

## Better Health for Sunderland

Transforming out of hospital care (through Integration and 7 day working)			Transforming in hospital care, specifically urgent & emergency care (7 day working)			Enabling Self Care and Sustainability		
Improve health related quality of life for people with LTC by 8.9% by 2019	Put in place 352 more Emergency Health Care plans by 2016	Improve patient experience of out of hospital care by 8% by 2019	Reduce Emergency Admissions by 14%* by 2019	Increase direct referrals to the MSK Intermediate service to 50% by 2016	Improve patient experience of hospital care by 7.2% by 2019	Increase no of people receiving treatment for IAPT from 12% to 16% by 2016	Reduce years of life lost by 15% by 2019	Improve diagnosis of dementia from 62% to 68% by 2016

## Transformational Changes 2015-2016

<b>OUT OF HOSPITAL</b>	Implement the out of hospital model, including locality integrated teams for people at home and in care homes, city wide recovery at home services and the end of life standards in GP Practices
<b>URGENT CARE</b>	Improve timely access to urgent care by concluding the procurement of the GP Out of Hours service & supporting implementation of the whole system Emergency Care Intensive Support Team recommendations.
<b>DEMENTIA</b>	Conclude the implementation of the national dementia strategy in Sunderland e.g. supporting dementia friendly communities by specific focus on Primary Care awareness, development, training and environment
<b>MSK</b>	Mobilise the new integrated musculoskeletal service
<b>MENTAL HEALTH</b>	Continue to support the implementation of the new principal mental health community pathways
<b>PREVENTION</b>	Influence a prevention and self management approach with commissioned health services, working jointly with the local authority / public health
<b>CHILDREN</b>	Develop a joint strategy and joint commissioning approach with Sunderland city council to improve outcomes for children
<b>GENERAL PRACTICE</b>	Develop and implement a strategy for general practice across the city
<b>LEARNING DISABILITIES</b>	Implement the transforming lives programme for people with learning disabilities and / or autism
<b>CONTINUING HEALTHCARE</b>	Implement the new model of care for people needing continuing healthcare

<b>Enabled by</b> Joint Commissioning & Better Care Fund Co-commissioning Primary Care IT infrastructure Telehealth Contract Management (CQUIN) CCG Localities Medicines Optimisation Research & Development Organisational Development Reform Methodology		<b>Governed by</b> CCG Governing Body System Wide Transformation Board Health & Wellbeing Board	<b>Measured by</b> Achievement of outcome ambitions Delivery of QIPP cost reduction plan 2015/16 – 2018/19 of £16m Delivery of prescribing savings £8m	<b>Values and Principles</b> One system for health and Social Care 7 day services Person centred Prevention focused Development of team based working across Sunderland Mental and Physical health of equal importance Evidence based approach
--	--	--	---	---

\*14% reduction is related to the composite measure which does not include all emergency admissions. Overall aim is to reduce emergency admissions by 15%