined Participation and Engagement Groups.
- Information was given around nutritional education and healthy eating

Due to the success, it was decided as a partnership to pilot a Mobile Prevention Bus service for 12 months, to ensure children, young people and their families know where to go to for support at the earliest opportunity, breaking down negative perceptions and supporting access and reach of services.

2.WHY PREVENTION?

The mobile provision is a preventative offer. In terms of definition, 'prevention' refers to activities to stop a social or emotional problem arising in the first place or escalating further.

Prevention is about encouraging children, young people and their families to be more proactive about their health and wellbeing, increasing independence and reducing the need for more intrusive or intensive services.

Prevention should be a focus of all of our interactions with children, young people and families - from people using universal services and community groups, to an initial request for information and advice, to assessment, care and support planning and reviews. Prevention should also be part of strategic planning and service developments.

As statutory guidance highlights 'at every interaction with a person, a local authority should consider whether or how the person's needs could be reduced or other needs could be delayed from arising' (DHSC 2016).

In Sunderland our model of practice is Signs of Well-being within our Early Help practice. To ensure our prevention bus also aligns with this model, we use language that is simple and easy to understand for our children, young people and families. Every prevention bus session is closed with a debrief session in the format of a group supervision looking at what worked well, anything staff are worried about and improvements for the next session.

3.CONTEXT

The Mobile Prevention Bus was co-produced with children and young people and has been named WEAR HERE 4 YOU. The Prevention bus is there to offer a recognisable point of information, support and contact for our children, young people and families in the city.



The Mobile Wear Here 4 You Bus was introduced as a partnership bus. Staff from Together for Children, Growing Healthy Sunderland, Northumbria Police, Youth Consortium and other partners have engaged with children and young people on issues that matter to them, have given advice, support and signposted when appropriate to other services and agencies.

The Wear Here 4 You Bus supports the Sunderland Healthy City Plan vision to support children and young people in Sunderland to have healthy, happy lives, with nobody left behind. The Mobile Wear Here 4 You bus also supports the Starting Well pathway which lays the foundations for a healthy life from preconception to young adulthood with the priority to give every child the best start in life.

4.AIMS AND OBJECTIVES 2021-2022

The **Wear Here 4 You** Mobile Prevention Bus:

- Is a safe space for children and young people if needed
- Highlights the support services available across the city for children, young people and their families
- Directly delivers prevention programmes, one-to-one targeted interventions and evidence-based interventions to improve outcomes for children and young people if appropriate
- Directly delivers themed sessions to raise awareness of online safety, cyberbullying and bullying and the impact this has on mental health and emotional resilience.
- Delivers health interventions to children, young people as part of Growing Healthy Sunderland 0-19 Public Health programme
- Delivers and promotes use of C Card (age specific contraceptive advice)
- Takes support provision to geographical areas/wards where there has been difficulty for young people to access it or where a targeted provision is required
- Enables young people to have a positive voluntary relationship with an adult who has a professional interest in the well-being of young people.
- Supports Together for Children and partners to gain a greater understanding of young people's situations in order to increase accuracy of intervention.
- Supports the partnership to understand the issues and needs of young people to the benefit of both.

5. FUNDING AND RESOURCE

In the period of 16th October 21 to 30th September 2022 the Wear Here 4 You prevention bus was funded from a variety of resources. Funding received only covered the hire of the bus, maintenance, a bus driver and refreshments. Figure 1 shows the funding sources.

FIG 1. 2021-2022 Funding

	TFC	Public Health	SSCP	Growing Healthy	CCG	Total Cost
Staffing	All	N/A	N/A	N/A	N/A	
Bus	£10,000	£14,000	£10,000	£2,000	£10,000	£46,000
Refreshments	N/A	£3,000	N/A	N/A	N/A	
Total	£10,000	£17,000	£10,000	£2,000	£10,000	£49,000

Based on the numbers of young people who accessed the Prevention bus in 2021/22 (see Fig 2 below), the average cost to support each young person was £7.95. The use of the bus to deliver HAF sessions as well as the prevention sessions reduces this cost significantly.

Funding for additional support staff was not available as part of the pilot year. The bus was co-ordinated and staffed mainly by Together for Children's Early Help Service with some support from Children's Social Care and our partners for example Growing Healthy Sunderland School Nurses or Sexual Health Team.

It was identified early on in the pilot that 12 months would not give the opportunity for evaluation of the of the bus, the Clinical Commissioning Group (now known as the Integrated Care Board) recognised the importance and secured funding for a second year which would run from 1st October 2022 to 30th September 2023.

Additional funding for dedicated staffing for the bus for 12 months has been secured by Together for Children and from the Violence Reduction Unit (VRU).

At the end of 2022/23 we will conduct a full cost benefit analysis of the provision.

6. HIGHLIGHTS OF YEAR ONE 2021-2022

FIG 2. Output Highlights of year one

103 completed sessions (overall)	6,161 children and young people	37 completed school sessions	32 Community Day sessions completed	34 Evening sessions completed
960 Parent carers	77 family registrations completed	11 Careers and NEET Referrals	2 Children's Social Care Referrals	7 Early Help Referrals
17 young people directly introduced to KOOTH	7 young people signposted and attended a Youth and Community Group	47 C Card registrations via TFC and Sexual Health Service	7 occasions where intelligence was passed to police	20 referrals made into the Prevention and Resilience team

To note: we estimate that numbers are much higher, however recording of sessions strengthened as the prevention bus developed. Not all young people want to be identified.

7. MAKING A DIFFERENCE

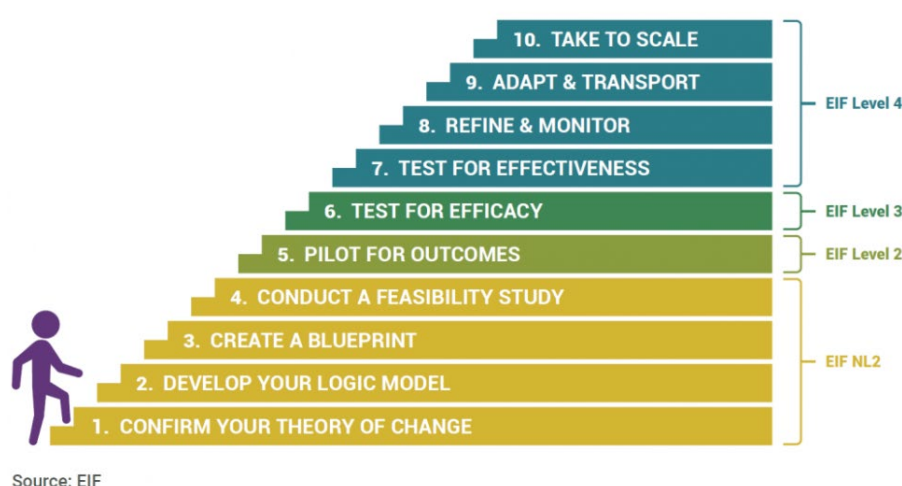
Effective early intervention and prevention work to prevent problems from occurring in the first place or tackle them head-on before they get worse. Evaluation is essential for ensuring that our intervention is effective at preventing poor outcomes, supporting children's development and

providing the benefits that it has been designed to provide. Understanding and measuring the impact of an intervention is an iterative process.

Evaluation methods can be daunting at times. To support our thinking the Early Intervention Foundation offers a practical ten step framework. The framework supports and reconfirms that our pilot programme is making a difference as it is implemented.

The Wear Here 4 You prevention bus is currently between step five and six of the framework, identifying meaningful outcomes for children and young people and establishing our evidence base across the partnership. We are moving into step seven to see if the bus has had the intended result described in the aims and objectives. Year Two will support further evaluation moving the programme through steps eight to 10 as we are seeing the positive outcomes and expand our delivery model.

FIG 3. Early Intervention Ten Step Framework



8. LOGIC MODEL

The use of logic models can help us show the connectivity between needs, interventions, and outcomes. To do that our model focuses on inputs, outputs, outcome and impact.

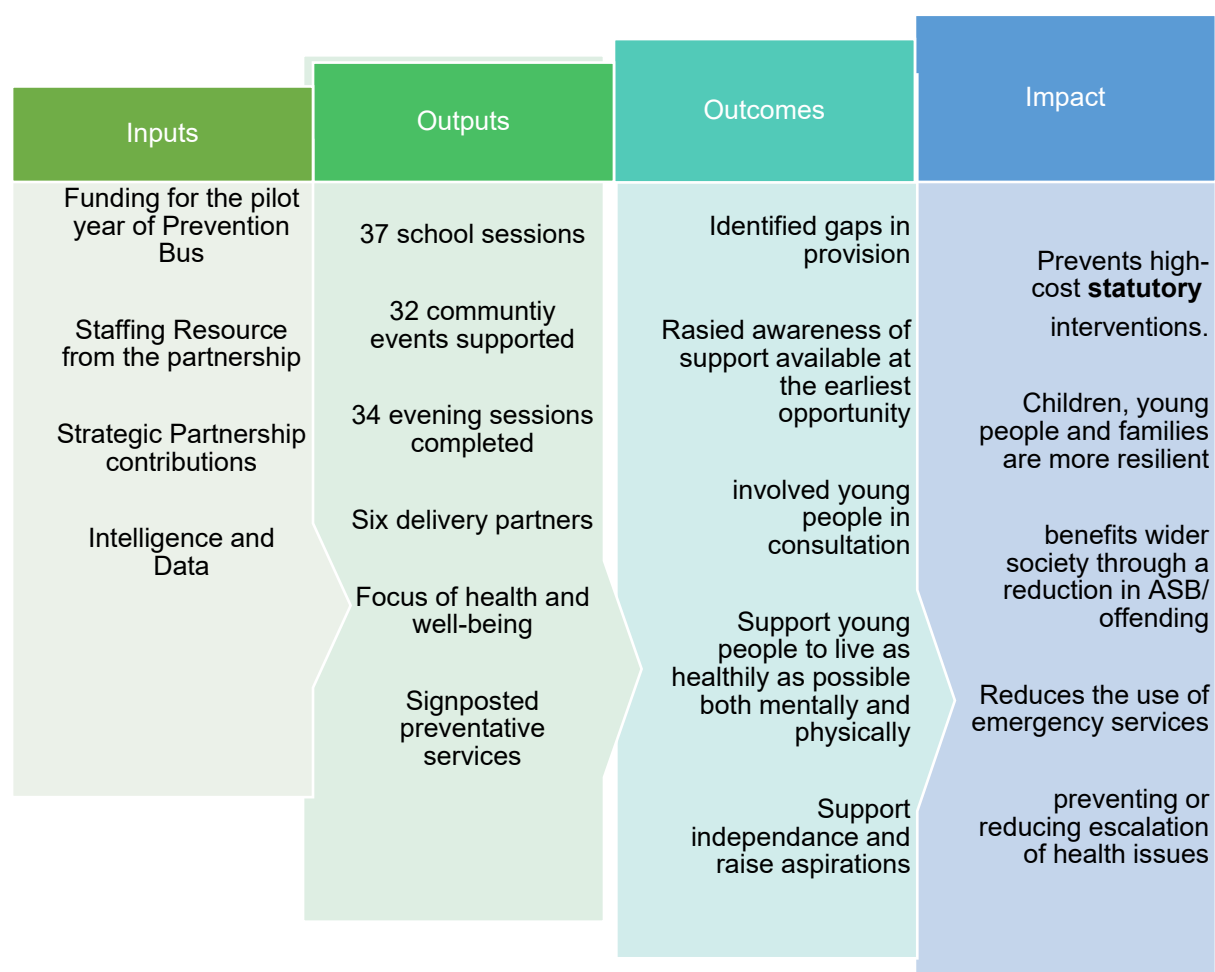
Inputs are the actions the partnership has taken to support the pilot programme.

Outputs are a great way to show engagement and uptake but does not have a measurable impact on our children, young people and families. How do we know if we are really making a difference. It's about a change in thinking, services that work with children and families are good at doing the doing, being creative, reacting and supporting families

Outcomes tend to be immediate or short-term benefits of an input such as a group of young people reporting that they have learnt something new by attending a session.

Impacts tend to be long term benefits of an input. Overall, we want to look evidence impact but i.e. families could engage earlier reducing the needs of more intensive costly services. As impact tends to be difficult to track we use outcomes with an evidence base to predict the impact e.g. 5,000 young people attended session X in the past 12 months, evidence base Y suggests that this will lead to continuous reduction in Z during the next 5 years.

FIG 4. LOGIC MODEL



OVERALL OUTPUTS

In the period of 16th October 2021 to 30th September 2022, the Wear Here 4 You prevention bus arranged 122 sessions and delivered 103 sessions. The cancelled sessions were mainly due to the changes in restrictions with regards to COVID 19.

Fig. 5. Session Outputs

	Quarter 1 (Oct – Dec 21)	Quarter 2 (Jan – March 22)	Quarter 3 (April – June 22)	Quarter 4 (July – Sept 22)	Total
School Session	7	12	13	5	37
Community Session (Day)	5	6	7	14	32
Community Session (Evening)	9	11	7	7	34

Cancellations	8	10	0	1	19
Total	29	39	27	27	122

The Wear Here 4 You prevention bus engaged with 6,178 children and young people and 961 parent and carers. Figure 7 shows the overall breakdown over our three session types.

FIG 6. Numbers attending per session type

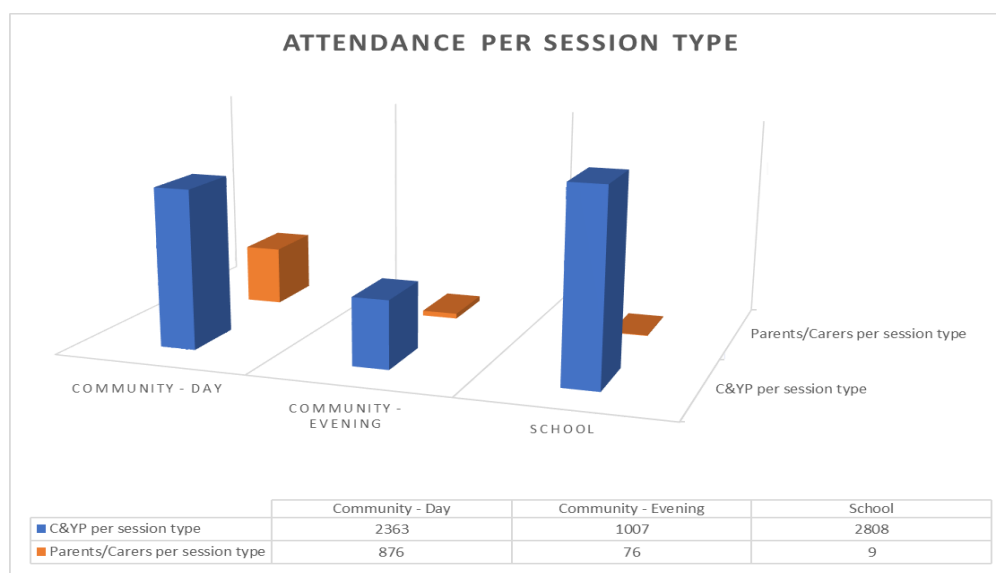
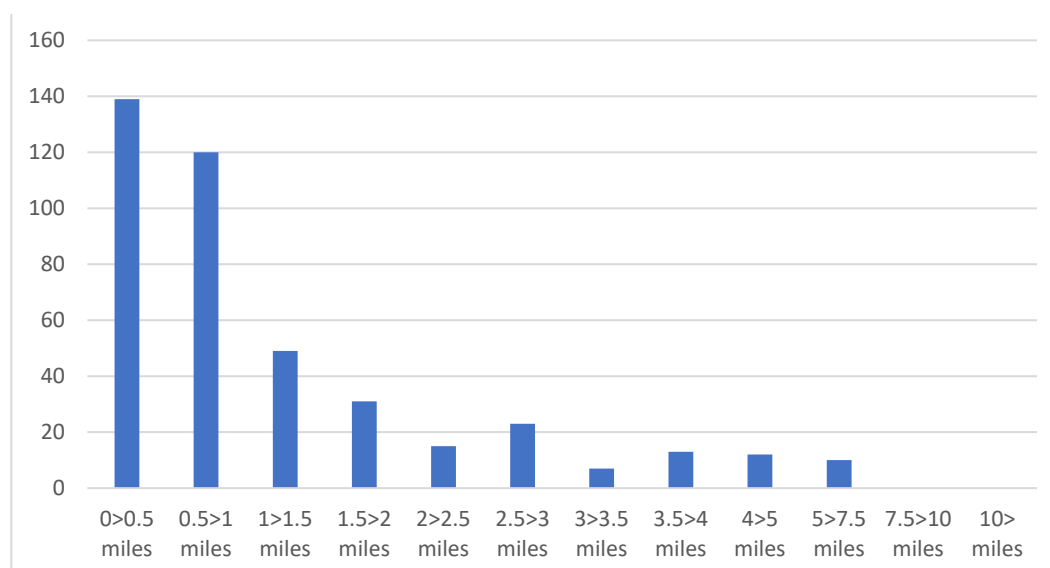
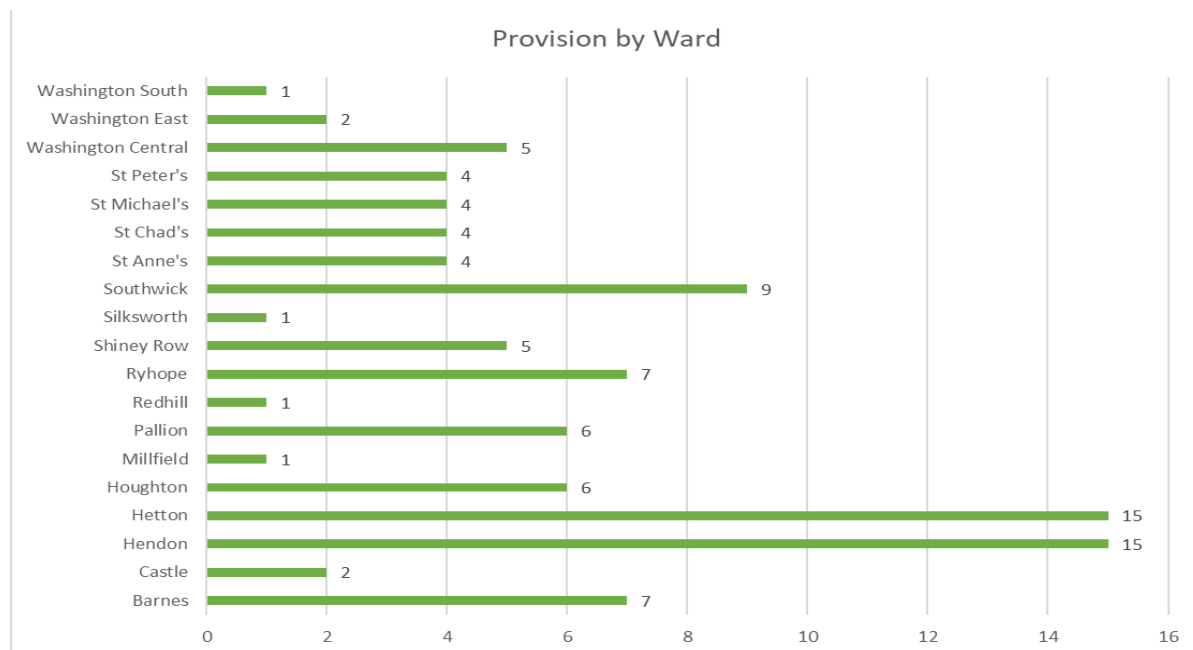


FIG 7. Distanced travelled



In the period of October 21 – September 22 the Prevention Bus travelled to 19 wards across the city. This represents 76 percent of the wards within the City of Sunderland. (Note of wards where the Wear Here 4 You Bus did not visit in year one; Copt hill, Doxford, Fulwell, Sandhill, Washington West and North)

FIG 8. Ward Information



EXAMPLE OF OUTCOMES

- One of the STI screening kits issued on the bus was returned and came back positive. The young person was able to be identified and treatment was arranged for this young person.
- During a session two young people asked for help from the bus staff as they felt unsafe. The bus staff worked with the police to get the two young people home safely.
- Intelligence received from young people around use of ketamine and poppers with teenage boys 15-17 have supported the extension of support from our youth drug and alcohol services and delivering some targeted intervention
- One evening a young person who wanted support around healthy relationships but also raised a number of other worries gave her contact details to contact the following day. This resulted in the family agreeing to support from the Early Help service and the young person receiving RSHE support.
- Police intelligence submitted after sessions (partners didn't know we could submit intelligence)
- Concerns were raised by Sexual health in relation to a young people's knowledge around sexual health and relationships. As a result schools were contacted and have completed work to deliver enhanced RSHE support to young people.
- Two young people disclosed that they were being bullied in school and had not previously shared this with anyone. During the disclosure they also asked for support. The request resulted in TFC's Anti-bullying lead working with the school to address the issue.
- Over 50 new families signed up to their local family centre at the Family Centre promotion session in the city centre.
- One young person disclosed she thought she was being groomed online. An appropriate referral was made into safeguarding and the young person is now being supported.
- One young person attended an evening session, was very angry. Staff spent some time talking to him, he disclosed that he gets into trouble at school, struggles to manage his

anger and didn't know what to do. Staff discussed Early Help support with him. As a result, he phoned his mam to ask if he could share her number and if she would be happy for someone from early help to contact her, to which mam agreed. This was then passed for contact to be made and support to be offered.

- Youth Workers from across the city provision have attend sessions throughout the year and signposted young people to youth clubs within the area
- A parent with two young children diagnosed with Autism signed up to support from Early Help and was provided with advice and signposting for Parent/Carer Forum.
- One young person attending a bus session informed the team she was pregnant. She spoke to workers about how she was feeling, what was happening and the support she felt she needed. As the young person was a resident of South Tyneside, staff explained they would require additional support to help her and would be happy to have a conversation with her social worker (who she didn't frequently speak too). The young person agreed to this suggestion and the South Tyneside social worker was contacted and information shared. The open and honest approach of staff result in the young person feeling supported following this partnership working.
- Parent attended bus session in Hetton visibly upset with concerns regarding her son socialising with older young people who were carrying knives, behaviour she found difficult to manage at home, no family support, feeling isolated and unable to cope. She was invited onto the bus and after discussion was happy for her details to be shared with Early Help for support, leaving with signposting materials and details of support services in the area.

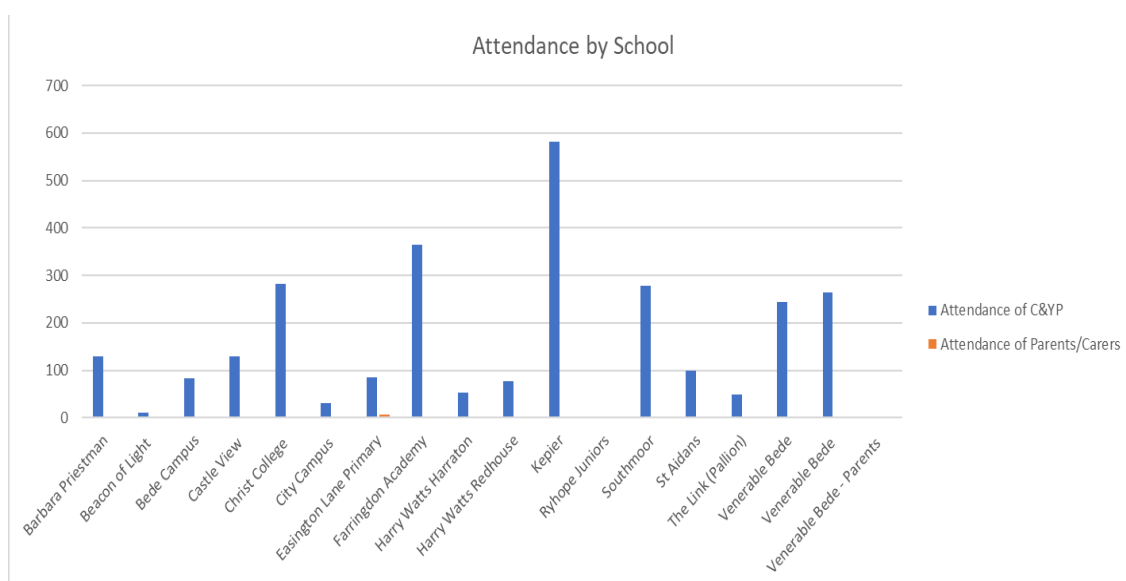
9.SCHOOL ENGAGEMENT

The Prevention Bus delivered 34 sessions across the following schools and colleges across Sunderland. This is 13% of our overall number of schools.

- St Aidan's
- Kepier
- Ryhope Junior School
- Easington Lane Primary School
- Venerable Bede
- Farrington
- Link – Pallion
- The Link School – Springwell Dene
- Barbara Priestman
- Southmoor Academy
- Christ College
- Castlevue Academy
- City of Sunderland College
- Harry Watts
- Beacon of Light

School sessions are planned in advance to help identify areas of potential concern with the lead from the Prevention and participation team and ensure information being shared is age and level of learning appropriate. Year two will formalise this process to allow us to track what is requested from schools, service received and follow up.

FIG 9. Attendance by school



We asked the Assistant Head at Farrington Community Academy “What difference did the Prevention Bus make to the school?”. They responded:

- The bus has attended our drop down days around specific targeted days such as Anti Bullying.
- The support from the bus has been integral part of our delivery to students. The bus team provided feedback which allowed us to follow up with students where there was possible worries. Those identified students have then had further work carried out to support them in school and at home.

“Had it not been for the Prevention Bus Farrington students would not have been supported in a way which was paramount to their development and mental health’.

Assistant Head, Farrington

We asked the Assistant Principal from Kepier Secondary Academy “What difference did the Prevention Bus make to the school?”. They responded:

- Kepier is not accessible so was great to get all services to attend
- 80% of Kepier learners access the Wear 4 You Prevention Bus
- The team are well qualified and able to advise our learners on key topics linked to wellbeing, RSE, Health and safety - and specific issues at age-appropriate levels
- It opened the communication, and started relationships between local support services
- We were very lucky as a school to have access to this service and look forward to continuing if possible.

‘Kepier very much benefited as a school from the prevention bus. The bus coming on site not only offered a different and engaging environment for our learners to discuss key and sensitive topics, but also supports and contributes to embed a PSHCE curriculum due to the flexibility to come in at key points throughout the year’ **Assistant Principal, Kepier.**

10.THEMES FROM CHILDREN AND YOUNG PEOPLE

Information and feedback from children and young people is an integral part of the bus sessions. The below frequently occurring themes have come from children and young people at sessions either in the community or school.

Fig 10. Common themes



11.PARTNER OUTPUTS, OUTCOMES AND DIFFERENCE MADE

We asked each of the below key partners 'What difference did the Prevention Bus make' to each of their services. Responders for each of the key partners are:

- Growing Healthy Sunderland – Service Manager
- Northumbria Police – Community Inspector
- Sexual Health – Sexual Health Co-ordinator
- Community & Voluntary Organisations - Development Manager, Sunderland Altogether Consortium and several managers of local community organisations.

GROWING HEALTHY SUNDERLAND 0-19 SERVICE

Growing Healthy Sunderland 0-19 Service (Harrogate and District Foundation Trust) led The Better Mental Health carousel events. Events were held in 15 secondary schools and over 3000 children from year 7 and year 8 accessed the sessions (information and data provided by 0-19 service)

What difference did the Prevention Bus make to the Growing Healthy 0-19 Service?

The events led to a number of referrals:

- 50 referrals into the Sunderland Stop Smoking Service
- 34 referrals into emotional health support from Growing Healthy Sunderland 0-19
- 1 referral to the Child & Young Persons Service.

The number of pupils accessing the weekly school nurse drop-in sessions increased.

Collaboration with partner agencies and networking to benefit the further delivery of service.

Outcome and Impact

- Over 3000 children were seen by the service were engaged by practitioners and had access to partner services.
- At the end of the sessions, pupils were able to have an improved level of understanding with regards to their emotional wellbeing and how to improve it.
- Pupils completed four activities with a different message from each using Make Every Contact Count and Brief intervention models.

NORTHUMBRIA POLICE

What difference does the Prevention Bus make to Northumbria Police?

- The bus makes a massive difference to the way in which I am able to respond and deal with ASB, disorder and associated criminality.
- The bus provides unparalleled engagement with young people, especially those in hard to reach areas. This engagement has resulted in the formation of better relationships with the young members of our community.
- The impact of this is difficult to assess at this time as not enough time has elapsed in order to make a proper assessment. However, intelligence gained directly or indirectly from the bus has positively impacted upon ongoing Police investigations resulting in positive outcomes for victims and diversion for young offenders.
- The bus by design or not directly impacts on ASB levels in the area. This is evidenced by the fact that ASB levels fell whilst the bus was in operation in Washington, Easington Lane and Hetton. Since the bus left Washington the levels of ASB have begun to increase again. However, the levels remained relatively low for the weeks immediately after the bus's relocation.

'The staff are what make this bus a success. They are exceptional!!! I have witnessed first-hand how great all the staff are at engaging with young people from all back grounds'. Community Inspector

What improvements would you make?

- Occasionally, there is conflict or misunderstanding in relation to what the bus is meant to be used for. This may be down to a lack of information sharing or advertisement.
- More deployments. More frequency. More buses!

SEXUAL HEALTH SERVICES

What difference did the Prevention Bus make to Sexual Health Services?

- Great opportunity to do outreach work
- Increased knowledge and awareness of other services
- Access to young people that may not have accessed support from our services.

'I've found it invaluable for the Sexual Health Outreach Service to work with young people that wouldn't normally access this kind of service. A lot of the young people I've spoken with haven't had any education on how condoms work and how the withdrawal method doesn't work, etc. The bus has had a huge positive impact for us' Sexual Health Co-ordinator

Outputs and Outcomes

- Four sexual health screening tests issued.
- One referral for long-acting reversible contraception.
- 17x C-Card sign ups from one area block
- 13x C-Card distributions (young people already signed up to the service) from one area block
- 16x dialogues (general advice and signposting) from one area block.

COMMUNITY AND VOLUNTARY ORGANISATIONS

What difference does the Prevention Bus make to you as a Youth Provider?

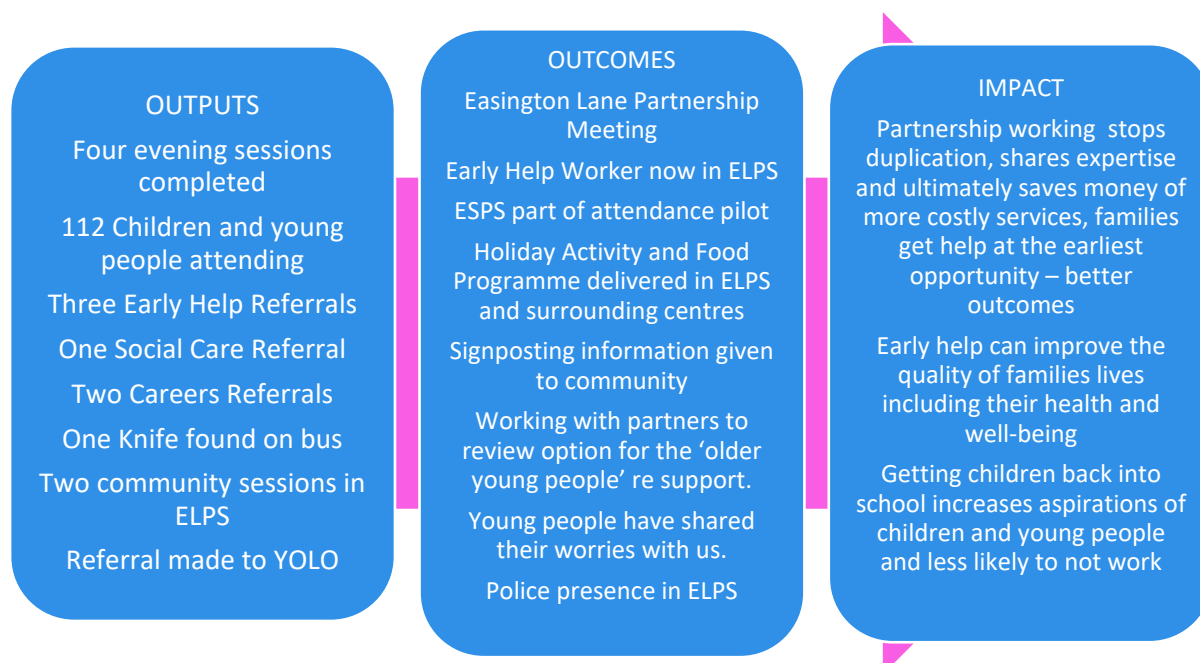
- Sign posting to youth projects seems to be working although data is currently not recorded
- Partnership working and seeing what other services do in the city
- Prevention bus has employed a youth worker from one the projects.
- Supported signposting to Community Opportunities Holiday Activity and Food Programme

'I think there is a role and the prevention bus does need to be aligned with youth provision in the localities' **Development Manager, Sunderland Altogether Consortium**

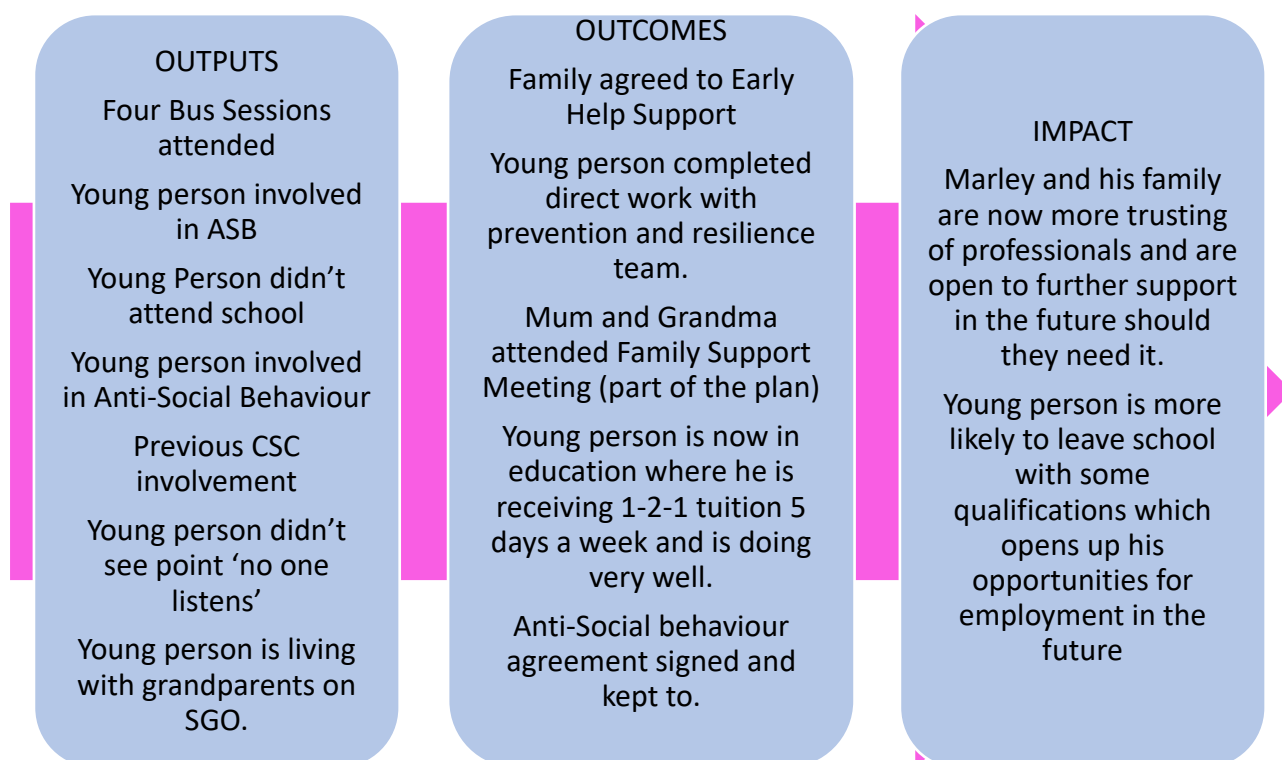
12.CASE AND COMMUNITY STUDIES

Impact case studies are evidence-based stories about the difference the prevention bus has made to children, young people, their families and the communities where they live. Below are a few examples;

Easington Lane Case Study



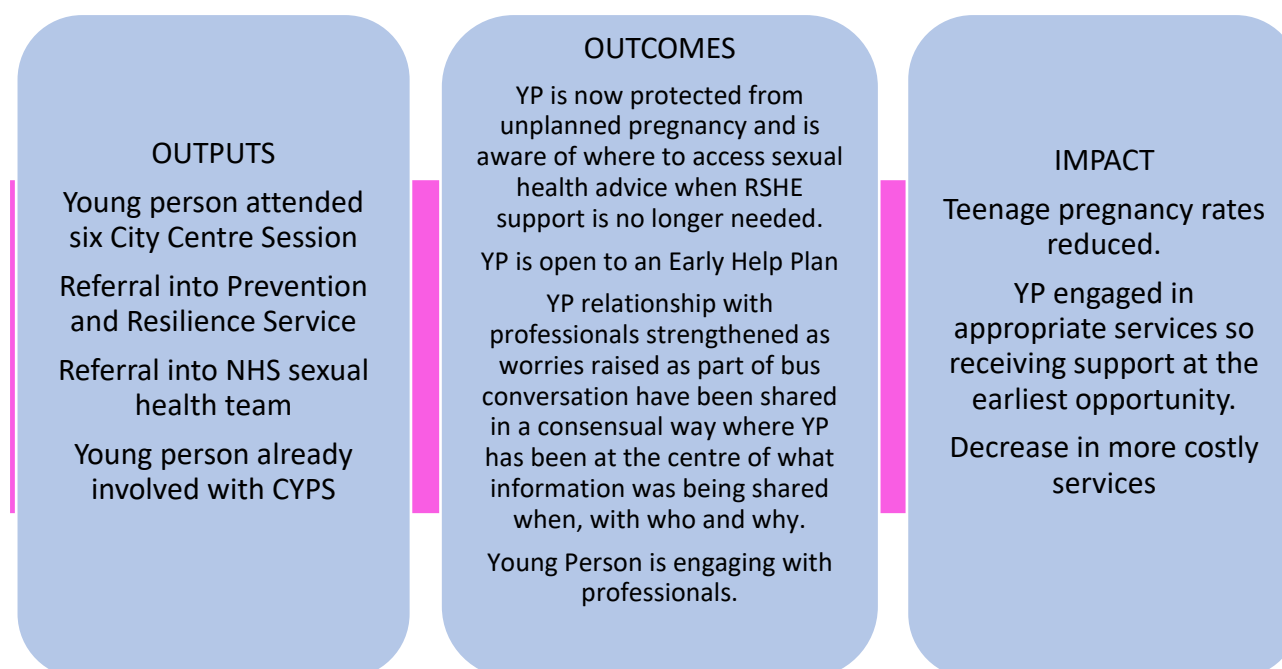
Easington Lane Young Person Case Study



'Upon first meeting young person in March 2022 he constantly put himself down, couldn't think about his future and said he felt trapped. 10 months later Marley is telling people how proud he is about what he has achieved so far, he's talking about what his future might look like and said he doesn't feel like he "will be stuck in Easington Lane forever'.

Worker and Young Person

City Centre Young person Case Study



13. WHAT YOUNG PEOPLE SAY ABOUT THE WEAR HERE 4 YOU MOBILE PROVISION

Throughout the report we have identified a number of outcomes for children, young people and their families. However, the feedback from our children and young people is

Children and young people have somewhere safe to go.

"I feel safe on this bus'." **Young Person**

"Hi, I really love the bus I would love for the bus to come back to Sunderland Park Lane because it gives me someone to speak to when I need to speak to someone." **Young Person**

"I would like the Wear Here 4 You bus to stay at The Galleries because it keeps us out of trouble'." **Young Person**

Children and young people get advice and guidance

'I came to the bus and spoke to a worker (from careers team), they supported me and I am now attending a course at Springboard. They really helped and it was great that they were there for me to drop in and speak to them' **Young person**

'Your team has really inspired me to reach for my goals and I will start to talk to my careers leader at school' **Young person**

Young people enjoy a healthy snack

'Food is absolutely fabulous on the bus, it's really good that we get healthy food because we want to stay healthy do offering supports this' **Young person**

'The fruit is banging'
Young Person

Young people receive health related information

'Coming on the bus gave me the chance to speak to someone about the implant, I would not have gone if it was not for the bus' **Young Person**

Parent Feedback

'I did not know what services Early Help offered, it is amazing that you are preventing escalation' **Parent**

14.IMPACT AND EVALUATION

In Together for Children we know how vital it is to evaluate an intervention to ensure what we are delivering is effective. However, impact evaluation cannot happen overnight, it is journey.

We have clearly demonstrated that the Wear Here 4 You Prevention Bus has improved outcomes for children, young people and their families delivering services at the earliest opportunity. During the next 12 months we will support an ongoing evaluation and commitment to ensuring children, young people and families receive the right support at the right time.

A cost benefit analysis will be carried out in year two to compare the costs and effects of the Wear Here 4 You delivery model.

15.FUTURE DELIVERY

From lessons learnt from children, young people, families, and providers over the period of 1ST October 2021 – 30th September 2022 we have identified the following areas to improve delivery for the second period of delivery of the Wear Here 4 You prevention bus;

- Themed weeks with preventative resources and activities available.
- Bus Session Plans based on 6 blocks with review template
- Feedback from school sessions template
- Mindfulness packs for young people accessing the prevention bus
- Updated resources around drugs and alcohol, sexual health, healthy relationships, aspirations, staying safe and keeping healthy.

RECOMMENDATIONS

The Education and Skills scrutiny is invited to:

- Note the content of the report
- Consider future delivery of the prevention bus from October 2023

Jane Wheeler

Early Help Service Manager – Prevention and Innovation

Jan 2023

CHILDHOOD OBESITY IN SUNDERLAND

REPORT OF THE EXECUTIVE DIRECTOR OF HEALTH, HOUSING AND COMMUNITIES

1. Purpose of Report

- 1.1 The purpose of the report is to provide an update on the National Child Measurement Programme¹ and the whole systems approach to childhood obesity, through the 'maintaining a healthy weight' agenda in Sunderland.

2. Context

- 2.1 Local Authorities are mandated to commission² the National Child Measurement Programme (NCMP) for a child, who at the beginning of the academic school year, is:
- (a) in the school year in which the majority of children are aged either 4 or 5 years; or
 - (b) in the school year in which the majority of children are aged either 10 or 11 years.
- 2.2 Delivery of the surveillance elements of the NCMP – completing the height and weight measurements and returning relevant data to NHS Digital – is a statutory function of local authorities set out in legislation. The Office for Health Inequalities and Disparities has responsibility for national oversight of the programme.
- 2.3 Local Authorities are also responsible for public health services³ for children and young people aged 0 -19 including the Healthy Child Programme and interventions to tackle obesity such as community lifestyle and weight management services and locally-led nutrition initiatives.

3. Background

- 3.1 The World Health Organization (WHO) considers that childhood obesity is reaching alarming proportions in many countries and poses an urgent and serious challenge. We know that living with obesity can significantly affect health outcomes for children, leading to rising concern about the impact this is having on their physical and mental health, both in the short term and also into their adult life⁴. In England, the health problems associated with being overweight or obese cost the NHS more than £6.1 billion every year.
- 3.2 **In England, nearly a third of children aged 2 to 15 are overweight or obese**, with younger generations becoming obese at earlier ages and living with obesity for longer. This falls hardest on children from low-income backgrounds, as obesity rates are highest in the most deprived areas, exacerbated further as a result of Covid. The increases in children living with obesity and severe obesity in 2020 to 2021 followed the COVID-19 pandemic, which resulted in school closures and restrictions to public health interventions. For example, the NCMP participation rates for 2019 to 2020 and 2020 to 2021 were affected by COVID-19. The impact of school closures, workforce pressures and school attendance, in response to the COVID-19 pandemic, are referenced throughout the data reports in [NCMP publications](#).
- 3.3 Physical activity is associated with numerous health benefits for children, such as improved muscle and bone strength, health and fitness, improved quality of sleep and maintenance of a

¹ [National Child Measurement Programme: operational guidance 2022 - GOV.UK \(www.gov.uk\)](#)

² [The Local Authorities \(Public Health Functions and Entry to Premises by Local Healthwatch Representatives\) Regulations 2013 \(legislation.gov.uk\)](#)

³ [dh_131901.pdf \(publishing.service.gov.uk\)](#)

⁴ Time to Solve Childhood Obesity, Davies SC, 2019

healthy weight. There is also evidence that physical activity and taking part in organised sports and after school clubs is linked to improved participation in the school day. A recent review⁵ highlighted a 17 minute reduction in children's engagement in daily moderate to vigorous physical activity levels from before to during Covid.

- 3.4 Whilst the return to educational settings has increased activity levels, which improves child health by contributing to maintaining a healthy weight, the Obesity Health Alliance highlight that ensuring opportunities to improve child health is estimated to save £30 billion by 2030.
- 3.5 The NCMP data shows that nationally, the prevalence of children aged 4 to 5 and 10 to 11 who are overweight and living with obesity is unacceptably high. The overall change in prevalence levels has been relatively small each year, with the exception of the unprecedented rise seen in the [2020 to 2021 NCMP annual report](#) which showed an increase of around 4.5%, for both cohorts.
- 3.6 The data consistently shows that the number of children living with **obesity doubles between reception year and year 6** (from around 10% to around 20%). Additionally, year-on-year the data has shown that children living with obesity in the most deprived 10% of areas in England are more than twice that in the least deprived 10%. This gap in obesity prevalence by deprivation continues to widen for both reception and year 6, and for those children measured as severely obese, this gap rises to more than 4 times for both year groups.

4. Whole System Approach to Maintaining a Healthy Weight in Sunderland

- 4.1 A range of stakeholders and services make an important contribution to the health of the individuals and communities they serve. Success depends on the whole system - commissioners, providers and wider stakeholders - working together to make these services as responsive, relevant and as easy to use as possible; ultimately to improve the public's health. Therefore, working across the Council and with a wide range of partners is key to reducing health inequalities by contributing to improving the social determinants of health and strengthening resilient communities and support services.
- 4.2 The following update builds on elements of this work, sharing the progress made against subsequent investment and ways of working in support of the whole systems approach to maintaining a healthy weight.

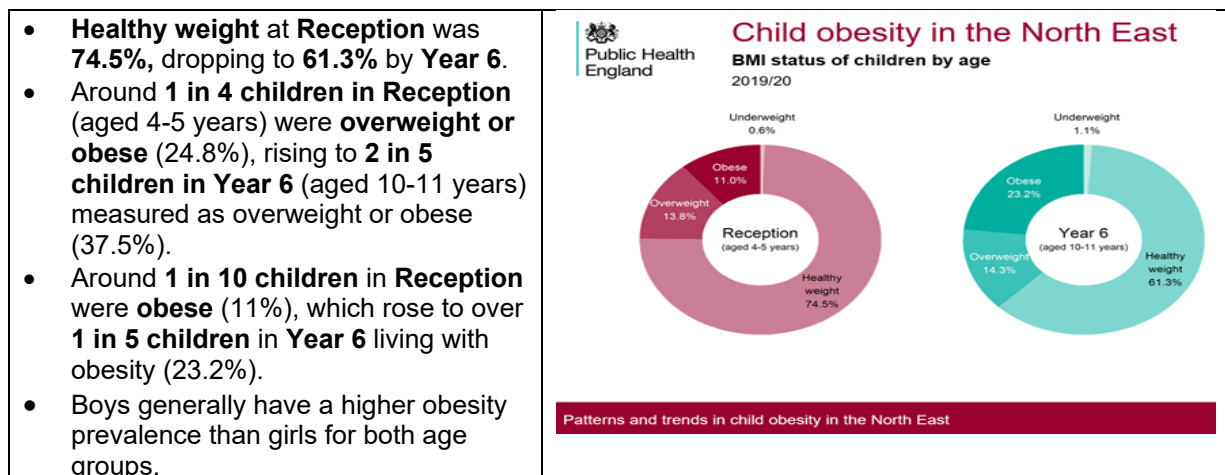
5. Maintaining a Healthy Weight Update

5.1 An Overview of 3 years of NCMP Data for Sunderland

An NCMP update has been shared with key stakeholders as well as being presented at key groups including Starting Well Delivery Board, Best Start in Life Working Group, School Sports Coordinator Group and the Healthy Weight Steering Group and Alliance.

a. NCMP headlines Academic year 2019/20 In the **North East**:

⁵ [Global Changes in Child and Adolescent Physical Activity During the COVID-19 Pandemic: A Systematic Review and Meta-analysis | Adolescent Medicine | JAMA Pediatrics | JAMA Network](#)



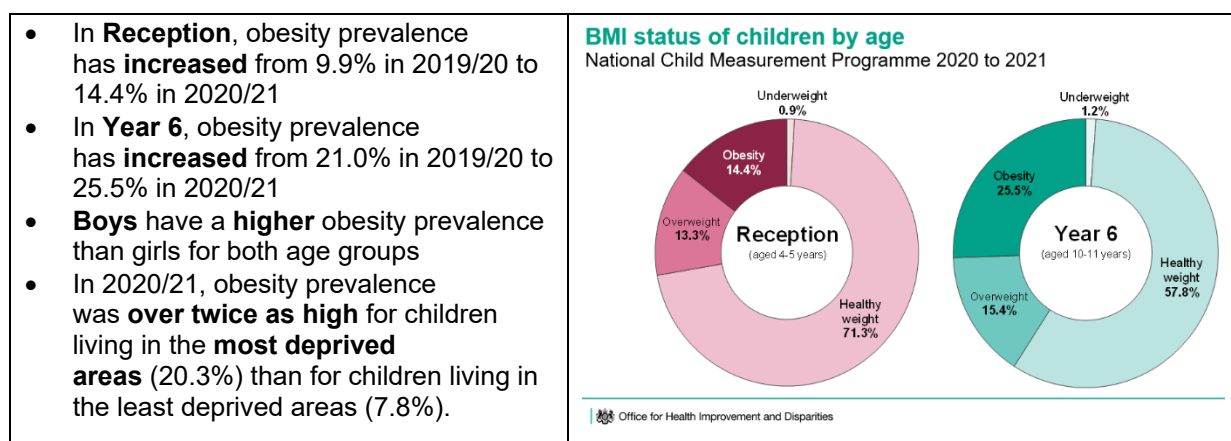
In Sunderland:

- **Children (Reception)** – Healthy weight at **Reception** was **77.2%**, The prevalence of overweight (including obesity) was reported at 22.1%, a 2.3% decrease from the previous year. This was **lower** than both the NE regional average at 24.8% and the England average at 23.0%.
- **Children (Year 6)** – Healthy weight drops to **61.8%** by **Year 6**. The prevalence of overweight (including obesity) was reported at 36.9%, a 2.3% decrease from the previous year. This was **lower** than the NE regional average at 37.5%, although higher than the England average at 35.2%.
- The prevalence of severe obesity in both age groups was reported **higher** than both the NE regional and England average.

b. NCMP headlines Academic year 2020/21

Due to the Covid-19 pandemic, the 2020/21 collection was carried out as a sample and statistical weighting was applied to the data, producing an estimate of obesity prevalence at national level. The nationally representative sample of 10 - 20% that LAs were advised to collect in March 2020, due to school closures, was less than the minimum 75% required to produce robust estimates of obesity prevalence at the Local Authority level, meaning there is no validated LA level data available, only at regional level.

Overall across **England**, the data below shows that **obesity rates** in both reception and Y6 pupils **increased** by around **4.5 percentage points** between 2019-20 and 2020-21. This is the **highest annual rise** since the NCMP began in 2006/07, the previous highest rise was less than 1 percentage point.



In the **North East**, there was a 4% point change from the previous year in obesity prevalence in **Reception** and a 5.9% point change for **Year 6**, meaning **healthy weight decreased**,

and **excess weight indicators were up**, with a similar trend for Overweight & Obese/Severely Obese, which **doubled or nearly doubled by Year 6**.

Sunderland completed measurements for 30% of the cohort, with the unvalidated data indicating healthy weight was down by over 10% for both **Reception** (from 77.2% to 65.4%) and for **Year 6** (from 61.8% to 51.4%). Excess weight prevalence had risen for both cohorts across the 3 indicators.

**This data was not released, therefore is not to be shared publicly, as it is not validated due to impact of Covid on the NCMP sample.*

c. NCMP headlines Academic year 2021/22

National prevalence findings from the 2021/22 NCMP⁶ show **decreases** in the proportions of children who are overweight (including obesity), living with obesity, and living with severe obesity compared to 2020/21. **Decreases** are seen in both Reception (a 4.14 percentage point **decrease in obesity prevalence to 10.1%**) and Year 6 (a **2.11 percentage point decrease in obesity prevalence to 23.5%**), with Reception seeing the biggest relative reduction (**App. 1**).

Though the percentage of children living with obesity and severe obesity has decreased compared to the stark increase last year, **prevalence levels remain slightly higher than before the pandemic** and are at the highest level since the NCMP began, if the 2020/21 figures are excluded.

For Sunderland, the 2021/22 NCMP⁷ Obesity Profile indicates that prevalence across the indicators has seen a rise in healthy weight and a drop in excess weight, although not all have returned to pre Covid levels, including the slight rise in underweight. The Table below shows the data across three reporting years.

<i>Programme Year Overview</i>	2019/20		2020/21*		2021/22	
<i>Cohort</i>	R	Y6	R	Y6	R	Y6
Underweight	0.5%	1.5%	0.4%	0.9%	0.7%	1%
Healthy Weight	77.2%	61.8%	65.4%	51.4%	74.2%	54.2%
Overweight	12.2%	13.1%	15.9%	17.4%	12.8%	15.3%
Overweight & Obese	22.1%	36.9%	33%	47%	25.3%	45%
Obesity & Severe Obesity	10.1	23.6%	18.3%	30.3%	12.5%	29.7%
Severe Obesity	3%	6.1%	2.4%	12.9%	3%	9%

**20/21 This data was not released, therefore is not to be shared publicly, as it is not validated due to impact of Covid on the NCMP sample.*

In summary, increases from NCMP data persist for Y6, however Reception is generally recovering; there have been noticeable increases in obesity during the pandemic, with a widening of inequalities. This was likely driven by a marked reduction in physical activity and some changes in diet, resulting in a short term impact on children's health, although the longer term impact is uncertain, for example the potential uncertainties for Y6 children in maintaining a healthy weight going forward.

The latest Childhood Obesity Profiles at ward level for Sunderland time period: 2019/20 to 2021/22(**App. 2**), show historic trends. Key Points for the latest analysis, which supports a targeted approach to maintaining a healthy weight, highlight that:

- **In Reception** Doxford, St Michael's, Washington South and Fulwell are all significantly lower than the Sunderland average. There are no wards significantly higher than the Sunderland average.
- **In Year 6** Fulwell is significantly lower than the Sunderland average, with Sandhill significantly higher than the Sunderland average.

⁶ [National Child Measurement Programme, England, 2021/22 school year - NDRS \(digital.nhs.uk\)](https://digital.nhs.uk/national-child-measurement-programme-england-2021/22-school-year)

⁷ [Obesity Profile - Data - OHID \(phe.org.uk\)](https://phe.org.uk/data/obesity-profile)

d. Health Related Behaviour Survey

The 2021 Health Related Behaviour⁸ survey informed us that secondary pupils are 3 times more likely to skip breakfast and eat less portions of fruit and veg than primary school pupils. Although primary school children are more likely to have breakfast, those who do not is highest where they are also more likely to eat sweets/chocolate most days. There is an **upward trend** in the number of **girls** who report having 'nothing at all' for breakfast, 6% of Y6 girls, 18% of Y8 girls and 23% of Y10 girls.

Participation in physical exercise is more prevalent in **primary school** pupils than in **secondary**, with **38% of primary** pupils exercising 5 times a week or more compared to only **22% of secondary** pupils. Again, the **clear difference between girls and boys** continues as pupils get older; **fewer girls** say they consider themselves fit, **reducing** from 30% in **Y6** to 18% in **Y8** to 14% in **Y10**, with the boys being more active where 30% of the **Y10 boys** exercised enough to breathe harder and faster on at least 5 occasions in the previous week compared with 14% **Y10** girls.

More than **half** of secondary school pupils would like to **lose weight**, and almost **two thirds** have been bullied because of their weight, with a clear sex based difference; **46%** of **Y6** girls said they would like to lose weight, **rising to 62%** of **Y8**; by **Y10**, **65%** of females state they would like to lose weight compared to **39%** of males. Overall **43% of Y6** pupils reported they wanted to lose weight; this is highest in areas where pupils eat chips or potatoes most days.

When you look at this alongside information on **body image**, it is interesting to note **47% of secondary school** pupils **worry about the way they look** and **54% of secondary school** pupils said they would like to lose weight, this was similar across the 5 localities. There are clear differences for boys and girls – by Y10 **69% of girls** worried about the way they looked as opposed to **26% of boys**.

In summary, this analysis highlights that that although secondary school pupils generally understand the importance of looking after their own health, the healthy behaviours that are present in primary school pupils decline over the year groups in relation to nutrition, physical activity and body image.

e. Broader Impacts

Given that we know hunger and obesity co-exist in vulnerable groups, children are adversely affected by poor nutrition. Families are making tough decisions to enable a level of management for eating, cooking or heating. Through the root cause of inequality, impacted adversely by the pandemic and exacerbated further by the current cost of living crisis, food poverty is often hidden and comes with a level of stigma, which will impact on health outcomes and likely continue the widening of inequalities both in the short and long term. Sunderland City Council has a task group in place to support a coordinated response to the Cost of Living Crisis and support financial wellbeing.

5.2 Health, Housing and Communities

a. Healthy Weight Declaration and Action Plan

The Healthy Weight Steering Group delivered a Healthy Weight Declaration workshop in 2020, initiating the development of the Healthy Weight Declaration concept, discussing and mapping the commitments and forming a 'Healthy Weight Alliance' for Sunderland. This initiated the whole system approach to Healthy Weight in Sunderland, through a Healthy Weight action plan, monitored by the Healthy Weight Steering Group and reported to Sunderland's Health & Wellbeing Board. In February 2022, Sunderland were the first Local Authority in the North East (and in the Country since the outbreak of the global pandemic) to adopt the Declaration

⁸ [Sunderland Survey 2021](#)

via a virtual event. Actions include a Prevention Booklet⁹ circulated to schools and the development of a 'Maintaining a healthy weight pathway for children and young people' in Sunderland, with a range of key colleagues .

b. Best Start in Life

The findings from The Impact of Covid Survey (which explored the effect on early years), highlighted evidence of developmental delay and health impacts on vulnerable infants under 3 years. The recommendations from this have led to actions to improve early years developmental levels and close the gap of inequalities for all children in Sunderland. The implementation of the Family Hub Model and trailblazer priorities including infant feeding and physical literacy, will influence the Best Start in Life action plan, alongside strategies to enable support in line with the national Early Years Development review.

Healthy Start¹⁰ is an NHS scheme intended to support a reduction in child poverty and health inequalities by providing eligible families with weekly vouchers to buy nutritious food including milk, pulses, plain fresh, tinned and frozen fruit and vegetables. Eligible families also receive vouchers every eight weeks for vitamins.

Part of the SCC Financial Wellbeing response includes commissioning The Bread and Butter Thing to establish 5 hubs in Sunderland and provide low-cost healthy groceries to households across the city. TBBT is now accepting Healthy Start vouchers at all its hubs spanning the North of England¹¹. This and other opportunities will be utilised to further promote the Healthy Start programme through a range of methods, including pull-ups, posters, leaflets and videos, of which there are a range of materials available to increase uptake to over the current 81%.

c. School Meals Service

The School Meals Service and Public Health invited Sunderland primary schools to take part in a new national pilot scheme, to educate children on the many benefits good nutrition has on their health and well-being. Belly Bugs¹² introduces children to a set of fun characters based on the latest scientific research in gut microbes.

The initial pilot is for **Year 3 pupils**, although the overall programme also works for other years as the curriculum planning covers KS1 and KS2. The rationale for this year group as a focus of the pilot is to target a key touchpoint between the National Child Measurement Programme cohorts of Reception and Year 6, where there is a reported decline in maintaining a healthy weight through both national, regional and local NCMP data.

d. Active Sunderland Sport and Physical Activity

In 2018, the Council developed a policy position for sport and physical activity in Sunderland. The approach provided a clear direction for physical activity, identified a joined up approach for partners that included shared priority objectives and a vision of establishing an '**Active Sunderland - a city where everyone is as active as they can be**'. This approach is consistent with the Healthy City Plan aim to develop a city where 'more people are physically active'.

The policy position objectives are:

- **Active environments** - making it easier for people to be active through everyday activities
- **Sport and leisure facilities** – ensuring Sunderland has accessible, good quality sport and leisure facilities, and opportunities
- **Active educational venues** – ensuring students and families are provided with a positive experience and the best opportunities within and beyond the curriculum

⁹ [Layout 1 \(togetherforchildren.org.uk\)](https://togetherforchildren.org.uk)

¹⁰ [Healthy Start website](#)

¹¹ [TBBT extends Healthy Start Vouchers to all hub locations — Bread and Butter Thing.](#)

¹² [Belly Bugs - The Inside Story](#)

- **Active workforces** - ensuring opportunities are available for the workforce to be active
- **Empowering communities** - supporting and enabling communities to look at informal opportunities to be active and increasing support to the community sector
- **Supporting individuals** – ensuring opportunities are in place for those who may need more help in accessing opportunities to be active.

Until recently, Sunderland had low physical activity levels for children (Years 1-11). However, over the past year significant progress has been made, with more children now being active. The table below shows that Sunderland has increased activity levels from 23.8% to 56.5%. ***Sunderland now has the highest levels of active children in the region and is also outperforming the national average.***

Children (Years 1-11)	Active (an average of 60 minutes or more a day (%))	Fairly Active (average of 30-59 minutes per day)	Less active (less than an average of 60 minutes or more a day (%))
Sunderland	56.5%	16.7%	26.9%
North East	47.2%	21.6%	31.3%
England	47.2%	22.7%	30.1%

Sport England Active Lives Data: December 2022

The ability to improve activity levels not only rests with the Council, but also includes other city organisations, for example community groups, sports clubs, the private sector and the educational sector. Increasing activity levels is a key priority for the Active Sunderland Board, which includes partners such as Everyone Active, Leisure United, Foundation of Light and StreetGames. Working in collaboration to the same shared objectives (as identified above), the Board has contributed and enabled progress to be made. This work has been predicated on previous good practice and introducing new programmes to engage young people.

Part of the challenge of getting more children and young people active has often involved working in those localities with significant health and financial inequalities. Whilst some progress has been made, more work needs to be done to understand further the barriers that prevent activity from taking place and working with schools to encourage additional activity beyond the school curriculum. It is hoped that Sunderland's increasing activity levels will make a significant contribution to improving the city's long-term health priorities.

Appendix 3 provides examples of the work undertaken by **Active Sunderland** to create and improve opportunities for children and young people to be active, including **Change 4 Life Sunderland**, who provide an accessible, cost effective and high quality universal offer of physical activity opportunities and nutrition information for children and young people and their families, based on evidence-based guidance and through utilising national Change 4 Life resources. The Change 4 Life Sunderland programme provides healthy lifestyle sessions to encourage and support families to eat well, move more and live healthier for longer. A number of initiatives (**App.3**) have been developed as part of the offer, including pre and post natal, early years and in educational and community settings, which recognises the need to engage both families and communities in eating well and moving more.

a. Additional Funding

Progress has been made towards supporting and developing local stakeholders in taking a whole systems approach in reducing overweight and obesity prevalence to support maintaining a healthy weight, through increasing the availability of healthier food and improving access to affordable physical activity.

A variety of programmes of work have been delivered by a range of providers in support of the maintaining a healthy weight agenda. The outputs and outcomes from the work delivered have also contributed to the ongoing recovery from the impact of Covid for residents in the

city, particularly children, young people and families. Key headlines include 60 participants accessing behavioural insights training, 151 participants in Aquanatal classes, 36 children learning to swim, 802 attendances (720 Individual participants) at 91 taster sessions, 12 nutrition and movement sessions with 53 adults and 53 children. Further proposals have been developed to support the maintaining a healthy weight agenda (**App 4**).

5.3 Growing Healthy Sunderland 0-19 Public Health Service

a. Health Visiting

Growing Healthy Sunderland deliver Health Visiting to families across Sunderland, including provision of all mandatory universal reviews from ante-natal to pre school, enhanced support to children and young people with higher levels of need and access to public health information such as infant feeding, safe sleeping and accident prevention, alongside advice and support available through baby clinics.

b. School drop ins

Growing Healthy Sunderland deliver the NCMP in primary schools across Sunderland. School Nurses work alongside partners to support children, young people and their families with access to information and support on a range of issues including maintaining a healthy weight and general health and wellbeing through a health promotion programme in primary schools and a school based drop in in secondary schools. School health profiles are also updated using NCMP information to enhance the support from Growing Healthy Sunderland (school nursing services). Secondary schools are offered support via the healthy settings approach to be able to respond to identified need. School Nurses also support with referrals to appropriate services including Tier 3 Dietetic Services provided by South Tyneside and Sunderland Foundation Trust.

5.4 Together for Children

a. Joint Strategic Needs Assessment (JSNA)

Together for Children are coordinating a Children and Young People's JSNA with a range of stakeholders, which replaces the 0-19 JSNA. It will link with the Healthy Weight JSNA, which is also under review.

b. Mobile Prevention Bus

Wear Here 4 You provides information, advice and support for children, young people and families, delivered from a recognisable hub on wheels in different parts of Sunderland, such as schools, local parks, at a community hub, or out and about across the city. The service is delivered in partnership with organisations from across the City, who deliver through outreach as part of the prevention offer.

c. Sunderland Healthy Schools Award

Sunderland Healthy Schools Award is an offer to educational settings to sign up to five charter marks and develop an evidence based portfolio of activity against an assessment framework for each charter. The Food & Nutrition Charter Mark, currently available at Bronze Level as Silver and Gold are in development, is coordinated by Public Health and involves partners including School Catering and the Low Carbon Team. One early years setting and two primary schools have currently achieved. A further two schools are ready for assessment and over 26 settings are currently gathering evidence to submit for assessment.

d. Holiday Activity and Food (HAF) Programme

The HAF programme provides grant funding to local authorities to coordinate free, locally delivered holiday provision during the Easter, Summer and Christmas school holidays, for eligible children. The programme provides fun, enriching activities centred around sports, culture, arts and learning, as well as providing tasty, nutritious meals and activities based on developing cooking skills and knowledge about nutrition, that families can use at home.

e. **Family Hubs**

Sunderland is one of 75 Local Authority's in the UK to be awarded Department for Education's Transformation Funding to develop a Family Hub¹³ and Start for Life programme. The aim of Family Hubs is to ensure that families can access the help and support they need at an early stage, prioritise the crucial first days of children's lives, tackle any issues before they escalate, reduce disadvantage and achieve better outcomes for all children and young people. This includes improving young children's home learning environments (HLE), to help them to recover from the pandemic.

The hubs will enable services such as midwifery, health visitors, mental health support and services for children and young people with special educational needs and disabilities to provide support in one place; through an integrated, wrap-around service for the whole family from conception to early years, until 19 years of age (or 25 with special educational needs and disabilities).

5.5 Healthy City Plan Priorities

Progress has been made in contribution to the Healthy City Plan key areas for improvement for Best Start in Life and Healthy Weight priorities, evidenced through this report and in the table below.

Best Start in Life	
<i>Breastfeeding Continuation</i>	<i>Update</i>
Key agencies will achieve UNICEF Baby Friendly accreditation, with Maternity Services and Health Visiting Services reaching level 2 as a minimum.	In progress. GHS – achieved UNICEF Level 2 and Level 3 deferred until 2023 – awaiting new date. STSFT - Infant feeding co-ordinator appointed (not yet started); registered intent to work toward UNICEF Level 1 accreditation.
A regional infant feeding touchpoint pathway will be implemented.	Completed as part of regional approach. To be reviewed in support of the development of a pathway to access infant feeding formula.
Findings and recommendations from the city's Infant Feeding research project regarding the barriers to breastfeeding for women in Sunderland, will be used to enhance support services and promote the benefits of breastfeeding.	Completed with recommendations as actions in the Best Start in Life action plan to support the Breastfeeding Friendly City agenda.
Behavioural insights work will be undertaken with a focus on increasing breastfeeding rates through the use of digital support.	Completed with recommendations as actions in the Best Start in Life action plan to support the Breastfeeding Friendly City agenda.
Healthy Weight	

¹³ [Family Hubs and Start for Life Programme Guide \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

<i>Healthy Weight for Children, Young People and Families</i>	<i>Update</i>
There will be increased take up of Healthy Start Vitamins in Sunderland and an increased awareness of their benefits.	In progress. Healthy Start uptake had increased to 81% in March 2022. Access to Healthy Start vitamins is available through Growing Healthy Sunderland Health Visiting and Family Nurse Practitioners is in place. Development of Comms plan to utilise resources and promote HS throughout the City in response to the Cost of Living Crisis, including Healthy Start Vitamins through pharmacies.
Change4Life Sunderland will deliver preventative services within communities and tailored lifestyle support for children, young people and families in areas of greatest need.	Completed. C4LS offer accessed through educational settings and in the community. Pre and post natal and early years offer in place. Additional funding accessed to enhance the current C4LS offer including Roots and Shoots, Secondary School weigh and measure.
More schools will sign up to and achieve the Great Active Sunderland Schools Charter and the Food and Nutrition Charter Mark, as part of the Sunderland Healthy Schools Award.	In progress. SHSA celebration event held at Ryhope Juniors. Continued good uptake of GASSC. 3 settings achieved Bronze FNCM, with over 26 gathering evidence to submit for assessment.
'This mum moves' programme, which supports women to be active and have a healthy diet during and after pregnancy, will be promoted	Completed – training accessed through national programme.

5.6 Future Actions

As well as continuing to share the NCMP intelligence to influence and target the city's maintaining a healthy weight offer to children and young people, particularly those who are not accessing support currently, there a range of further actions identified for 2023-24:

- Update relevant Joint Strategic Needs Assessments to include the appropriate data, as well as consideration of NCMP output data for 2021 and 2022.
- There is key data highlighting the inequalities aspect of healthy weight in Sunderland, for example sex, ethnicity and deprivation, often linked to the ward you live in. The facilitation of engagement with communities who are underserved in current provision to better understand need, attitudes to health behaviours and enable access to correct information through appropriate health promotion resources, should be linked to and embedded in the range of inequalities work we do and not seen as something in addition.
- Utilise the Family Hubs governance structure and support a health focus through key priorities, which will be reviewed against the Best Start in Life action plan, including breastfeeding and Healthy Start.
- Embed the Maintaining a Healthy Weight Pathway for children and young people with key partners through the Family Hub model.
- Continue to promote the Food and Nutrition Charter Mark to increase uptake of the Bronze Level.

- Present a paper with further Maintaining a Healthy Weight proposals for Health, Housing and Communities DMT agreement.
- Continue to review progress made against identified to support maintaining a healthy weight across the Starting Well 'lifecourse' to acknowledge achieved outcomes and identify future opportunities.

6. SUMMARY

As demonstrated in the report, current NCMP data indicates that healthy weight prevalence has improved after the noticeable increase in obesity during the 2020-21 pandemic period, with the impact of covid generating the widening of inequalities. The 2021-21 NCMP data highlights that although increases persist for Y6, Reception is generally recovering, underpinned by a broad programme of work and activities in place to support children and young people to be more active and maintain a healthy weight. It will be important to maintain the momentum gained through this work and to build on further opportunities moving forward.

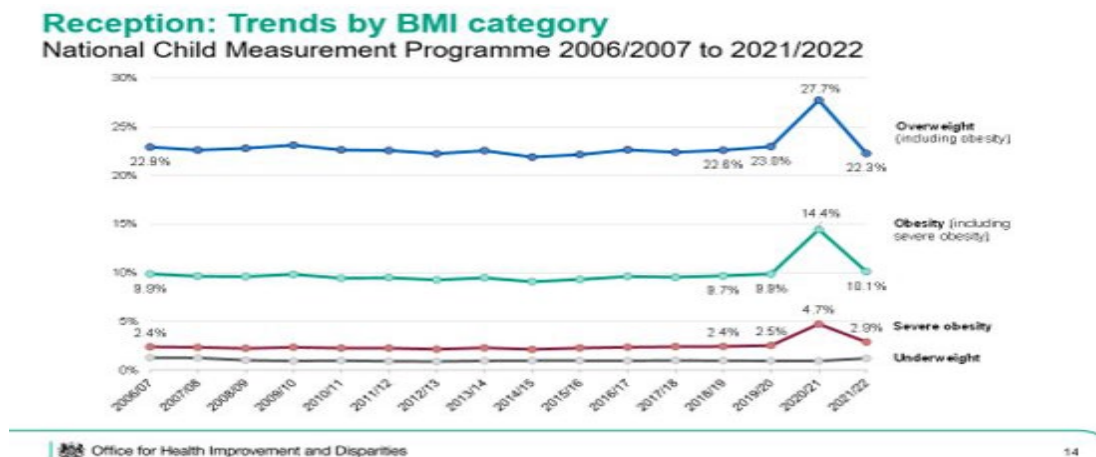
7. RECOMMENDATIONS

7.1 The Scrutiny Committee is recommended to:

- Receive the NCMP data to inform of rates of childhood obesity in Sunderland and note the maintaining a healthy weight workstream update.
- Endorse the future actions identified, which support sharing information with key stakeholders to inform and influence our approaches and plans for the development of a programme of work to improve the health and wellbeing of children and young people in Sunderland.

Appendix 1 - 2021-22 NCMP data

Reception: 2020/21 saw a 4.6 percentage point increase for obesity to 14.4%. The data for 2021/22 shows a 4.14 percentage point **decrease in obesity prevalence to 10.1%**. Prevalence of **severe obesity has also decreased** from 4.7% in 2020/21 to **2.9%**. The 2021/22 data shows that **22.3% of Reception children were living with overweight or obesity**, down from 27.7% in 2020/21. The underlying trend for Reception was quite flat leading up to the pandemic and is seen to recover to almost 2019/20 levels.



Reception: Prevalence of obesity

National Child Measurement Programme 2021 to 2022

In 2021 to 2022, 1 in 10 children in Reception (aged 4-5 years) were living with obesity (boys 10.3%, girls 9.9%, all children 10.1%)



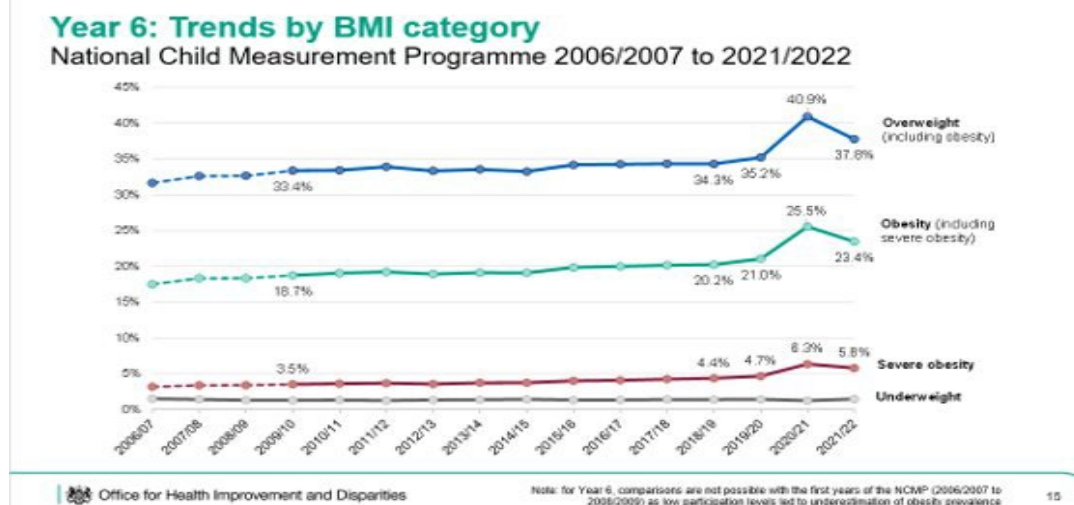
Reception: Prevalence of obesity

National Child Measurement Programme 2021 to 2022

In 2021 to 2022, 1 in 10 children in Reception (aged 4-5 years) were living with obesity (boys 10.3%, girls 9.9%, all children 10.1%)



Year 6: In 2020/21, prevalence increased by 4.6 percentage points to 25.4%, 2021/22 data has shown a **2.11 percentage point decrease to 23.5%**. Prevalence of **severe obesity** has **decreased** from 6.3% in 2020/21 to **5.8%** in 2021/22. The 2021/22 data shows that **37.8% of Year 6 children were living with overweight or obesity**, down from 40.9% in 2020/21. Y6 hasn't recovered as well as Reception.



Year 6: Prevalence of overweight (including obesity)

National Child Measurement Programme 2021 to 2022

In 2021 to 2022, nearly 4 in 10 children in Year 6 (aged 10-11 years) were living with overweight or obesity (boys 40.7%, girls 34.7%, all children 37.8%)



Office for Health Improvement and Disparities

Year 6: Prevalence of obesity

National Child Measurement Programme 2021 to 2022

In 2021 to 2022, more than 1 in 5 children in Year 6 (aged 10-11 years) were living with obesity (boys 26.4%, girls 20.4%, all children 23.4%)



Office for Health Improvement and Disparities

For Sunderland, the 2021/22 NCMP data indicates that prevalence across the indicators has seen a rise in healthy weight and a drop in excess weight, although not all have returned to pre Covid levels, including the slight rise in underweight.

Obesity Profile

Data view ▼
Area profiles

Geography
Sunderland
Counties & UAs in North East region

Topic ▼
NCMP prevalence data

► Legend ► Benchmark ► More options

Geography version Counties & UAs (from Apr 2021) ▼

☐ CIPFA nearest neighbours to Sunderland

Indicator	Period	Sunderland			Region England			England		
		Recent Trend	Count	Value	Value	Value	Worst/ Lowest	Range		Best/ Highest
Reception: Prevalence of underweight New data	2021/22	➡	20	0.7%	0.8%	1.2%	4.6%			0.3%
Reception: Prevalence of healthy weight New data	2021/22	➡	2,110	74.2%	74.3%	76.5%	69.9%			83.7%
Reception: Prevalence of overweight (including obesity) New data	2021/22	➡	720	25.3%	24.9%	22.3%	28.7%			13.7%
Reception: Prevalence of overweight New data	2021/22	➡	365	12.8%	13.5%	12.1%	7.0%			15.7%
Reception: Prevalence of obesity (including severe obesity) New data	2021/22	➡	355	12.5%	11.4%	10.1%	14.9%			5.4%
Reception: Prevalence of severe obesity New data	2021/22	➡	95	3.3%	3.4%	2.9%	5.8%			1.1%
Year 6: Prevalence of underweight New data	2021/22	➡	30	1.0%	1.1%	1.5%	3.4%			0.6%
Year 6: Prevalence of healthy weight New data	2021/22	➡	1,660	54.2%	58.0%	60.8%	49.0%			74.0%
Year 6: Prevalence of overweight (including obesity) New data	2021/22	➡	1,380	45.0%	40.9%	37.8%	49.1%			24.5%
Year 6: Prevalence of overweight New data	2021/22	➡	470	15.3%	14.3%	14.3%	11.8%			16.8%
Year 6: Prevalence of obesity (including severe obesity) New data	2021/22	➡	910	29.7%	26.6%	23.4%	34.0%			12.4%
Year 6: Prevalence of severe obesity New data	2021/22	⬆	275	9.0%	7.7%	5.8%	10.1%			2.0%
Reception: Prevalence of obesity (including severe obesity), 5-years data combined New data	2017/18 - 21/22	—	-	11.1%	11.0%	9.7%	13.6%			5.3%
Year 6: Prevalence of obesity (including severe obesity), 5-years data combined New data	2017/18 - 21/22	—	-	25.5%	23.6%	21.0%	30.2%			11.8%

2020/21 data is excluded from the '5-years data combined' indicators, see Notes section in Definitions for details.

Appendix 2 – Ward Level NCMP Data



NCMP Reception -
Obesity 3 years poole



NCMP Year 6 -
Obesity 3 years poole

Appendix 3 Active Sunderland

Programme	What has been achieved?
Active Environments	
Active Sunderland 3k Run (part of Sunderland Runs Weekend)	A family fun run that specifically targets schools, young people and beginners, attracting around 400 participants.
Active Sunderland Big Walk	Includes 3, 7 and 12 mile led walks, with the 3 mile walk targeted to families with young children.
Active Sunderland Holiday Programme	A citywide activity programme for children and families that takes place during the school holidays. The programme engaged with 2600 individuals in 2022.
Thompson Park – Places to Ride	The installation of a free to use traffic free cycling skills area, in partnership with British Cycling, Sunderland Young Peoples Bike Project and North Area Committee. Children's bikes and safety equipment are also provided to support access. A Places to Ride scheme is currently being considered for the Coalfields.
Swim Bike Run	In order to drive forward the inactivity agenda, a partnership with British Triathlon has been developed to promote existing and new opportunities for residents to participate in swimming/open water swimming, cycling, running and walking.
2023 Priorities	
BIG Events and Holiday programmes	Promote free to access holiday programmes across the city, and identify target groups to support access to Big Events (3K run, Bike Ride and Walk)
Hetton – Outdoor Swimming	A pontoon will be installed at Hetton Lyons Country Park to provide access to the lake for outdoor swimming.
Parkrun	A Junior Parkrun will be established in Mowbray Park, providing free weekly participation running for children aged 4-14.
World Triathlon 2023	British leg of the 2023 World Triathlon Championship Series will offer opportunities to train, participate and spectate as well as inspire children, young people and families to swim, cycle and run.
Active Education	
Sunderland Healthy Schools Award Great Active Sunderland Schools Charter	The Charter celebrates schools who continue to develop the healthy lifestyles of their pupils, create sport and physical activity opportunities and are a great community school. The Charter improves standards in PE and physical activity, with 81 schools currently participating and 32,000 pupils across the city benefitting from the work.
Sportsability	Over 360 children and young people with disabilities participate in organised activities at the Silksworth Community Pool, Tennis and Wellness Centre. The unique aspect of Sportsability events, sees each activity provider offering an exit route for young people to continue with their preferred activity.
Change4Life Sunderland Schools	A healthy lifestyle programme aimed at encouraging and supporting pupils to eat well and engage in physical activity. C4L deliver 450 sessions annually in schools, with 12,600 pupils benefiting from the sessions.
Early Years Programme	Delivery includes an Aqua Natal course, and post-natal Mums on the Move walking programme and Netball sessions. A Weaning and Recipe information booklet has recently been developed.
Change4Life Sunderland Support Programme	Working with over 40 schools on a sustainable gardening and nutrition programme called 'Roots and Shoots'. The programme also includes a secondary school's 'weigh/measure' element.

Daily Mile	Supporting primary schools with various walking challenges, contributing to a positive impact on physical and emotional health and wellbeing of pupils. There are 30 schools participating, supporting 4,500 pupils.
Pedometer Challenge	Supporting the Swim Bike Run agenda, a number of challenges have been devised and shared with schools, using pedometers as a way to measure goals and outcomes. There are 40 schools participating, supporting 7,200 pupils.
2023 Priorities	
Targeted Schools Project	A target project has been developed for those schools who want to be more active and support children who are overweight. The project has been progressed with the support of the Head Teacher of Dame Dorothy Primary School and the School Games Organisers.
Change4Life Sunderland Families	Providing 730 children and family members with food and nutrition advice and delivering physical activity sessions. Targeted work to be undertaken in 2023 to engage some families in the Big Events programme with funded places.
Sport & Leisure Facilities	
Sports Club and Activity Groups	There are over 300 sports and activity clubs in the city with many of them providing opportunities for children and young people.
Everyone Active	Everyone Active deliver swimming lessons, inflatable swimming, fitness sessions, soft play, tennis coaching, skiing, trampolining, table tennis and many more activities in their centres across the city. Everyone Active provide free swimming and gym access cards for 205 Looked After Children.
Leisure United	Following the successful Football Foundation application to develop 3 Football Hubs, opportunities are available for football coaching (boys and girls), youth and mini soccer leagues, and recreational play.
Investment in Facilities	New opportunities have been created through Section 106 investment in Hetton including BMX Track refurbishment, E-bikes for children with disabilities and new gym/sports equipment.
2023 Priorities	
Tennis Court Refurbishment	17 tennis courts will be refurbished across the city and a coaching/activation programme will be developed to support tennis and physical activity on the new courts.
PlayZones	An application will be submitted to the Football Foundation to develop and install a number of Playzones (Multi Use Games Areas) across the city with targeted activation plans.
Go Tri – Schools Triathlon Event	To support the development of Swim, Bike, Run in the city, a schools Go Tri Event will take place in May 2023. The 2022 event was attended by 143 pupils.
Supporting Individuals and Empowering Communities	
Voluntary and Community Sector	Supporting applications for funding that will result in the delivery of physical activity opportunities and the provision of new or improved facilities.
Holiday Activity and Food Programme (HAF)	Working in partnership with TfC, Change4Life and Streetgames to support activity delivery and provide a focused training offer to upskill HAF delivery partners.
Young Health Champions	The C4L team deliver Young Health Champions Training to Year 5 pupils to enable them to become healthy role models in schools.
Tackling Inequalities Fund	Assisted 15 organisations (many supporting young people) with funding to reduce the impact of COVID-19 and inequalities in sport and physical activity.
2023 Priorities	
Street Games	Over 1300 young people are supported each month through local programmes providing physical activity opportunities in some of the city's most deprived

	communities. Training and funding are provided to help sustain the projects, in addition to offering appropriate information advice and guidance.
Change the Game	A 5-year project which commenced in October 2022 and is funded by the Football Foundation/ Sport England. The project will aim to reduce inactivity and increase football participation in Southwick for residents aged 16+. The work will be supported by a citywide Consortium of community and leisure partners.

Appendix 4 – Additional Funding

The following table shows progress on previous funding proposals and reflects the whole systems approach taken to reduce overweight and obesity and support maintaining a healthy weight.

Project	Outcomes
Call to Projects Maintaining a Healthy Weight & Reducing Inequalities Sunderland City Council invited local Voluntary and Community Sector (VCS) groups and statutory providers only, to submit an applications to develop and implement innovative projects that supported the city to reduce health inequalities and residents to improve their health and wellbeing, in relation to healthy weight and engaging in regular physical activity, as we embarked on the road map to recovery from the impact of Covid 19.	1. Funding Awarded £263,735.00 Original Grant £69,315.00 Project Extension TOTALLING £333,050 2. 16 Providers awarded funding 3. 3657 individuals supported 4. 3672 face to face sessions delivered to 5. 125 sessions delivered virtually
Behavioural Insights The Behaviouralists delivered sessions to promote healthy behaviours to support staff and parent/carer skills in relation to the maintaining a healthy weight agenda.	1. 3 sessions delivered to colleagues and HAF providers 2. Participants 60 3. Feedback – majority found the method very interesting and would use it to support their work. 4. 2 sessions to deliver to Parent/ Carers in partnership with Children Centres, health visiting and Change 4 Life Sunderland
0-3 Years Consultation A small fund to support Early Years settings with nutrition and physical activity projects.	1. Five applications received from Early Years providers. 2. £500 per project awarded. 3. Projects support nutrition and physical activity. 4. Evaluation follow up in March 2023.
At What Age Leaflet Produce an information leaflet with Growing Healthy Sunderland to support a better understanding of nutrition and physical activity, including the link of NCMP with the Red Book, as well as information for key milestones of age related information as a child develops from early years to secondary.	1. Transfer budget to 22-23 2. Leaflet developed with University student to be added to Growing Healthy Sunderland APP – no cost. 3. In progress - Youth Worker to support young people to develop an At What Age leaflet with key age related information.
Infant Feeding Booklet (C4LS) Accessible formats support evidence-based information and guidance in relation to infant feeding, to enable families to provide healthy and nutritious food choices to contribute towards maintaining a healthy weight.	1. The 500 copies of the booklet are printed with a programme of activity and comms to plan, including easy read and translation.
Aqua Natal Classes (C4LS) A well-attended pilot course was near to completion as Covid struck and lockdown commenced. This was supported by Growing Healthy Sunderland and Everyone Active.	1. Supported a 12 week Aqua Natal class in each of the 5 localities of the city. 2. Free for an initial 12 week period. 3. Monitoring update: Hetton, Silksworth, Raich Carter, Aquatic Centre and Washington. Nearly 200 female participants to date.
Learn to Swim Programme (C4LS) Funding enhanced the programme to expand to additional key schools, initially targeted to families through NCMP data, IMD deciles and free school meal access.	1. Silksworth, Washington & Aquatic. Stage ½ introductory 2. Lambton Primary, Southwick Primary and Diamond Hall Juniors – 36 participants in total 3. Access Fund equipment and travel
Aquanatal training to support capacity to deliver courses consistently through Everyone Active – the cost was sourced through CIMSPA.	Course completed and capacity improved to sustain exercise provision for pregnant females

Sunderland Healthy Schools Award contribution to TfC for a collaborative approach to improve health outcomes for children, young people and families through the Sunderland Healthy Schools Award	1. Supported initial celebration event with awards at Ryhope Juniors 2. HAF programme and Wear Here 4 You Prevention Bus - nutrition and physical activities part of the offer <ul style="list-style-type: none"> £10,000 – contribution to running costs for bus £5000 – contribution for healthy snacks
Together for Children Family Centres Enhanced weaning and activity programmes to encourage and support access to provision with an aim to reduce health inequalities within early years.	1. Programme planned and promoted 2. Monitoring update – 12 Nutrition and movement sessions with 53 adults and 53 children. Participants feedback of increased knowledge, confidence and awareness.
Everyone Active Taster Programme including inflatables, snow tubing, tennis camp, fun and float, adult and child swimming lessons.	1. Programme of sessions planned and participants identified with access supported where appropriate 2. Monitoring update <ul style="list-style-type: none"> 802 Attendances at 91 sessions, with 720 Individual participants 62 adults (mostly female) 742 children (mostly male, 60 were babies). All activities well received and fully booked with waiting list, apart from the tennis, which was changed to enable more snow tubing sessions.

Further maintaining a healthy weight proposals overview (to be approved at DMT):

<u>Project</u>	<u>Proposal info</u>
Healthy Start Programme	Proposal to purchase a range of Comms resources to promote Healthy Start vouchers and vitamins to families in the community.
Infant Feeding Booklet Implementation Programme	C4LS, GHS and Family Centres to support with a coordinated approach to deliver: <ul style="list-style-type: none"> Information sessions to support promotion of Infant Weaning Booklet Weaning packs to vulnerable families
Physical literacy training – Best Start in Life action plan (0-3 Survey)	The offer of access to physical literacy refresher training through access to Active Start Active Connections training for Sunderland would respond to an identified need for preschool children through supporting the early years workforce continual professional development, which in turn supports early years outcomes with Sunderland families. 5 places at the Early Years Conference.
Change 4 Life Sunderland Programme Enhancement	Change4Life Sunderland Support Worker would: <ul style="list-style-type: none"> Support with the delivery of a healthy lifestyles programme, which would aim to improve the health and wellbeing of children and families. Provide access to support in maintaining a healthy weight through nutritional information and physical activity within schools and the community. Support with delivery of sessions within the C4LS Early Years programme (Mums on the Move walks, Aqua Bumps and post-natal netball programmes). Support with the further delivery of C4LS Roots and Shoots and completion of the Secondary School Weight Management programmes with the cohort groups at Y10.

	<ul style="list-style-type: none"> Support with the delivery of HAF and holiday programmes and sessions.
	<p>Learn to Swim Programme</p> <ul style="list-style-type: none"> Access to funding would enable the programme to be expanded to additional key schools, initially targeted through NCMP data, and free school meal access.
	<p>Aqua Natal Classes (Post-Natal)</p> <ul style="list-style-type: none"> The funding would support CPD training for the team, to undertake the aqua natal instructor course – building capacity through a continuous professional development opportunity. This would further enable the continuation of the 12-week Aqua Natal classes, which would be delivered in each of the 5 localities of the city.
	<p>Tier 3 Activity Programme</p> <ul style="list-style-type: none"> Access to funding would support the Childhood Weight Management Programme through a targeted intervention for children in Tier 3.
	<p>Roots and Shoots Programme: School herb, fruit and vegetable growing programme.</p> <ul style="list-style-type: none"> Additional funding would continue access to resources for use in the school setting. Schools will be better equipped to deliver education relating to herbs, fruit and vegetables.
	<p>Family Activity Programme– link to Healthy City Plan Healthy Weight (Healthy Weight for Children and Young People)</p> <ul style="list-style-type: none"> Sessions encourage and support children and families to be more active via weekly family fun activity sessions. Delivery is on an evening, delivered outdoors during the summer months and moved indoors during the winter months.
Belly Bugs Evaluation	Carry out an evaluation of the Belly Bugs pilot opportunity to Sunderland schools as an intervention for Y3 pupils prior to Y6 NCMP, to provide behavioural change programme.
Food Active HAF packs Cost per license x providers	Proposal to purchase licenses for HAF providers to support with nutritional information to Children, young people and families through Food Active
Sunderland Health Award	Develop a health awareness award for children and young people to underpin the SHSA and encourage progression to Young Health Champions
Sunderland Healthy Schools Award	Proposal for joint funding with Together for Children & CCG, to improve health outcomes for children, young people and families
Sunderland Young Achievers Award	Public Health to sponsor a Health and Wellbeing Award at the annual award event to raise the profile of general health and wellbeing for children, young people and families.
Oral Hygiene packs – toothbrush toothpaste	Proposal to promote oral health to compliment the Tooth Brushing Scheme through a whole family approach and ensure level of oral health as ongoing limited access to Dentistry, which in turn can impact on a range of health outcomes.
Leaflet to cost	40p per Toothbrush and 90p per paste – family packs through Food Banks Information leaflet

CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE 2 FEBRUARY 2023

SCRUTINY COMMITTEE WORK PROGRAMME 2022-2023

REPORT OF THE SCRUTINY AND MEMBERS' SUPPORT COORDINATOR

1. Purpose of the Report

- 1.1 The report sets out for members' consideration the work programme of the Committee for the 2022/23 municipal year.

2. Background

- 2.1 The work programme is designed to set out the key issues to be addressed by the Committee during the year and provide it with a timetable of work. The Committee itself is responsible for setting its own work programme, subject to the coordinating role of the Scrutiny Coordinating Committee.
- 2.2 The work programme is intended to be a working document which Committee can develop throughout the year, allowing it to maintain an overview of work planned and undertaken during the Council year.
- 2.3 In order to ensure that the Committee is able to undertake all of its business and respond to emerging issues, there will be scope for additional meetings or visits not detailed in the work programme.
- 2.4 In delivering its work programme the Committee will support the Council in achieving its corporate outcomes.

3. Current position

- 3.1 The current work programme is attached as an appendix to this report.

4. Conclusion

- 4.1 The work programme is intended to be a flexible mechanism for managing the work of the Committee in 2022-23.

5 Recommendation

- 5.1 That Members note the information contained in the work programme.

Contact: Gillian Robinson, Scrutiny and Members' Support Co-ordinator

REASON FOR INCLUSION	9 JUNE 22 (INFORMAL MEETING)	7 JULY 22	8 SEPT 22	6 OCT 22	3 NOV 22	1 DEC 22	5 JAN 23	2 FEB 23	2 MARCH 23	30 MARCH 23
Policy Framework/ Cabinet Referrals and Responses										Scrutiny Annual Report – 22/23
Scrutiny Business	Work Programme 2022/23	Consultation with LGBTQ+ Community	Corporate Parenting (Majella McCarthy) SEND – Areas for Deep Dive (Pamela Robertson) Performance Report (Jill Colbert)	SEND – Areas for Deep Dive (Pamela Robertson) Consultation with LGBTQ+ Community - Feedback on Visit (Members)	Asylum Seekers support available for children and their families (Tracy Jeffs/Sharon Willis/Karen Dunn) Mental Health Charter Mark Award (Catherine Barnett)	Speech Disorder and Language Disorder in Early Years (Kimm Lawson) Holiday and Activities Food Programme (Jane Wheeler) Ofsted Fostering Inspection – Feedback (Tracy Jelfs)	Early Help Annual Report for 2021/22 and update on Family Hubs.(Karen Davison) YOS Review – Outcome (Karen Davison/Linda Mason)	Child Obesity – (Lorraine Hughes) Prevention Bus – Feedback (Jane Wheeler)	Schools Update (incl action being taken to catch up on lost education due to the Covid pandemic and particularly for SEN pupils/School Attendance) (Simon Marshall) Cared for Children – Deep Dive (Social Care)	Training and Apprenticeship Access for Care Experienced Young People (Sharon Willis) The measures to reduce the number of young people not in education or training (Simon Marshall/Jane Wheeler)
Performance / Service Improvement		TfC Self – Evaluation (Jill Colbert) Children Services Customer Feedback (Stacey Hodgkinson)		TfC Meaningful Measures Performance Report – Areas Deep Dive (Jill Colbert/Stacey Hodgkinson)		Children Services Customer Feedback (Stacey Hodgkinson)			TfC Meaningful Measures Performance Report (Stacey Hodgkinson)	
Consultation / Awareness Raising		Notice of Key Decisions Work Programme	Notice of Key Decisions Work Programme	Notice of Key Decisions Work Programme	Notice of Key Decisions Work Programme	Notice of Key Decisions Work Programme	Notice of Key Decisions Work Programme	Notice of Key Decisions Work Programme	Notice of Key Decisions Work Programme	

Items to Programme:

- Visit to Sunnigdale School (tbc)
- Safeguarding of Children (To consider the implications the National Safeguarding Review Panel Review of Child Protection (Jill Colbert)
- School Place Sufficiency (Alan Rowan)

CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE

NOTICE OF KEY DECISIONS

REPORT OF THE SCRUTINY AND MEMBERS' SUPPORT CO-ORDINATOR

1. PURPOSE OF THE REPORT

- 1.1 To provide Members with an opportunity to consider the items on the Executive's Notice of Key Decisions.

2. BACKGROUND INFORMATION

- 2.1 Holding the Executive to account is one of the main functions of Scrutiny. One of the ways that this can be achieved is by considering the forthcoming decisions of the Executive (as outlined in the Notice of Key Decisions) and deciding whether Scrutiny can add value in advance of the decision being made. This does not negate Non-Executive Members ability to call-in a decision after it has been made.
- 2.2 To this end, the most recent version of the Executive's Notice of Key Decisions is included on the agenda of this Committee. The Notice of Key Decisions is attached marked **Appendix 1**.

3. CURRENT POSITION

- 3.1 In considering the Notice of Key Decisions, Members are asked to consider only those issues where the Scrutiny Committee or relevant Scrutiny Panel could make a contribution which would add value prior to the decision being taken.
- 3.2 In the event of Members having any queries that cannot be dealt with directly in the meeting, a response will be sought from the relevant Directorate.

4. RECOMMENDATION

- 4.1 To consider the Executive's Notice of Key Decisions at the Scrutiny Committee meeting.

5. BACKGROUND PAPERS

- Cabinet Agenda
-

The Local Authorities (Executive Arrangements) (Meetings and Access to Information) (England) Regulations 2012

Notice is given of the following proposed Key Decisions (whether proposed to be taken in public or in private) and of Executive Decisions including key decisions) intended to be considered in a private meeting:-

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter*	Address to obtain further information
221123/755	To seek approval to increase housing rents for Sunderland City Council tenants with effect from 3 April 2023.	Cabinet	Y	19 January 2023 (published on the Notice dated 21 December 2022).	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221201/757	To approve the Third Capital Review 2022/2023 (including Treasury Management).	Cabinet	Y	19 January 2023 (published on the Notice dated 21 December 2022).	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221201/758	To approve the Third Revenue Review 2022/2023.	Cabinet	Y	19 January 2023 (published on the Notice dated 21 December 2022).	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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221201/759	To approve the Council Tax Base 2023/2024.	Cabinet	Y	19 January 2023 (published on the Notice dated 21 December 2022).	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221201/760	To approve the Local Council Tax Support Scheme 2023-2024.	Cabinet	Y	19 January 2023 (published on the Notice dated 21 December 2022).	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221201/761	To approve the Revenue Budget 2023/2024 to 2026/2027 – Update and Provisional Local Government Finance Settlement	Cabinet	Y	19 January 2023 (published on the Notice dated 21 December 2022).	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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221206/762	To approve the purchase of the property; 1 Nookside, Sunderland.	Cabinet	Y	19 January 2023 (published on the Notice dated 21 December 2022).	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221207/763	To consider the Homes England Compliance Audit Report - Provider's Acknowledgement of Report.	Cabinet	Y	19 January 2023 (published on the Notice dated 21 December 2022).	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221212/764	To approve a scheme of external and internal refurbishment works to Washington and Houghton Le Spring Library.	Cabinet	Y	19 January 2023 (published on the Notice dated 21 December 2022).	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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220207/690	To approve the sale of the former Alex Smiles site and to undertake required remedial works.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
220207/691	To approve the acquisition of strategic sites in the Commercial Road Area.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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220524/714	To agree to the grant of an option to sell property at Richmond Street, Sheepfolds, Sunderland.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
220621/720	To approve funding options in respect of development at Nile and Villiers Street Sunnyside.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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220712/722	To seek agreement to the proposed development strategy of the Council's Self and Custom Build Sites.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
220719/723	To seek approval for the acquisition of Property at Crowtree Road and to grant a lease of the former Crowtree Leisure Centre	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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220725/725	To approve the Electric Vehicle Infrastructure Delivery Plan	Cabinet	Y	2 February 2023	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221121/734	To provide an update and to seek approval for the change in delivery approach in respect of the Sunderland Heat Network.	Cabinet	Y	2 February 2023	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
220822/736	To update Cabinet on progress of the New Wear Footbridge ("the Scheme") and seek approval to award the main works contract for the Scheme.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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221018/746	To consider the acquisition of land and buildings at Cowies Way, Sunderland.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221018/747	To consider a disposal of land at Silksworth Road, Sunderland.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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221026/748	To provide an update on the disposal of the former Civic Centre site	Cabinet	N	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221101/750	To consider the outcome of the review of the governance and contract arrangements for Together for Children Sunderland Limited and approve the recommended next steps.	Cabinet	Y	2 February 2023	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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221110/753	To seek approval for the Disposal of an Industrial Property in Washington.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221123/754	To seek approval to procure a contractor and negotiate and enter into a build contract for the delivery of 13 one bed apartments at James William Street.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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221130/756	To seek approval to procure a contractor and, negotiate and enter into a build contract in the delivery of 55 nos. bungalows and apartments for over 55s at land at St Luke Road.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221212/765	To endorse the North East Bus Service Improvement Plan Enhanced Partnership and Scheme and to delegate to the Executive Director of City Development any last minute changes to the Plan and Scheme that arise through the consultation process.	Cabinet	Y	2 February 2023	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221215/766	To seek approval of a framework of Tree Planting and Maintenance approved contractors.	Cabinet	Y	2 February 2023	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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221216/767	To seek approval to acquire St. Cuthbert's Methodist Church and associated land to enable the build of 6 specialist supported bungalows and approval to procure a contractor and enter into a build contract for the delivery of the bungalows.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221216/768	To seek approval to acquire the former Halfway House Public House and, negotiate and enter into a build contract with Bright Ideas in the delivery of 8nos. 1-bed apartments for supported accommodation.	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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221220/769	To approve the 2023 Siglion Business Plan	Cabinet	Y	2 February 2023	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221220/770	To approve the carrying out of a procurement exercise in order to establish a framework for ground investigation works and geotechnical services. To delegate authority to the Executive Director of City Services in consultation with the Portfolio Holder to conclude the contractual arrangements.	Cabinet	Y	2 February 2023	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

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221221/771	To consider the details of the City Plan Assurance Process.	Cabinet	Y	2 February 2023	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
210709/612	To authorise the Executive Director of City Development to deliver the Washington F-Pit Museum Heritage Visitor Centre and Albany Park Improvement project, including the procurement of consultants and contractors.	Cabinet	Y	During the period 19 January to 31 March 2023	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk
221006/744	To approve in principle the establishment of a new police led Road Safety Partnership (Northumbria Road Safety Partnership) embracing the Northumbria Force Area.	Cabinet	Y	16 March to 30 June 2023	N	Not applicable.	Cabinet report	Governance Services City Hall Plater Way Sunderland SR1 3AA committees@sunderland.gov.uk

Note; Some of the documents listed may not be available if they are subject to an exemption, prohibition or restriction on disclosure.

Further documents relevant to the matters to be decided can be submitted to the decision-maker. If you wish to request details of those documents (if any) as they become available, or to submit representations about a proposal to hold a meeting in private, you should contact Governance Services at the address below.

Subject to any prohibition or restriction on their disclosure, copies of documents submitted to the decision-maker can also be obtained from the Governance Services team City Hall, Plater Way, Sunderland, or by email to committees@sunderland.gov.uk

***Other documents relevant to the matter may be submitted to the decision maker and requests for details of these documents should be submitted to Governance Services at the address given above.**

Who will decide;

Councillor Graeme Miller – Leader; Councillor Claire Rowntree – Deputy Leader & Clean Green City; Councillor Paul Stewart - Cabinet Secretary; Councillor Louise Farthing – Children, Learning and Skills; Councillor Kelly Chequer – Healthy City; Councillor Linda Williams – Vibrant City; Councillor Kevin Johnston – Dynamic City.

This is the membership of Cabinet as at the date of this notice. Any changes will be specified on a supplementary notice.

Elaine Waugh,
Assistant Director of Law and Governance

4 January 2023