

14 October 2015

**REPORT OF THE CHAIR OF THE PEOPLE BOARD**

**People Board Progress Report**

**1 Purpose of Report**

1.1 To provide an update of progress against the current year’s (2015/16) People Board Work Plan.

**2. Background**

2.1 Earlier this year the Local Area Plan priorities associated with People were referred to the Coalfield People Board to action on behalf of the Area Committee. The People Board continue to initiate action on those priorities. Progress to date is outlined below, in the Work Plan at **Annex 1**.

**3. Area Governance Arrangements**

3.1 Area Committees are part of the Council’s Executive Function and have two key roles:-

- a. Influencing decisions on services delivered at a local level; and
- b. Identification of key priorities for their areas, in the context of supporting the delivery of the Council’s Corporate Outcomes Framework at a local level and ensures maximum impact where necessary through utilising its own resources.

3.2 Area Place and People Boards were set up to support the Area Committee in identifying areas of priority and ensure action in line with those priorities.

3.3 Each ward has one elected member representative, whose role it is to liaise with their ward colleagues in between meetings and feedback collective views into the Board meetings. Members will work alongside key officers in what will be practical action orientated groups. It should be noted that the Board is not a decision making body and the work / recommendations of the Board will be presented to the Area Committees for final endorsement. Elected member representation on the People Board for this Area Committee is as follows:-

Ward	People Board Membership
Chair/Houghton	Cllr Billy Turton
Copt Hill	Cllr Derrick Smith
Hetton	Cllr James Blackburn Cllr Doris Turner
Shiney Row	Cllr Geoffrey Walker

**4 Key Areas of Influence/Achievements to date**

4.1 Outlined below is a summary of the key areas of influence / achievements of the Coalfield People Board up to September 2015.

<b>Influence: Safer Communities</b>	
Local Multi Agency Problem Solving (LMAPS) Group	<ul style="list-style-type: none"> <li>• A short update is provided to members by the Area Community Officer after each LMAPS meeting.</li> <li>• Members are requested to forward any new issues to the Area Community Officer, or Chair of Area Committee, prior to each LMAPS meeting.</li> </ul>
<b>Influence: Health and Wellbeing</b>	
Integrated Wellness Service	The Board was given an update regarding the development of the Integrated Wellness Service, now known as the Live Life Well Service. The new model will deliver an approach that takes into account the health needs of the whole population while also being personalised to individual need. Much of the feedback received is

	<p>that many people do not want or need services but rather need to embed healthier choices into the way they live their lives, with minimal additional cost.</p> <p>Members were given the opportunity to discuss issues specific to their own community, and to:</p> <ul style="list-style-type: none"> <li>• Identify key assets within their local community whom the Live Life Well service can promote and/ or work with;</li> <li>• Identify any issues within their local community that the Live Life Well service can help to address;</li> <li>• Forward on any feedback regarding the Live Life Well service to your Area Officer and/ or Public Health locality lead thus continuing to influence the delivery of Live Life Well Service.</li> </ul>
Houghton le Spring – Urgent Care Centre	<p>Colleagues from Northern Doctors Urgent Care, who have provided the service at Houghton since September 2014, attended the September meeting of the Board to give an update. The Urgent Care service is fully operational and Patients are referred into the service from 111 and they are able to walk in to the centre. An appointment system is in place within the centre to both manage patient expectations and the staff workload. Should a case require treatment urgently, then that patient is referred to a clinician and an appointment allocated sooner / immediately. The Urgent care centre is staffed with both GPs (with or without injury experience) and Nurse Practitioners with both minor illness and minor injury experience. The service is keen to promote what is on offer for patients, and raise awareness of the centre. An article will be prepared for the November issue of Coalfield Community News.</p>
Care Homes Project	<p>The Care Homes Project was piloted in the Coalfield area, with the aim of ensuring care home residents and their families feel better cared for, with the objective of reducing the number of emergency admissions and A&amp;E attendances. The pilot started in November 2013 and has produced the following outcomes:</p> <ul style="list-style-type: none"> <li>• Reduction in emergency admissions and A&amp;E attendances by 45%</li> <li>• Significant reduction in out of hours callouts and GP callouts</li> <li>• Communication has vastly improved</li> <li>• Improvements in clinical effectiveness and patient safety</li> <li>• Reduction in admissions into city hospitals for foot ulcers</li> <li>• An increase in the number of people supported to die in their preferred place</li> <li>• Improvements in patient experience and satisfaction</li> <li>• Pharmacy contribution – improved patient safety and saving money</li> </ul> <p>The next steps are to roll this model out across Sunderland as part of Vanguard programme for Out of Hospital care – Community Integrated Teams. The Board will receive an update on Community Integrated Teams at a future meeting.</p>
Active Sunderland	<p>Active Sunderland Partnership – Everyone Active presented to the People Board in July 2015, explaining the Joint Venture working arrangements for Sport and Leisure centres in Sunderland, and developments in the Coalfield area including:</p> <p><u>Houghton Sports Centre</u></p> <ul style="list-style-type: none"> <li>•New branding</li> <li>•Creation of a new group cycling arena</li> <li>•New gym layout and introduction of new equipment</li> </ul>

	<p><u>Hetton Community Pool</u></p> <ul style="list-style-type: none"> <li>•New branding</li> <li>•Introduction of new Everyone Active swimming lessons</li> <li>•New gym layout and introduction of new equipment</li> </ul> <p>A further update will be given to the Board in January 2016</p>
<b>Area Priority: Health and Greenspaces</b>	
<p>A small call for projects was advertised via the Voluntary and Community Sector (VCS) Network on behalf of Area Committee</p>	<p>Members considered the applications at the September meeting and the following projects were approved for funding:</p> <p><b>Youth Enterprise Scheme – Monument View - £1,000</b>  The aim of the project is to purchase materials to build a Yurt in Monument Views garden. The young people will be involved in the construction and once complete it will be used as a space for therapeutic counselling. The project will increase awareness of the benefits of the outdoor activity on mental and physical wellbeing. The positive outdoor feeling will thrive with the construction of the wooden yurt and continue to flourish through attendance at the therapeutic sessions.</p> <p><b>Out &amp; About – Groundwork NE - £1,000</b>  The aim of the project is to encourage Coalfield residents to make better use of Elba Park as well as running a wildlife photography competition resulting in the production of a calendar for sale at the end of the project.</p> <p>The project will both encourage and increase the use of Elba Park throughout the year, leading to benefits such as increased physical wellbeing, reduced social isolation and a closer affinity to nature. Any profits from the sale of the calendar will be used to run the workshops throughout 2016-2017</p> <p><b>Out &amp; About – ELCAP - £920</b>  The aim of the project is to target local people who are socially isolated or have mobility and health problems which have prevented them from accessing outdoor space. The project will provide a door to door service to take the client group to various locations across the Coalfield area including Elba Park, Hetton Lyons Country Park and smaller local areas such as ELCAP community garden.</p> <p>Helping these residents to access green spaces will help strengthen relationships and friendships, which in turn helps with their health and wellbeing. The aim is to provide 1 greenspace visit each week for a 10 week period.</p>
<b>Area Priority: Emotional and Mental Wellbeing</b>	
<p>Reduce stress caused by financial concerns</p>	<ul style="list-style-type: none"> <li>• A scheme to combat holiday hunger was piloted during the 6 week summer break. Help was offered to families who have children in receipt of free school meals. In the Coalfield area a total of 64 families and 130 children were helped during the duration of the pilot scheme. The total cost to Coalfield Area Committee (via SIB budget) is £1786.76. Further analysis of the data is underway and information will be brought to the November board meeting.</li> </ul>
<p>Reduce social isolation and improve social participation amongst older and vulnerable adults</p>	<p>Following a Call for Projects, the June meeting of Area Committee approved a number of projects including one to offer support and opportunities for older people to access volunteering at ShARP in Shiney Row. Since the project began in July 2015, 9 new volunteers have been recruited. Five are 50+ and the remainder are classed as vulnerable, facing a variety of barriers such as</p>

	health problems and mental health issues. Each volunteer has a personal development plan and access to development opportunities such as Anxiety and Stress Management course, Debt Buddies training and community learning. The project has successfully supported the volunteers to increase social interaction and self-esteem reducing their feeling of isolation and vulnerability. Being part of a successful organisation is helping to develop their confidence and build new skills.
<b>Area Priority: Training and Learning Opportunities</b>	
CAN DO Fund	<p>Applications for the July round of funding were received and presented to the Board for consideration. Young people from each of the groups presented their ideas to the Board and answered any questions raised. Four groups were supported with a grant:</p> <ul style="list-style-type: none"> <li>• Monument View £500 to purchase equipment to support their Youth Enterprise Scheme</li> <li>• 36 Squadron Air Cadets £450 to purchase a 10 man tent which will help them provide outdoor experiences including cooking in the outdoors</li> <li>• Kepier 'Skinny Burgers' £500 to pay training on how to cook healthy 'junk food'. This knowledge will then be used to pass on to younger pupils in an after school club</li> <li>• Herrington Burn YMCA Youth Committee £400 to plan, organise and run a Summer Fun Day</li> </ul> <p>The next funding round will open in October and be presented to the November Board. The project provides the opportunity for young people to develop team working, problem solving, project development and presentation skills.</p>
<b>Area Priority: Support and Enable Local Delivery of Services</b>	
Increase support for existing and new groups to deliver services and increase support and co-ordination of volunteers	The People Board discussed the increasing reliance on voluntary and community sector projects and services and the importance of supporting locally based organisations to build capacity and develop community engagement. In order to deliver on Area priorities the Board has researched, discussed and considered information from a wide range of sources and developed a proposal for volunteer and community support from Strategic Initiative Budget (SIB). A summary of the discussion and proposal is attached at <b>Annex 2</b> to this report. Further detail of the proposal, along with recommendation for next steps and funding required is contained within the Area Budget report at Item 6.

## 5. Recommendations

### 5.1 Members are requested to:

- Consider the progress and performance update with regard to the Coalfield Area People Board's Work Plan for 2015/16 and agree proposals for future delivery

Annex 1 Work Plan

Annex 2 Volunteer and Community Support

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